Greetings!

As you can imagine, a considerable amount of my time these past two weeks have been spent monitoring the 2019 novel coronavirus (2019-nCoV) situation. When determining what resources to provide school districts, my focus has been both providing information based on public health epidemiological principles and promoting the role of school nurses as public health experts in their school districts. This issue’s PRACTICE POINTS is centered on that focus. If you are reading this Update you should have received the email notices I have sent regarding 2019-nCoV via the same email listing. If you know of a school nurse colleague who is not receiving these newsletters or the alerts please have them contact me.

This issue’s School Nurses in Action highlights Sun Prairie school nurses Debbie Brown, BSN, RN, NCSN and Elizabeth Feisthammel, BSN, RN, NCSN. Those Wisconsin school nurses recently earning their national certification are also highlighted. Congratulations!

The DPI guidance on medication administration in schools is in the final stages of review. I hope to have it published before the annual WASN conference. I am investigating funding to update or create new videos demonstrating the different routes of medication administration. If you have any suggestions or comments regarding future medication administration videos please email me.

Registration for the Wisconsin Association of School Nurses (WASN) annual conference is now open. Registration is also now open for the National Association of School Nurses (NASN) annual conference. See registration links under SAVE THE DATES.
DPI News

2019-nCoV

The Department of Public Instruction’s School Nursing and Health Services has added a webpage on the 2019 Novel Coronavirus. This webpage provides information to school nurses and district administrators as they respond to inquiries and situations involving the novel coronavirus now being monitored by the Center for Disease Control and Prevention (CDC).

Medication Administration

The DPI School Nursing Medication Administration webpage has a new look. Hopefully users will find it easier to navigate. Further improvements will be completed as capacity allows.

Summer Food Service Program

Following a record-breaking year, the Wisconsin Department of Public Instruction is once again seeking sponsors to provide meals to children living in economically disadvantaged areas in Wisconsin through its Summer Food Service Program.

During the summer of 2019, 254 local sponsors served nearly 3 million free meals at more than 1,000 locations across Wisconsin to children of low-income families during the summer break from school, all increases from the previous summer.

For additional information, visit https://dpi.wi.gov/news/releases/2020/crucial-program-seeks-sponsors-provide-healthy-meals-children-summer

Updated Guide to Special Education Forms

The Guide to Special Education Forms provides a roadmap for each special education form. Revised when we do a form revision, the guide provides tips, explains the form’s purpose, and breaks down the content of each form by explaining the applicable legal requirements. Additionally, the guide makes sure to cite the correct special education statute relevant to each form. If you haven’t been using this document yet, you should! The revised guide can be found in its entirety on the DPI Sample Special Education Forms Page or organized by form number under the "Guidance" column.
DPI NEWS CONTINUED

DPI Licensing Website

There is a new look to the DPI licensing website. https://dpi.wi.gov/licensing  New features include:

- A new landing page that provides more direct routes on prominent information
- Clearer selections for educators looking to apply for licenses
- More centralized information regarding the background check process and requirements
- A central location for general licensing information

DHS News

Respiratory Report

The Weekly Respiratory Report for the week ending February 1, 2020, is now available: https://www.dhs.wisconsin.gov/library/p-02346.htm

CDC NEWS

2020 U.S. recommended immunization schedules for children and adolescents as well as for adults now available on CDC’s website

On February 3, CDC posted the 2020 recommended immunization schedules for children and adolescents, as well as for adults, on CDC’s Immunization Schedules for Health Care Providers web page. Access the full-color 8-page PDF of the child/adolescent schedule.
NASN News

NASN Receives Grant for Vaping Toolkit: Your Feedback Needed

NASN has received grant funding to create a toolkit for school nurses to stop vaping in schools. As part of that process, NASN is seeking to learn more about vaping education programs for middle school aged students (6-8th grade) that are currently being implemented in schools across the U.S. created by or directly involving a school nurse.

TAKE THE SURVEY

Registration Now Open for NASN2020

School nurses and members of school health teams from across the United States and overseas will gather for four days of education and networking. This year’s conference will take place at The Cosmopolitan of Las Vegas from June 30 – July 3, 2020, with an additional day of pre-conference education on June 29.

NASN2020, A Seat at the Table: Winning Together for Student Health, will highlight emerging trends in student health, evidence-based practices, and crucial partnerships to support student success. The educational and networking experiences will allow all who attend to gain the skills needed to garner a seat at the table in securing student health and healthy communities.

REGISTRATION NOW OPEN.

Diabetes in School Health

Upcoming Session - “Sickness and Diabetes"
Wednesday, February 19, 2020
3:00 - 4:00 PM CST
Session sponsored by the Diabetes in School Health Project ECHO

This session is available via live stream through ZOOM. Online attendees may claim CME credit.

Click this link to be directed to the Zoom software to be used for our DiSH session:
https://echo.zoom.us/j/8759249267
If you’re new to Zoom, give it a try before the session! No preregistration is required.

For questions, please contact: diabetesinschoolhealth@gmail.com

Wisconsin Diabetes Weekly

Click this link to go directly to this week’s publication of the Wisconsin Diabetes Weekly for news and resources compiled by the Wisconsin Chronic Disease Prevention Program. Several articles of interest to school nurses are in this newsletter including the New Surgeon General Report: Quitting Smoking is Beneficial at any Age.
Sun Prairie school nurses Debbie Brown, BSN, RN, NCSN and Elizabeth Feisthammel, BSN, RN, NCSN presented at the Wisconsin Association of School Business Officials (WASBO) conference on February 5, 2020 in Wisconsin Dells. The topic of their presentation was “Training Drivers on Responding to Health Emergencies.” Their presentation highlighted the process they use to notify bus drivers regarding students with health needs that ride their bus. Additionally, they described their training process and shared their training resources.

The National Board for Certification of School Nurses announced that the following school nurses recently earned national certification as school nurses (NCSN). Congratulations to these school nurses!

Jessica Galde
Lynn Gilbert
Cynthia Kubicek
Katelyn Lasse
Alicia Styka

**HEALTHY SCHOOLS CAMPAIGN**

**Policy Brief: Schools Are Key to Improving Children’s Health**

This brief focuses on how to improve children’s physical and behavioral health through the expansion of school-based health services.

It provides an accessible overview of student health needs and the work to be done at state and local levels to leverage available funding for physical and mental health services.

[Learn more](#)
Webinars

**Advances in Allergy and Asthma: Idiopathic Anaphylaxis – What to Do When a Cause Eludes You**

Dr. Anne Ellis  
February 18, 2020  
3:00 PM Eastern

Patients struggle when they experience anaphylaxis with no obvious cause. Many doctors are unsure of how to manage idiopathic anaphylaxis in terms of a work up and ongoing management. By the end of the webinar, our listeners will be able to:

- Describe what to order for a work up
- Discuss management of recurrent idiopathic anaphylaxis

Register at:  
[attendee.gotowebinar.com/register/1896396278577869837](attendee.gotowebinar.com/register/1896396278577869837)

CME and CNE are available for this webinar. There is a charge for the CNE.

**5 Things to Know about Exercise and Asthma**

Dr. Don Bukstein and Mary Hart, RRT  
February 27, 2020  
4:00 PM Eastern

With asthma – To Exercise or Not to Exercise – THAT is the question! People with asthma struggle every day to balance their respiratory condition and their desire to be healthy and lead an active life. Get an expert opinion and have the chance to ask your questions as well!

Register at:  
[https://register.gotowebinar.com/register/7311452562576306443](https://register.gotowebinar.com/register/7311452562576306443)

CE is not offered for this webinar. You just get great information!
National Network of Public Health Law Shares Data-Related Fact Sheets

The National Network of Public Health Law has posted two school nurse resources: The Data Sharing Guidance for school nurses (with sample Data Sharing Agreement and parent consent form) and the Data Privacy Primer II (HIPAA/FERPA).

VIEW THE RESOURCES

Please join GSAFE and our host Madison College at Safe Schools, Safe Communities: State Conference on LGBTQ+ Youth on March 16, 2020.

Safe Schools, Safe Communities will feature a variety of speakers and workshops facilitated by local and regional experts. Conference participants will gain critical skills, tools, knowledge, and connections to help lead and support efforts to create safer, more inclusive environments for LGBTQ+ youth across Wisconsin, especially LGBTQ+ Youth of Color and Transgender and Nonbinary Youth.

Our target audience includes adults who work with youth and their families as well as youth delegates from middle school- and high school-age groups, clubs, and community programs. School and community-based youth groups and clubs are invited to designate and register up to four youth delegates to attend SSSC20. Youth participants must provide a completed registration form.

We have a limited number of full and partial scholarships available to individuals wishing to attend SSSC20. If you or an individual you are registering are in need of a scholarship, would prefer to register offline, need to be invoiced, or have additional questions please contact Brian J. at (608) 661-4141 or email brianj@gsafewi.org.

Online registration is open! Please contact the GSAFE office at (608) 661-4141 or info@gsafewi.org with questions.

School Wellness Policy Evaluation

The University of Wisconsin Population Health Institute did an evaluation of school wellness policies over the past few years. All of the information is posted at https://www.wihealthatlas.org/
Practice Points
By Louise Wilson

An Appropriate Epidemiological Response

If you were practicing school nursing in 2003 or in 2009 and 2010 you might recall SARS-CoV and H1N1. School nurses can use the lessons learned during those communicable disease outbreaks during this current situation with a novel (new, unknown) coronavirus. School nurses have an opportunity to highlight the role of the school nurse in an infectious disease outbreak and utilize the 21st Century School Nursing component of Community/Public Health in managing an epidemiological based response in their school districts and communities.

Providing an epidemiological based response is the cornerstone of public health. An epidemiological based response considers specific information regarding the particular “germ” or organism causing the illness. How the organism is transmitted (respiratory droplets, direct contact, fecal-oral, blood or body fluids), how virulent is the organism (does it take a lot or a little of the organism to cause illness, are the viral particles large or small, how ill do people become, are those with healthy immune systems considerably less likely to get ill), what is the source of the organism, and who are the “carriers” are some of the questions for which answers are sought. The answers to those questions determine what individual and community precautions are required to prevent the spread of the particular organism.

Four Pieces of the Puzzle

When I did handwashing presentations for fourth graders I used a puzzle analogy. I find myself drawing upon that analogy as I describe why, at this time, 2019-nCoV is a concern, but there is no need to panic! The four puzzle pieces are 1) a germ must be present, 2) the germ must enter via the correct portal of entry, 3) a person must be susceptible to the germ, and 4) enough of the germ needs to get in to cause illness.

2019-nCoV is a concern because there is “a germ out there” (present) that scientists do not know much about. But unlike seasonal influenza, it is not currently present or in widespread circulation in the community (no matter what the media hype or people may think). Organisms, in this case a virus, that are spread via respiratory droplets which get into individual’s nasal passages, eyes, or mouths from people coughing and sneezing or individuals touching their own faces with contaminated hands is a concern.

Practicing 21st Century School Nursing, School Nurses as defined in Wis. Stat. § 115.001(11) use the component of Community/Public Health as they respond to inquiries and situations involving the novel coronavirus now being monitored by the Center for Disease Control and Prevention (CDC).
However, hand hygiene and covering coughs is an effective measure anyone can take to prevent spreading or coming into contact with the virus. Because it is a new or novel organism it would appear that everyone is susceptible, as no one has built up immunity. Once studied it will take over a year for scientists to develop a vaccine to protect individuals. Again, because it is a new virus infecting humans, the amount of exposure required is unknown. Information on the CDC webpages states close personal contact (within six feet) is considered a risk factor. At this point in time the number of individuals who have been within six feet of someone testing positive for 2019-nCoV is limited.

Role of School Nurses

Infectious disease surveillance is integral to the school nurse role. It was a New York school nurse who first alerted the CDC regarding the H1N1 virus entering the United States. School nurses regularly monitor attendance rates and assess students for communicable diseases, particularly during influenza season.

The school nurse’s public health role goes beyond screening for infectious diseases to include promoting high vaccination rates to protect the community and vulnerable populations, performing other health screenings such as vision, hearing and blood pressure, and developing school wellness activities.

School nursing involves both public health and the care of individual children with illnesses, those sustaining injuries, or those with chronic health conditions. Each school nurse should have de-identified data that they can share with administrators and others to give a picture of the health needs of their community’s school children. See the National Network of Public Health Law data-related fact sheets referred to on page 7.

At the time of this writing (2/7) there is no school-specific guidance being offered by the CDC, the Wisconsin Department of Health Services, or the Department of Public Instruction. If circumstances change and warrant guidance, information will be posted on the DPI 2019 Coronavirus webpage. School nurses are encouraged to promote good hand and cough hygiene measures, promote continued influenza vaccination, and review with administrators how student illness is handled and coded for attendance purposes or exclusion. The CDC is recommending anyone who has traveled from China to voluntarily quarantine themselves at home (i.e. stay home) for 14 days and monitor themselves for symptoms (fever, cough or shortness of breath). Districts with students or staff who have traveled to China in the past 14 days, or who are expecting such individuals to attend school, are advised to consult with their local public health department.

Just as with vaping, I encourage school nurses to seize this opportunity to practice to the full scope of their role. Additionally, don’t be afraid to use this as an opportunity to share what you really do as a school nurse!
Invites you to become a Heart Safe School!

Wednesday March 11

8:45 am – Check in
9:00 am to 11:30 am – Workshop

Location:
Portage Community School District
Administration Building
305 E. Slifer Street
Portage, WI 53901

Does your school have an AED/CPR program?
Do you have a written plan and practice that plan in the form of a drill?

To learn more about becoming a Project ADAM Heart Safe School, please join us for a morning of learning and networking. We will provide you with the resources you need to achieve the designation.

Please register by March 6th at:
https://www.projectadam.com/CESA5Workshop

For more information on Project ADAM please visit:
www.projectadamwi.com
www.projectadam.com
Diabetes in School Health Project ECHO is a monthly school diabetes health teleconferencing program for school nurses and school personnel who care for students with diabetes.

Each ECHO session will have a 10-15 minute talk by a pediatric diabetes expert followed by 45-50 minutes of discussion of de-identified cases and questions to promote collaborative learning between school personnel in communities across the state.

- UPCOMING SESSIONS -

FREE CME

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<th>Date</th>
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TALK TO SPECIALISTS

CONNECT WITH OTHER SCHOOLS

TO JOIN OUR MAILING LIST PLEASE VISIT: https://mailchi.mp/e2cd3183a0fa/dishsignup

- CONNECT WITH DIsh -

diabetesinschoolhealth@gmail.com  @diabetes_dish  www.pediatrics.wisc.edu/dish/