



School Nurse UPDATE

#12/ February 11, 2020

FEATURED STORIES

[PRACTICE POINTS –
Appropriate
Epidemiological Response](#)

[Website Updates and
Changes \(DPI News\)](#)

[Diabetes and Asthma
Webinars and CE's \(p. 4 & 6\)](#)

[Data Sharing Fact Sheets
\(p. 7\)](#)

SAVE THE DATES

APRIL 20-22, 2020

**Wisconsin Association of
School Nurses Annual
Conference**

Chula Vista, Wisconsin Dells
[REGISTRATION IS NOW
OPEN.](#)

**JUNE 29–JULY 3,
2020**

**National Association of School
Nurses Annual Conference**
Las Vegas, NV [REGISTRATION
NOW OPEN](#)

Greetings!

As you can imagine, a considerable amount of my time these past two weeks have been spent monitoring the 2019 novel coronavirus (2019-nCoV) situation. When determining what resources to provide school districts, my focus has been both providing information based on public health epidemiological principles and promoting the role of school nurses as public health experts in their school districts. This issue's PRACTICE POINTS is centered on that focus. If you are reading this Update you should have received the email notices I have sent regarding 2019-nCoV via the same email listing. **If you know of a school nurse colleague who is not receiving these newsletters or the alerts please have them contact me.**

This issue's School Nurses in Action highlights Sun Prairie school nurses Debbie Brown, BSN, RN, NCSN and Elizabeth Feisthammel, BSN, RN, NCSN. Those Wisconsin school nurses recently earning their national certification are also highlighted. Congratulations!

The DPI guidance on medication administration in schools is in the final stages of review. I hope to have it published before the annual WASN conference. I am investigating funding to update or create new videos demonstrating the different routes of medication administration. If you have any **suggestions or comments regarding future medication administration videos please email me.**

Registration for the Wisconsin Association of School Nurses (WASN) annual conference is now open. Registration is also now open for the National Association of School Nurses (NASN) annual conference. See registration links under SAVE THE DATES.

DPI News

2019-nCoV

The Department of Public Instruction's School Nursing and Health Services has added a webpage on the [2019 Novel Coronavirus](#). This webpage provides information to school nurses and district administrators as they respond to inquiries and situations involving the novel coronavirus now being monitored by the Center for Disease Control and Prevention (CDC).



Medication Administration

The DPI School Nursing [Medication Administration webpage](#) has a new look. Hopefully users will find it easier to navigate. Further improvements will be completed as capacity allows.

Summer Food Service Program

Following a record-breaking year, the Wisconsin Department of Public Instruction is once again seeking sponsors to provide meals to children living in economically disadvantaged areas in Wisconsin through its Summer Food Service Program.

During the summer of 2019, 254 local sponsors served nearly 3 million free meals at more than 1,000 locations across Wisconsin to children of low-income families during the summer break from school, all increases from the previous summer.

For additional information, visit <https://dpi.wi.gov/news/releases/2020/crucial-program-seeks-sponsors-provide-healthy-meals-children-summer>

Updated Guide to Special Education Forms

The Guide to Special Education Forms provides a roadmap for each special education form. Revised when we do a form revision, the guide provides tips, explains the form's purpose, and breaks down the content of each form by explaining the applicable legal requirements. Additionally, the guide makes sure to cite the correct special education statute relevant to each form. If you haven't been using this document yet, you should! The revised guide can be found in its entirety on the [DPI Sample Special Education Forms Page](#) or organized by form number under the "Guidance" column.

The guide provides tips, explains the form's purpose, and breaks down the content of each form by explaining the applicable legal requirements.

DPI NEWS CONTINUED

DPI Licensing Website

There is a new look to the DPI licensing website.
<https://dpi.wi.gov/licensing> New features include:

- A new landing page that provides more direct routes on prominent information
- Clearer selections for educators looking to apply for licenses
- More centralized information regarding the background check process and requirements
- A central location for general licensing information



DHS News

Respiratory Report

The Weekly Respiratory Report for the week ending February 1, 2020, is now available:
<https://www.dhs.wisconsin.gov/library/p-02346.htm>

CDC NEWS

2020 U.S. recommended immunization schedules for children and adolescents as well as for adults now available on CDC's website

On February 3, CDC posted the 2020 recommended immunization schedules for children and adolescents, as well as for adults, on CDC's [Immunization Schedules for Health Care Providers web page](#). [Access the full-color 8-page PDF of the child/adolescent schedule.](#)

Recommended Child and Adolescent Immunization Schedule for ages 18 years or younger UNITED STATES 2020

How to use the child/adolescent immunization schedule

1. Review the schedule for all children and adolescents aged 0-18 years (Table 1).
2. Review the schedule for additional recommended vaccines for children and adolescents aged 19-64 years (Table 2).
3. Review the schedule for additional recommended vaccines for adults aged 65 years and older (Table 3).
4. Review the schedule for additional recommended vaccines for special conditions and other situations (Table 4).

Request

Request copies of up-to-date vaccine information statements or schedules to your state or local health department.

Download the CDC Vaccine Schedule App for providers at www.cdc.gov/vaccines/imzapps/apps/.

Helpful Information

- Complete ACP recommendations
- General Public Health Information for Immunization
- Vaccine Information Statements (VIS) and Vaccine Information Statements (VIS) for Health Care Providers
- Vaccine Information Statements (VIS) for Health Care Providers
- Vaccine Information Statements (VIS) for Health Care Providers

CDC U.S. Department of Health and Human Services

NASN News

NASN Receives Grant for Vaping Toolkit: Your Feedback Needed

NASN has received grant funding to create a toolkit for school nurses to stop vaping in schools. As part of that process, NASN is seeking to learn more about vaping education programs for middle school aged students (6-8th grade) that are currently being implemented in schools across the U.S. created by or directly involving a school nurse. [TAKE THE SURVEY](#)

Registration Now Open for NASN2020

School nurses and members of school health teams from across the United States and overseas will gather for four days of education and networking. This year's conference will take place at The Cosmopolitan of Las Vegas from June 30 – July 3, 2020, with an additional day of pre-conference education on June 29.

NASN2020, A Seat at the Table: Winning Together for Student Health, will highlight emerging trends in student health, evidence-based practices, and crucial partnerships to support student success. The educational and networking experiences will allow all who attend to gain the skills needed to garner a seat at the table in securing student health and healthy communities. [REGISTRATION NOW OPEN.](#)

Diabetes in School Health

Upcoming Session - "Sickness and Diabetes"

Wednesday, February 19, 2020

3:00 - 4:00 PM CST

Session sponsored by the Diabetes in School Health Project ECHO

This session is available via live stream through ZOOM. Online attendees may claim CME credit.

Click this link to be directed to the Zoom software to be used for our DiSH session:

<https://echo.zoom.us/j/8759249267>

If you're new to Zoom, give it a try before the session! **No preregistration is required.**

For questions, please contact: diabetesinschoolhealth@gmail.com

Wisconsin Diabetes Weekly

Click [this link](#) to go directly to this week's publication of the *Wisconsin Diabetes Weekly* for news and resources compiled by the Wisconsin Chronic Disease Prevention Program. Several articles of interest to school nurses are in this newsletter including the New Surgeon General Report: Quitting Smoking is Beneficial at any Age.

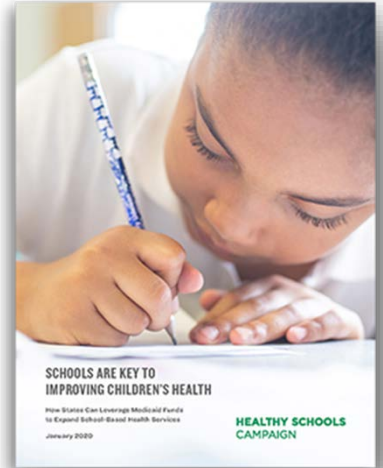
The Surgeon General report makes it clear that one of the most important actions people can take to improve their health is to quit smoking. This is true regardless of their age or how long they've been smoking.

WISCONSIN SCHOOL NURSES IN ACTION

Sun Prairie school nurses Debbie Brown, BSN, RN, NCSN and Elizabeth Feisthammel, BSN, RN, NCSN presented at the Wisconsin Association of School Business Officials (WASBO) conference on February 5, 2020 in Wisconsin Dells. The topic of their presentation was “Training Drivers on Responding to Health Emergencies.” Their presentation highlighted the process they use to notify bus drivers regarding students with health needs that ride their bus. Additionally, they described their training process and shared their training resources.

The National Board for Certification of School Nurses announced that the following school nurses recently earned national certification as school nurses (NCSN). Congratulations to these school nurses!

Jessica Galde
Lynn Gilbert
Cynthia Kubicek
Katelyn Lasse
Alicia Styka



HEALTHY SCHOOLS CAMPAIGN

Policy Brief: Schools Are Key to Improving Children’s Health

This brief focuses on how to improve children’s physical and behavioral health through the expansion of school-based health services.

It provides an accessible overview of student health needs and the work to be done at state and local levels to leverage available funding for physical and mental health services.

[Learn more](#)

This brief (January 2020) focuses on how to improve children’s physical and behavioral health through the expansion of school-based health services.

Allergy and Asthma Network

Webinars

Advances in Allergy and Asthma Idiopathic Anaphylaxis – What to Do When a Cause Eludes You

Dr. Anne Ellis
February 18, 2020
3:00 PM Eastern

Patients struggle when they experience anaphylaxis with no obvious cause. Many doctors are unsure of how to manage idiopathic anaphylaxis in terms of a work up and ongoing management. By the end of the webinar, our listeners will be able to:

- Describe what to order for a work up
- Discuss management of recurrent idiopathic anaphylaxis

Register at:
attendee.gotowebinar.com/register/1896396278577869837

CME and CNE are available for this webinar. There is a charge for the CNE.

5 Things to Know about Exercise and Asthma

Dr. Don Bukstein and Mary Hart, RRT
February 27, 2020
4:00 PM Eastern

With asthma – To Exercise or Not to Exercise – THAT is the question! People with asthma struggle every day to balance their respiratory condition and their desire to be healthy and lead an active life. Get an expert opinion and have the chance to ask your questions as well!

Register at:
<https://register.gotowebinar.com/register/7311452562576306443>

CE is not offered for this webinar. You just get great information!



National Network of Public Health Law Shares Data-Related Fact Sheets

The National Network of Public Health Law has posted two school nurse resources: The Data Sharing Guidance for school nurses (with sample Data Sharing Agreement and parent consent form) and the Data Privacy Primer II (HIPAA/FERPA).

[VIEW THE RESOURCES](#)



Early bird pricing
through
February 14th!



Please join [GSAFE](#) and our host [Madison College](#) at **Safe Schools, Safe Communities: State Conference on LGBTQ+ Youth** on March 16, 2020.

[Safe Schools, Safe Communities](#) will feature a variety of speakers and workshops facilitated by local and regional experts. Conference participants will gain critical skills, tools, knowledge, and connections to help lead and support efforts to create safer, more inclusive environments for LGBTQ+ youth across Wisconsin, especially LGBTQ+ Youth of Color and Transgender and Nonbinary Youth.

Our target audience includes adults who work with youth and their families as well as youth delegates from middle school- and high school-age groups, clubs, and community programs. *School and community-based youth groups and clubs are invited to designate and register up to four youth delegates to attend SSSC20. Youth participants must provide a completed registration form.*

We have a limited number of full and partial scholarships available to individuals wishing to attend SSSC20. If you or an individual you are registering are in need of a scholarship, would prefer to register offline, need to be invoiced, or have additional questions please contact Brian J. at (608) 661-4141 or email brianj@gsafewi.org.

[Online registration is open!](#) Please contact the GSAFE office at (608) 661-4141 or info@gsafewi.org with questions.

School Wellness Policy Evaluation

The University of Wisconsin Population Health Institute did an evaluation of school wellness policies over the past few years. All of the information is posted at <https://www.wihealthatlas.org/>

Practice Points

By Louise Wilson

An Appropriate Epidemiological Response

If you were practicing school nursing in 2003 or in 2009 and 2010 you might recall SARS-CoV and H1N1. School nurses can use the lessons learned during those communicable disease outbreaks during this current situation with a novel (new, unknown) coronavirus. School nurses have an opportunity to highlight the role of the school nurse in an infectious disease outbreak and utilize the 21st Century School Nursing component of Community/Public Health in managing an epidemiological based response in their school districts and communities.

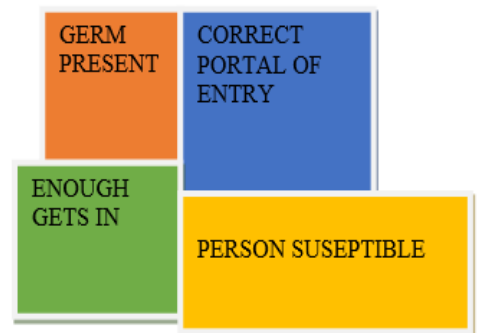
Providing an epidemiological based response is the cornerstone of public health. An epidemiological based response considers specific information regarding the particular “germ” or organism causing the illness. How the organism is transmitted (respiratory droplets, direct contact, fecal-oral, blood or body fluids), how virulent is the organism (does it take a lot or a little of the organism to cause illness, are the viral particles large or small, how ill do people become, are those with healthy immune systems considerably less likely to get ill), what is the source of the organism, and who are the “carriers” are some of the questions for which answers are sought. The answers to those questions determine what individual and community precautions are required to prevent the spread of the particular organism.

Four Pieces of the Puzzle

When I did handwashing presentations for fourth graders I used a puzzle analogy. I find myself drawing upon that analogy as I describe why, at this time, 2019-nCoV is a concern, but there is no need to panic! The four puzzle pieces are 1) a germ must be present, 2) the germ must enter via the correct portal of entry, 3) a person must be susceptible to the germ, and 4) enough of the germ needs to get in to cause illness.

2019-nCoV is a concern because there is “a germ out there” (present) that scientists do not know much about. But unlike seasonal influenza, it is not currently present or in widespread circulation in the community (no matter what the media hype or people may think). Organisms, in this case a virus, that are spread via respiratory droplets which get into individual’s nasal passages, eyes, or mouths from people coughing and sneezing or individuals touching their own faces with contaminated hands is a concern.

Practicing 21st Century School Nursing, School Nurses as defined in [Wis. Stat. § 115.001\(11\)](#) use the component of Community/Public Health as they respond to inquiries and situations involving the novel coronavirus now being monitored by the [Center for Disease Control and Prevention \(CDC\)](#).



However, hand hygiene and covering coughs is an effective measure anyone can take to prevent spreading or coming into contact with the virus. Because it is a new or novel organism it would appear that everyone is susceptible, as no one has built up immunity. Once studied it will take over a year for scientists to develop a vaccine to protect individuals. Again, because it is a new virus infecting humans, the amount of exposure required is unknown. Information on the CDC webpages states close personal contact (within six feet) is considered a risk factor. At this point in time the number of individuals who have been within six feet of someone testing positive for 2019-nCoV is limited.

Role of School Nurses

Infectious disease surveillance is integral to the school nurse role. It was a New York school nurse who first alerted the CDC regarding the H1N1 virus entering the United States. School nurses regularly monitor attendance rates and assess students for communicable diseases, particularly during influenza season.

The school nurse's public health role goes beyond screening for infectious diseases to include promoting high vaccination rates to protect the community and vulnerable populations, performing other health screenings such as vision, hearing and blood pressure, and developing school wellness activities.

School nursing involves both public health and the care of individual children with illnesses, those sustaining injuries, or those with chronic health conditions. Each school nurse should have de-identified data that they can share with administrators and others to give a picture of the health needs of their community's school children. See the National Network of Public Health Law data-related fact sheets referred to on page 7.

At the time of this writing (2/7) there is no school-specific guidance being offered by the CDC, the Wisconsin Department of Health Services, or the Department of Public Instruction. If circumstances change and warrant guidance, information will be posted on the DPI 2019 Coronavirus webpage. School nurses are encouraged to promote good hand and cough hygiene measures, promote continued influenza vaccination, and review with administrators how student illness is handled and coded for attendance purposes or exclusion. The CDC is recommending anyone who has traveled from China to voluntarily quarantine themselves at home (i.e. stay home) for 14 days and monitor themselves for symptoms (fever, cough or shortness of breath). Districts with students or staff who have traveled to China in the past 14 days, or who are expecting such individuals to attend school, are advised to consult with their local public health department.

Just as with vaping, I encourage school nurses to seize this opportunity to practice to the full scope of their role. Additionally, don't be afraid to use this as an opportunity to share what you really do as a school nurse!

This publication is available from:
Learning and Support
Student Services Prevention and Wellness Team
(608) 266-8857
<https://dpi.wi.gov/sspw/pupil-services/school-nurse>

February 2020 Wisconsin Department of Public Instruction

The Department of Public Instruction does not discriminate on the basis of sex, race, color, religion, creed, age, national origin, ancestry, pregnancy, marital status or parental status, sexual orientation or disability.





Project ADAM[®]

SAVES LIVES

Invites you to become a **Heart Safe School!**

Wednesday March

11

8:45 am – Check in
9:00 am to 11:30 am – Workshop

Location:

**Portage Community School District
Administration Building
305 E. Slifer Street
Portage, WI 53901**

**Does your school have an AED/CPR program?
Do you have a written plan and practice that plan in the
form of a drill?**

To learn more about becoming a **Project ADAM Heart Safe School**, please join us for a morning of learning and networking. We will provide you with the resources you need to achieve the designation.

Please register by March 6th at:

<https://www.projectadam.com/CESA5Workshop>

For more information on
Project ADAM please visit:

www.projectadamwi.com
www.projectadam.com



DISH

DIABETES IN SCHOOL HEALTH

Diabetes in School Health Project ECHO is a monthly school diabetes health teleconferencing program for school nurses and school personnel who care for students with diabetes

Each ECHO session will have a 10-15 minute talk by a pediatric diabetes expert followed by 45-50 minutes of discussion of de-identified cases and questions to promote collaborative learning between school personnel in communities across the state.

- UPCOMING SESSIONS -

FREE CME

January 15th *Diabetes Technology*

February 19th *Sickness and Diabetes*

March 18th *The Diabetes Rollercoaster: Highs & Lows*

April 15th *Psychosocial Adjustments*

May 20th *Legal Issues and Liability*

TALK TO

SPECIALISTS

CONNECT WITH
OTHER SCHOOLS

LOG ON FROM
ANYWHERE

TO JOIN OUR MAILING LIST PLEASE VISIT: <https://mailchi.mp/e2cd3183a0fa/dishsignup>

- CONNECT WITH DISH -



diabetesinschoolhealth@gmail.com



@diabetes_dish



www.pediatrics.wisc.edu/dish/



WISCONSIN
UNIVERSITY OF WISCONSIN-MADISON