

WISCONSIN
2018 School Health Profiles Report
Weighted Lead Health Education Teacher Survey Results

1. Percentage of schools in which students take the following number of required health education courses in grades 6 through 12.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		Interval	N		Interval	N		Interval	N		Interval	N
a. 0 courses	0.8	0.2 - 3.7	142	6.7	4.1 - 10.7	165	2.2	0.4 - 10.3	43	3.8	2.4 - 6.0	350
b. 1 course	43.0	36.0 - 50.2	142	34.5	29.0 - 40.5	165	39.3	27.8 - 52.2	43	38.4	34.3 - 42.7	350
c. 2 courses	31.5	25.9 - 37.6	142	26.0	20.7 - 32.0	165	35.0	23.0 - 49.3	43	29.1	25.4 - 33.2	350
d. 3 courses	13.4	9.4 - 18.8	142	18.2	13.8 - 23.7	165	9.8	5.5 - 16.6	43	15.4	12.5 - 18.8	350
e. 4 or more courses	11.4	8.0 - 16.0	142	14.6	10.5 - 19.9	165	13.7	6.9 - 25.4	43	13.2	10.5 - 16.5	350

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2. Percentage of schools that taught a required health education course in each of the following grades.*

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Sixth grade	§	§	§	62.8	55.1 - 69.9	126	59.2	38.0 - 77.5	20	62.4	55.2 - 69.1	146
b. Seventh grade	§	§	§	65.9	58.5 - 72.5	137	68.5	53.8 - 80.2	31	66.3	59.8 - 72.3	168
c. Eighth grade	§	§	§	70.8	64.0 - 76.7	137	67.7	54.8 - 78.3	31	70.3	64.3 - 75.6	168
d. Ninth grade	69.4	63.1 - 75.0	117	-	-	1	76.8	61.9 - 87.1	30	70.2	64.5 - 75.4	148
e. Tenth grade	43.4	36.8 - 50.2	118	§	§	§	54.1	37.0 - 70.3	28	45.3	39.1 - 51.7	146
f. Eleventh grade	14.8	10.2 - 21.2	110	§	§	§	34.9	19.7 - 54.0	23	18.1	13.2 - 24.2	133
g. Twelfth grade	11.4	7.5 - 17.2	109	§	§	§	30.2	16.1 - 49.5	23	14.5	10.2 - 20.1	132

*Among schools with students in that grade.

- Results are suppressed due to insufficient number of respondents in subgroup.

§ Grade is not applicable for type of school.

N = Unweighted number of observations

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3. Percentage of schools that require students who fail a required health education course to repeat it.*

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
95% Confidence Interval			95% Confidence Interval			95% Confidence Interval			95% Confidence Interval		
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
97.2	93.8 - 98.7	141	43.6	37.3 - 50.1	152	90.4	79.4 - 95.8	42	71.0	67.5 - 74.2	335

*Among schools in which students take one or more required health education courses in any of grades 6 through 12.
N = Unweighted number of observations

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4. Percentage of schools in which those who teach health education are provided with each of the following materials.*

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		Interval	N		Interval	N		Interval	N		Interval	N
a. Goals, objectives, and expected outcomes for health education	84.2	79.1 - 88.3	134	82.9	77.7 - 87.2	158	86.0	74.1 - 93.0	42	83.8	80.4 - 86.7	334
b. A chart describing the annual scope and sequence of instruction for health education	68.4	61.7 - 74.4	133	74.1	68.0 - 79.4	158	55.9	42.9 - 68.1	42	69.8	65.6 - 73.7	333
c. Plans for how to assess student performance in health education	68.7	62.5 - 74.3	134	64.0	57.7 - 69.9	158	62.1	47.1 - 75.2	42	65.6	61.4 - 69.7	334
d. A written health education curriculum	74.6	68.6 - 79.8	134	71.6	65.8 - 76.7	158	65.1	50.6 - 77.3	42	72.0	68.1 - 75.7	334

*Among schools that teach health education.
N = Unweighted number of observations

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5. Percentage of schools in which the health education curriculum addresses each of the following skills.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Comprehending concepts related to health promotion and disease prevention to enhance health	97.2	93.8 - 98.7	141	94.6	90.8 - 96.8	167	93.7	84.6 - 97.6	44	95.5	93.3 - 97.0	352
b. Analyzing the influence of family, peers, culture, media, technology, and other factors on health behaviors	95.1	91.2 - 97.3	142	91.6	87.3 - 94.5	167	93.7	84.6 - 97.6	44	93.2	90.6 - 95.1	353
c. Accessing valid information and products and services to enhance health	93.0	89.0 - 95.5	142	87.9	82.8 - 91.6	165	93.5	84.3 - 97.5	43	90.5	87.6 - 92.8	350
d. Using interpersonal communication skills to enhance health and avoid or reduce health risks	96.5	92.9 - 98.3	142	92.8	88.6 - 95.5	167	91.6	81.9 - 96.3	44	94.1	91.7 - 95.9	353
e. Using decision-making skills to enhance health	96.5	92.9 - 98.3	142	95.2	91.6 - 97.3	167	93.5	84.2 - 97.5	43	95.5	93.3 - 97.0	352
f. Using goal-setting skills to enhance health	95.7	91.8 - 97.8	140	92.8	88.6 - 95.5	167	91.6	81.9 - 96.3	44	93.8	91.2 - 95.6	351
g. Practicing health-enhancing behaviors to avoid or reduce risks	96.5	92.9 - 98.3	142	95.2	91.6 - 97.3	167	93.7	84.6 - 97.6	44	95.5	93.3 - 97.0	353
h. Advocating for personal, family, and community health	93.0	88.5 - 95.8	141	88.6	83.7 - 92.1	166	89.2	78.6 - 94.9	43	90.4	87.4 - 92.7	350

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6. Percentage of schools in which those who teach sexual health education are provided with each of the following materials.*

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Goals, objectives, and expected outcomes for sexual health education	82.7	77.1 - 87.1	134	84.5	79.3 - 88.6	148	84.6	71.6 - 92.3	38	83.8	80.3 - 86.7	320
b. A written health education curriculum that includes objectives and content addressing sexual health education	75.8	70.0 - 80.7	133	80.5	74.9 - 85.0	148	79.8	65.8 - 89.0	38	78.5	74.8 - 81.8	319
c. A chart describing the annual scope and sequence of instruction for sexual health education	61.1	53.5 - 68.3	134	70.2	64.1 - 75.7	148	53.0	38.9 - 66.7	38	64.7	60.1 - 68.9	320
d. Strategies that are age-appropriate, relevant, and actively engage students in learning	76.9	70.7 - 82.2	134	79.2	73.1 - 84.2	148	82.2	68.7 - 90.7	38	78.6	74.6 - 82.1	320
e. Methods to assess student knowledge and skills related to sexual health education	75.8	69.2 - 81.5	132	75.6	70.0 - 80.5	147	84.6	71.6 - 92.3	38	76.7	72.7 - 80.2	317

*Among schools that teach sexual health education.
N = Unweighted number of observations

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7. Percentage of schools that provide curricula or supplementary materials that include HIV, STD, or pregnancy prevention information that is relevant to lesbian, gay, bisexual, transgender, and questioning youth.

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
66.8	59.8 - 73.2	141	52.2	46.0 - 58.4	167	61.6	46.8 - 74.5	44	59.0	54.6 - 63.3	352

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8. Percentage of schools in which health education instruction is required for students in any of grades 6 through 12.

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
95% Confidence			95% Confidence			95% Confidence			95% Confidence		
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
99.2	96.2 - 99.8	138	95.6	92.0 - 97.6	158	97.8	89.5 - 99.6	42	97.3	95.4 - 98.4	338

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9. Percentage of schools in which teachers tried to increase student knowledge on each of the following topics in a required course in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		Interval	N		Interval	N		Interval	N		Interval	N
a. Alcohol- or other drug-use prevention	99.3	96.7 - 99.9	143	95.3	91.9 - 97.4	168	86.6	75.2 - 93.3	44	95.9	93.9 - 97.3	355
b. Asthma	51.5	44.3 - 58.7	141	47.7	41.2 - 54.3	168	56.8	46.0 - 67.1	42	50.2	45.7 - 54.7	351
c. Chronic disease prevention (e.g., diabetes, obesity prevention)	95.0	90.9 - 97.3	143	88.7	83.9 - 92.3	168	86.6	81.1 - 90.7	44	91.0	88.2 - 93.1	355
d. Emotional and mental health	98.6	95.6 - 99.5	143	95.2	91.7 - 97.3	166	93.7	89.3 - 96.3	44	96.4	94.5 - 97.6	353
e. Epilepsy or seizure disorder	44.9	39.0 - 50.9	141	35.1	29.7 - 41.0	166	45.1	35.0 - 55.6	44	40.1	36.3 - 44.0	351
f. Food allergies	63.6	57.5 - 69.3	143	62.7	56.7 - 68.4	168	65.5	53.5 - 75.8	44	63.4	59.4 - 67.2	355
g. Foodborne illness prevention	67.6	61.4 - 73.3	142	60.6	54.1 - 66.7	167	70.4	58.4 - 80.1	44	64.5	60.3 - 68.5	353
h. Human immunodeficiency virus (HIV) prevention	97.2	93.7 - 98.7	141	88.3	83.5 - 91.8	162	93.0	83.1 - 97.3	40	92.3	89.7 - 94.4	343
i. Human sexuality	97.1	93.7 - 98.7	141	89.7	85.2 - 92.9	164	90.7	83.8 - 94.8	40	92.8	90.3 - 94.7	345

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9. Percentage of schools in which teachers tried to increase student knowledge on each of the following topics in a required course in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
j. Infectious disease prevention (e.g., influenza [flu] prevention)	80.5	74.7 - 85.2	143	78.0	72.9 - 82.4	168	84.5	74.6 - 91.0	44	79.7	76.3 - 82.8	355
k. Injury prevention and safety	87.4	81.8 - 91.4	143	81.6	76.4 - 85.8	167	84.9	75.3 - 91.2	44	84.2	80.9 - 87.1	354
l. Nutrition and dietary behavior	99.3	96.6 - 99.9	141	97.6	94.7 - 98.9	164	95.7	87.1 - 98.6	43	98.1	96.5 - 99.0	348
m. Physical activity and fitness	100.0	†	140	99.4	97.1 - 99.9	165	95.5	86.5 - 98.6	41	99.2	98.0 - 99.7	346
n. Pregnancy prevention	98.6	95.8 - 99.6	142	85.8	80.7 - 89.8	163	90.4	79.5 - 95.9	39	91.5	88.7 - 93.6	344
o. Sexually transmitted disease (STD) prevention	98.6	95.8 - 99.6	142	89.0	84.7 - 92.2	164	95.4	86.1 - 98.5	40	93.5	91.2 - 95.3	346
p. Suicide prevention	95.1	91.1 - 97.3	143	84.1	79.0 - 88.1	168	91.6	81.9 - 96.3	44	89.3	86.3 - 91.6	355
q. Tobacco-use prevention	99.3	96.6 - 99.9	138	95.8	92.4 - 97.7	165	93.2	83.5 - 97.4	41	96.9	95.0 - 98.1	344
r. Violence prevention (e.g., bullying, fighting, dating violence prevention)	96.5	92.8 - 98.3	142	92.3	88.1 - 95.1	168	91.6	81.9 - 96.3	44	93.9	91.4 - 95.7	354

† Confidence intervals not applicable for 0 percent or 100 percent.
N = Unweighted number of observations

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10. Percentage of schools in which teachers taught each of the following tobacco-use prevention topics in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Identifying tobacco products and the harmful substances they contain	91.0	86.0 - 94.3	142	88.7	83.8 - 92.2	166	84.2	76.3 - 89.8	43	89.1	86.1 - 91.5	351
b. Identifying short- and long-term health consequences of tobacco use	93.7	89.4 - 96.4	142	90.4	85.8 - 93.6	165	86.4	79.8 - 91.0	42	91.3	88.6 - 93.4	349
c. Identifying social, economic, and cosmetic consequences of tobacco use	88.7	83.3 - 92.5	141	82.0	76.1 - 86.7	166	79.9	70.3 - 86.9	43	84.4	80.8 - 87.4	350
d. Understanding the addictive nature of nicotine	92.9	88.4 - 95.8	140	88.6	83.7 - 92.2	166	84.1	76.4 - 89.7	42	89.8	86.9 - 92.2	348
e. Effects of nicotine on the adolescent brain	82.1	75.8 - 87.0	140	80.8	75.2 - 85.4	166	73.6	62.2 - 82.5	44	80.5	76.7 - 83.8	350
f. Effects of tobacco use on athletic performance	73.9	67.6 - 79.4	142	83.9	78.8 - 88.0	166	78.2	69.9 - 84.7	44	79.3	75.8 - 82.5	352
g. Effects of second-hand smoke and benefits of a smoke-free environment	88.6	83.1 - 92.4	140	86.2	81.3 - 90.1	166	86.4	79.8 - 91.0	42	87.2	84.0 - 89.8	348
h. Understanding the social influences on tobacco use, including media, family, peers, and culture	89.3	84.8 - 92.5	139	86.9	81.7 - 90.7	166	81.9	73.2 - 88.3	42	87.3	84.2 - 89.8	347
i. Identifying reasons why students do and do not use tobacco	87.9	82.3 - 91.9	141	88.0	83.0 - 91.7	166	82.0	73.2 - 88.4	43	87.3	84.0 - 90.0	350
j. Making accurate assessments of how many peers use tobacco	71.8	64.9 - 77.8	142	63.1	56.8 - 69.0	165	66.9	56.4 - 76.0	44	67.0	62.7 - 71.0	351

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10. Percentage of schools in which teachers taught each of the following tobacco-use prevention topics in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
k. Using interpersonal communication skills to avoid tobacco use (e.g., refusal skills, assertiveness)	84.9	79.2 - 89.3	139	82.7	77.6 - 86.8	166	84.5	77.2 - 89.7	42	83.8	80.4 - 86.6	347
l. Using goal-setting and decision-making skills related to not using tobacco	78.1	71.8 - 83.2	141	79.7	74.2 - 84.3	166	82.3	73.8 - 88.5	43	79.3	75.6 - 82.6	350
m. Finding valid information and services related to tobacco-use prevention and cessation	78.2	71.9 - 83.3	142	69.2	63.2 - 74.6	165	79.5	69.6 - 86.8	43	73.9	70.0 - 77.5	350
n. Supporting others who abstain from or want to quit using tobacco	75.9	69.3 - 81.4	140	71.3	64.8 - 76.9	166	75.0	63.7 - 83.7	44	73.5	69.3 - 77.3	350
o. Identifying harmful effects of tobacco use on fetal development	85.7	80.5 - 89.8	140	75.1	69.1 - 80.3	164	82.0	73.2 - 88.4	43	80.1	76.4 - 83.3	347
p. Relationship between using tobacco and alcohol or other drugs	90.8	86.2 - 93.9	140	84.4	79.0 - 88.5	165	79.8	70.2 - 86.9	43	86.4	83.2 - 89.1	348
q. How addiction to tobacco use can be treated	84.4	79.0 - 88.7	141	74.8	69.0 - 79.8	166	81.7	72.5 - 88.3	43	79.3	75.7 - 82.5	350
r. Understanding school policies and community laws related to the sale and use of tobacco products	80.3	74.7 - 84.9	141	79.5	73.9 - 84.2	165	80.3	70.9 - 87.2	44	79.9	76.3 - 83.1	350
s. Benefits of tobacco cessation programs	67.8	61.5 - 73.4	142	54.7	47.9 - 61.3	163	63.3	49.5 - 75.2	43	60.9	56.5 - 65.1	348

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10N. Percentage of schools that taught all 19 tobacco-use prevention topics during the current school year.*

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
95% Confidence Interval			95% Confidence Interval			95% Confidence Interval			95% Confidence Interval		
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
49.7	42.7 - 56.8	141	43.6	37.1 - 50.3	163	51.1	38.3 - 63.7	44	46.9	42.4 - 51.4	348

*Responses to question 10 a through s all are "yes."
 N = Unweighted number of observations

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11. Percentage of schools in which teachers taught each of the following HIV, STD, or pregnancy prevention topics in a required course in any of grades 6, 7, or 8 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
a. How HIV and other STDs are transmitted	§	§	§	84.5	79.1 - 88.7	143	71.5	57.1 - 82.6	31	82.5	77.4 - 86.6	174
b. Health consequences of HIV, other STDs, and pregnancy	§	§	§	85.8	80.2 - 89.9	142	71.5	57.1 - 82.6	31	83.5	78.4 - 87.6	173
c. The benefits of being sexually abstinent	§	§	§	88.2	83.1 - 91.8	145	73.4	58.0 - 84.6	33	85.7	80.9 - 89.5	178
d. How to access valid and reliable health information, products, and services related to HIV, other STDs, and pregnancy	§	§	§	70.5	64.2 - 76.2	143	72.5	58.5 - 83.1	32	70.8	65.2 - 76.0	175
e. The influences of family, peers, media, technology and other factors on sexual risk behaviors	§	§	§	82.0	75.9 - 86.8	145	73.8	60.7 - 83.8	33	80.7	75.2 - 85.1	178
f. Communication and negotiation skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy	§	§	§	79.0	72.7 - 84.2	143	73.0	59.4 - 83.3	32	78.0	72.4 - 82.8	175

§ Grade is not applicable for type of school.

N = Unweighted number of observations

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		High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
		Percent	95% Confidence		Percent	95% Confidence		Percent	95% Confidence		Percent	95% Confidence	
			Interval	N		Interval	N		Interval	N		Interval	N
g.	Goal-setting and decision-making skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy	§	§	§	77.7	71.5 - 82.9	144	72.5	58.5 - 83.1	32	76.9	71.3 - 81.6	176
h.	Influencing and supporting others to avoid or reduce sexual risk behaviors	§	§	§	80.7	74.7 - 85.5	146	74.6	58.7 - 85.9	31	79.8	74.3 - 84.3	177
i.	Efficacy of condoms, that is, how well condoms work and do not work	§	§	§	64.5	57.7 - 70.7	144	58.5	43.4 - 72.2	31	63.6	57.4 - 69.3	175
j.	The importance of using condoms consistently and correctly	§	§	§	54.7	47.6 - 61.6	144	55.5	41.4 - 68.8	31	54.8	48.4 - 61.1	175
k.	How to obtain condoms	§	§	§	39.8	33.2 - 46.8	143	41.5	29.1 - 55.0	31	40.1	34.2 - 46.3	174
l.	How to correctly use a condom	§	§	§	35.1	29.4 - 41.3	142	27.3	15.7 - 43.0	29	34.0	28.7 - 39.7	171

§ Grade is not applicable for type of school.

N = Unweighted number of observations

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11. Percentage of schools in which teachers taught each of the following HIV, STD, or pregnancy prevention topics in a required course in any of grades 6, 7, or 8 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
m. Methods of contraception other than condoms	§	§	§	55.1	48.2 - 61.9	143	50.3	36.8 - 63.7	30	54.4	48.1 - 60.5	173
n. The importance of using a condom at the same time as another form of contraception to prevent both STDs and pregnancy	§	§	§	54.1	47.0 - 61.1	144	55.0	41.2 - 68.1	31	54.3	47.9 - 60.6	175
o. How to create and sustain healthy and respectful relationships	§	§	§	84.0	78.9 - 88.0	145	87.1	73.0 - 94.4	30	84.5	79.9 - 88.2	175
p. The importance of limiting the number of sexual partners	§	§	§	74.9	68.3 - 80.5	144	56.7	41.8 - 70.5	30	72.1	66.1 - 77.4	174
q. Preventive care (such as screenings and immunizations) that is necessary to maintain reproductive and sexual health	§	§	§	66.4	59.3 - 72.9	146	57.0	41.3 - 71.4	30	65.0	58.5 - 71.0	176
r. Sexual orientation	§	§	§	52.4	45.0 - 59.7	145	50.0	33.2 - 66.8	30	52.0	45.2 - 58.8	175
s. Gender roles, gender identity, or gender expression	§	§	§	58.8	51.5 - 65.8	143	59.4	41.7 - 74.9	29	58.9	52.1 - 65.3	172
t. The relationship between alcohol and other drug use and sexual risk behaviors	§	§	§	78.6	72.4 - 83.8	146	73.7	56.7 - 85.7	30	77.9	72.1 - 82.8	176

§ Grade is not applicable for type of school.

N = Unweighted number of observations

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11. Percentage of schools in which teachers taught each of the following HIV, STD, or pregnancy prevention topics in a required course in any of grades 9, 10, 11, or 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		Interval	N		Interval	N		Interval	N		Interval	N
a. How HIV and other STDs are transmitted	93.9	89.4 - 96.6	131	-	-	1	96.8	85.3 - 99.4	34	93.8	89.9 - 96.3	166
b. Health consequences of HIV, other STDs, and pregnancy	93.8	89.3 - 96.5	130	-	-	1	91.6	79.8 - 96.8	35	92.8	88.6 - 95.5	166
c. The benefits of being sexually abstinent	93.9	89.3 - 96.6	131	-	-	1	91.6	79.8 - 96.8	35	92.8	88.7 - 95.5	167
d. How to access valid and reliable health information, products, and services related to HIV, other STDs, and pregnancy	90.7	85.4 - 94.2	130	-	-	1	91.2	78.9 - 96.7	35	90.2	85.5 - 93.5	166
e. The influences of family, peers, media, technology and other factors on sexual risk behaviors	92.3	87.4 - 95.4	130	-	-	1	91.4	79.2 - 96.7	34	91.5	87.1 - 94.5	165
f. Communication and negotiation skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy	91.6	86.6 - 94.9	131	-	-	1	88.9	76.3 - 95.2	36	90.5	85.9 - 93.6	168

- Results are suppressed due to insufficient number of respondents in subgroup.

N = Unweighted number of observations

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2018 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

11. Percentage of schools in which teachers taught each of the following HIV, STD, or pregnancy prevention topics in a required course in any of grades 9, 10, 11, or 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
g. Goal-setting and decision-making skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy	81.6	74.8 - 86.9	131	-	-	1	91.2	78.9 - 96.7	35	82.9	77.2 - 87.5	167
h. Influencing and supporting others to avoid or reduce sexual risk behaviors	88.6	83.0 - 92.5	131	-	-	1	88.9	76.3 - 95.2	36	88.0	83.1 - 91.7	168
i. Efficacy of condoms, that is, how well condoms work and do not work	86.9	81.8 - 90.7	130	-	-	1	87.8	74.1 - 94.8	34	86.5	81.8 - 90.1	165
j. The importance of using condoms consistently and correctly	86.9	81.5 - 90.9	130	-	-	1	88.2	74.8 - 94.9	35	86.6	81.7 - 90.3	166
k. How to obtain condoms	77.8	71.3 - 83.2	131	-	-	1	79.4	66.8 - 88.1	35	77.6	71.9 - 82.4	167
l. How to correctly use a condom	70.9	63.7 - 77.2	131	-	-	1	77.8	62.9 - 87.8	36	71.8	65.4 - 77.4	168

- Results are suppressed due to insufficient number of respondents in subgroup.

N = Unweighted number of observations

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11. Percentage of schools in which teachers taught each of the following HIV, STD, or pregnancy prevention topics in a required course in any of grades 9, 10, 11, or 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
m. Methods of contraception other than condoms	88.4	83.2 - 92.2	131	-	-	1	88.2	74.8 - 94.9	35	87.8	83.0 - 91.3	167
n. The importance of using a condom at the same time as another form of contraception to prevent both STDs and pregnancy	86.8	81.2 - 91.0	131	-	-	1	85.9	72.3 - 93.4	36	86.1	81.0 - 90.0	168
o. How to create and sustain healthy and respectful relationships	87.6	81.7 - 91.8	131	-	-	1	96.7	84.8 - 99.4	33	88.7	83.7 - 92.3	165
p. The importance of limiting the number of sexual partners	91.5	86.4 - 94.8	130	-	-	1	91.4	79.1 - 96.7	34	90.9	86.3 - 94.0	165
q. Preventive care (such as screenings and immunizations) that is necessary to maintain reproductive and sexual health	88.5	82.8 - 92.5	131	-	-	1	85.5	71.5 - 93.2	35	87.3	82.2 - 91.1	167
r. Sexual orientation	69.4	62.5 - 75.6	131	-	-	1	73.9	58.7 - 85.0	36	69.9	63.7 - 75.4	168
s. Gender roles, gender identity, or gender expression	69.2	62.3 - 75.4	130	-	-	1	79.9	65.3 - 89.3	36	70.9	64.8 - 76.4	167
t. The relationship between alcohol and other drug use and sexual risk behaviors	94.7	90.4 - 97.1	131	-	-	1	97.2	86.9 - 99.5	33	94.5	90.8 - 96.8	165

- Results are suppressed due to insufficient number of respondents in subgroup.

N = Unweighted number of observations

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11N_1. Percentage of schools that taught all 20 HIV, STD, and pregnancy prevention topics in any of grades 6, 7, or 8 during the current school year.*

High Schools			Middle Schools			Junior/Senior High Schools			All Schools			
Percent	95% Confidence Interval		Percent	95% Confidence Interval		N	Percent	95% Confidence Interval		Percent	95% Confidence Interval	
	Interval	N		Interval	N			Interval	N			
§	§	§	23.2	18.0 - 29.5	142		23.5	12.8 - 39.2	29	23.3	18.4 - 29.0	171

*Responses to question 11 a through t all are "yes."

§ Grade is not applicable for type of school.

N = Unweighted number of observations

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11N_2. Percentage of schools that taught all 20 HIV, STD, and pregnancy prevention topics in any of grades 9, 10, 11, or 12 during the current school year.*

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
95% Confidence Interval			95% Confidence Interval			95% Confidence Interval			95% Confidence Interval		
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
46.8	39.9 - 53.9	128	-	-	1	59.2	43.9 - 72.9	35	49.0	42.7 - 55.3	164

*Responses to question 11 a through t all are "yes."

- Results are suppressed due to insufficient number of respondents in subgroup.

N = Unweighted number of observations

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12. Percentage of schools in which teachers assessed the ability of students to do each of the following in a required course for students in any of grades 6, 7, or 8 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		§	§		§	§		§	§		§	§
a. Comprehend concepts important to prevent HIV, other STDs, and pregnancy	§	§	§	77.1	70.9 - 82.2	145	68.5	53.4 - 80.5	31	75.7	70.1 - 80.6	176
b. Analyze the influence of family, peers, culture, media, technology, and other factors on sexual risk behaviors	§	§	§	71.0	64.2 - 76.9	145	68.5	51.6 - 81.6	31	70.6	64.3 - 76.1	176
c. Access valid information, products, and services to prevent HIV, other STDs, and pregnancy	§	§	§	59.3	52.7 - 65.6	145	61.5	47.0 - 74.2	31	59.6	53.6 - 65.3	176
d. Use interpersonal communication skills to avoid or reduce sexual risk behaviors	§	§	§	70.9	64.3 - 76.8	145	74.5	58.5 - 85.8	31	71.5	65.5 - 76.8	176
e. Use decision-making skills to prevent HIV, other STDs, and pregnancy	§	§	§	75.9	69.5 - 81.4	146	71.5	57.1 - 82.6	31	75.3	69.5 - 80.3	177
f. Set personal goals that enhance health, take steps to achieve these goals, and monitor progress in achieving them	§	§	§	71.9	65.5 - 77.6	143	78.0	62.9 - 88.1	31	72.9	67.0 - 78.0	174
g. Influence and support others to avoid or reduce sexual risk behaviors	§	§	§	65.8	59.5 - 71.6	146	71.5	55.0 - 83.7	31	66.7	60.8 - 72.0	177

§ Grade is not applicable for type of school.

N = Unweighted number of observations

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12. Percentage of schools in which teachers assessed the ability of students to do each of the following in a required course for students in any of grades 9, 10, 11, or 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Comprehend concepts important to prevent HIV, other STDs, and pregnancy	93.1	88.4 - 96.0	131	-	-	1	89.2	76.8 - 95.3	37	91.7	87.4 - 94.6	169
b. Analyze the influence of family, peers, culture, media, technology, and other factors on sexual risk behaviors	84.5	78.5 - 89.1	130	-	-	1	91.7	79.9 - 96.8	37	85.4	80.3 - 89.4	168
c. Access valid information, products, and services to prevent HIV, other STDs, and pregnancy	85.3	79.6 - 89.7	129	-	-	1	89.2	76.8 - 95.3	37	85.6	80.5 - 89.5	167
d. Use interpersonal communication skills to avoid or reduce sexual risk behaviors	83.6	77.4 - 88.3	129	-	-	1	91.4	79.3 - 96.7	36	84.6	79.3 - 88.7	166
e. Use decision-making skills to prevent HIV, other STDs, and pregnancy	87.4	81.5 - 91.7	128	-	-	1	91.7	79.9 - 96.8	37	87.7	82.6 - 91.5	166
f. Set personal goals that enhance health, take steps to achieve these goals, and monitor progress in achieving them	78.2	72.0 - 83.4	129	-	-	1	92.1	80.8 - 97.0	37	80.6	75.3 - 84.9	167
g. Influence and support others to avoid or reduce sexual risk behaviors	86.0	80.4 - 90.2	128	-	-	1	88.8	76.1 - 95.2	36	86.0	81.1 - 89.8	165

- Results are suppressed due to insufficient number of respondents in subgroup.
N = Unweighted number of observations

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13. Percentage of schools in which teachers provided students with the opportunity to practice communication, decision-making, goal-setting, or refusal skills related to sexual health during the current school year.

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
95% Confidence			95% Confidence			95% Confidence			95% Confidence		
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
67.9	61.4 - 73.9	143	60.4	54.1 - 66.5	167	70.0	56.8 - 80.6	43	64.5	60.2 - 68.5	353

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14. Percentage of schools in which teachers taught each of the following nutrition and dietary behavior topics in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Benefits of healthy eating	97.2	93.8 - 98.8	140	95.8	92.3 - 97.7	164	91.4	85.4 - 95.1	43	95.8	93.9 - 97.2	347
b. Benefits of drinking plenty of water	97.2	93.8 - 98.8	140	95.2	91.6 - 97.3	164	91.4	85.4 - 95.1	43	95.5	93.5 - 97.0	347
c. Benefits of eating breakfast every day	94.4	90.9 - 96.6	140	92.7	88.5 - 95.4	163	88.9	81.1 - 93.7	43	92.9	90.5 - 94.8	346
d. Food guidance using the current Dietary Guidelines for Americans (e.g., MyPlate)	91.6	87.3 - 94.6	142	88.5	83.6 - 92.1	165	84.5	75.1 - 90.9	43	89.3	86.4 - 91.7	350
e. Using food labels	92.9	88.3 - 95.7	141	87.3	82.1 - 91.1	165	91.4	85.4 - 95.1	43	89.9	86.9 - 92.3	349
f. Differentiating between nutritious and non-nutritious beverages	92.3	87.6 - 95.3	141	88.5	83.6 - 92.1	165	84.2	74.4 - 90.7	43	89.5	86.5 - 91.9	349
g. Balancing food intake and physical activity	93.0	88.5 - 95.8	142	92.8	88.7 - 95.5	165	88.9	81.1 - 93.7	43	92.4	89.8 - 94.4	350
h. Eating more fruits, vegetables, and whole grain products	95.8	92.0 - 97.8	141	92.7	88.6 - 95.4	165	91.4	85.4 - 95.1	43	93.8	91.4 - 95.5	349
i. Choosing foods and snacks that are low in solid fat (i.e., saturated and trans fat)	91.6	87.3 - 94.6	142	89.1	84.4 - 92.6	166	89.2	81.9 - 93.8	43	90.1	87.3 - 92.4	351
j. Choosing foods, snacks, and beverages that are low in added sugars	92.9	88.4 - 95.8	141	88.4	83.5 - 92.0	165	89.2	81.9 - 93.8	43	90.3	87.4 - 92.6	349
k. Choosing foods and snacks that are low in sodium	85.8	79.9 - 90.2	141	84.3	79.2 - 88.3	166	83.8	73.7 - 90.5	43	84.8	81.4 - 87.7	350

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14. Percentage of schools in which teachers taught each of the following nutrition and dietary behavior topics in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
l. Eating a variety of foods that are high in calcium	80.2	74.1 - 85.2	142	81.2	75.9 - 85.5	165	79.5	68.2 - 87.5	43	80.6	77.0 - 83.8	350
m. Eating a variety of foods that are high in iron	75.2	68.6 - 80.9	141	77.5	71.7 - 82.4	165	79.1	70.0 - 86.0	43	76.8	72.9 - 80.3	349
n. Food safety	70.5	64.0 - 76.3	142	70.9	64.8 - 76.2	167	79.1	70.0 - 86.0	43	71.6	67.7 - 75.3	352
o. Preparing healthy meals and snacks	77.6	71.4 - 82.8	142	77.6	72.3 - 82.2	165	86.7	78.0 - 92.3	43	78.6	75.0 - 81.9	350
p. Risks of unhealthy weight control practices	90.8	85.8 - 94.1	141	87.4	82.7 - 91.0	167	91.4	85.4 - 95.1	43	89.2	86.2 - 91.6	351
q. Accepting body size differences	86.5	81.1 - 90.5	141	90.4	85.9 - 93.6	166	84.2	74.4 - 90.7	43	88.2	85.1 - 90.7	350
r. Signs, symptoms, and treatment for eating disorders	91.6	86.8 - 94.8	141	81.5	76.6 - 85.6	167	91.4	85.4 - 95.1	43	86.6	83.5 - 89.1	351
s. Relationship between diet and chronic diseases	90.0	84.8 - 93.6	140	80.2	74.4 - 84.9	166	77.0	66.5 - 84.9	43	83.7	80.1 - 86.7	349
t. Assessing body mass index (BMI)	76.6	70.0 - 82.1	141	68.4	62.7 - 73.6	167	75.0	65.7 - 82.4	44	72.4	68.5 - 75.9	352
u. The influence of the media on dietary behaviors	88.7	83.3 - 92.5	142	82.5	78.0 - 86.3	166	82.0	73.1 - 88.4	43	84.9	81.9 - 87.5	351
v. Food production, including how food is grown, harvested, processed, packaged, and transported	58.7	52.0 - 65.1	142	65.4	59.1 - 71.2	167	62.6	52.7 - 71.6	43	62.4	58.2 - 66.5	352

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14N. Percentage of schools that taught all 22 nutrition and dietary behavior topics during the current school year.*

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
95% Confidence Interval			95% Confidence Interval			95% Confidence Interval			95% Confidence Interval		
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
40.6	33.9 - 47.7	141	41.8	35.7 - 48.1	166	54.6	43.7 - 65.1	42	42.7	38.4 - 47.0	349

*Responses to question 14 a through v all are "yes."
 N = Unweighted number of observations

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15. Percentage of schools in which teachers taught each of the following physical activity topics in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		Interval	N		Interval	N		Interval	N		Interval	N
a. Short-term and long-term benefits of physical activity, including reducing the risks for chronic disease	97.1	93.7 - 98.7	140	93.9	90.4 - 96.1	165	88.3	80.6 - 93.2	41	94.6	92.5 - 96.1	346
b. Mental and social benefits of physical activity	95.6	91.7 - 97.8	139	95.2	92.2 - 97.0	166	91.0	84.7 - 94.8	41	94.9	92.9 - 96.4	346
c. Health-related fitness (i.e., cardiorespiratory endurance, muscular endurance, muscular strength, flexibility, and body composition)	95.0	91.0 - 97.3	140	93.8	89.9 - 96.3	165	86.0	80.6 - 90.1	42	93.5	91.1 - 95.2	347
d. Phases of a workout (i.e., warm-up, workout, cool down)	90.7	85.7 - 94.1	140	87.9	82.8 - 91.6	165	80.8	72.3 - 87.1	41	88.2	85.1 - 90.8	346
e. Recommended amounts and types of moderate, vigorous, muscle-strengthening, and bone-strengthening physical activity	88.5	83.1 - 92.4	141	85.5	80.7 - 89.3	166	77.0	67.2 - 84.5	43	85.8	82.6 - 88.5	350
f. Decreasing sedentary activities (e.g., television viewing, using video games)	93.6	89.2 - 96.3	140	91.4	87.8 - 94.0	165	84.2	77.6 - 89.1	43	91.5	89.1 - 93.4	348
g. Preventing injury during physical activity	87.8	82.2 - 91.8	140	88.4	83.5 - 92.0	165	81.6	71.3 - 88.7	42	87.5	84.2 - 90.1	347

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2018 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

15. Percentage of schools in which teachers taught each of the following physical activity topics in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		Interval	N		Interval	N		Interval	N		Interval	N
h. Weather-related safety (e.g., avoiding heat stroke, hypothermia, and sunburn while physically active)	77.7	71.6 - 82.8	138	66.4	60.0 - 72.3	166	83.4	71.0 - 91.2	41	72.6	68.5 - 76.4	345
i. Dangers of using performance-enhancing drugs (e.g., steroids)	83.1	77.1 - 87.7	141	74.8	69.0 - 79.8	166	75.7	66.4 - 83.1	44	78.2	74.4 - 81.5	351
j. Increasing daily physical activity	97.9	94.7 - 99.2	140	94.5	90.7 - 96.8	165	84.2	77.6 - 89.1	43	94.7	92.6 - 96.2	348
k. Incorporating physical activity into daily life (without relying on a structured exercise plan or special equipment)	93.7	89.3 - 96.3	140	92.1	87.8 - 95.0	165	83.8	74.5 - 90.2	43	91.8	89.1 - 93.9	348
l. Using safety equipment for specific physical activities	85.1	79.4 - 89.4	140	81.4	76.2 - 85.7	166	72.7	61.7 - 81.4	43	81.9	78.4 - 84.9	349
m. Benefits of drinking water before, during, and after physical activity	94.3	90.0 - 96.8	137	91.5	87.5 - 94.3	165	90.6	80.1 - 95.8	41	92.5	89.9 - 94.5	343

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15N. Percentage of schools that taught all 13 physical activity topics during the current school year.*

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
95% Confidence Interval			95% Confidence Interval			95% Confidence Interval			95% Confidence Interval		
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
59.2	52.0 - 65.9	139	52.2	45.8 - 58.6	167	63.6	54.3 - 71.9	43	56.2	51.8 - 60.5	349

*Responses to question 15 a through m all are "yes."
 N = Unweighted number of observations

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16. Percentage of schools in which health education staff worked with the following groups on health education activities during the current school year.*

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Physical education staff	89.7	83.8 - 93.6	115	93.4	88.9 - 96.2	139	81.0	67.7 - 89.7	35	90.6	87.4 - 93.1	289
b. Health services staff (e.g., nurses)	70.4	62.9 - 76.9	115	71.9	65.5 - 77.5	139	68.1	51.5 - 81.2	35	70.9	66.3 - 75.1	289
c. Mental health or social services staff (e.g., psychologists, counselors, social workers)	68.6	61.3 - 75.2	115	82.5	76.7 - 87.0	139	65.0	48.0 - 78.9	35	75.2	70.9 - 79.1	289
d. Nutrition or food service staff	28.1	21.9 - 35.3	114	45.8	39.1 - 52.6	138	42.0	30.7 - 54.2	35	38.5	34.1 - 43.1	287
e. School health council, committee, or team	43.2	35.6 - 51.2	113	53.2	46.0 - 60.3	139	45.1	33.2 - 57.6	35	48.5	43.6 - 53.4	287

*Among schools that have health education staff.
N = Unweighted number of observations

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17. Percentage of schools that provided parents and families with health information designed to increase parent and family knowledge of the following topics during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N	N		N	N		N				
a. HIV, other STD, or pregnancy prevention	31.4	24.8 - 38.7	141	26.9	22.2 - 32.2	167	23.1	14.9 - 34.0	43	28.2	24.5 - 32.2	351
b. Tobacco-use prevention	30.0	24.2 - 36.7	141	28.5	23.5 - 34.2	168	24.5	17.6 - 33.2	43	28.7	25.1 - 32.6	352
c. Alcohol- or other drug-use prevention	36.0	29.8 - 42.7	140	37.6	31.8 - 43.8	167	32.2	23.8 - 42.0	42	36.4	32.4 - 40.6	349
d. Physical activity	39.4	33.4 - 45.9	140	47.0	41.2 - 52.8	168	29.6	20.8 - 40.2	43	42.1	38.2 - 46.1	351
e. Nutrition and healthy eating	42.3	35.7 - 49.1	140	51.6	45.7 - 57.5	167	31.4	22.2 - 42.3	43	45.7	41.6 - 49.9	350
f. Asthma	12.5	8.6 - 17.8	139	16.3	12.7 - 20.7	166	13.7	7.7 - 23.2	43	14.5	11.9 - 17.5	348
g. Food allergies	24.6	19.4 - 30.7	139	32.3	27.4 - 37.5	167	17.7	11.5 - 26.2	43	27.7	24.4 - 31.3	349
h. Diabetes	16.8	12.3 - 22.5	139	24.2	20.0 - 29.1	165	13.3	8.8 - 19.7	43	20.1	17.2 - 23.4	347
i. Preventing student bullying and sexual harassment, including electronic aggression (i.e., cyber-bullying)	57.8	50.9 - 64.3	140	65.3	59.4 - 70.7	168	38.6	27.0 - 51.6	43	59.4	55.3 - 63.5	351

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18. Percentage of schools in which teachers have given students health education homework assignments or activities to do at home with their parents during the current school year.

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
95% Confidence Interval			95% Confidence Interval			95% Confidence Interval			95% Confidence Interval		
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
60.2	52.7 - 67.3	141	61.2	55.1 - 67.0	168	57.4	45.1 - 68.9	44	60.4	56.0 - 64.7	353

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19. Percentage of schools in which the lead health education teacher received professional development (e.g., workshops, conferences, continuing education, any other kind of in-service) on each of the following topics during the past two years.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Alcohol- or other drug-use prevention	39.9	34.2 - 45.9	141	35.9	30.2 - 42.1	167	45.8	33.5 - 58.6	44	38.6	34.6 - 42.7	352
b. Asthma	10.0	6.5 - 15.3	140	13.3	9.7 - 17.9	166	22.2	13.6 - 34.0	44	13.0	10.4 - 16.2	350
c. Chronic disease prevention (e.g., diabetes, obesity prevention)	22.9	17.6 - 29.3	141	23.5	18.5 - 29.2	166	27.1	18.1 - 38.4	44	23.7	20.2 - 27.5	351
d. Emotional and mental health	64.9	58.7 - 70.6	141	62.8	57.3 - 68.0	167	75.0	62.3 - 84.5	44	65.0	61.1 - 68.6	352
e. Epilepsy or seizure disorder	16.5	11.9 - 22.5	140	21.0	16.3 - 26.6	167	27.5	17.5 - 40.3	44	20.0	16.7 - 23.7	351
f. Food allergies	15.3	10.9 - 21.0	140	25.4	20.2 - 31.4	166	29.9	18.4 - 44.7	44	21.9	18.4 - 25.9	350
g. Foodborne illness prevention	13.9	9.7 - 19.3	140	18.4	14.1 - 23.6	168	20.9	12.8 - 32.1	43	16.9	13.9 - 20.3	351
h. HIV prevention	28.5	22.8 - 35.1	141	25.3	20.4 - 30.8	166	31.7	21.2 - 44.5	44	27.3	23.6 - 31.2	351
i. Human sexuality	43.2	36.5 - 50.2	141	33.5	27.9 - 39.5	167	37.5	25.2 - 51.7	43	37.8	33.6 - 42.1	351

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19. Percentage of schools in which the lead health education teacher received professional development (e.g., workshops, conferences, continuing education, any other kind of in-service) on each of the following topics during the past two years.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
j. Infectious disease prevention (e.g., flu prevention)	24.1	19.0 - 30.2	141	28.0	22.6 - 34.1	165	41.9	30.9 - 53.8	44	28.0	24.3 - 32.0	350
k. Injury prevention and safety	41.4	35.2 - 48.0	141	41.2	35.5 - 47.3	165	47.9	35.1 - 61.0	44	42.1	38.0 - 46.3	350
l. Nutrition and dietary behavior	31.6	25.8 - 38.1	141	29.9	25.0 - 35.4	167	37.0	27.1 - 48.1	44	31.4	27.8 - 35.2	352
m. Physical activity and fitness	46.0	39.4 - 52.8	141	48.9	42.2 - 55.5	168	59.5	49.0 - 69.2	44	48.9	44.6 - 53.3	353
n. Pregnancy prevention	28.5	22.8 - 34.9	141	22.2	17.2 - 28.3	166	29.6	20.4 - 40.8	44	25.5	21.9 - 29.5	351
o. STD prevention	31.2	24.8 - 38.4	141	29.5	23.6 - 36.2	166	32.9	23.0 - 44.5	43	30.5	26.4 - 35.0	350
p. Suicide prevention	56.1	49.3 - 62.7	141	48.7	42.4 - 55.0	168	58.5	46.1 - 69.9	43	52.7	48.3 - 57.0	352
q. Tobacco-use prevention	26.8	21.1 - 33.5	139	25.2	20.3 - 30.8	166	22.5	14.6 - 33.1	44	25.5	22.0 - 29.4	349
r. Violence prevention (e.g., bullying, fighting, dating violence prevention)	47.1	40.6 - 53.6	141	50.2	44.0 - 56.4	167	53.2	40.6 - 65.5	43	49.3	45.1 - 53.6	351

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20. Percentage of schools in which the lead health education teacher received professional development (e.g., workshops, conferences, continuing education, any other kind of in-service) on each of the following topics during the past two years.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Teaching students with physical, medical, or cognitive disabilities	54.9	48.1 - 61.5	139	52.9	47.0 - 58.8	168	48.9	35.5 - 62.5	44	53.2	49.0 - 57.5	351
b. Teaching students of various cultural backgrounds	54.0	47.6 - 60.2	139	54.6	48.9 - 60.2	168	56.0	42.5 - 68.6	44	54.5	50.5 - 58.5	351
c. Teaching students with limited English proficiency	30.4	24.8 - 36.6	138	35.5	29.9 - 41.5	168	31.0	20.0 - 44.5	44	33.0	29.2 - 37.1	350
d. Teaching students of different sexual orientations or gender identities	34.6	28.4 - 41.3	138	34.5	29.0 - 40.4	168	31.0	21.6 - 42.2	44	34.1	30.3 - 38.2	350
e. Using interactive teaching methods (e.g., role plays, cooperative group activities)	61.0	53.8 - 67.8	138	55.8	50.6 - 61.0	168	56.0	44.7 - 66.7	44	57.8	53.8 - 61.8	350
f. Encouraging family or community involvement	36.4	30.4 - 43.0	139	41.1	35.1 - 47.3	168	46.6	33.7 - 59.9	43	39.9	35.8 - 44.1	350
g. Teaching skills for behavior change	46.4	40.0 - 52.9	139	49.4	43.8 - 55.1	168	51.4	38.4 - 64.2	44	48.5	44.4 - 52.5	351
h. Classroom management techniques (e.g., social skills training, environmental modification, conflict resolution and mediation, behavior management)	55.7	49.2 - 62.1	139	56.8	51.4 - 62.1	167	55.3	44.0 - 66.0	44	56.2	52.3 - 60.1	350
i. Assessing or evaluating students in health education	39.4	32.8 - 46.3	139	36.3	30.8 - 42.3	167	29.2	20.6 - 39.7	44	36.7	32.8 - 40.9	350

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21. Percentage of schools in which the lead health education teacher received professional development on each of the following topics related to teaching sexual health education during the past two years.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Aligning lessons and materials with the district scope and sequence for sexual health education	32.3	26.1 - 39.3	139	32.0	26.5 - 38.1	168	22.2	14.4 - 32.5	44	31.0	27.2 - 35.2	351
b. Creating a comfortable and safe learning environment for students receiving sexual health education	32.7	26.6 - 39.4	138	34.0	28.2 - 40.3	168	31.7	23.2 - 41.6	44	33.2	29.3 - 37.4	350
c. Connecting students to on-site or community-based sexual health services	26.1	20.5 - 32.7	139	23.9	19.2 - 29.3	168	20.1	13.3 - 29.1	44	24.3	20.9 - 28.1	351
d. Using a variety of effective instructional strategies to deliver sexual health education	30.2	24.3 - 36.8	139	34.0	28.2 - 40.3	168	34.2	24.0 - 46.0	44	32.5	28.6 - 36.7	351
e. Building student skills in HIV, other STD, and pregnancy prevention	30.3	24.2 - 37.2	139	27.0	21.6 - 33.1	167	25.0	15.5 - 37.7	44	28.0	24.2 - 32.2	350
f. Assessing student knowledge and skills in sexual health education	32.4	25.8 - 39.7	139	28.0	22.8 - 34.0	168	20.4	12.3 - 32.0	44	28.9	25.0 - 33.1	351
g. Understanding current district or school board policies or curriculum guidance regarding sexual health education	34.2	27.6 - 41.5	138	28.1	22.9 - 33.9	167	22.9	14.8 - 33.7	44	29.9	26.0 - 34.0	349

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22. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Alcohol- or other drug-use prevention	73.1	66.9 - 78.5	140	61.0	54.1 - 67.5	167	72.9	60.3 - 82.6	44	67.1	62.7 - 71.2	351
b. Asthma	30.8	25.0 - 37.3	139	35.1	29.5 - 41.2	165	39.9	29.2 - 51.8	43	34.0	30.1 - 38.1	347
c. Chronic disease prevention (e.g., diabetes, obesity prevention)	51.4	44.8 - 58.0	139	50.6	44.1 - 57.1	166	59.2	47.4 - 70.0	44	51.9	47.5 - 56.2	349
d. Emotional and mental health	81.0	75.6 - 85.5	140	69.0	63.7 - 73.9	168	74.3	61.7 - 83.8	44	74.3	70.7 - 77.6	352
e. Epilepsy or seizure disorder	36.6	30.7 - 42.9	139	36.3	30.5 - 42.6	165	39.1	27.5 - 52.0	44	36.7	32.7 - 40.9	348
f. Food allergies	40.5	34.1 - 47.3	138	40.8	35.0 - 47.0	164	47.5	34.6 - 60.8	44	41.5	37.3 - 45.8	346
g. Foodborne illness prevention	33.1	27.4 - 39.3	139	28.5	23.5 - 34.1	165	36.3	25.6 - 48.5	44	31.2	27.5 - 35.0	348
h. HIV prevention	52.2	45.4 - 59.0	139	46.0	39.9 - 52.3	165	54.9	42.2 - 66.9	43	49.4	45.1 - 53.8	347
i. Human sexuality	76.0	70.0 - 81.1	140	63.4	57.6 - 68.9	167	65.1	53.3 - 75.3	44	68.5	64.7 - 72.2	351
j. Infectious disease prevention (e.g., flu prevention)	48.2	42.1 - 54.5	139	40.6	34.3 - 47.1	165	47.2	34.4 - 60.3	44	44.3	40.1 - 48.6	348
k. Injury prevention and safety	42.6	36.8 - 48.8	138	46.1	39.7 - 52.7	165	50.0	38.4 - 61.6	44	45.2	41.0 - 49.5	347

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22. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		Interval	N		Interval	N		Interval	N		Interval	N
l. Nutrition and dietary behavior	72.8	66.7 - 78.1	140	59.9	53.1 - 66.3	167	70.4	58.4 - 80.1	44	66.1	61.8 - 70.1	351
m. Physical activity and fitness	57.1	50.9 - 63.0	138	55.4	48.4 - 62.2	166	60.6	47.8 - 72.0	44	56.6	52.2 - 61.0	348
n. Pregnancy prevention	61.3	54.9 - 67.3	140	53.0	46.4 - 59.4	166	49.3	36.0 - 62.7	44	55.8	51.4 - 60.1	350
o. STD prevention	64.8	58.7 - 70.4	140	53.3	47.1 - 59.4	165	58.1	44.9 - 70.2	44	58.4	54.2 - 62.4	349
p. Suicide prevention	77.4	71.0 - 82.8	139	73.2	67.9 - 77.9	168	65.1	51.9 - 76.4	44	73.9	70.1 - 77.4	351
q. Tobacco-use prevention	61.7	55.5 - 67.5	139	46.1	39.4 - 53.0	165	60.9	47.0 - 73.2	44	53.9	49.5 - 58.2	348
r. Violence prevention (e.g., bullying, fighting, dating violence prevention)	75.1	68.9 - 80.3	141	69.8	64.0 - 75.1	166	69.4	57.2 - 79.3	44	71.8	67.9 - 75.5	351

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23. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Teaching students with physical, medical, or cognitive disabilities	60.0	53.4 - 66.3	140	49.3	43.1 - 55.5	168	52.9	40.0 - 65.4	43	53.9	49.6 - 58.1	351
b. Teaching students of various cultural backgrounds	52.9	45.8 - 59.9	140	53.2	46.4 - 59.9	167	51.4	39.6 - 63.1	44	52.9	48.3 - 57.4	351
c. Teaching students with limited English proficiency	47.5	40.1 - 55.0	139	43.1	37.1 - 49.3	166	33.1	23.1 - 44.9	42	43.8	39.4 - 48.2	347
d. Teaching students of different sexual orientations or gender identities	72.2	65.7 - 77.8	139	67.5	61.6 - 73.0	167	65.5	52.4 - 76.6	44	69.1	65.0 - 72.9	350
e. Using interactive teaching methods (e.g., role plays, cooperative group activities)	73.8	67.7 - 79.0	139	60.1	54.2 - 65.8	168	60.2	47.3 - 71.8	44	65.4	61.4 - 69.2	351
f. Encouraging family or community involvement	81.1	75.3 - 85.8	140	61.1	55.0 - 66.8	167	73.9	63.0 - 82.5	44	70.3	66.5 - 73.9	351
g. Teaching skills for behavior change	79.8	74.0 - 84.5	139	65.2	59.4 - 70.5	167	69.7	57.8 - 79.5	44	71.3	67.5 - 74.9	350
h. Classroom management techniques (e.g., social skills training, environmental modification, conflict resolution and mediation, behavior management)	62.5	56.1 - 68.5	139	53.0	46.7 - 59.2	168	60.2	48.7 - 70.7	44	57.5	53.3 - 61.6	351
i. Assessing or evaluating students in health education	73.9	67.8 - 79.1	140	65.9	59.8 - 71.4	167	57.0	43.6 - 69.5	44	68.0	64.0 - 71.8	351

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24. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics related to teaching sexual health education.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Aligning lessons and materials with the district scope and sequence for sexual health education	67.1	60.6 - 73.0	141	50.6	44.3 - 56.9	168	56.7	43.5 - 69.0	44	57.7	53.5 - 61.9	353
b. Creating a comfortable and safe learning environment for students receiving sexual health education	62.1	55.6 - 68.2	141	55.3	49.1 - 61.3	168	63.0	49.8 - 74.5	44	58.8	54.6 - 62.9	353
c. Connecting students to on-site or community-based sexual health services	66.9	60.5 - 72.7	140	57.4	51.7 - 62.9	167	63.7	52.6 - 73.6	44	61.8	57.9 - 65.6	351
d. Using a variety of effective instructional strategies to deliver sexual health education	77.0	71.2 - 81.9	141	67.3	61.6 - 72.5	168	69.7	57.8 - 79.5	44	71.3	67.6 - 74.8	353
e. Building student skills in HIV, other STD, and pregnancy prevention	67.6	61.3 - 73.3	141	59.3	53.1 - 65.1	167	60.6	47.8 - 72.0	44	62.7	58.5 - 66.6	352
f. Assessing student knowledge and skills in sexual health education	71.0	65.1 - 76.3	140	59.3	53.1 - 65.3	167	56.7	43.5 - 69.0	44	63.6	59.5 - 67.5	351
g. Understanding current district or school board policies or curriculum guidance regarding sexual health education	61.5	55.5 - 67.1	139	53.0	46.5 - 59.4	166	58.8	45.9 - 70.6	44	56.9	52.7 - 61.1	349

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25. Percentage of schools in which the major emphasis of the lead health education teacher's professional preparation was on the following:

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Health and physical education combined	64.7	58.1 - 70.8	141	58.2	51.8 - 64.4	168	55.6	46.3 - 64.6	44	60.5	56.3 - 64.5	353
b. Health education	8.5	5.3 - 13.3	141	9.4	6.2 - 13.9	168	0.0	†	44	8.0	5.9 - 10.8	353
c. Physical education	12.8	8.8 - 18.1	141	17.3	13.0 - 22.6	168	16.2	8.5 - 28.6	44	15.4	12.5 - 18.9	353
d. Other education degree	2.9	1.3 - 6.4	141	5.4	3.2 - 9.2	168	19.3	12.7 - 28.4	44	6.0	4.3 - 8.2	353
e. Kinesiology, exercise science, or exercise physiology	1.5	0.5 - 4.5	141	0.0	†	168	2.5	0.5 - 11.6	44	0.8	0.3 - 2.1	353
f. Home economics or family and consumer science	4.4	2.2 - 8.3	141	3.0	1.4 - 6.0	168	0.0	†	44	3.2	2.0 - 5.2	353
g. Biology or other science	3.8	2.2 - 6.6	141	1.8	0.7 - 4.5	168	2.1	0.4 - 10.0	44	2.6	1.6 - 4.2	353
h. Nursing	0.0	†	141	1.2	0.4 - 3.8	168	0.0	†	44	0.6	0.2 - 1.9	353
i. Counseling	0.0	†	141	0.6	0.1 - 3.0	168	0.0	†	44	0.3	0.1 - 1.5	353
j. Public health	0.0	†	141	0.0	†	168	0.0	†	44	0.0	†	353
k. Nutrition	0.0	†	141	0.0	†	168	0.0	†	44	0.0	†	353
l. Other	1.5	0.5 - 4.5	141	3.0	1.5 - 6.2	168	4.2	1.3 - 12.6	44	2.6	1.5 - 4.4	353

† Confidence intervals not applicable for 0 percent or 100 percent.
N = Unweighted number of observations

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26. Percentage of schools in which the lead health education teacher is certified, licensed, or endorsed by the state to teach health education in middle school or high school.

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
95% Confidence Interval			95% Confidence Interval			95% Confidence Interval			95% Confidence Interval		
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
91.8	87.4 - 94.7	141	84.3	79.4 - 88.1	167	80.7	71.6 - 87.3	44	86.8	83.9 - 89.3	352

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27. Percentage of schools in which the lead health education teacher had the following number of years of experience teaching health education courses or topics.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		Interval	N		Interval	N		Interval	N		Interval	N
a. 1 year	8.0	5.2 - 12.3	140	7.3	4.8 - 11.0	167	17.2	11.3 - 25.5	44	8.7	6.7 - 11.2	351
b. 2 to 5 years	25.7	20.0 - 32.4	140	21.1	16.4 - 26.9	167	29.9	20.1 - 42.1	44	23.9	20.3 - 27.9	351
c. 6 to 9 years	22.2	17.1 - 28.2	140	17.3	13.1 - 22.6	167	18.7	11.2 - 29.4	44	19.4	16.2 - 23.0	351
d. 10 to 14 years	5.6	3.1 - 9.8	140	14.9	11.0 - 19.8	167	8.8	4.8 - 15.6	44	10.6	8.3 - 13.4	351
e. 15 years or more	38.5	32.3 - 45.1	140	39.4	33.1 - 46.1	167	25.4	16.0 - 37.8	44	37.5	33.3 - 41.8	351