



2021-2022 School Health Award Assessment Crosswalk: Elementary

If your district uses the CDC’s School Health Index, Thriving Schools Integrated Assessment, or the Healthy Schools and RISE Assessments from Alliance for a Healthier Generation, use this crosswalk to compare the questions that may help complete the Action for Healthy Kids Assessment.

Action For Healthy Kids Assessment: Elementary	School Health Index (SHI)	Thriving Schools Alliance/ Kaiser Permanente (KP)	Healthy Schools Assessment and Resilience In School Environments (RISE) (Alliance)
School health oversight		LWP-S2	H-PO2
Representative school health committee or team	Module 1 CC1	CORE-S1	H-PO1
Local wellness policy	Module 1 CC6	CORE-8	H-PO3
School health action plan	Module 1 CC2, Module 1 CC3, Module 1 CC8	CORE-S3	
Positive school climate	Module 7 CC1	SEH-S13 FCE-S3	RISE-SYS10
All foods sold during the school day meet the USDA's Smart Snacks in school nutrition standards	Module 1 N5	LWP-S4	H-SS1
All beverages sold during the school day meet the USDA's Smart Snacks in school nutrition standards	Module 1 N6	LWP-S4	H-SS2
School meals	Module 4 N3	NFA-S8	H-NS1
School breakfast	Module 4 N2	NFA-S3	H-NS2



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Variety of offerings in school meals	Module 4 N4		H-NS4
Promote healthy food and beverage choices and school meals using Smarter Lunchroom techniques	Module 4 N7	NFA-S12	H-NS5
Adequate time to eat school meals	Module 4 N8	NFA-S11	H-NS11
Annual continuing education and training requirements for school nutrition services staff	Module 4 N10	NFA-S4	H-NS6
Prohibit using food as a reward or punishment	Module 1 N1	NFA-S13	H-NS10
Access to free drinking water	Module 1 N2, Module 1 N3	NFA-S10	
All foods and beverages served and offered during the school day meet the USDA's Smart Snacks in school nutrition standards	Module 1 N7	LWP-S5	H-SS4



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All foods and beverages served and offered during the extended school day meet the USDA's Smart Snacks Standards in school nutrition standards	Module 1 N9	LWP-S5	H-SS6
All foods and beverages sold during the extended school day meet the USDA's Smart Snacks Standards in school nutrition standards	Module 1 N8	LWP-S4	H-SS5
Fundraising efforts during and outside school hours meet the USDA's Smart Snacks in school nutrition standards	Module 1 N10	LWP-S4	H-SS7
Food and beverages marketing	Module 1 N11	LWP-S6	H-SS3
Venues outside the cafeteria offer fruits and vegetables	Module 4 N6	NFA-S5	H-NS7
Engaging families in nutrition education and school meals	Module 10 N1	NFA-S15	H-NS9
Nutrition education curriculum implementation	Module 2 N1	NFA-S16	H-HPE11
Farm to school activities	Module 4 N14	NFA-S14	H-NS12



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Health education taught in all grades	Module 2 CC1	NFA-S16	H-HPE8
Sequential health education curriculum consistent with standards	Module 2 CC2	NFA-S16	HPE 8, 6, 3, Assessment Manual
Culturally appropriate activities and examples	Module 2 CC5		RISE-SYS6
Professional development in health education	Module 2 CC7	HED-S4	PA-5
Essential topics on physical activity	Module 2 PA1	PEA-S9	H-HPE10
Essential topics on healthy eating	Module 2 N1	HED-S9	H-HPE11
Student opportunities to practice health skills	Module 2 CC4	HED S9	H-HPE12
Assignments encourage student interaction with family and community	Module 2 CC6	FCE-S7	
150 minutes of physical education per week	Module 3 PA1	PEA-S8	H-HPE1
Students active at least 50 percent of class time	Module 3 PA5		H-HPE4
Health-related physical fitness	Module 3 PA9		PA-4



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Licensed physical education teachers	Module 3 PA11		H-HPE7
Address special health care needs	Module 5 CHC 3	PEA-10, PEA-12	
Professional development for physical education teachers	Module 3 PA15	PEA-S4, PEA-S5	H-HPE6
Recess	Module 1 PA2	PEA-11	H-PA1
Prohibit using physical activity as punishment	Module 1 PA5	PEA-S13	H-PA6
Prohibit withholding recess as punishment	Module 1 PA6	PEA-S13	H-PA7
Professional development for classroom teachers	Module 3 PA16	SEH-S5, SEH-S6, SEH-S4	H-PA5
Promotion or support of walking and bicycling to and/or from school	Module 3 PA18	PEA-S16	H-PA3
Availability of before- and after-school physical activity opportunities	Module 3 PA19	PEA-S15	H-PA4
Availability of physical activity breaks in classrooms	Module 3 PA20	PEA-S11	H-PA2
Family engagement in physical activity	Module 10 CC6	FCE-S7	



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Access to physical activity facilities outside school hours	Module 1 PA4	PEA-S14	H-PA8
Promote community physical activities	Module 3 PA10	PEA-S15	
Fostering positive and nurturing relationships	Module 7 CC1	SEH-S23	
Positive student relationships	Module 7 CC2	SEH-S10	RISE-UPS1
Professional development on meeting diverse needs of students	Module 7 CC3	SEH-S4	RISE-SYS5
Collaboration to promote social and emotional learning	Module 7 CC4	SEH-S7	RISE-SYS1
School-wide social and emotional learning	Module 7 CC5	SEH-S1	RISE-UPS3
Prevent harassment and bullying	Module 7 CC7	SEH-S10	RISE-UPS8
Active supervision	Module 7 CC8		RISE-UPS7
Engaging all students	Module 7 CC9	SEH-S2	RISE-UPS2
Collaboration between school nutrition services staff members and teachers	Module 4 N9	NFA-S1	
Health services provided by a full-time nurse	Module 5 CC1	SHS-S1	H-PO5



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School nurse collaborates with other school staff members	Module 5 CC4	SHS-S6	
Counseling, psychological and social services provided by a full time counselor, social worker and/or psychologist	Module 6 CC1	SHS-S9	H-PO6
School counselor collaborates with other school staff members	Module 6 CC3	SHS-S6	
Programs for staff members on physical activity/fitness	Module 9 PA1	SWB-S12	H-EW2
Programs for staff members on healthy eating/weight management	Module 9 N1	SWB-S3	H-EW3
All foods served and sold to staff meet the USDA's Smart Snacks in school nutrition standards	Module 9 N2	LWP-S4	H-EW6
Modeling healthy eating and physical behaviors	Module 9 N3, Module 9 PA2	PEA-S1	
Stress management programs for staff	Module 9 CC4	SWB-S9	H-EW5
Communication with families	Module 10 CC1	FCE-S9	RISE-COL3



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Family engagement in school decision making	Module 10 CC3	FSC-S8	H-PO8
Family volunteers	Module 10 CC4	SCE-S7	
Professional development on family engagement strategies	Module 10 CC7	FCE S5	RISE-COL3
Student and family involvement in the school meal programs and other foods and beverages sold, served, and offered on school campus	Module 10 N1	SHS-S12	RISE-COL1, RISE-COL-2, RISE-COL-5
Family involvement in learning at home	Module 10 CC5	FCE-S7	RISE-COL 1
School health updates for families	Module 10 CC9	FCE-S9	
Community involvement in school decision making	Module 11 CC1	FCE-S1	RISE-COL5
Community involvement in school health initiatives	Module 11 CC3	FCE-S1	H-PO9