| EMOTIONAL DEVELOPMENT( 4th Grade - 5th Grade) | | | |
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| Understand and manage one’s emotions | | | |
| No. | CASEL Domain | Wisconsin 4th-5th SEL Competencies | Too Good for Violence - Social Perspectives Grades 4-5 |
| 1 | Self-Awareness | Learners will be able to recognize and label a variety of complex emotions in self and others. | **Grade 4**  Lesson 4.3 *I See Me* - Identifying and Managing Emotions  **Grade 5**  Lesson 5.3 *Systems Check* - Identifying and Managing Emotions |
| 2 | Self- Management | Learners will be able to express their emotions to self and others in respectful ways. | **Grade 4**  Lesson 4.3 *I See Me* - Identifying and Managing Emotions  Lesson 4.4 *More Than Words* - Effective Communication  Lesson 4.5 *Community Garden* – Bonding & Relationships  Lesson 4.6 *The Respect Effect* – Respect for Self and Others  **Grade 5**  Lesson 5.3 *Systems Check* - Identifying and Managing Emotions  Lesson 5.4 *This is Your Captain Speaking* - Effective Communication |
| 3 | Self- Management | Learners will be able to, with minimal adult guidance, manage emotions (e.g., stress, impulses, motivation) in a manner sensitive to self and others. | **Grade 4**  Lesson 4.3 *I See Me* - Identifying and Managing Emotions  Lesson 4.4 *More Than Words* - Effective Communication  **Grade 5**  Lesson 5.3 *Systems Check* - Identifying and Managing Emotions  Lesson 5.4 *This is Your Captain Speaking* - Effective Communication |
| 4 | Focus  Attention | Learners will be able to, with adult guidance, use organizational skills and strategies to focus attention in order to work toward personal and academic goals. | **Grade 4**  Lesson 4.1 *Goal Boosters & Goal Busters* – Goal Setting  **Grade 5**  Lesson 5.1 *Preparing for Take Off* – Setting Reachable Goals |
| 5 | Social  Awareness | Learners will be able to identify others’ need for empathy and respond in respectful ways. | **Grade 4**  Lesson 4.3 *I See Me* - Identifying and Managing Emotions  Lesson 4.4 *More Than Words* - Effective Communication  Lesson 4.5 *Community Garden* – Bonding & Relationships  **Grade 5**  Lesson 5.3 *Systems Check* - Identifying and Managing Emotions  Lesson 5.4 *This is Your Captain Speaking* - Effective Communication |
| 6 | Social  Awareness | Learners will be able to use perspective-taking to predict how their own behavior affects the emotions of others. | **Grade 4**  Lesson 4.3 *I See Me* - Identifying and Managing Emotions  Lesson 4.4 *More Than Words* - Effective Communication  **Grade 5**  Lesson 5.3 *Systems Check* - Identifying and Managing Emotions  Lesson 5.4 *This is Your Captain Speaking* - Effective Communication |

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| SELF-CONCEPT (4th Grade - 5th Grade) | | | |
| Develop positive self-identity and recognize self as a lifelong learner | | | |
| No. | CASEL Domain | Wisconsin 4th-5th SEL Competencies | Too Good for Violence - Social Perspectives Grades 4-5 |
| 7 | Self-Awareness | Learners will be able to use a “growth mind set” in order to recognize and build on their strengths. | **Grade 4**  Lesson 4.1 *Goal Boosters & Goal Busters* – Goal Setting  Lesson 4.2 *Major Intersection* – Decision Making  Lesson 4.3 *I See Me* - Identifying and Managing Emotions  Lesson 4.4 *More Than Words* - Effective Communication  Lesson 4.6 *The Respect Effect* – Respect for Self and Others  Lesson 4.10 *Positively Influential* – Being a Positive Role Model  **Grade 5**  Lesson 5.1 *Preparing for Take Off* – Setting Reachable Goals  Lesson 5.3 *Systems Check* - Identifying and Managing Emotions  Lesson 5.6 *Initiate Launch* – Respect for Self and Others  Lesson 5.10 *Flight Academy* – Being a Positive Role Model |
| 8 | Self-Awareness | Learners will be able to reflect on similarities and differences between their personal beliefs and those of others. | **Grade 4**  Lesson 4.5 *Community Garden* – Bonding & Relationships  Lesson 4.6 *The Respect Effect* – Respect for Self and Others  **Grade 5**  Lesson 5.5 *My Flight Crew* – Bonding & Relationships  Lesson 5.6 *Initiate Launch* – Respect for Self and Others |
| 9 | Self-Awareness  Social-Awareness | Learners will be able to identify their role in their family and community and how those roles impact their identity. | **Grade 4**  Lesson 4.2 *Major Intersection* – Decision Making  Lesson 4.4 *More Than Words* - Effective Communication  Lesson 4.5 *Community Garden* – Bonding & Relationships  Lesson 4.6 *The Respect Effect* – Respect for Self and Others  Lesson 4.10 *Positively Influential* – Being a Positive Role Model  **Grade 5**  Lesson 5.2 *Rocket Science* – Making Responsible Decisions  Lesson 5.4 *This is Your Captain Speaking* - Effective Communication  Lesson 5.5 *My Flight Crew* – Bonding & Relationships  Lesson 5.6 *Initiate Launch* – Respect for Self and Others  Lesson 5.10 *Flight Academy* – Being a Positive Role Model |
| 10 | Self-Management | Learners will be able to assess their level of engagement in their own learning for the achievement of personal goals. | **Grade 4**  Lesson 4.1 *Goal Boosters & Goal Busters* – Goal Setting  Lesson 4.2 *Major Intersection* – Decision Making  **Grade 5**  Lesson 5.1 *Preparing for Take Off*– Setting Reachable Goals  Lesson 5.2 *Rocket Science* – Making Responsible Decisions |
| 11 | Self-Awareness  Self-Management | Learners will be able to identify strategies to persist and maintain motivation when working toward short- and long-term goals. | **Grade 4**  Lesson 4.1 *Goal Boosters & Goal Busters* – Goal Setting  Lesson 4.2 *Major Intersection* – Decision Making  **Grade 5**  Lesson 5.1 *Preparing for Take Off*– Setting Reachable Goals  Lesson 5.2 *Rocket Science* – Making Responsible Decisions |

| SOCIAL COMPETENCE (4th Grade - 5th Grade) | | | |
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| Establish and maintain positive relationships by respecting others, practicing social skills, and making responsible choices while recognizing and connecting to the community at large | | | |
| No. | CASEL Domain | Wisconsin 4th-5th SEL Competencies | Too Good for Violence - Social Perspectives Grades 4-5 |
| 12 | Social Awareness | Learners will be able to appreciate diversity by recognizing multiple points of view and perspectives of others across cultural and social groups. | **Grade 4**  Lesson 4.3 *I See Me* - Identifying and Managing Emotions  Lesson 4.4 *More Than Words* - Effective Communication  Lesson 4.5 *Community Garden* – Bonding & Relationships  Lesson 4.6 *The Respect Effect* – Respect for Self and Others  **Grade 5**  Lesson 5.3 *Systems Check* - Identifying and Managing Emotions  Lesson 5.5 *My Flight Crew* – Bonding & Relationships  Lesson 5.6 *Initiate Launch*– Respect for Self and Others |
| 13 | Social Awareness | Learners will be able to build relationships between diverse groups of people. | **Grade 4**  Lesson 4.3 *I See Me* - Identifying and Managing Emotions  Lesson 4.4 *More Than Words* - Effective Communication  Lesson 4.5 *Community Garden* – Bonding & Relationships  Lesson 4.6 *The Respect Effect* – Respect for Self and Others  **Grade 5**  Lesson 5.3 *Systems Check* - Identifying and Managing Emotions  Lesson 5.4 *This is Your Captain Speaking* - Effective Communication  Lesson 5.5 *My Flight Crew* – Bonding & Relationships  Lesson 5.6 *Initiate Launch*– Respect for Self and Others |
| 14 | Social Awareness | Learners will be able to demonstrate respect for others by discussing how stereotypes affect self and others. | **Grade 4**  Lesson 4.4 *More Than Words* - Effective Communication  Lesson 4.5 *Community Garden* – Bonding & Relationships  Lesson 4.6 *The Respect Effect* – Respect for Self and Others  Lesson 4.10 *Positively Influential* – Being a Positive Role Model  **Grade 5**  Lesson 5.4 *This is Your Captain Speaking* - Effective Communication  Lesson 5.5 *My Flight Crew* – Bonding & Relationships  Lesson 5.6 *Initiate Launch*– Respect for Self and Others  Lesson 5.9 *Shields Up* – Identifying and Managing Bullying Situations  Lesson 5.10 *Flight Academy* – Being a Positive Role Model |
| 15 | Relationship Skills | Learners will be able to, with adult guidance, recognize, establish, and maintain healthy and rewarding relationships. | **Grade 4**  Lesson 4.3 *I See Me* - Identifying and Managing Emotions  Lesson 4.4 *More Than Words* - Effective Communication  Lesson 4.5 *Community Garden* – Bonding & Relationships  Lesson 4.6 *The Respect Effect* – Respect for Self and Others  **Grade 5**  Lesson 5.4 *This is Your Captain Speaking* - Effective Communication  Lesson 5.5 *My Flight Crew* – Bonding & Relationships  Lesson 5.6 *Initiate Launch*– Respect for Self and Others |
| 16 | Relationship Skills | Learners will be able to effectively communicate clearly, listen well, and cooperate with others to build healthy relationships. | **Grade 4**  Lesson 4.2 *Major Intersection* – Decision Making  Lesson 4.3 *I See Me* - Identifying and Managing Emotions  Lesson 4.4 *More Than Words* - Effective Communication  Lesson 4.5 *Community Garden* – Bonding & Relationships  Lesson 4.6 *The Respect Effect* – Respect for Self and Others  Lesson 4.10 *Positively Influential* – Being a Positive Role Model  **Grade 5**  Lesson 5.2 *Rocket Science* – Making Responsible Decisions  Lesson 5.3 *Systems Check* - Identifying and Managing Emotions  Lesson 5.4 *This is Your Captain Speaking* - Effective Communication  Lesson 5.5 *My Flight Crew* – Bonding & Relationships  Lesson 5.6 *Initiate Launch*– Respect for Self and Others |
| 17 | Relationship Skills | Learners will be able to independently adapt behavior based upon peer feedback and environmental cues. | **Grade 4**  Lesson 4.2 *Major Intersection* – Decision Making  Lesson 4.3 *I See Me* - Identifying and Managing Emotions  Lesson 4.4 *More Than Words* - Effective Communication  Lesson 4.5 *Community Garden* – Bonding & Relationships  Lesson 4.6 *The Respect Effect* – Respect for Self and Others  Lesson 4.10 *Positively Influential* – Being a Positive Role Model  **Grade 5**  Lesson 5.2 *Rocket Science* – Making Responsible Decisions  Lesson 5.3 *Systems Check* - Identifying and Managing Emotions  Lesson 5.4 *This is Your Captain Speaking* - Effective Communication  Lesson 5.5 *My Flight Crew* – Bonding & Relationships  Lesson 5.6 *Initiate Launch*– Respect for Self and Others  Lesson 5.10 *Flight Academy* – Being a Positive Role Model |
| 18 | Relationship Skills | Learners will be able to work cooperatively and productively in a group to accomplish a set goal. | **Grade 4**  Lesson 4.1 *Goal Boosters & Goal Busters* – Goal Setting  Lesson 4.4 *More Than Words* - Effective Communication  Lesson 4.5 *Community Garden* – Bonding & Relationships  Lesson 4.6 *The Respect Effect* – Respect for Self and Others  Lesson 4.10 *Positively Influential* – Being a Positive Role Model  **Grade 5**  Lesson 5.1 *Preparing for Take Off*– Setting Reachable Goals  Lesson 5.4 *This is Your Captain Speaking* - Effective Communication  Lesson 5.5 *My Flight Crew* – Bonding & Relationships  Lesson 5.6 *Initiate Launch*– Respect for Self and Others  Lesson 5.10 *Flight Academy* – Being a Positive Role Model |
| 19 | Relationship Skills | Learners will be able to identify cause and effect of a conflict. | **Grade 4**  Lesson 4.2 *Major Intersection* – Decision Making  Lesson 4.3 *I See Me* - Identifying and Managing Emotions  Lesson 4.4 *More Than Words* - Effective Communication  Lesson 4.7 *Work It Out* – Conflict Resolution  Lesson 4.8 *Cool Down & Turn It Around* – Anger Management  Lesson 4.9 *Building an Inclusive Community* – Identifying and Managing Bullying Situations  **Grade 5**  Lesson 5.3 *Systems Check* - Identifying and Managing Emotions  Lesson 5.7 *Smooth Landing* – Conflict Resolution  Lesson 5.8 *Initiate Countdown* – Anger Management  Lesson 5.9 *Shields Up*–Identifying and Managing Bullying Situations |
| 20 | Decision Making | Learners will be able to make constructive choices about personal behavior and social interaction in order to evaluate the consequences of various actions with consideration of well-being for oneself and others. | **Grade 4**  Lesson 4.2 *Major Intersection* – Decision Making  Lesson 4.3 *I See Me* - Identifying and Managing Emotions  Lesson 4.4 *More Than Words* - Effective Communication  Lesson 4.5 *Community Garden* – Bonding & Relationships  Lesson 4.6 *The Respect Effect* – Respect for Self and Others  Lesson 4.7 *Work It Out* – Conflict Resolution  Lesson 4.8 *Cool Down & Turn It Around* – Anger Management  Lesson 4.9 *Building an Inclusive Community* – Identifying and Managing Bullying Situations  Lesson 4.10 *Positively Influential* – Being a Positive Role Model  **Grade 5**  Lesson 5.2 *Rocket Science* – Making Responsible Decisions  Lesson 5.3 *Systems Check* - Identifying and Managing Emotions  Lesson 5.4 *This is Your Captain Speaking* - Effective Communication  Lesson 5.7 *Smooth Landing* – Conflict Resolution  Lesson 5.8 *Initiate Countdown* – Anger Management  Lesson 5.9 *Shields Up*–Identifying and Managing Bullying Situations  Lesson 5.10 *Flight Academy* – Being a Positive Role Model |
| 21 | Social Awareness | Learners will be able to identify and respect social norms for behavior and safe interactions across different settings. | **Grade 4**  Lesson 4.2 *Major Intersection* – Decision Making  Lesson 4.3 *I See Me* - Identifying and Managing Emotions  Lesson 4.4 *More Than Words* - Effective Communication  Lesson 4.5 *Community Garden* – Bonding & Relationships  Lesson 4.6 *The Respect Effect* – Respect for Self and Others  Lesson 4.10 *Positively Influential* – Being a Positive Role Model  **Grade 5**  Lesson 5.2 *Rocket Science* – Making Responsible Decisions  Lesson 5.3 *Systems Check* - Identifying and Managing Emotions  Lesson 5.4 *This is Your Captain Speaking* - Effective Communication  Lesson 5.5 *My Flight Crew* – Bonding & Relationships  Lesson 5.6 *Initiate Launch*– Respect for Self and Others  Lesson 5.10 *Flight Academy* – Being a Positive Role Model |
| 22 | Decision Making  Relationship Skills | Learners will be able to honor social norms with respect to safety of oneself and others. | **Grade 4**  Lesson 4.2 *Major Intersection* – Decision Making  Lesson 4.5 *Community Garden* – Bonding & Relationships  Lesson 4.6 *The Respect Effect* – Respect for Self and Others  Lesson 4.10 *Positively Influential* – Being a Positive Role Model  **Grade 5**  Lesson 5.2 *Rocket Science* – Making Responsible Decisions  Lesson 5.5 *My Flight Crew* – Bonding & Relationships  Lesson 5.6 *Initiate Launch*– Respect for Self and Others  Lesson 5.10 *Flight Academy* – Being a Positive Role Model |
| 23 | Social Awareness  Relationship Skills | Learners will be able to identify when and how to offer help to others. | **Grade 4**  Lesson 4.2 *Major Intersection* – Decision Making  Lesson 4.3 *I See Me* - Identifying and Managing Emotions  Lesson 4.4 *More Than Words* - Effective Communication  Lesson 4.5 *Community Garden* – Bonding & Relationships  Lesson 4.6 *The Respect Effect* – Respect for Self and Others  Lesson 4.7 *Work It Out* – Conflict Resolution  Lesson 4.10 *Positively Influential* – Being a Positive Role Model  **Grade 5**  Lesson 5.2 *Rocket Science* – Making Responsible Decisions  Lesson 5.3 *Systems Check* - Identifying and Managing Emotions  Lesson 5.4 *This is Your Captain Speaking* - Effective Communication  Lesson 5.5 *My Flight Crew* – Bonding & Relationships  Lesson 5.6 *Initiate Launch*– Respect for Self and Others  Lesson 5.7 *Smooth Landing* – Conflict Resolution  Lesson 5.10 *Flight Academy* – Being a Positive Role Model |
| 24 | Decision Making  Social Awareness  Relationship Skills | Learners will be able to identify actions that would positively impact change in a classroom, school, and community. | **Grade 4**  Lesson 4.1 *Goal Boosters & Goal Busters* – Goal Setting  Lesson 4.2 *Major Intersection* – Decision Making  Lesson 4.3 *I See Me* - Identifying and Managing Emotions  Lesson 4.4 *More Than Words* - Effective Communication  Lesson 4.5 *Community Garden* – Bonding & Relationships  Lesson 4.6 *The Respect Effect* – Respect for Self and Others  Lesson 4.7 *Work It Out* – Conflict Resolution  Lesson 4.8 *Cool Down & Turn It Around* – Anger Management  Lesson 4.9 *Building an Inclusive Community* – Identifying and Managing Bullying Situations  Lesson 4.10 *Positively Influential* – Being a Positive Role Model  **Grade 5**  Lesson 5.1 *Preparing for Take Off*– Setting Reachable Goals  Lesson 5.2 *Rocket Science* – Making Responsible Decisions  Lesson 5.3 *Systems Check* - Identifying and Managing Emotions  Lesson 5.4 *This is Your Captain Speaking* - Effective Communication  Lesson 5.5 *My Flight Crew* – Bonding & Relationships  Lesson 5.6 *Initiate Launch*– Respect for Self and Others  Lesson 5.7 *Smooth Landing* – Conflict Resolution  Lesson 5.8 *Initiate Countdown* – Anger Management  Lesson 5.9 *Shields Up* – Identifying and Managing Bullying Situations  Lesson 5.10 *Flight Academy* – Being a Positive Role Model |