|  | EMOTIONAL DEVELOPMENT (6th Grade – Adult) | | | |
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|  | Understand and manage one’s emotions | | | |
| No. | | CASEL Domain | PATHS 6th | 6th-8th |
| 1 | | Self-Awareness | **Grade 6**  Unit 1: Fostering Classroom Climate  Unit2: Emotional Understanding I  Unit 4: Problem Solving and Peer Relations  Unit 5: Resolving Conflict  Unit 6: Emotional Understanding II  Unit 7: The Novel Unit | Learners will be able to recognize and label a variety of complex graded emotions in self and others. |
| 2 | | Self- Management | **Grade 6**  Unit 1: Fostering Classroom Climate  Unit2: Emotional Understanding I  Unit 4: Problem Solving and Peer Relations  Unit 5: Resolving Conflict  Unit 6: Emotional Understanding II  Unit 7: The Novel Unit | Learners will be able to express their emotions in an appropriate and respectful manner using a variety of modalities (e.g., verbal and nonverbal). |
| 3 | | Self- Management | **Grade 6**  Unit2: Emotional Understanding I  Unit 4: Problem Solving and Peer Relations  Unit 5: Resolving Conflict  Unit 6: Emotional Understanding II  Unit 7: The Novel Unit | Learners will be able to identify what triggers a strong emotion and apply an appropriate calming or coping strategy to defuse the emotional trigger. |
| 4 | | Focus  Attention | **Grade 6**  Unit 1: Fostering Classroom Climate  Unit 3: Study & Organizational Skills U  Unit 5: Resolving Conflict | Learners will be able to independently use organizational skills and strategies to focus attention in order to work toward short-term personal and academic goals. |
| 5 | | Social  Awareness | **Grade 6**  Unit 1: Fostering Classroom Climate  Unit 2: Emotional Understanding I  Unit 4: Problem Solving and Peer Relations  Unit 5: Resolving Conflict  Unit 6: Emotional Understanding II  Unit 7: The Novel Unit | Learners will be able to provide support and encouragement to others through perspective taking, empathy, and appreciation for diversity. |
| No. | | CASEL Domain | PATHS 6th | 6th-8th |
| 6 | | Social  Awareness | **Grade 5**  Unit 1: Fostering Classroom Climate  Unit 2: Emotional Understanding I  Unit 4: Problem Solving and Peer Relations  Unit 5: Resolving Conflict  Unit 6: Emotional Understanding II  Unit 7: The Novel Unit | Learners will be able to recognize expressions of empathy in society and communities. |

|  | SELF-CONCEPT (6th Grade - Adult) | | | |
| --- | --- | --- | --- | --- |
|  | Develop positive self-identity and recognize self as a lifelong learner | | | |
| No. | | CASEL Domain | PATHS 6th | 6th-8th |
| 7 | | Self-Awareness | **Grade 6**  Unit 3: Emotional Understanding I  Unit 4: Problem Solving and Peer Relations  Unit 5: Resolving Conflict  Unit 7: The Novel Unit | Learners will be able to use optimism and a “growth mind set” to recognize strengths in self in order to describe and prioritize personal skills and interests they want to develop. |
| 8 | | Self-Awareness | **Grade 6**  Unit 1: Fostering Classroom Climate  Unit 2: Emotional Understanding I  Unit 4: Problem Solving and Peer Relations  Unit 5: Resolving Conflict  Unit 6: Emotional Understanding II | Learners will be able to self-reflect on their values and beliefs and how their behaviors relate to those values and beliefs. |
| 9 | | Self-Awareness  Social-Awareness | **Grade 6**  Unit 1: Fostering Classroom Climate  Unit 2: Emotional Understanding I  Unit 4: Problem Solving and Peer Relations  Unit 6: Emotional Understanding II  Unit 7: The Novel Unit | Learners will be able to identify how family and culture impact their thoughts and actions. |
| No. | | CASEL Domain | PATHS 6th | 6th-8th |
| 10 | | Self-Management | **Grade 6**  Unit 1: Fostering Classroom Climate  Unit 3: Study and Organizational Skills  Unit 4: Problem Solving and Peer Relations  Unit 5: Resolving Conflict  Unit 7: The Novel Unit | Learners will be able to consistently set attainable, realistic goals, and persist until their goals are achieved. |
| 11 | | Self-Awareness  Self-Management | **Grade 6**  Unit 1: Fostering Classroom Climate  Unit 3: Study and Organizational Skills  Unit 4: Problem Solving and Peer Relations  Unit 5: Resolving Conflict  Unit 7: The Novel Unit | Learners will be able to identify successes and challenges, and how they can learn from them. |

|  | SOCIAL COMPETENCE (6th Grade - Adult) | | | |
| --- | --- | --- | --- | --- |
|  | Establish and maintain positive relationships by respecting others, practicing social skills, and making responsible choices while recognizing and connecting to the community at large | | | |
| No. | | CASEL Domain | PATHS 6th | 6th-8th |
| 12 | | Social Awareness | **Grade 6**  Unit 1: Fostering Classroom Climate  Unit 3: Study and Organizational Skills  Unit 4: Problem Solving and Peer Relations  Unit 5: Resolving Conflict  Unit 7: The Novel Unit | Learners will be able to show respect for other people’s perspectives. |
| 13 | | Social Awareness | **Grade 6**  Unit 1: Fostering Classroom Climate  Unit 4: Problem Solving and Peer Relations  Unit 5: Resolving Conflict  Unit 7: The Novel Unit | Learners will be able to reflect how cross-cultural experiences can influence their ability to build positive relationships. |
| 14 | | Social Awareness | **Grade 6**  Unit 4: Problem Solving and Peer Relations  Unit 5: Resolving Conflict  Unit 7: The Novel Unit | Learners will be able to identify discrimination of individuals and groups based upon perceived differences. |
| 15 | | Relationship Skills | **Grade 6**  Unit 1: Fostering Classroom Climate  Unit 4: Problem Solving and Peer Relations  Unit 6: Emotional Understanding II  Unit 5: Resolving Conflict  Unit 7: The Novel Unit | Learners will be able to recognize the emotional, physical, social, and other costs of negative relationships. |
| 16 | | Relationship Skills | **Grade 6**  Unit 1: Fostering Classroom Climate  Unit 2: Emotional Understanding I  Unit 4: Problem Solving and Peer Relations  Unit 5: Resolving Conflict  Unit 6: Emotional Understanding II  Unit 7: The Novel Unit | Learners will be able to use active listening and assertive, clear communication when expressing thoughts and ideas. |
| No. | | CASEL Domain | PATHS 6th | 6th-8th |
| 17 | | Relationship Skills | **Grade 6**  Unit 4: Problem Solving and Peer Relations  Unit 5: Resolving Conflict  Unit 7: The Novel Unit | Learners will be able to recognize and respond appropriately to constructive feedback. |
| 18 | | Relationship Skills | **Grade 6**  Unit 1: Fostering Classroom Climate  Unit 3: Study and Organizational Skills  Unit 4: Problem Solving and Peer Relations  Unit 5: Resolving Conflict  Unit 7: The Novel Unit | Learners will be able to work cooperatively and productively in a group and overcome setbacks and disagreements. |

|  | SOCIAL COMPETENCE (6th Grade – Adult continued) | | | |
| --- | --- | --- | --- | --- |
|  | Establish and maintain positive relationships by respecting others, practicing social skills, and making responsible choices while recognizing and connecting to the community at large | | | |
| No. | | CASEL Domain | PATHS 6th | 6th-8th |
| 19 | | Relationship Skills | **Grade 6**  Unit 4: Problem Solving and Peer Relations  Unit 5: Resolving Conflict  Unit 6: Emotional Understanding II  Unit 7: The Novel Unit | Learners will be able to apply negotiation skills and conflict resolution skills to resolve differences. |
| 20 | | Decision Making | **Grade 6**  Unit 3: Study and Organizational Skills  Unit 4: Problem Solving and Peer Relations  Unit 5: Resolving Conflict  Unit 6: Emotional Understanding II  Unit 7: The Novel Unit | Learners will be able to generate a variety of solutions and outcomes to a problem with consideration of well-being for oneself and others. |
| 21 | | Social Awareness | **Grade 6**  Unit 1: Fostering Classroom Climate  Unit 4: Problem Solving and Peer Relations  Unit 5: Resolving Conflict  Unit 7: The Novel Unit | Learners will be able to identify how social norms for behavior vary across different settings and within different cultures. |
| No. | | CASEL Domain | PATHS 6th | 6th-8th |
| 22 | | Decision Making  Relationship Skills | **Grade 6**  Unit 1: Fostering Classroom Climate  Unit 4: Problem Solving and Peer Relations  Unit 5: Resolving Conflict | Learners will be able to identify the impact of their decisions on personal safety and relationships. |
| 23 | | Social Awareness  Relationship Skills | **Grade 6**  Unit 1: Fostering Classroom Climate  Unit 4: Problem Solving and Peer Relations  Unit 5: Resolving Conflict  Unit 7: The Novel Unit | Learners will be able to advocate for themselves. |
| 24 | | Decision Making  Social Awareness  Relationship Skills | **Grade 6**  Unit 1: Fostering Classroom Climate  Unit 4: Problem Solving and Peer Relations  Unit 5: Resolving Conflict  Unit 7: The Novel Unit | Learners will be able to, with adult guidance, create an action plan that addresses a need in the classroom, school, or community. |