#12 - Washing and Handling Fresh Fruits/Vegetables Standard Operating Procedure

- 1. Food service employees and volunteers who prepare or serve food are trained how to properly wash and store fresh fruits and vegetables.
- 2. Wash hands using the proper procedure. Refer to "Hand-washing" SOP (#1).
- 3. Note if packaged fruits and vegetables are labeled as being previously washed and ready-toeat are not required to be washed. Do not wash to limit contamination
- 4. Wash, rinse, sanitize, and air-dry all food-contact surfaces, equipment, and utensils that will be in contact with washed produce, such as cutting boards, knives, and sinks.
- 5. Wash all raw fruits and vegetables thoroughly before combining with other ingredients, including:
 - Unpeeled fresh fruit and vegetables that are served whole or cut into pieces.
 - Fruits and vegetables that are peeled and cut to use in cooking or served ready-to-eat.
- 6. Wash fresh produce vigorously under cold running water.
- 7. Scrub the surface of firm fruits or vegetables such as apples, melons or potatoes using a clean and sanitized brush designated for this purpose.
- 8. Remove any damaged or bruised areas.
- 9. Label, date, and refrigerate fresh-cut fruits and vegetables.
- 10. Serve cut melons within 7 days when held at 41 °F or below. Refer to "Date Marking" SOP (#16).
- 11. Use disposable gloves to prevent bare hand contact with ready-to-eat fresh fruits and vegetables that will not be cooked. Refer to "No Bare Hand Contact When Handling Ready-to-Eat Foods" SOP (#3).

Corrective Action:

Re-wash items that will were not properly cleaned or if any ready-to-eat items were touched with bare hands. Discard cut melons that were not properly labeled, dated and/or refrigerated.

