



Supports for Students with Neurodiverse, and Social and Emotional Needs During Covid-19

When developing virtual plans, each individual student’s mode of communication and needs for unique accommodations should be considered. This document is only meant to provide ideas that may be helpful and is not an exhaustive list.

Resource	Link	Description
Supporting Students with ASD at Home	https://sites.google.com/view/studentswit/hasdathome/home https://sites.google.com/view/studentswit/hasdathome/academic-resources	Teachers, caregivers, and families can find resources to support students with communication, social emotional, and visual supports, as well as Academic Resources provided by the University of Kentucky
Supporting Individuals with Autism through Uncertain Times	https://afirm.fpg.unc.edu/supporting-individuals-autism-through-uncertain-times https://afirm.fpg.unc.edu/sites/afirm.fpg.unc.edu/files/covid-resources/Supporting%20Individuals%20with%20Autism%20through%20Uncertain%20Times%20Full%20Packet%200.pdf	AFIRM (Autism Focused Intervention Resources and Modules) provides a Covid-19 Toolkit with 7 support strategies designed to meet the unique needs of individuals with autism during this period of uncertainty. All of the information is available as a downloadable packet to provide to those who may not have internet access.

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Supporting Adults with Autism through Uncertain Times	https://afirm.fpg.unc.edu/adult-resources https://afirm.fpg.unc.edu/sites/afirm.fpg.unc.edu/files/covid-resources/Supporting%20Adults%20with%20Autism%20through%20Uncertain%20Times%20Full%20Packet.pdf	A companion guide to the AFIRM toolkit that provides adult-specific resources and is divided into four topic areas: COVID-19 Resources, Daily Living Resources, Social Connectedness Resources, and Mental Health Resources. All of the information is available as a downloadable packet to provide to those who may not have internet access
VCU Autism Center for Excellence	http://vcuautismcenter.org/te/covid19.cfm	Resources for individuals with ASD and their Family Members during the COVID-19 Closure that include information packets, videos, and visual tools.
Covid-19 Toolkit	https://www.autism-society.org/covid-19/	The Autism Society of America provides a Covid-19 Toolkit with information and resources by topic, including Mental Health & Respite, Modifying Routines, Lifestyle Supports, and much more.
Pandemic Social Stories	https://carolgraysocialstories.com/pandemic-social-stories-direct-access/	Carol Gray Social Stories
Covid-19 Social Stories to Explain Changes	https://www.covid19.autism-society.org/	Created by the Autism Society of America in collaboration with self-advocates and leading autism experts.
Social Narrative about the Coronavirus	https://www.youtube.com/watch?v=xkZ23tDzN4c&feature=youtu.be	YouTube video from UM NSU CARD (Center for Autism & Related Disabilities)

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<p>Social Narratives to Support Families During the COVID-19 Crisis</p>	<p>https://www.ocali.org/project/resource_gallery_of_interventions/page/to-support-families-during-the-COVID-19-crisis</p>	<p>OCALI Autism Center has created some social narratives to use at home during the COVID-19 crisis</p>
<p>Shared Resources for Social/Emotional/Behavioral Learning</p>	<p>https://community.cec.sped.org/ccbd/teacherresources</p> <p>https://docs.google.com/spreadsheets/d/1m_MQmAKq4NgmNjD9blf0tISZLDW30B3ZnJA7ymxQrE/edit#gid=0</p>	<p>Council for Children with Behavior Disorders (CCBD) provides a list of shared resources from membership for Social/Emotional/Behavioral Learning</p>
<p>Dealing with Covid-19 Resources for Special Educators, Therapist, and Families</p>	<p>https://www.smores.com/udqm2-covid-19-preparedness?fbclid=IwAR2xIAuAGOX-m8PnTMKjY75o0Wk8O3ISqwpSazt4peIkY2IaoSBiYSh14Zs</p>	<p>Extensive curated resources for teachers, therapists and families working with individuals who have developmental disabilities.</p>
<p>CASEL CARES: SEL Resources During COVID-19 COVID-19 E-Learning Free SEL Resources</p>	<p>https://casel.org/covid-resources/</p> <p>https://selproviders.casel.org/sel-resources/</p>	<p>CASEL curated free SEL resources related to COVID-19</p> <p>SEL Providers Council provides free resources and curriculum to support e-learning</p>
<p>Feelings Thermometer Tool</p>	<p>https://dpi.wi.gov/news/dpi-connected/feelings-thermometer-take-your-emotional-temperature</p> <p>https://children.wi.gov/Pages/FeelingsThermometer.aspx</p>	<p>WI First Lady, Kathy Evers, in conjunction with the Office of Children’s Mental Health created a visual tool that helps children and adults measure how they are doing emotionally and what steps they can take to shift their mood when things are getting tough.</p>

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<p>Zones of Regulation: Resources and Ideas to Support Distance Learning During Covid-19</p>	<p>https://www.zonesofregulation.com/distance-learning-resources.html https://www.zonesofregulation.com/the-zones-of-regulation-app.html</p>	<p>Zones of Regulation provides resources and ideas to support distance learning including ways to incorporate Zones in distance learning, various activities, how to create a Zones check-in for the home, and more. A paid App is also available.</p>
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