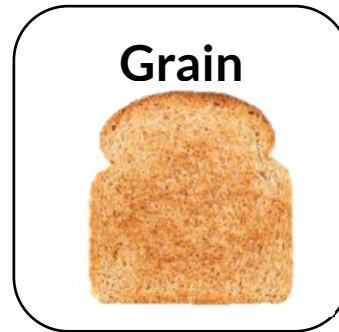
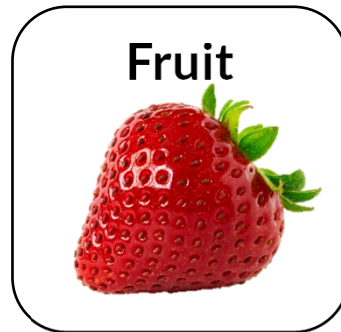


# The 3 Food Components for Breakfast



**Select all items for a nutritious meal!**