

Competent Kids, Caring Communities Alignment with Social Emotional Competencies

(Note: Although some lessons have the same name across grades, they increase in complexity in a developmentally appropriate manner)

No.	CASEL Domain	PK-5K	1st-3rd	4th-5th	CKCC Lessons and/or Units by Grade
1	Self-Awareness	Learners will be able to demonstrate awareness of their emotions and how they may be the same or different from others. Wisconsin Model Early Learning Standards (WMELS) Domain II A EL.1	Learners will be able to recognize and label a variety of their own basic emotions.	Learners will be able to recognize and label a variety of complex emotions in self and others.	PK: L 2: Snail is Worried; L 9: Ladybug Discovers Her Feelings; L 1: The Garden Friends Meet Purple Cow 5K: L 13: We All Have Feelings; L 14: Learning About Feelings, It's Written on our Faces; L 29: Getting the Grumps: Recognizing Anger; L 31: Ladybug's Angry Day Gr 1: L 5: My Feelings; L 12: Feeling Left Out; L 23: We All Get Angry Gr 2: L 13 About Our Feelings; L 14: All Our Feelings are OK; L 15: Our Thoughts Affect Our Feelings Gr 3: Unit 4: About Our Feelings (4 lessons); L 17: The Nature of Anger Gr 4: L 11: About Our Feelings, L 13: The Can'tasaurus; L 15: Meet the Zapper; L 17: Anger: My Fuse; L 23: Stressing Stress: What is It; L 24: Stress and You: Our Bodies Respond; L 25: Stress: How Do I Measure Up? Gr 5: L 9: C.A.R.E (Cooperation, Acceptance, Responsibility, Empathy); L 14: Anger; : 17: Forgiveness; L 18: Perspective-Taking; Unit 6: Stress and You (4 lessons)
2	Self-Management	Learners will be able to, with adult guidance, use verbal and nonverbal language to demonstrate a variety of emotions. WMELS Domain II A EL.1	Learners will be able to use verbal and nonverbal language to demonstrate a variety of increasingly complex emotions.	Learners will be able to express their emotions to self and others in respectful ways.	PK: L 9: Ladybug Discovers Her Feelings; L 10: The Garden Friends Become Feelings Detectives; L 12: Grasshopper Feels Proud; L 15: Butterfly Feels Frustrated 5K: L 13: We All Have Feelings: L 14: Learning About Feelings, It's Written on our Faces Gr 1: Unit 6: Managing Our Feelings (5 lessons), L 34: Competent Kids Treasures Gr 2: Unit 4: About Our Feelings (4 lessons); L 17: Opening the Door to Friendship; L 20: The Nature of Anger; L 21: The Nature of Stress and its Symptoms Gr 3: L 13: About Our Feelings; : 14: Our Thoughts Affect Our Feelings Gr 4: L 10: Kindness Counts; L 18: Responding to Anger in Safe Ways; L 19: Resolving Conflict; L 22: Our Class is a No-Shame Zone Gr 5: L 9: C.A.R.E (Cooperation, Acceptance, Responsibility, Empathy); L 13: Asserting Ourselves Using I-Messages; L 16: Resolving Conflict; L 21: No More Teasing; L 29: Taking Responsibility for Our Actions
3	Self-Management	Learners will be able to, with adult guidance, display age appropriate self-control. WMELS Domain II A EL.1	Learners will be able to, with adult guidance, demonstrate a variety of strategies to manage strong emotions.	Learners will be able to, with minimal adult guidance, manage emotions (e.g., stress, impulses, motivation) in a manner sensitive to self and others.	PK: L 13: Deep Breathing During Circle Time; L 14: Ant's Angry Morning; L 15: Butterfly Feels Frustrated; L 17: A Cozy Corner in Ms. Hum's Classroom; L 18: The Garden Friends Can Calm Themselves 5K: L 3: The Ants: Paying Attention; L 7: Grasshopper: It's Hard to Sit Still; L 18: We Can Calm Down; L 28: Relax and Feel Cozy; L 30: Snail Time: An Anger Management Strategy; L 32: Managing Anger: A Book of Solutions; Gr 1: L 21: I Can Calm Down; L 22: Releasing Tension; L 24: Stop and Think Before You Act; L 25: Self-Talk Gr 2: L 22: Measuring Stress; L 23: Calming My Body; L 24: Calming My Mind Gr 3: L 15: Shrinking and Expanding Our "Can Do" Feelings; L 17: The Nature of Anger; L 21: The Nature of Stress and Its Symptoms; L 23: Calming My Body; L 24: Calming My Mind Gr 4: L 14: Helper and Robber Thoughts, L 16: Rewinds; L 17: Anger, My Fuse; L 18: Responding to Anger in Safe Ways; L 25: Stress: How Do I Measure Up; L 26: Relax Gr 5: L 14: Anger; L 23: Stress: How Do You Measure Up; L 24: Worry; L 25: Relax 5K-Gr 5 (included in each grade): Preparing to Learn: Calm Body, Calm Mind Exercises



WISCONSIN DEPARTMENT OF
PUBLIC INSTRUCTION

Tony Evers, PhD, State Superintendent

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4	Focus Attention	Learners will be able to, with adult guidance and engaging activities, attend for longer periods of time and show preference for some activities. WMELS IV.A.EL.1	Learners will begin to be able to, with adult guidance, focus their attention by demonstrating a variety of strategies to tolerate distractions.	Learners will be able to, with adult guidance, use organizational skills and strategies to focus attention in order to work toward personal and academic goals.	<p>PK: L 3: Ant Pays Attention; L 6: Grasshopper Loves to Hop 5K: L 3: The Ants: Paying Attention; L 7: Grasshopper: It’s Hard to Sit Still; L 37: What Did We Learn in the Garden this Year? Gr</p> <p>1: L 3: Paying Attention and Listening; L 4: The Problem-Solving Plan; L 21: I Can Calm Down; L 22: Releasing Tension; L 21: Stop and Think Before you Act; L 25 Self-Talk Gr 2: L 3: Paying Attention to Attention; L 4: The Problem-Solving Plan; L 5: Set Goals, Get Organized, and S.O.A.R (Strategize, Organize, Act, Recheck); L 7: Prioritizing Helps Us to S.O.A.R; L 27: Which Way You Choose is Up to You Gr 3: Unit 1: Tools for a Good School Year (4 lessons); L 6: Setting Goals So We Can S.O.A.R.; L 15: Shrinking and Expanding Our “Can-Do” Feelings; L 23: Calming My Body; L 24: Calming My Mind, L 28: Getting Unstuck from Dead-End Behavior Gr 4: L 1: Organizing Our Belongings; L 2: Organizing Our Time; L 3: On Your Mark, Get Set, Set Goals; L 4: Study Strategies; L8: Paying Attention to Attention; L 27: Choosing Wisely Gr 5: Unit 1: Basic Tools for a Good School Year (5 lessons); L 6: An Inventory of My Learning Style</p>
5	Social Awareness	Learners will be able to recognize the feelings of another child and respond with basic comfort and empathy. WMELS Domain II A EL.2	Learners will be able to, with adult guidance, identify how others are feeling, based on their verbal and nonverbal cues, and respond with compassion.	Learners will be able to identify others’ need for empathy and respond in respectful ways.	<p>PK: L 5: Ladybug Catches her Friends Being Kind; L 11: The Garden Friends Meet Purple Cow; L 19: Kindness Counts in Ms. Hum’s Classroom; L 20: Sharing is Caring in the Garden School</p> <p>5K: L 6: Kindness Counts; L 13: We All Have Feelings; L 14: Learning About Feelings: It’s Written on Our Faces Gr 1: L 10: Making Friends; L 11: Becoming a People Magnet; L 19: Kind Words and Deeds Make Good Feelings Grow; L 23: We All Get Angry; Gr 2: L 12: Resolving Conflict; L 16: Kindness Counts; Unit 5: The Nature of Relationships (4 lessons) Gr 3: L 13: About Our Feelings; L 16: Kindness Counts; L 19: Bullying; L 20: Stop The Teasing Gr 4: L7: Many Ways to Be Smart; L 9: Teamwork; L 18: Responding to Anger in Safe Ways; Unit 5: Bullying, Teasing and Shaming (3 lessons) Gr 5: L 9: C.A.R.E (Cooperation, Acceptance, Responsibility, Empathy); L 16: Resolving Conflict; L 17: Forgiveness</p>
6	Social Awareness	Learners will be able to associate words and gestures with a variety of emotions expressed by others. WMELS Domain II A EL.2	Learners will be able to predict how someone else may feel in a variety of situations.	Learners will be able to use perspective-taking to predict how their own behavior affects the emotions of others.	<p>PK: L 10: The Garden Friends Become Feelings Detectives; L 11: The Garden Friends Meet Purple Cow; L 24: Sir Snake Helps the Garden Friends Get Along 5K: L 4: Snail: The Worrier; L 23: Feeling Left Out Gr 1: L 2: Welcoming the Garden Friends; L 10: Making Friends; L 19: Kind Words and Deeds Make Good Feelings Grow Gr 2: Unit 3: We are Unique (4 lessons); Unit 4 About Our Feelings (4 lessons); Unit 5: The Nature of Relationships (4 lessons) Gr 3: L 9: We Are You-nique; L 11: Our Differences Make us Unique; L 12: Resolving Conflict; L 13: About Our Feelings; L 19: Bullying; L 20: Stop The Teasing Gr 4: L 12: Our Thoughts Affect Our Feelings; Unit 5: Bulling, Teasing and Shaming (3 lessons); L 28: Predicting Outcomes and Consequences; L 29: Identifying a Sequence of Behaviors Gr 5: L 8: Acceptance and Tolerance; L 18: Perspective-Taking; L 19: The Shame-Blame Game; L 28: Cycles of Behavior; L 29: Taking Responsibility for Our Actions</p>

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7	Self-Awareness	Learners will be able to exhibit positive self-concept and confidence in their abilities. WMELS Domain II B EL.1	Learners will be able to identify and describe skills and activities they do well and those for which they need help.	Learners will be able to use a “growth mind set” in order to recognize and build on their strengths.	<p>PK: L 12: Grasshopper Feels Proud; L 18: The Garden Friends Can Calm Themselves; L 22: Firefly Has a Plan 5K: L 2: Goal-Setting in the Garden School; L 8: Firefly: The Problem-Solver; L 17: The ABCD Problem-Solving Plan; L 21: New Ideas for the New Year Gr 1: L 6: Setting Goals and Getting Organized; L 8: Let’s Study Using Firefly’s 3-P Plan; L 9: Study Skills Supply Success Gr 2: Unit 2: Organization and Study Skills (4 lessons); L 28: Learning From Our Mistakes Gr 3:Unit 2: organization and Study Skills (4 lessons); L 27: Personal Responsibility; L 30: You Get to Keep What You Learn Gr 4: L 3: On Your Mark, Get Set, Set Goals; L 8: Paying Attention to Attention; L 14: The Can’tasaurus; L 14: Helper and Robber Thoughts; L 31: Good Results Cycles Gr 5: Unit 3: Strengthening Self-Efficacy (3 lessons); L 31: Moving Up to 6th Grade</p>
8	Self-Awareness	Learners will be able to, with adult guidance, recognize and share independent thoughts. WMELS Domain II B EL.1	Learners will be able to identify and explore their own beliefs.	Learners will be able to reflect on similarities and differences between their personal beliefs and those of others.	<p>PK:L 9: Ladybug Discovers Her Feelings; L 12: Grasshopper Feels Proud; L 23: Snail Solves His Problem; L 29: The Garden Friends Remember 5K: L 5: The Butterflies: Uniqueness; L 29: It’s OK to Be Different; L 20: Celebrating Differences Gr 1: L 14: We Are Unique; L 17: Bright Ideas for the New Year Gr 2: Unit 3: We Are Unique (4 lessons); L 11: A View of Our Own; L 15: Our Thoughts Affect Our Feelings; L 22: Measuring Stress; L 27: Which Way You Choose is Up to You Gr 3: L 10: A View of My Own; L 11: Our Differences Make Us Unique; L 14: Our Thoughts Affect Our Feelings; L 26: Making Choices Gr 4: L 6: My Learning Style; L 9: Teamwork; L 11: About Our Feelings; L 33: Hobbies; L 34: Multicultural Show and Tell Gr 5: L 7: There Are Many Ways to Be Smart; L 18: Perspective-Taking; L 26: Unique Decision-Makers</p>
9	Self-Awareness Social-Awareness	Learners will be able to show awareness of being part of a family and a larger community. WMELS Domain II B EL.2	Learners will be able to define the role family and culture play in their identity and beliefs.	Learners will be able to identify their role in their family and community and how those roles impact their identity.	<p>PK: L 1: Ms. Hum and the Garden School; L 8 Back to-School Night at the Garden School; L 29: The Garden Friends Remember; L 30: The Garden Friends Celebrate and Say Goodbye 5K: L 1: Ms. Hum, the Teacher; L 9: Caring for Our Belongings; L 22: Fair and Unfair Rules; L 27: I Want It: Is It Mine? Gr 1: L 15: Our Differences Make Us Unique; L 16: Celebrating Differences: Multicultural Holidays; L 18: Fair and Unfair Rules; L 20: Teamwork Gr 2: L 9: We Are Unique; L 10: Our Culture Makes Us Unique Gr 3: L 9: We Are You-nique; L 10: A View of My Own; L 11: Our Differences Make Us Unique; L 29: The CKCC Memory Game Gr 4: Unit 2: Building a Community of Mindful Learners (5 lessons) Gr 5: L 30: Reviewing and Remembering; L 32: Competent Kids Board Game; L 33: Multicultural Celebration</p>

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10	Self-Management	Learners will be able to display curiosity, risk-taking, and willingness to engage in new experiences. WMELS Domain IV A. EL 1	Learners will be able to identify simple goals for personal and academic success.	Learners will be able to assess their level of engagement in their own learning for the achievement of personal goals.	<p>PK: L 7: Firefly Helps Solve Problems; L 15: Butterfly Feels Frustrated; L 21: Snail Becomes a Friend Magnet 5K: L 8: Firefly: The Problem-Solver; L 17: The ABCD Problem-Solving Plan; L 37: What Did We Learn in the Garden This Year? Gr 1: Unit 2: Organization and Study Skills (4 lessons) Gr 2: Unit 2: Organization and Study Skills (4 lessons); L 26: Choices Gr 3: Unit 2: Organization and Study Skills (4 lessons); L 25: Our Decisions Have Consequences; L 26: Making Choices Gr 4: Unit 1: Tools for a Good School Year (5 lessons); L 6: My Learning Style; L 7: Many Ways to Be Smart Gr 5: L 2: Paying Attention to Attention; L 3: We are Goal Setters; L 5: Study Strategies; L 6: An Inventory of My Learning Style</p>
11	Self-Awareness Self-Management	Learners will be able to engage in meaningful learning through attempting, repeating, and experimenting with a variety of experiences and activities. WMELS Domain IV A EL 2	Learners will be able to, with encouragement, persist toward reaching a goal despite setbacks.	Learners will be able to identify strategies to persist and maintain motivation when working toward short- and long-term goals.	<p>PK: L 2: Snail Is Worried; L 21: Snail Becomes a Friend Magnet; L 22: Firefly Has a Plan; L 16: The Garden Friends Imagine 5K: L 7: It's Hard to Sit Still; L 11: Meeting Our Goals Step by Step; L 12: Getting in the Habit of Being More Organized Gr 1: Unit 2: Organization and Study Skills (4 lessons) Gr 2: L 3: Paying Attention to Attention; L 5: Set Goals, Get Organized, and S.O.A.R; L 7: Prioritizing Helps us to S.O.A.R Gr 3: L 3: Paying Attention to Attention; L 4: The Problem-Solving Plan; Unit 2: Organization and Study Skills (4 lessons); L 28: Getting Unstuck from Dead-End Behavior Gr 4: L 1: Organizing our Belongings; L 2: Organizing Our Time; L 3: On Your Mark, Get Set, Set Goals; L 4: Study Strategies; L 6: My Learning Style; L 8: Paying Attention to Attention; L 14: Helper and Robber Thoughts; L 31: Good Result Cycles Gr 5: L 1: Organizing Our Belongings and Our Time; L 2: Paying Attention to Attention; L 3: We Are Goal Setters; L 5: Study Strategies; L 6: An Inventory of My learning Style; L 31: Moving Up to Sixth Grade 5K-Gr 5 (included in each grade): Preparing to Learn: Calm Body, Calm Mind Exercises</p>

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12	Social Awareness	Learners will be able to demonstrate awareness of self as a unique individual. WMELS Domain II B EL.2	Learners will be able to present their own point of view.	Learners will be able to appreciate diversity by recognizing multiple points of view and perspectives of others across cultural and social groups.	PK: L1: Ms. Hum and the Garden School; L 4: Butterfly is Unique; L 6: Grasshopper Loves to Hop; L17: A Cozy Corner in Ms. Hum's Classroom; L30: The Garden Friends Celebrate and Say Goodbye 5K: L 5: The Butterflies: Uniqueness; L 14: Learning About Feelings; L 19: It's OK to be Different; L 20: Celebrating Differences; L 36: Remembering Our Garden Friends Gr 1: L 5: My Feelings; L 14: We Are Unique; L 15: Our Differences Make Us Unique Gr 2: L 2: Class Agreements; L 9: We Are Unique; L 11: A View of My Own; L 14: All Our Feelings are Okay; L 27: Which Way You Choose is Up to You; L 28: Learning from Our Mistakes Gr 3: L 9: We Are You-nique; L 10: A View of My Own; L 14: Our Thoughts Affect Our Feelings; L 27: Personal Responsibility Gr 4: L 9: Teamwork; L 34: Multicultural Show and Tell Gr 5: L 7: There Are Many Ways to Be Smart; L 8: Acceptance and Tolerance; L 18: Perspective-Taking; L 30 Reviewing and Remembering; L 33: Multicultural Celebration
13	Social Awareness	Learners will be able to reflect their family, culture, and community when engaged in play and learning. WMELS Domain IV C EL.2	Learners will be able to identify commonalities they share with peers.	Learners will be able to build relationships between diverse groups of people.	PK: L 4: Butterfly is Unique; L 8 Back to-School Night at the Garden School; L 30: The Garden Friends Celebrate and Say Goodbye 5K: Unit 1: CKCC Garden (8 lessons); L 19: It's Ok to be Different; L 20: Celebrating Differences: Multicultural Holidays Gr 1: L 2: Welcoming the Garden Friends; L 10: Making Friends; L 11: Becoming a People Magnet; L 20: Teamwork Gr 2: L 2: Class Agreements; L 13: About our Feelings; L 14: All Our Feelings are Okay; L 17: Opening the Door to Friendship Gr 3: L 2: Our Class Agreements; L 13: About Our Feelings; L 21: The Nature of Stress and Its Symptoms; L 22: Measuring Stress; L 30: You Get to Keep What You Learn; Gr 4: L 10: Kindness Counts; L 22: Our Class is a No-Shame Zone; L 32: Reviewing and Remembering; L 33: Hobbies; L 34: Multicultural Show and Tell Gr 5: Unit 4: Anger and Conflict Management (4 lessons); L 18: Perspective-Taking; L 33: Multicultural Celebration
14	Social Awareness	Learners will be able to, with adult guidance, begin to notice that other children and families do things differently. WMELS Domain IV C EL.2	Learners will be able to recognize and respect that individual differences are important to self and others.	Learners will be able to demonstrate respect for others by discussing how stereotypes affect self and others.	PK: L 4: Butterfly is Unique; L 8 Back to-School Night at the Garden School; L 29: The Garden Friends Remember 5K: Unit 1: CKCC Garden (8 lessons); L 19: It's Ok to be Different; L 20: Celebrating Differences: Multicultural Holidays Gr 1: L 2: Welcoming the Garden Friends; L 14: We Are Unique; L 15: Our Differences Make Us Unique; L 16 Celebrating Differences: Multicultural Holidays Gr 2: L 9: We Are Unique; L 10: Our Culture Makes Us Unique; L 11: A View of My Own Gr 3: Unit 3: We Are You-nique (4 lessons) Gr 4: L 20: Bullying; L 21: Teasing; L 34: Multicultural Show and Tell Gr 5: L 19: The Shame-Blame Game; L 20: Bullying; L 21: No More Teasing

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15	Relationship Skills	Learners will be able to engage in healthy and rewarding social interactions and play with peers. WMELS Domain II C EL.2	Learners will be able to identify the different relationships they have with others.	Learners will be able to, with adult guidance, recognize, establish, and maintain healthy and rewarding relationships.	PK: L 5: Ladybug Catches her Friends Being Kind; L 2 1: Snail Becomes a Friend Magnet; L 24: Sir Snake Helps His Friends Get Along; L 25: Ladybug Wants to Play; 5K: L 15: Kindness Counts; L 16: Sharing Is Caring; L 24: Resolving Conflict; L 33: A Bully In the Garden Gr 1: Unit 3: Making Friends, Resolving Conflict (4 lessons) Gr 2: L 17: Opening the Door to Friendship; L 18: Bullying; L 19: Stop the Teasing; L 29: Tickling My Memory Gr 3: L 12: Resolving Conflict; L 16: Kindness Counts; L 18: Let’s Work it Out; L 19: Bullying; L 20: Stop the Teasing Gr 4: L 9: Teamwork; L 10: Kindness Counts; Unit 5: Bullying, Teasing and Shaming (3 lessons) Gr 5: L 8: Acceptance and Tolerance; L 9: L 9: C.A.R.E (Cooperation, Acceptance, Responsibility, Empathy); L 10 Ripple Makers of Kindness; L 15 Rewinds; L 16: Resolving Conflict; L 17: Forgiveness
16	Relationship Skills	Learners will be able to, with adult guidance, initiate conversations, listen attentively, respond to conversation, and stay on topic for multiple exchanges (especially with adults). WMELS Domain III B EL.2C	Learners will be able to describe in simple terms how words, tone, and body language are used to communicate with others.	Learners will be able to effectively communicate clearly, listen well, and cooperate with others to build healthy relationships.	PK: L 8: Back to School Night at the Garden School; L 16: The Garden Friends Imagine; L 21: Snail Becomes a Friend Magnet 5K: L 21: New Ideas for the New Year; Unit 6: The Power of Words (4 lessons); Unit 9: Garden Memories (4 lessons) Gr 1: L 11: Becoming a People Magnet; L 12: Feeling Left Out; L 13: Resolving Conflict, L 19: Kind Words Make Good Feelings Grow Gr 2: L 15: Our Thoughts Affect Our Feelings; L 16: Kindness Counts; Unit 5: The Nature of Relationships (4 lessons) Gr 3: Unit 4: About Our Feelings (4 lessons); L 17: The Nature of Anger; L 18: Let’s Work it Out; L 20: Stop the Teasing; L 21 The Nature of Stress and Its Symptoms Gr 4: L 9: Teamwork; L 10: Kindness Counts; L 19: Resolving Conflict L 29: Identifying a Sequence of Behavior Gr 5: L 8: Acceptance and Tolerance; L 9: L 9: C.A.R.E (Cooperation, Acceptance, Responsibility, Empathy); L 13: Asserting Ourselves Using I- Messages; L 15: Rewinds; L 16: Resolving Conflict; L 17: Forgiveness; L 21: No More Teasing; L 29: Taking Responsibility for Our Actions
17	Relationship Skills	Learners will be able to adapt behavior based on adult directives.	Learners will be able to, with adult guidance, adapt behavior based upon peer feedback and environmental cues.	Learners will be able to independently adapt behavior based upon peer feedback and environmental cues.	PK: L 26: Rules are Cool in the Garden School; L 27: The Garden Friends Make New Rules; L 28: Ant's Messy Room 5K: L 10: Getting Organized; L 11: Meeting Our Goals; L 27: I Want It: Is It Mine; L 35: Finders Keepers? Gr 1: L 3: Paying Attention and Listening; L 11: Becoming a People Magnet; L 19: Kind Words and Deeds Make Good Feelings Grow ; L 20: Teamwork; Unit 7: Bullying and Teasing (3 lessons); Unit 8: Good Citizenship (4 lessons) Gr 2: L 4: The Problem-Solving Plan; L 19: Stop the Teasing; L 25: Look Before You Leap; L 27: Which Way You Choose is Up to You; L 28: Learning From Our Mistakes Gr 3: L 2: Our Class Agreements; L 4:The Problem-Solving Plan; L 16: Kindness Counts; L 18: Let’s Work it Out; L 25: Our Decisions Have Consequences; L 28: Getting Unstuck from Dead-End Behavior Gr 4: L 13: The Can’tasaurus; L 16: Rewinds; L 19: Resolving Conflict; L 22: Our Class is a No-Shame Zone; L 32: Reviewing and Remembering Gr 5: L 11: Voices of Encouragement and Discouragement; L 16: Resolving Conflict; L 29: Taking Responsibility for Our Actions

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18	Relationship Skills	Learners will be able to participate in cooperative play with peers. WMELS Domain II C EL.2	Learners will be able to demonstrate listening skills, start and stop conversations, and take turns in conversations.	Learners will be able to work cooperatively and productively in a group to accomplish a set goal.	<p>PK: L 19: Kindness Counts in Ms. Hum's Classroom; L 20: Sharing is Caring in the Garden School; L 21: Snail Becomes a Friend Magnet 5K: L 16: Sharing is Caring; L 23: Feeling Left Out; L 25: Words Can Help or Hurt; L 26: Telling the Truth Gr 1: L 3: Paying Attention and Listening; Unit 3: Making Friends, Resolving Conflict (4 lessons); L 20: Teamwork; L 24: Stop and Think Before You Act Gr 2: L 12: Resolving Conflict; Unit 5: The Nature of Relationships (4 lessons) Gr 3: L 2: Our Class Agreements; L 12: Resolving conflict; L 18: Let's Work It Out; L 29: The CKCC Memory Game Gr 4: L 5: Solving Problems: The ABCDE Plan; L 9: Teamwork; L 18: Responding to Anger in Safe Ways; L 19: Resolving Conflict; L 22: Our Class is a No-Shame Zone; L 34: Multicultural Show and Tell Gr 5: L 3: We Are Goal Setters, L 8: Acceptance and Tolerance; L 9: L 9: C.A.R.E (Cooperation, Acceptance, Responsibility, Empathy) 5K-Gr 5 (included in each grade): Preparing to Learn: Calm Body, Calm Mind Exercises</p>
19	Relationship Skills	Learners will be able to, with adult guidance, identify and communicate needs in conflict situations. WMELS Domain II C EL.4	Learners will be able to understand the perspective of others in a conflict situation.	Learners will be able to identify cause and effect of a conflict.	<p>PK: L 14: Ant's Angry Morning; L 24: Sir Snake Helps the Garden Friends Get Along; L 25: Ladybug Wants to Play 5K: L 23: Feeling Left Out; L 24: Resolving Conflict; Unit 7: Anger Management (4 lessons); Unit 8: All About Bullying (3 lessons) Gr 1: L 12: Feeling Left Out; L 13: Resolving Conflict; Unit 7: Bullying and Teasing (3 lessons) Gr 2: L 12: Resolving Conflict; L 14: All Our Feelings are Okay; L 18: Bullying; L 19: Stop the Teasing; L 20: The Nature of Anger Gr 3: L 11: Our Differences Make Us Unique; L 12: Resolving Conflict; L 14: Our Thoughts Affect Our Feelings; Unit 5: Managing Anger, Conflict, and Bullying (4 lessons) Gr 4: L 12: Our Thoughts Affect Our Feelings; L 16: Rewinds; L 19: Resolving Conflict; L 28: Predicting Outcomes and Consequences; L 29: Identifying a Sequence of Behavior Gr 5: L 15: Rewinds; L 16: Resolving Conflict; L 28: Cycles of Behavior</p>
20	Decision Making	Learners will be able to, with adult guidance, recognize that they have choices in how to respond to situations.	Learners will be able to, with adult guidance, generate possible choices and actions they could take in a given situation, including positive and negative options.	Learners will be able to make constructive choices about personal behavior and social interaction in order to evaluate the consequences of various actions with consideration of well-being for oneself and others.	<p>PK: L 17: A Cozy Corner in Ms. Hum's Classroom; L 22: Firefly has a Plan; L 27: The Garden Friends Make New Rules; L 28 Ant's Messy Room; L 27: The Garden Friends Make New Rules 5K: L 4: Snail: The Worrier; L 8: Firefly: The Problem-Solver; L 18 We Can Calm Down; L 26: Telling the Truth; L 27: I Want It: Is it Mine?; Unit 7: Anger Management (4 lessons) Gr 1: L 4: The Problem-Solving Plan; L 13: Resolving Conflict; L 24: Stop and Think Before You Act; L 27: Stop The Teasing; L 28: Hands are Not for Hitting; L 30: Telling the Truth; L 31: Taking What Isn't Yours; L 32: A Litterbug in the Garden Gr 2: Unit 7: Responsible Decision-Making (4 lessons) Gr 3: L 14: Our Thoughts Affect Our Feelings; L 14: Shrinking and Expanding Our "Can-Do" Feelings; L 25: Our Decisions Have Consequences; L 26: Making choices; L 27: Personal Responsibility; L 28: Getting Unstuck from Dead-End Behavior Gr 4: L 19: Resolving Conflict; 27: Choosing Wisely; L 28: Predicting Outcomes and Consequences; L 29: Identifying a Sequence of Behavior; L 31: Good Results Cycles Gr 5: L 10: Ripple Makers of Kindness; L 12: Helper and Robber Thoughts; L 14: Anger; Unit 7: Responsible Decision-Making (4 lessons)</p>

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21	Social Awareness	Learners will be able to follow simple group rules. WMELS Domain II C EL.3	Learners will be able to demonstrate positive behaviors as established in classroom and school-wide expectations.	Learners will be able to identify and respect social norms for behavior and safe interactions across different settings.	PK: L 26: Rules are Cool in the Garden School; L 28: Ant’s Messy Room 5K: L 9: Caring for Our Belongings; L 12: Getting in the Habit of Being More Organized; L 22: Fair and Unfair Rules Gr 1: L 18: Fair and Unfair Rules; L 20: Teamwork; Unit 8: Good Citizenship (4 lessons) Gr 2: L 2: Class Agreements; L 16: Kindness Counts; L 19: Stop the Teasing; L 25: Look Before You Leap; L 27: Which Way You Choose is Up to You Gr 3: L 2: Our Class Agreements; L 12: Resolving Conflict; L 16: Kindness Counts; L 25: Our Decisions Have Consequences; L 27: Personal Responsibility Gr 4: L 9: Teamwork; L 10: Kindness Counts; L 18: Responding to Anger in Safe Ways; L 22: Our Class is a No-Shame Zone; L 31: Good Results Cycles Gr 5: L 4: Solving Problems; L 19: The Shame-Blame Game; L 20: Bullying; L 21: No More Teasing; L 31: Moving Up to Grade 6
22	Decision Making Relationship Skills	Learners will be able to demonstrate understanding of simple rules related primarily to personal health and safety. WMELS Domain II C EL.3	Learners will be able to describe ways to promote personal safety.	Learners will be able to honor social norms with respect to safety of oneself and others.	PK: L 26: Rules are Cool in the Garden School; L 27: The Garden Friends Make New Rules; 5K: Unit 1: CKCC Garden (8 lessons); L 22: Fair and Unfair Rules; L 32: Managing Anger: A Book of Solutions Gr 1: L 2: Welcoming the Garden Friends; L 24: Stop and Think Before You Act; L 28 Hands Are Not for Hitting; L 29: Following Rules Gr 2: L 2: Class Agreements; Unit 7: Responsible Decision-Making (4 lessons) Gr 3: L 2: Our Class Agreements; Unit 7: Our Decisions Have Consequences (4 lessons) Gr 4: L 20: Bullying; L 22: Our Class is a No-Shame Zone; Unit 7: Responsible Decision-Making (5 lessons) Gr 5: L 10: Ripple Makers of Kindness; L 19: The Shame-Blame Game; L 20: Bullying; L 21: No More Teasing; L 31: Moving Up to Grade 6
23	Social Awareness Relationship Skills	Learners will be able to attempt a new skill when encouraged and supported by a safe and secure environment. WMELS Domain IV A EL.2	Learners will be able to identify how to get help from a trusted adult in a variety of situations.	Learners will be able to identify when and how to offer help to others.	PK: L 7: Firefly Helps Solve Problems; L 13: Deep Breathing During Circle Time; L 16: The Garden Friends Imagine; L 22: Firefly Has a Plan; L 23: Snail Solves His Problem 5K: L 7: Grasshopper: It’s Hard to Sit Still; L 8: Firefly: The Problem-Solver; L 17: The ABCD Problem-Solving Plan; L 21: New Ideas for the New Year; L 28 Relax and Feel Cozy; L 38: Making a Garden Memory Book Gr 1: L 2: Welcoming the Garden Friends; L 7: Using Our Strategies to Get and Stay Organized; L 27 A Bully in the Garden; L 35: The Garden Memory Book Gr 2: L 4: The Problem-Solving Plan; L 6: There are Many Ways to Sort and S.O.A.R; L 18: Bullying Gr 3: L 4: The Problem-Solving Plan; L 8: S.O.A.R to Develop Study Skills; L 18: Bullying; L 26: Making Choices Gr 4: Unit 2: Building a Community of Mindful Learners (5 lessons); L 20: Bullying; L 21: Teasing: Bullying with Words Gr 5: L 4: Solving Problems: The ABCDE Plan; L 9: C.A.R.E (Cooperation, Acceptance, Responsibility, Empathy); L 18: Perspective-Taking

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24	Decision Making Social Awareness Relationship Skills	Learners will be able to show awareness of being part of a family and a larger community. WMELS Domain II A EL.2	Learners will be able to, with adult guidance, identify classroom, school, and community needs.	Learners will be able to identify actions that would positively impact change in a classroom, school, and community.	<p>PK: L 29: The Garden Friends Remember; L 30: The Garden Friends Celebrate and Say Goodbye 5K: Unit 1: CKCC Garden (8 lessons); L 20: Celebrating Differences: Multicultural Holidays; L 39: Goodbye and Thanks to the Garden Friends Gr 1: L 2: Welcoming the Garden Friends; L 16: Celebrating Differences: Multicultural Holidays; L 17: Bright Ideas for the New Year; L 20: Teamwork; Unit 8: Good Citizenship (4 lessons) Gr 2: L 2: Class Agreements; L 3: Paying Attention to Attention; L 26: Choices; L 30: The CKCC Memory Game; L 31: Saying Thank You and Goodbye Gr 3: L 3: Paying Attention to Attention; L 2: Class Agreements; L 5: Sort and S.O.A.R. to Organize Our Belongings; L 16: Kindness Counts; L 25: Our Decisions Have Consequences; L 26: Making Choices; L 27: Personal Responsibility Gr 4: Unit 1: Tools for a Good School Year (5 lessons); L 22: Our Class is a No-Shame Zone; L 27: Choosing Wisely; L 32: Reviewing and Remembering Gr 5: Unit 1: Basic Tools For a Good School Year (5 lessons); Unit 2: Building a Community of Mindful Learners (4 lessons); L 19: The Shame-Blame Game; L 29: Taking Responsibility for Our Actions 5K-Gr 5 (included in each grade): Preparing to Learn: Calm Body, Calm Mind Exercises</p>
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