| EMOTIONAL DEVELOPMENT( 4th Grade - 5th Grade) |
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| Understand and manage one’s emotions |
| No.  | CASEL Domain | Wisconsin 4th-5th SEL Competencies | Too Good for Violence - Social Perspectives Grades 4-5 |
| 1 | Self-Awareness | Learners will be able to recognize and label a variety of complex emotions in self and others. | **Grade 4** Lesson 4.3 *I See Me* - Identifying and Managing Emotions**Grade 5**Lesson 5.3 *Systems Check* - Identifying and Managing Emotions |
| 2 | Self-Management | Learners will be able to express their emotions to self and others in respectful ways. | **Grade 4** Lesson 4.3 *I See Me* - Identifying and Managing EmotionsLesson 4.4 *More Than Words* - Effective CommunicationLesson 4.5 *Community Garden* – Bonding & RelationshipsLesson 4.6 *The Respect Effect* – Respect for Self and Others**Grade 5** Lesson 5.3 *Systems Check* - Identifying and Managing EmotionsLesson 5.4 *This is Your Captain Speaking* - Effective Communication |
| 3 | Self-Management | Learners will be able to, with minimal adult guidance, manage emotions (e.g., stress, impulses, motivation) in a manner sensitive to self and others. | **Grade 4** Lesson 4.3 *I See Me* - Identifying and Managing EmotionsLesson 4.4 *More Than Words* - Effective Communication**Grade 5** Lesson 5.3 *Systems Check* - Identifying and Managing EmotionsLesson 5.4 *This is Your Captain Speaking* - Effective Communication |
| 4 | Focus Attention | Learners will be able to, with adult guidance, use organizational skills and strategies to focus attention in order to work toward personal and academic goals. | **Grade 4** Lesson 4.1 *Goal Boosters & Goal Busters* – Goal Setting**Grade 5**Lesson 5.1 *Preparing for Take Off* – Setting Reachable Goals |
| 5 | Social Awareness | Learners will be able to identify others’ need for empathy and respond in respectful ways. | **Grade 4** Lesson 4.3 *I See Me* - Identifying and Managing EmotionsLesson 4.4 *More Than Words* - Effective CommunicationLesson 4.5 *Community Garden* – Bonding & Relationships**Grade 5** Lesson 5.3 *Systems Check* - Identifying and Managing EmotionsLesson 5.4 *This is Your Captain Speaking* - Effective Communication |
| 6 | Social Awareness | Learners will be able to use perspective-taking to predict how their own behavior affects the emotions of others.  | **Grade 4** Lesson 4.3 *I See Me* - Identifying and Managing EmotionsLesson 4.4 *More Than Words* - Effective Communication**Grade 5** Lesson 5.3 *Systems Check* - Identifying and Managing EmotionsLesson 5.4 *This is Your Captain Speaking* - Effective Communication |

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| SELF-CONCEPT (4th Grade - 5th Grade) |
| Develop positive self-identity and recognize self as a lifelong learner |
| No. | CASEL Domain | Wisconsin 4th-5th SEL Competencies | Too Good for Violence - Social Perspectives Grades 4-5 |
| 7 | Self-Awareness | Learners will be able to use a “growth mind set” in order to recognize and build on their strengths. | **Grade 4** Lesson 4.1 *Goal Boosters & Goal Busters* – Goal SettingLesson 4.2 *Major Intersection* – Decision MakingLesson 4.3 *I See Me* - Identifying and Managing EmotionsLesson 4.4 *More Than Words* - Effective CommunicationLesson 4.6 *The Respect Effect* – Respect for Self and OthersLesson 4.10 *Positively Influential* – Being a Positive Role Model**Grade 5** Lesson 5.1 *Preparing for Take Off* – Setting Reachable GoalsLesson 5.3 *Systems Check* - Identifying and Managing EmotionsLesson 5.6 *Initiate Launch* – Respect for Self and OthersLesson 5.10 *Flight Academy* – Being a Positive Role Model |
| 8 | Self-Awareness | Learners will be able to reflect on similarities and differences between their personal beliefs and those of others.  | **Grade 4** Lesson 4.5 *Community Garden* – Bonding & RelationshipsLesson 4.6 *The Respect Effect* – Respect for Self and Others**Grade 5**Lesson 5.5 *My Flight Crew* – Bonding & RelationshipsLesson 5.6 *Initiate Launch* – Respect for Self and Others |
| 9 | Self-AwarenessSocial-Awareness | Learners will be able to identify their role in their family and community and how those roles impact their identity. | **Grade 4** Lesson 4.2 *Major Intersection* – Decision MakingLesson 4.4 *More Than Words* - Effective CommunicationLesson 4.5 *Community Garden* – Bonding & RelationshipsLesson 4.6 *The Respect Effect* – Respect for Self and OthersLesson 4.10 *Positively Influential* – Being a Positive Role Model**Grade 5**Lesson 5.2 *Rocket Science* – Making Responsible DecisionsLesson 5.4 *This is Your Captain Speaking* - Effective CommunicationLesson 5.5 *My Flight Crew* – Bonding & RelationshipsLesson 5.6 *Initiate Launch* – Respect for Self and OthersLesson 5.10 *Flight Academy* – Being a Positive Role Model |
| 10 | Self-Management | Learners will be able to assess their level of engagement in their own learning for the achievement of personal goals. | **Grade 4** Lesson 4.1 *Goal Boosters & Goal Busters* – Goal SettingLesson 4.2 *Major Intersection* – Decision Making**Grade 5** Lesson 5.1 *Preparing for Take Off*– Setting Reachable GoalsLesson 5.2 *Rocket Science* – Making Responsible Decisions |
| 11 | Self-AwarenessSelf-Management | Learners will be able to identify strategies to persist and maintain motivation when working toward short- and long-term goals. | **Grade 4** Lesson 4.1 *Goal Boosters & Goal Busters* – Goal SettingLesson 4.2 *Major Intersection* – Decision Making**Grade 5** Lesson 5.1 *Preparing for Take Off*– Setting Reachable GoalsLesson 5.2 *Rocket Science* – Making Responsible Decisions |

| SOCIAL COMPETENCE (4th Grade - 5th Grade) |
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| Establish and maintain positive relationships by respecting others, practicing social skills, and making responsible choices while recognizing and connecting to the community at large |
| No. | CASEL Domain | Wisconsin 4th-5th SEL Competencies | Too Good for Violence - Social Perspectives Grades 4-5 |
| 12 | Social Awareness | Learners will be able to appreciate diversity by recognizing multiple points of view and perspectives of others across cultural and social groups. | **Grade 4** Lesson 4.3 *I See Me* - Identifying and Managing EmotionsLesson 4.4 *More Than Words* - Effective CommunicationLesson 4.5 *Community Garden* – Bonding & RelationshipsLesson 4.6 *The Respect Effect* – Respect for Self and Others**Grade 5** Lesson 5.3 *Systems Check* - Identifying and Managing Emotions Lesson 5.5 *My Flight Crew* – Bonding & RelationshipsLesson 5.6 *Initiate Launch*– Respect for Self and Others |
| 13 | Social Awareness | Learners will be able to build relationships between diverse groups of people.  | **Grade 4** Lesson 4.3 *I See Me* - Identifying and Managing EmotionsLesson 4.4 *More Than Words* - Effective CommunicationLesson 4.5 *Community Garden* – Bonding & RelationshipsLesson 4.6 *The Respect Effect* – Respect for Self and Others**Grade 5** Lesson 5.3 *Systems Check* - Identifying and Managing Emotions Lesson 5.4 *This is Your Captain Speaking* - Effective CommunicationLesson 5.5 *My Flight Crew* – Bonding & RelationshipsLesson 5.6 *Initiate Launch*– Respect for Self and Others |
| 14 | Social Awareness | Learners will be able to demonstrate respect for others by discussing how stereotypes affect self and others.  | **Grade 4** Lesson 4.4 *More Than Words* - Effective CommunicationLesson 4.5 *Community Garden* – Bonding & RelationshipsLesson 4.6 *The Respect Effect* – Respect for Self and OthersLesson 4.10 *Positively Influential* – Being a Positive Role Model**Grade 5** Lesson 5.4 *This is Your Captain Speaking* - Effective CommunicationLesson 5.5 *My Flight Crew* – Bonding & RelationshipsLesson 5.6 *Initiate Launch*– Respect for Self and OthersLesson 5.9 *Shields Up* – Identifying and Managing Bullying SituationsLesson 5.10 *Flight Academy* – Being a Positive Role Model |
| 15 | Relationship Skills | Learners will be able to, with adult guidance, recognize, establish, and maintain healthy and rewarding relationships.  | **Grade 4** Lesson 4.3 *I See Me* - Identifying and Managing EmotionsLesson 4.4 *More Than Words* - Effective CommunicationLesson 4.5 *Community Garden* – Bonding & RelationshipsLesson 4.6 *The Respect Effect* – Respect for Self and Others**Grade 5** Lesson 5.4 *This is Your Captain Speaking* - Effective CommunicationLesson 5.5 *My Flight Crew* – Bonding & RelationshipsLesson 5.6 *Initiate Launch*– Respect for Self and Others |
| 16 | Relationship Skills | Learners will be able to effectively communicate clearly, listen well, and cooperate with others to build healthy relationships. | **Grade 4** Lesson 4.2 *Major Intersection* – Decision MakingLesson 4.3 *I See Me* - Identifying and Managing EmotionsLesson 4.4 *More Than Words* - Effective CommunicationLesson 4.5 *Community Garden* – Bonding & RelationshipsLesson 4.6 *The Respect Effect* – Respect for Self and OthersLesson 4.10 *Positively Influential* – Being a Positive Role Model**Grade 5** Lesson 5.2 *Rocket Science* – Making Responsible DecisionsLesson 5.3 *Systems Check* - Identifying and Managing Emotions Lesson 5.4 *This is Your Captain Speaking* - Effective CommunicationLesson 5.5 *My Flight Crew* – Bonding & RelationshipsLesson 5.6 *Initiate Launch*– Respect for Self and Others |
| 17 | Relationship Skills | Learners will be able to independently adapt behavior based upon peer feedback and environmental cues. | **Grade 4** Lesson 4.2 *Major Intersection* – Decision MakingLesson 4.3 *I See Me* - Identifying and Managing EmotionsLesson 4.4 *More Than Words* - Effective CommunicationLesson 4.5 *Community Garden* – Bonding & RelationshipsLesson 4.6 *The Respect Effect* – Respect for Self and OthersLesson 4.10 *Positively Influential* – Being a Positive Role Model**Grade 5** Lesson 5.2 *Rocket Science* – Making Responsible DecisionsLesson 5.3 *Systems Check* - Identifying and Managing Emotions Lesson 5.4 *This is Your Captain Speaking* - Effective CommunicationLesson 5.5 *My Flight Crew* – Bonding & RelationshipsLesson 5.6 *Initiate Launch*– Respect for Self and OthersLesson 5.10 *Flight Academy* – Being a Positive Role Model |
| 18 | Relationship Skills | Learners will be able to work cooperatively and productively in a group to accomplish a set goal. | **Grade 4** Lesson 4.1 *Goal Boosters & Goal Busters* – Goal SettingLesson 4.4 *More Than Words* - Effective CommunicationLesson 4.5 *Community Garden* – Bonding & RelationshipsLesson 4.6 *The Respect Effect* – Respect for Self and OthersLesson 4.10 *Positively Influential* – Being a Positive Role Model**Grade 5** Lesson 5.1 *Preparing for Take Off*– Setting Reachable GoalsLesson 5.4 *This is Your Captain Speaking* - Effective CommunicationLesson 5.5 *My Flight Crew* – Bonding & RelationshipsLesson 5.6 *Initiate Launch*– Respect for Self and OthersLesson 5.10 *Flight Academy* – Being a Positive Role Model |
| 19 | Relationship Skills | Learners will be able to identify cause and effect of a conflict. | **Grade 4** Lesson 4.2 *Major Intersection* – Decision MakingLesson 4.3 *I See Me* - Identifying and Managing EmotionsLesson 4.4 *More Than Words* - Effective CommunicationLesson 4.7 *Work It Out* – Conflict ResolutionLesson 4.8 *Cool Down & Turn It Around* – Anger ManagementLesson 4.9 *Building an Inclusive Community* – Identifying and Managing Bullying Situations**Grade 5** Lesson 5.3 *Systems Check* - Identifying and Managing EmotionsLesson 5.7 *Smooth Landing* – Conflict ResolutionLesson 5.8 *Initiate Countdown* – Anger ManagementLesson 5.9 *Shields Up*–Identifying and Managing Bullying Situations |
| 20 | Decision Making | Learners will be able to make constructive choices about personal behavior and social interaction in order to evaluate the consequences of various actions with consideration of well-being for oneself and others. | **Grade 4** Lesson 4.2 *Major Intersection* – Decision MakingLesson 4.3 *I See Me* - Identifying and Managing EmotionsLesson 4.4 *More Than Words* - Effective CommunicationLesson 4.5 *Community Garden* – Bonding & RelationshipsLesson 4.6 *The Respect Effect* – Respect for Self and OthersLesson 4.7 *Work It Out* – Conflict ResolutionLesson 4.8 *Cool Down & Turn It Around* – Anger ManagementLesson 4.9 *Building an Inclusive Community* – Identifying and Managing Bullying SituationsLesson 4.10 *Positively Influential* – Being a Positive Role Model**Grade 5** Lesson 5.2 *Rocket Science* – Making Responsible DecisionsLesson 5.3 *Systems Check* - Identifying and Managing EmotionsLesson 5.4 *This is Your Captain Speaking* - Effective CommunicationLesson 5.7 *Smooth Landing* – Conflict ResolutionLesson 5.8 *Initiate Countdown* – Anger ManagementLesson 5.9 *Shields Up*–Identifying and Managing Bullying SituationsLesson 5.10 *Flight Academy* – Being a Positive Role Model |
| 21 | Social Awareness | Learners will be able to identify and respect social norms for behavior and safe interactions across different settings.  | **Grade 4** Lesson 4.2 *Major Intersection* – Decision MakingLesson 4.3 *I See Me* - Identifying and Managing EmotionsLesson 4.4 *More Than Words* - Effective CommunicationLesson 4.5 *Community Garden* – Bonding & RelationshipsLesson 4.6 *The Respect Effect* – Respect for Self and OthersLesson 4.10 *Positively Influential* – Being a Positive Role Model**Grade 5** Lesson 5.2 *Rocket Science* – Making Responsible DecisionsLesson 5.3 *Systems Check* - Identifying and Managing Emotions Lesson 5.4 *This is Your Captain Speaking* - Effective CommunicationLesson 5.5 *My Flight Crew* – Bonding & RelationshipsLesson 5.6 *Initiate Launch*– Respect for Self and OthersLesson 5.10 *Flight Academy* – Being a Positive Role Model |
| 22 | Decision MakingRelationship Skills | Learners will be able to honor social norms with respect to safety of oneself and others. | **Grade 4** Lesson 4.2 *Major Intersection* – Decision MakingLesson 4.5 *Community Garden* – Bonding & RelationshipsLesson 4.6 *The Respect Effect* – Respect for Self and OthersLesson 4.10 *Positively Influential* – Being a Positive Role Model**Grade 5** Lesson 5.2 *Rocket Science* – Making Responsible DecisionsLesson 5.5 *My Flight Crew* – Bonding & RelationshipsLesson 5.6 *Initiate Launch*– Respect for Self and OthersLesson 5.10 *Flight Academy* – Being a Positive Role Model |
| 23 | Social AwarenessRelationship Skills | Learners will be able to identify when and how to offer help to others. | **Grade 4** Lesson 4.2 *Major Intersection* – Decision MakingLesson 4.3 *I See Me* - Identifying and Managing EmotionsLesson 4.4 *More Than Words* - Effective CommunicationLesson 4.5 *Community Garden* – Bonding & RelationshipsLesson 4.6 *The Respect Effect* – Respect for Self and OthersLesson 4.7 *Work It Out* – Conflict ResolutionLesson 4.10 *Positively Influential* – Being a Positive Role Model**Grade 5** Lesson 5.2 *Rocket Science* – Making Responsible DecisionsLesson 5.3 *Systems Check* - Identifying and Managing Emotions Lesson 5.4 *This is Your Captain Speaking* - Effective CommunicationLesson 5.5 *My Flight Crew* – Bonding & RelationshipsLesson 5.6 *Initiate Launch*– Respect for Self and OthersLesson 5.7 *Smooth Landing* – Conflict ResolutionLesson 5.10 *Flight Academy* – Being a Positive Role Model |
| 24 | Decision MakingSocial AwarenessRelationship Skills | Learners will be able to identify actions that would positively impact change in a classroom, school, and community. | **Grade 4** Lesson 4.1 *Goal Boosters & Goal Busters* – Goal SettingLesson 4.2 *Major Intersection* – Decision MakingLesson 4.3 *I See Me* - Identifying and Managing EmotionsLesson 4.4 *More Than Words* - Effective CommunicationLesson 4.5 *Community Garden* – Bonding & RelationshipsLesson 4.6 *The Respect Effect* – Respect for Self and OthersLesson 4.7 *Work It Out* – Conflict ResolutionLesson 4.8 *Cool Down & Turn It Around* – Anger ManagementLesson 4.9 *Building an Inclusive Community* – Identifying and Managing Bullying SituationsLesson 4.10 *Positively Influential* – Being a Positive Role Model**Grade 5** Lesson 5.1 *Preparing for Take Off*– Setting Reachable GoalsLesson 5.2 *Rocket Science* – Making Responsible DecisionsLesson 5.3 *Systems Check* - Identifying and Managing Emotions Lesson 5.4 *This is Your Captain Speaking* - Effective CommunicationLesson 5.5 *My Flight Crew* – Bonding & RelationshipsLesson 5.6 *Initiate Launch*– Respect for Self and OthersLesson 5.7 *Smooth Landing* – Conflict ResolutionLesson 5.8 *Initiate Countdown* – Anger ManagementLesson 5.9 *Shields Up* – Identifying and Managing Bullying SituationsLesson 5.10 *Flight Academy* – Being a Positive Role Model |