

Today's Lunch Choices

All Five Components are Included in Your Complete Meal.

 Protein* _____ _____ _____ _____	 Grains _____ _____ _____ _____	 Milk _____ _____ _____ _____	
 Fruit _____ _____ _____ _____	 Vegetables _____ _____ _____ _____	Notes: 	

*Also known as meat/meat alternate



This institution is an equal opportunity provider.

