

# WI Dept of Public Instruction

**Recipe: 003735 BEAN SOUP**

Recipe Source:  
Recipe Group: LUNCH

Alternate Recipe Name:  
Number of Portions: 50  
Size of Portion: 1/2 CUP

**Recipe HACCP Process: #2 Same Day Service**

016026 BEANS,GREAT NORTHERN,MATURE SEEDS,CND..... 050501 TOMATO PASTE, CANNED, WITHOUT SALT ADDED..... 050417 PORK, HAM, CURED, DICED, PRECOOKED, WATER ADD... R003736 HAM BROTH..... 011282 ONIONS,RAW..... 011130 CARROTS,FROZEN,UNPREPARED..... 002030 PEPPER,BLACK.....	1 GAL 1/2 CUP 3/4 LB 16 CUP 1 CUP, chopped 2 1/2 OZ 1/2 TSP	<b>*NUTRIENT ANALYSIS WILL VARY DEPENDING ON ACTUAL PRODUCTS USED</b>
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\*Nutrients are based upon 1 Portion Size (1/2 CUP)

Calories	112 kcal	Cholesterol	3.36 mg	Protein	7.74 g	Calcium	48.97 mg	7.00%	Calories from Total Fat
Total Fat	0.87 g	Sodium	308.47 mg	Vitamin A	37.98 RE	Iron	1.41 mg	1.38%	Calories from Saturated Fat
Saturated Fat	0.17 g	Carbohydrates	19.26 g	Vitamin A	240.60 IU	Water <sup>1</sup>	*138.49* g	*0.00%*	Calories from Trans Fat
Trans Fat <sup>1</sup>	*0.00* g	Dietary Fiber	4.32 g	Vitamin C	1.48 mg	Ash <sup>1</sup>	*1.21* g	68.48%	Calories from Carbohydrates
								27.52%	Calories from Protein

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - denotes optional nutrient values

<u>Miscellaneous</u>		<u>Attributes</u>	<u>Allergens Present</u>	<u>Allergens Absent</u>	<u>Allergens Unidentified</u>
Meat/Alt.....	oz.				? - Milk
Grain/Bread.....	srv.				? - Egg
F/V/J.....	cup				? - Peanut
Milk.....	fl. oz.				? - Tree Nut
<b><u>Moisture &amp; Fat Change</u></b>					
Moisture Change.	0%				? - Fish
Fat Change.....	0%				? - Shellfish
Type of Fat.....					? - Soy
					? - Wheat

**Production Specification**

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**

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I/R	Ing #	Ingredient or Sub-Recipe	Measure	Measure	Round
I	016026	BEANS,GREAT NORTHERN,MATURE SEEDS,			
I	050501	TOMATO PASTE, CANNED, WITHOUT SALT A			
I	050417	PORK, HAM, CURED, DICED, PRECOOKED, W			
R	003736	HAM BROTH			
I	011282	ONIONS,RAW			
I	011130	CARROTS,FROZEN,UNPREPARED			
I	002030	PEPPER,BLACK			

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