

On, Wisconsin! Menu

Week 4

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option 1	Hearty Spanish Stew w/Cheddar Topping** Fresh Baked WW Breadstick Crisp Vegetables w/Ranch Baked Apples Purple Grapes Choice of Milk	Black Bean Quesadilla Steamed Corn Refried Beans Chilled Canned Pears Choice of Milk	Country Smoked Turkey and Bean Soup w/Cheddar Topping Build Your Own Side Salad WW Cinnamon Roll WW Dinner Roll* Juicy Pineapple Tidbits Choice of Milk	All-American Chicken Wrap Build Your Own Side Salad Fresh Celery Sticks w/Peanut Butter** Assorted Fresh Melon Bowl Choice of Milk	Flame-Broiled Cheeseburger Sweet Potato Tots Baked Beans Fresh Mixed Fruit Cup Choice of Milk
Option 2	 Buffalo Chicken Wrap Crisp Vegetables w/Ranch Baked Apples Purple Grapes Choice of Milk	Crispy Nachos with Ground Beef Steamed Corn Refried Beans Chilled Canned Pears Choice of Milk	Deli Boardwalk Sandwich Build Your Own Side Salad Juicy Pineapple Tidbits Choice of Milk	Berry Chicken Salad WG Soft Pretzel Rods Fresh Celery Sticks w/Peanut Butter** Assorted Fresh Melon Bowl Choice of Milk	Toasted Turkey & Cheese Sandwich Sweet Potato Tots Baked Beans Fresh Mixed Fruit Cup Choice of Milk

Key:

WG = Whole Grain

WW = Whole Wheat

*Applies to 6-8 & 9-12 menus only

**Applies to 9-12 menu only

Milk Choice includes:

1% White

Skim White

Skim Chocolate



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