Step 1 - Coordinate and Review:

If you do not have a wellness/coordinated school health/WSCC team, create one. Teams should include at least 4 individuals that represent the school culture (teacher, administrator, food service, health services, mental/social services, family and/or community member).

• Assign roles for each member and determine times during the calendar year to meet.

• As a team, review district and/or school wellness policy, other relevant policies, and if applicable, the results and action plan submitted for the previous award year. Also, examine the school’s continuous improvement goals. Understand the Whole School, Whole Community, Whole Child approach.

Here are a few guiding questions to help get started:

- If the school applied last year, was the school successful in implementing previous action plan(s)?
- If no, why not and what could be done differently or should the plan be scrapped all together?
- If yes, what made it successful and is it sustainable? What would be a next step?

- Are there school policies that need to be updated or changed?

- If a Title I school, what are the school’s “continuous improvement” goals?

This should be completed before moving on to Step 2.

Step 2 - Assess:

A) As a team, collaboratively complete the AFHK SHI Assessment Click Here to view the Action for Health Kids easy guide for completing the SHI Assessment.

(Select the assessment for a specific school! DO NOT select the District Assessment)

Once submitted, no changes can be made until late April.

**Note: If you have completed an assessment with AFHK in the past, your login and password remain the same.

B) The team collaboratively completes the DPI WSCC supplemental questions Upon completing the questions, a confirmation email containing the results will be sent. If you do not receive an email, be sure to check your spam box. If you have difficulty accessing the supplemental questions, it is likely due to firewall settings. Contact your school IT personnel.

**Note: Do not delete the email, it contains a link to the application form.

Take your score from each module category and add it to the corresponding module in your AFHK report to get an accurate score.

Both Assessments should be completed before or by March 31st

Step 3 - Plan:

As a team, examine your assessment results, recommendations, review other school data, and consider the needs of the school. Examine the school’s strengths and opportunities to improve. When the team is determining which area(s) to focus improvements, examine if there are opportunities to align efforts with the school’s continuous improvement goals(s), brainstorm and/or research initiatives/activities to implement and then establish next steps. During this step, it is always a good idea and wise to have student input. Also, do not forget to engage the community and families in this process.

The team can always seek advice, support, and resources from DPI, AFHK, and other organizations to assist the team in developing and/or implementing plans.

Step 4 - Application:

Submit your Application to DPI before or by March 31st.

As noted in Step 2, the link to the application can be found in the email containing the supplemental questions confirmation.

In the application form, you must provide:

- link to district/school wellness policy
- looking at the strong scores in the assessment, provide a brief narrative on the great things the school has accomplished; refer to the previous action steps submitted.
- looking at the opportunities for growth in the assessment, provide a brief yet robust narrative on the next steps for Improvement (alignment to other school goals is a bonus)

The selection committee looks carefully at growth between award years. Furthermore, initiatives that are sustainable, align with all school goals and push boundaries for creating positive environment and cultural change within the school and community.