

Let's Cook

WISCONSIN SCHOOL MEALS ROCK



Week 5

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Sweet Potato & Black Bean Stew</p> <p>Cornbread Square</p> <p>Sweet Potato Fries*</p> <p>Avocado</p> <p>Cantaloupe</p> <p>Applesauce*</p>	<p>Fiesta Chicken Ranch Fajitas</p> <p>Lentils</p> <p>Ranch Pasta Salad*</p> <p>Plum</p> <p>Mandarin</p> <p>Oranges*</p>	<p>Beef Stir Fry</p> <p>Brown Rice</p> <p>Sweet & Sour Broccoli Salad</p> <p>Sauteed Zucchini</p> <p>Banana</p> <p>Pears*</p>	<p>Homestyle Meat Sauce with Spaghetti</p> <p>Garlic Bread*</p> <p>California Blend</p> <p>Sugar Snap Peas</p> <p>Grapes</p> <p>Craisins*</p>	<p>Philly Chicken Sub</p> <p>Western Beans</p> <p>Italian Baby Potatoes</p> <p>Mango</p> <p>Fruit Cocktail*</p>

Key:

Bold items include a recipe

*Applies 9-12 menus only

A variety of milk options are offered daily



This institution is an equal opportunity provider.