



MTSD Professional Growth Plan Professional Practice Goal (PPG) Form

After completing the Professional Staff Supervision, Evaluation, and Development Self-Assessment, create one or two Professional Practice Goals. Submit the PPG Plan to your evaluator no later than September 15th.

Name: *(insert your name here)* **School:** Donges Bay Elementary **School Year:** 2017-2018
Title of PPG: Social Emotional Wellness (SGP Goal 3)

Subject Area/Grade Level

Social Emotional Wellness */(insert your grade level here)*

Goal Statement: *(Specific, Measureable, Attainable, Results-based, and Time-bound)*

I will increase my knowledge of implementation strategies for incorporating Zones of Regulation and Mindfulness Based Interventions within the classroom and the school building by attending 6 building social emotional wellness related PD sessions, incorporating strategies and tools in my teaching/responses, and reflecting on my practices during the 2017-2018 school year.

Related Domains/Components: *(What appropriate Danielson Domains/Components relate to this goal?)*

4E: Growing and Developing Professionally

ACTION PLAN

What strategies will I use to achieve my goal?

Attend 6 Social Emotional Wellness-Related PD opportunities provided by Social Emotional Coach
 October 25, November 29, January 24, February 28, March 20, and April 25
 Write monthly personal reflections

What materials and support from building administrator, colleagues, etc. will I need to achieve my goal?

At least 2 coaching sessions and/or observations of an activity or lesson that incorporates strategies of Zones of Regulation and/or Mindfulness Based Interventions by Social Emotional Coach
 Resources and materials that support social emotional wellness within the classroom (Zones of Regulation resources, Growing Minds posters, book recommendations, etc.)

How accomplishing this goal will benefit my students:

The successful completion of the professional practice goal will benefit my students in the following ways:
 Students will achieve more academic success due to their social-emotional needs being met in a proactive manner
 Students understanding of how to regulate their emotions will result in increased academic and social success, which will positively impact their self-confidence and feelings of self-worth
 Students will increase their level of self-awareness and self-management which will aid in improving their relationships, decision making, and social awareness

GOAL ASSESSMENT

Evidence demonstrating professional growth toward this goal will include:

To accomplish the goal, I will collect 6 artifacts that demonstrate my professional growth. These will include examples such as tools utilized for Zones of Regulation or Mindfulness Based Interventions, reflection logs, and meeting/professional development session agendas.

Teacher Signature:

Date:

Evaluator Signature:

Approval Date: