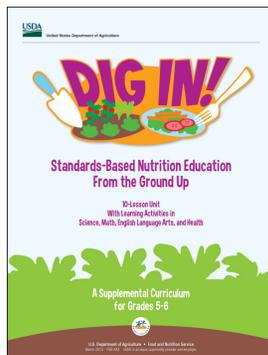


Help Healthy Habits Take Root

Team Nutrition's Garden Resources

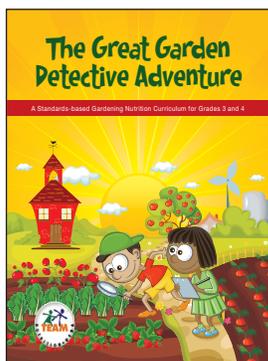
The United States Department of Agriculture is offering these interactive and exploratory lessons as a creative way to connect school gardens with nutrition messages in the classroom, school cafeteria, and at home. Whether your garden is large or small and your growing season is long or short, these materials can help you:

- ▶ Meet English Language Arts, Math, Science, and Health standards in fun new ways.
- ▶ Change how kids think and feel about fruits and vegetables.
- ▶ Foster an awareness of where foods come from.
- ▶ Get students' attention with colorful visuals, games, and activities that are kid-relevant.



Dig In!

Explore a world of possibilities in the garden and on your plate using ten inquiry-based lessons that engage **5th and 6th graders** in growing, harvesting, tasting, and learning about fruits and vegetables. *Dig In!* also includes a gardening guide, *Dig In! at Home* booklets for parents/caregivers, and six dynamic posters encouraging fruit and vegetable choices using themes that appeal to older elementary school children.



The Great Garden Detective Adventure

Discover what fruits and vegetables are sweetest, crunchiest, and juiciest through a series of investigations and fun experiences connecting the school garden to the classroom, school cafeteria, and home. This eleven-lesson curriculum for **3rd and 4th grades** includes bulletin board materials, veggie dice, fruit and vegetable flash cards, and ten issues of *Garden Detective News* for parents/caregivers.



<http://teamnutrition.usda.gov>

