Lus Qhia: Rau kev kuaj COVID-19, yuav tau pom zoo rau. Daim qauv foos pom zoo muab tom nrog no yuav pab koj qhia rau tus neeg hais txog qhov kuaj thiab kev lis hauj lwm kuaj.

Koj lub tsev kawm ntawv hauv cheeb tsam/tsev kawm ntawv tus neeg ua hauj lwm pab tswv yim feem cai tsim nyog tshab xyuas thiab, seb puas tsim nyog, kho daim qauv ntawv ua ntej yuav muab rau cov xib fwb thiab/los sis neeg ua hauj lwm.

Thaum kho daim foos pom zoo, cov kem ntawv hauv qab no pom zoo kom muaj:

* Lub hom phiaj ntawm kev kuaj/lus qhia rau kev kuaj
* Pom zoo mus kuaj
* Cov lus qhia txog qhov yog ntiag tug
* Kev tso cai tso tawm ntaub ntawv
* Qhov siv tau ua ntej daim foos tso cai

Lus qhia ntxiv, cov kem ntawv hauv qab no yuav tau muaj los sis pom zoo heev kom muaj rau ua kev tshaj tawm mus rau tsoom fwv thiab lub xeev ua kev tshaj tawm zej tsoom kev noj qab nyob zoo hais txog cov kev kis kab mob, suav nrog COVID-19. Cov lus qhia no pab tau cov nom tswv saib xyuas zej tsoom kev noj qab nyob zoo kom soj ntsuam tau zoo ntxiv thiab tuav tau qhov sib kis ntawm tus vais lav.

**Yuav tau muaj:**

* Lub xeem
* Lub npe
* Zos

**Pom zoo kom muaj:**

* Chaw nyob
* Xov tooj
* Hnub yug
* Txiv Neej los yog Poj Niam
* Tub los Ntxhais
* Tsav neeg
* Haiv neeg

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| **Pom zoo thiab Kev Kav Tswj Cov Ntaub Ntawv Sau Cia -- [SCHOOL] POM ZOO KUAJ COVID-19 NTAWM TSEV KAWM NTAWV** | | |
| **[Name of School district/School]** tab tom siv daim foos no los ua kom tau txais koj kev pom zoo los kuaj COVID-19 rau koj tus me nyuam thiab qhia tawm ntaub ntawv sau tau los mus rau cov nom tswv muaj feem cuam tshuam.  **Kuaj dab tsi?**  Yog tau koj kev pom zoo, koj yuav tau txais kev kuaj ntaus nqi mob pub dawb rau tus vais lav uas tsim ua rau muaj COVID-19. Kev sau tus qauv coj mus kuaj cuam tshuam nrog kev muab ib qho rwb me nrws, qhov rwb zoo thooj qhov muab nrws qhov ntsej, ntxig mus rau hauv ob sab qhov ntswg. 0  **Kuv yuav nrhiav tau qhov tshwm sim tau los li cas?**  Koj yuav tau txais kev ceeb toom txog qhov kuaj tau los, los sis qhia paub txog txoj hauv kev tau txais qhov kuaj tau los (piv txwv: hu xov tooj, sau ntawv los sis sau email qhia).  **Kuv tsim nyog yuav ua li cas thaum kuv tau txais kuv cov kuaj tau los?**  Yog tias kuaj tau los paub tias muaj mob, qhov no txhais tias tshawb pom tus vais lav nyob hauv koj li qauv coj mus kuaj. Koj yuav hnov cov kws paub hauj lwm qhia txog qhov kuaj no. Lawv yuav hais kom koj tawm hauv tsev kawm ntawv thiab yuav muab lus qhia ceev tus kheej cia hauv tsev, ua raws li cov lus qhia los ntawm qhov chaw kho mob thiab thaum twg koj thiaj rov mus kawm ntawv tau.  Yog koj kuaj tsis pom muaj mob, qhov no txhais tias tsis pom muaj kab mob nyob hauv koj tus qauv coj mus kuaj nyob rau lub sij hawm no. Lawv yuav hais kom koj coj raws li cov lus qhia los ntawm koj lub tsev kawm ntawv tom qab tau cov tshwm sim ntawm qhov kuaj. | |
| |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | | **NTAUB NTAWV SIV RAU KEV SIB TXUAS LUS** – Tus loj paub tab lawm (18 xyoo lawm los sis tshaj sauv) sau kom tiav - **Thov Sau** | | | | | | | | | | **Lub xeem:** | | | **Lub npe:** | | | | | **Tsiaj Ntawv Cim Npe Nruab Nrab:** | | **Lub Npe Txoj Kev:** | | | | **Lub Nroog:** | | **Lub Xeev:**  WI | | **Zip:** | | **Hnub Yug Hnub (HLI/HNUB/XYOO)** | **Hnub nyoog:** | **Xov tooj:** | | | **Poj Niam los Txiv Neej:**  Txiv Neej  Poj Niam | | | | | **Tub Los Ntxhais:**  Txiv Neej  Tus Hloov Cev – Txiv Neej Hloov Cev los ua Poj Niam  Tus Hloov Cev – Poj Niam Hloov   Cev los ua Txiv Neej  Poj Niam  Tus Hloov Cev – Tsis Paub Xyov Yog Poj Niam Los Txiv Neej Li los sis Tsis Yog Poj Niam Txiv Neej Tib Si  Tsis Kam Qhia los sis Tsis Kam Teb  Lwm Yam \_\_\_\_\_\_\_ | | | | | | | | | | **Haiv neeg:** (kos txhua qhov hais raug)  Neeg Es Xias  Neeg Asmeskas Qhab los sis Neeg Xeeb Txawm Alaska  Neeg Tawv Dawb | | | | | | | **Tsav Neeg:**  Neeg Mev Hispanic | | | Neeg Asmeskas Africa los sis Neeg Dub  Neeg Xeeb Txawm Hawaii los sis Neeg Pov Txwv Pacific | | | | | | | Tsis Yog-Neeg Mev Hispanic | | | Tsis xav Teb  Lwm yam\_\_\_\_\_\_\_\_  Ntau haiv neeg ua ke | | | | | | | Tsis xav Teb | |   Los ntawm kev kos npe hauv qab no, kuv lees tias:   * Kuv yeem kam kos npe rau daim foos no thiab yus yeem yus xwb. * Kuv pom zoo tias lub tsev kawm ntawv yuav ceeb toom qhia tau kuv txog cov kuaj tau los. * Kuv pom zoo rau kuaj COVID-19 thaum tsim nyog thiab nkag siab tias tej zaum kuv yuav tau kuaj ntau lwm. * Kuv pom zoo rau tsev kawm ntawv tus neeg ua hauj lwm, tus neeg ua hauj lwm saib xyuas kev noj qab nyob zoo ua ntawv cog lus ua hauj lwm, Lub Chaw Ua Hauj Lwm Saib Xyuas Neeg Hauv Zos thiab Neeg Ib Txwm Xeeb Txawm tus neeg ua hauj lwm, thiab/los sis lwm tus neeg ua hauj lwm kuaj kuv raws li lub tsev kawm ntawv qhia. * Kuv nkag siab tias daim foos pom zoo no yuav siv tau txog [date], tshwj tsis yog tias kuv tau ceeb toom rau tus neeg raug teeb saib xyuas txoj hauj lwm no los ntawm tsev kawm ntawv uas yog sau ntawv qhia tias kuv thim kuv qhov kev pom zoo. * Kuv nkag siab tias cov tau los ntawm qhov kuaj yuav muab qhia rau lub tsev kawm ntawv, tus kws kuaj mob uas txib kom kuaj, lub khauj tim thiab lwm qhov chaw hauv zos, xeev thiab tsoom fwv lub chaw saib xyuas zej tsoom kev noj qab nyob zoo, nrog rau lwm tus khub ua hauj lwm ua ke uas tau kev tso cai los ntawm kev cai lij choj.   Mus saib CDC nplooj vev xaib hais txog Khaus Laus Nas Vais Lav rau kev paub ntxiv hais txog tus kab mob thiab kev ceev koj thiab koj tsev neeg kom nyab xeeb: [www.cdc.gov/coronavirus](http://www.cdc.gov/coronavirus). | | |
|  | | |
| **KOS NPE** – (yog tias muaj 18 xyoo lawm los sis tshaj sauv) | Hnub Kos Npe | |