

# WI Dept of Public Instruction

**Recipe: 003815 MACARONI & CHEESE**

**Recipe HACCP Process: #2 Same Day Service**

Recipe Source:  
Recipe Group: ENTREES

Alternate Recipe Name:  
Number of Portions: 100  
Size of Portion: CUP

050462 MACARONI, ELBOW, ENRICHED, COOKED, NO SALT AD... 020108 MACARONI,WHOLE-WHEAT,CKD..... 004073 MARGARINE,REG,HARD,SOYBN (HYDR)..... 903651 CHEESE AMERICAN LOW FAT..... 001154 MILK,DRY,NONFAT,REG,W/ VIT A..... 014429 WATER,MUNICIPAL..... 002047 SALT,TABLE..... 002028 PAPRIKA..... 002030 PEPPER,BLACK..... 011284 ONIONS,DEHYDRATED FLAKES.....	39 CUP 58 1/2 CUP,elbows 2/3 CUP 12 LB 5 1/2 CUP 5 CUP 1 TBSP 1 TSP 1 TSP 2 TSP	<b>*NUTRIENT ANALYSIS MAY VARY DEPENDING ON ACTUAL PRODUCTS USED</b>
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\*Nutrients are based upon 1 Portion Size (CUP)

Calories	357 kcal	Cholesterol	30.12 mg	Protein	23.38 g	Calcium	484.21 mg	24.89%	Calories from Total Fat
Total Fat	9.88 g	Sodium	930.10 mg	Vitamin A	248.85 RE	Iron	1.63 mg	13.24%	Calories from Saturated Fat
Saturated Fat	5.26 g	Carbohydrates	45.92 g	Vitamin A	787.73 IU	Water <sup>1</sup>	*67.26* g	*0.00%*	Calories from Trans Fat
Trans Fat <sup>1</sup>	*0.00* g	Dietary Fiber	3.33 g	Vitamin C	0.50 mg	Ash <sup>1</sup>	*1.11* g	51.40%	Calories from Carbohydrates
								26.17%	Calories from Protein

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient  
 \* - denotes combined nutrient totals with either missing or incomplete nutrient data  
<sup>1</sup> - denotes optional nutrient values

<b>Miscellaneous</b>	<b>Attributes</b>	<b>Allergens Present</b>	<b>Allergens Absent</b>	<b>Allergens Unidentified</b>
Meat/Alt..... oz.				? - Milk
Grain/Bread..... srv.				? - Egg
F/V/J..... cup				? - Peanut
Milk..... fl. oz.				? - Tree Nut
				? - Fish
				? - Shellfish
				? - Soy
				? - Wheat
<b>Moisture &amp; Fat Change</b>				
Moisture Change..... 0%				
Fat Change..... 0%				
Type of Fat.....				

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**

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### Production Specification

I/R	Ing #	Ingredient or Sub-Recipe	Measure	Measure	Round
I	050462	MACARONI, ELBOW, ENRICHED, COOKED, N			
I	020108	MACARONI, WHOLE-WHEAT, CKD			
I	004073	MARGARINE, REG. HARD, SOYBN (HYDR)			
I	903651	CHEESE AMERICAN LOW FAT			
I	001154	MILK, DRY, NONFAT, REG, W/ VIT A			
I	014429	WATER, MUNICIPAL			
I	002047	SALT, TABLE			
I	002028	PAPRIKA			
I	002030	PEPPER, BLACK			
I	011284	ONIONS, DEHYDRATED FLAKES			

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