

## Sodium Limits and Timeline

Source: [Nutrition Standards in the National School Lunch and School Breakfast Programs](#)

See the following chart for deadlines and corresponding maximum limits. Implementation of the second and final targets is subject to USDA's review of data on the relationship between sodium intake and human health, as required by the FY 2012 Agriculture Appropriations Act.

Target 1: SY 2014-15	Target 2: SY 2017-18	Final Target: 2022-23
<b>Lunch</b> <ul style="list-style-type: none"> <li>• ≤1230 mg (K-5)</li> <li>• ≤1360 mg (6-8)</li> <li>• ≤1420 mg (9-12)</li> </ul>	<b>Lunch</b> <ul style="list-style-type: none"> <li>• ≤935 mg (K-5)</li> <li>• ≤935 mg (K-8)</li> <li>• ≤1035 mg (6-8)</li> <li>• ≤1080 mg (9-12)</li> </ul>	<b>Lunch</b> <ul style="list-style-type: none"> <li>• ≤640 mg (K-5)</li> <li>• ≤710 mg (6-8)</li> <li>• ≤740 mg (9-12)</li> </ul>
<b>Breakfast</b> <ul style="list-style-type: none"> <li>• ≤540 mg (K-5)</li> <li>• ≤600 mg (6-8)</li> <li>• ≤640 mg (9-12)</li> </ul>	<b>Breakfast</b> <ul style="list-style-type: none"> <li>• ≤485 mg (K-5)</li> <li>• ≤485 mg (K-8)</li> <li>• ≤485 mg (K-12)</li> <li>• ≤535 mg (6-8)</li> <li>• ≤570 mg (9-12)</li> </ul>	<b>Breakfast</b> <ul style="list-style-type: none"> <li>• ≤430 mg (K-5)</li> <li>• ≤470 mg (6-8)</li> <li>• ≤500 mg (9-12)</li> </ul>