

RECIPE NAME: Pork Tacos <i>descriptive, creative name for recipe</i>														
File No: Entrée #0123 <i>name and/or number based on the facility's filing system</i>														
Grade Group: K-8 <i>grades based on student population served (e.g., K-12, 6-8, K-5)</i>					Grade Group: 9-12 and adults			HACCP Process: <input type="checkbox"/> #1 No Cook <input checked="" type="checkbox"/> #2 Cook & Serve Same Day <input type="checkbox"/> #3 Includes Cooling Step						
Number of Portions: 50 <i>based on how many students in this grade group you typically prepare for</i>					Number of Portions: 50 <i>This recipe makes fifty portions for K-8 and fifty portions for 9-12 students</i>									
Portion Size: 1 taco each (1 shell, 1.5 oz meat) <i>based on how much is planned for each student</i>					Portion Size: 2 tacos each (2 shells, 3 oz meat)									
Serving Utensil: tongs, #20 scoop <i>based on what you will serve this with (e.g., gloved hands, 8 fl oz ladle, etc.)</i>					Serving Utensil: tongs, #10 scoop									
Servings per Pan: 25 <i>based on the number of servings each pan provides</i>					Servings per Pan: 12.5									
Ingredients:			Weight:		Measure:			Procedure:						
ABC low-sodium pork taco meat #64390 HealthyBrand WG 6" soft shell #8690 <i>Be as detailed as possible when describing ingredients. Include product number, when applicable</i>			25# (5 bags) <i>Fill in this column if the total amount of ingredient is weighed (e.g., 5# flour, one - 50# case, 12 oz bread crumbs)</i>		150 ea (21 bags) <i>Fill in this column if the total amount of ingredient is measured (e.g., 12 cups flour, 25 each, 6 tsp salt, 4 fl oz milk, 1 gallon water)</i>			<ol style="list-style-type: none"> 1. Steam meat at __ degrees for __ minutes until it reaches __ °F 2. <i>Include all instructions, even those that are seemingly obvious</i> 						
Total Yield 150 tacos			OR Number of Pans: 6					Equipment (if not specified in procedures above): <i>The equipment utilized to make the recipe</i>						
Weight: <i>OR how much the end product weighs (e.g., 25# pasta)</i>		Measure (volume): <i>OR how much the end product measures (e.g., 1 gallon sauce)</i>	Pan Size: 4" full <i>The size of the pan utilized. (e.g., 6" deep steam table pan, sheet pan)</i>											
Meal Component Contribution/Nutrition Analysis Based on Portion Size <i>Refer to the portion size indicated per grade group above. The meal component contribution refers to the crediting per portion size (e.g., 1 taco provides 1 oz eq grain and 1 oz eq M/MA). Use the FBG and/or crediting information from the manufacturer to determine the creditable amount of component(s) in the recipe.</i>														
<i>Specify the grade group in the columns:</i>					Grade Group: K-8			Grade Group: 9-12						
Meat/Meat Alternate					1 oz eq			2 oz eq						
Vegetable Subgroups					DG	B/P	R/O	S	O	DG	B/P	R/O	S	O
													1/8 c	
Fruits					*not enough R/O to credit in this example									

Grains	1 oz eq	2 oz eq
Calories:	Complete if a nutrient analysis conducted on individual portion size	
Saturated Fat (g):	Complete if a nutrient analysis conducted on individual portion size	
Sodium (g):	Complete if a nutrient analysis conducted on individual portion size	

DG= Dark Green B/P= Beans/Peas (Legumes) R/O=Red/Orange S=Starchy O=Other

Things to remember:

	Measures	Measured In	Conversions	Tools Used
WEIGHT	Meat/meat alternates Grains	Ounces (oz) Grams (g) Kilograms (kg) Pounds (lb or #)	1 lb = 16 oz 1 oz = 28 g	Scale
Ounces ≠ fluid ounces. Spoodles measure fluid ounces, NOT ounces by weight				
VOLUME	Fruits Vegetables Milk	Fluid ounces (fl oz) Tablespoon (T or TBSP) Teaspoon (t or tsp) Cups (c) Pint (pt) Quart (qt) Gallon (gal) Liter (L)	3 tsp = 1 TBSP 16 TBSP = 1 c 1 c = 8 fl oz 1 pint = 2 c 1 quart = 2 pints 1 gallon = 4 quarts	Spoodles, measuring cups, measuring spoons, scoops, dishers, ladles

Grade Group Possibilities:

Breakfast	PreK (CACFP)	K-5	6-8	K-8	9-12	K-12
Lunch	PreK (CACFP)	K-5	6-8	K-8	9-12	

- A standardized recipe is required for anything with two or more ingredients (eg, PB&J, hamburger on bun).
- A *quantity recipe* (e.g., What's Cooking? USDA Mixing Bowl) is not a *standardized recipe* until it has been tested, tried, and standardized to *your* facility.
- An alternative to a standardized recipe would be to list "taco meat" and "tortilla shell" on separate lines on the production record AND offer the items separately (*not* as pre-assembled tacos).
- Find Basics at a Glance poster on the ICN webpage at: <https://theicn.org/school-nutrition-programs/>
- *Find CACFP meal pattern information from USDA at: <https://www.fns.usda.gov/cacfp-halftime-thirty-thursdays-training-webinar-series>
- Standardized recipe resources can be found at: <https://dpi.wi.gov/school-nutrition/national-school-lunch-program/menu-planning/recipes>