Today's Breakfast Choices

Select All Three Components to Build a Complete Breakfast.

Fruit/Vegetable/Juice

_____ _____ item (s)

_____ _____ item (s)

_____ _____ item (s)

_____ _____ item (s)

Select _____ item(s)

Milk

_____ 1 item

_____ 1 item

_____ 1 item

Select _____ item(s)

Notes:

Grains/Breakfast Entrees

_____ _____ item (s)

_____ _____ item (s)

_____ _____ item (s)

_____ _____ item (s)

Select _____ item(s)

WISCONSIN SCHOOL BREAKFAST PROGRAMS

UW Extension University of Wisconsin-Extension

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