

## Sodium Limits and Timeline

Source: [Transitional Standards for Milk, Whole Grains, and Sodium](#)

The following chart explains the transitional standards for sodium in effect for school year (SY) 2022-23 and 2023-24. USDA intends to finalize permanent standards with an expected implementation in SY 2024-25. The final rule for permanent standards will be based on nutrition-science and reflect the goals of the Dietary Guidelines for Americans, 2020-2025.

<b>Target 2: SY 2021-22</b>	<b>Target 1: SY 2022-23</b>	<b>Interim Target 1A: SY 2023-24</b>
<b>Lunch</b> <ul style="list-style-type: none"> <li>• ≤935 mg (K-5)</li> <li>• ≤935 mg (K-8)</li> <li>• ≤1035 mg (6-8)</li> <li>• ≤1080 mg (9-12)</li> </ul>	<b>Lunch</b> <ul style="list-style-type: none"> <li>• ≤1,230 mg (K-5)</li> <li>• ≤1,360 mg (6-8)</li> <li>• ≤1,420 mg (9-12)</li> </ul>	<b>Lunch</b> <ul style="list-style-type: none"> <li>• ≤1,110 mg (K-5)</li> <li>• ≤1,225 mg (6-8)</li> <li>• ≤1,380 mg (9-12)</li> </ul>
<b>Breakfast</b> <ul style="list-style-type: none"> <li>• ≤485 mg (K-5)</li> <li>• ≤485 mg (K-8)</li> <li>• ≤485 mg (K-12)</li> <li>• ≤535 mg (6-8)</li> <li>• ≤570 mg (9-12)</li> </ul>	<b>Breakfast</b> <ul style="list-style-type: none"> <li>• ≤540 mg (K-5)</li> <li>• ≤600 mg (6-8)</li> <li>• ≤640 mg (9-12)</li> </ul>	<b>Breakfast<sup>1</sup></b> <ul style="list-style-type: none"> <li>• ≤540 mg (K-5)</li> <li>• ≤600 mg (6-8)</li> <li>• ≤640 mg (9-12)</li> </ul>

<sup>1</sup> Sodium Target 1 is continued for SY 2023-24 at breakfast.