



LOUISE WILSON, MS, BSN, RN, NCSN

# School Nurse Update

#4 10/8/19

IN THIS ISSUE

Happy Autumn!

Though I no longer keep track of such things as the 15<sup>th</sup>, 25<sup>th</sup> and 30<sup>th</sup> day of school, I am aware that many school nurses are in the midst of promoting and tracking immunization compliance. When you get to the 40<sup>th</sup> school day and need to complete the **Report to the Local Health Department** the link to the new RedCap online survey is found on page one of the online immunization booklet. Here is the direct link in case you want to bookmark it now: <https://redcap.wisconsin.gov/surveys/?s=KJMKTL7XW>. The Department of [Health Services website on immunizations](#) has an abundance of resources. I found this [tips for completing the online assessment](#) <https://www.dhs.wisconsin.gov/publications/p02471.pdf>. Individuals completing the survey may first want to collect and organize immunization compliance information on form F-04002 (found in the booklet) and then transfer it to the online report.

I am a member of the American Academy of Pediatricians' Council on School Health (AAP) (COSH). I noted in the monthly newsletter that **AAP COSH** has **several policy statements of interest to school nurses**. Click [here](#) to view all active policy statements. In this Update, I have included other resources I discovered via my association with the AAP COSH. Joining the Council on School Health was my answer to Martha Dewey Bergren's challenge at the 2019 WASN conference to expand my professional boundaries. In PRACTICE POINTS I offer another idea for boundary expansion.

The **Juvenile Diabetes Research Foundation (JDRF)** is offering a free, educational event on **Saturday, October 26th** that may be of interest to **families** in your district currently managing life with type one diabetes (T1D). More information is in this Update.

I am looking forward to the **New School Nurse Orientation October 17-18<sup>th</sup>**. Note **registration will close October 10<sup>th</sup>**. This is an exciting opportunity to welcome nurses new to the specialty of school nursing, provide some targeted professional development, create networking opportunities, and help develop necessary support systems!

**Immunization Report Links**  
**Mental Health Resources for Districts**  
**MN School Nurses in the News**  
**How To Educate Students About Vaping Risks**  
**Pediatricians Tackle Attendance**  
**OCD Kids Movie Schedule**  
**PRACTICE POINTS- School Counselor/School Nurse Collaboration to Address Student Mental Health**

## SAVE THE DATE

**DPI New School Nurse Orientation- October 17-18, 2019 Stevens Point Holiday Inn**  
[Registration now open!](#)

**Wisconsin Association of School Nurses Annual Conference – Chula Vista Wisconsin Dells April 20-22, 2020.**



## Advancing Comprehensive School Mental Health Systems: Guidance From the Field

A national team of mental health, health and education leaders, including the National Center for School Mental Health, released a new resource that calls for:

- Offering comprehensive mental health services and resources in a place that's already central to the lives of children and families: schools
- Taking a public health approach to school mental health by focusing on prevention and early identification of mental health and substance abuse concerns, not just treatment of them

The insights offered in Advancing Comprehensive School Mental Health Systems: Guidance From the Field are designed to promote positive school climate and safety, strengthen social and emotional learning, and foster mental health and general well-being, while reducing the prevalence and severity of mental illness. The report also conveys the urgent need to act now to ensure that integrating comprehensive school mental health systems into all U.S. schools becomes standard practice. The *Advancing Comprehensive School Mental Health Systems: Guidance From the Field* is available at [www.schoolmentalhealth.org/AdvancingCSMHS](http://www.schoolmentalhealth.org/AdvancingCSMHS)

The Wisconsin Department of Public Instruction contributed to this guidance.

## DPI News

State Superintendent Carolyn Stanford Taylor proclaimed October as Keeping Kids Safe Online Month in Wisconsin.

Additional information is available in the news release, <https://dpi.wi.gov/news/releases/2019/stanford-taylor-proclaims-october-keeping-kids-safe-online-month>.

Please direct questions and comments about this news release to the DPI Media Inquiries channels, (608) 266-3559, [media.inquiries@dpi.wi.gov](mailto:media.inquiries@dpi.wi.gov). These are monitored every business day.

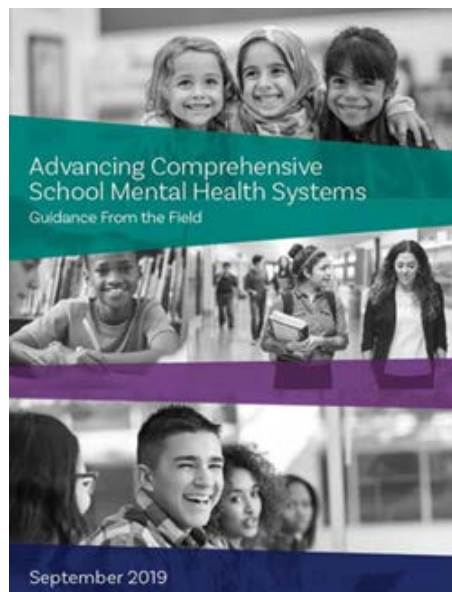
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Four additional dates for 'School SBIRT Booster' have been added to the WISH website. See the attached flyer.

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## School-Based Suicide Prevention Training

The October 25, 2019 training at CESA #4 is seeking more participants. See flyer for more information and other dates.





### Communicable Disease Update Webinar Series

Next webinar: Tuesday, October 15, 1–2 p.m. (Please note this is the third Tuesday of October, not the second.)

[Join the webinar.](#) (No registration is required to attend.)

#### Topic: Influenza Updates

This webinar will include a review of the unusual 2018–19 flu season and updates for the 2019–20 flu season.

#### Presenter:

Tom Haupt, M.S., Influenza Surveillance Coordinator

### Department of Health Services Teams with the Milwaukee Brewers to Promote Immunizations

#### *Catchers Yasmani Grandal and Manny Pina star in Spanish language public service announcements*

The Wisconsin Department of Health Services (DHS) is excited to announce that it has partnered with the Milwaukee Brewers Community Foundation to [promote immunizations](#) through public service announcements (PSA's) recorded in Spanish by Brewers' catchers Yasmani Grandal and Manny Pina.

In the sixty-second PSA's, Grandal and Pina talk about importance of protecting your family by having them vaccinated against diseases like measles, mumps, whooping cough, and others.

[View the entire news release.](#)

[Comunicado de prensa en Espanol.](#)

### CDC Letter to Health Care Providers: Measles Elimination in the U.S.

[A letter](#) from Dr. Redfield, Centers for Disease Control and Prevention (CDC) Director, and Dr. Butler, CDC Deputy Director for Infectious Disease, was sent to state health officers describing the current measles elimination status in the U.S.

#### **School Nurses in the News!**

##### **Minnesota's school nurses now are facing a growing workload**

HOWARD LAKE, Minn. – It's only 10:30 a.m. when Jolie Holland pulls up to the fourth school she'll visit for the day. She's already driven more than 20 miles across Wright and McLeod counties, stopping to care for some of the 1,750 students for whom she is the lone school nurse. The job has evolved beyond scrapes and nosebleeds. [Read more...](#)

### **News from the National Association of School Nurses...**

Please save the date for NASN2020, the National Association of School Nurses 52nd Annual Conference. *A Seat at the Table: Winning Together for Student Health*  
June 30 - July 3, 2020 (preconference June 29, 2020)  
The Cosmopolitan of Las Vegas

NASN has once again developed an Annual Conference Justification Toolkit. You can use this toolkit to begin planning to attend NASN2020 next summer. The toolkit includes event details and attendance rationale you can share with your employer. Keep checking out the [NASN2020 website](#) for more details.

**Effective immediately, a Social Security number is no longer required to use a VSP Eyes of Hope® gift certificate. This will simplify and increase access to vision care for students in need.**

The VSP Eyes of Hope gift certificates have been redesigned to reflect this change. Gift certificates will now include a pre-populated Patient ID that VSP network doctors will use to process claims; the partner instructions on the front have been updated accordingly and should be reviewed before distributing each gift certificate.

If you possess the old gift certificate design that includes the SSN field, those may be used until they expire. Your members can call VSP at 1.800.877.7195 before distributing to receive a unique Patient ID to transcribe into the SSN field for recipients who do not have or do not want to share a SSN.

### **Federal Partners Release a NEW Guide on the Role of Districts in Developing High-Quality School Emergency Operations Plans**

The Readiness and Emergency Management for Schools (REMS) Technical Assistance (TA) Center is pleased to offer a NEW guide to support administrators, educators and planning teams at schools and school districts in developing high-quality school emergency operations



plans (EOPs). Core planning teams within school districts can use this guide to inform the development of local policies and procedures related to school EOP development.

To further support the EOP development process for schools and districts, ED's Office of Safe and Supportive Schools (OSSS), with representatives from the U.S. Department of Health and Human Services, U.S. Department of Homeland Security, and the U.S. Department of Justice created [The Role of Districts in Developing High-Quality School Emergency Operations Plans: A Companion to the School Guide](#) (the *District Guide*). The *District Guide* serves as a complement to the *Guide for Developing High-Quality School Emergency Operations Plans* (School Guide) and provides information that can assist school districts in fulfilling both their individual and shared emergency planning responsibilities in all-hazards school EOP development.

Specifically, the [District Guide](#) complements the earlier [School Guide](#) by recommending specific roles and responsibilities for district-level administrators and staffs. Districts' responsibilities include the following:

- Coordinating with schools and community partners to make EOPs a collaborative effort and help ensure integration with district, local, or regional, state, tribal, and federal agency EOPs
- Laying out planning parameters for use by schools throughout the entire district
- Supporting schools at each step as they develop EOPs that address all types of emergencies and are tailored to fit each school's individual needs

It also contains a checklist of activities and responsibilities for districts that allows them to stay on course and track their progress. Visit the Website to access the full [District Guide](#).

## More from COSH:

### Back-to-School Toolkit from Mental Health America

The Mental Health America have created a [toolkit](#) that can help make sure students have the support they need to start the school year off right. The toolkit includes information on preventing suicidal ideation, recognizing anxiety and depression, and understanding trauma in the school setting.

### Using Chronic Absence Data to Improve Conditions for Learning

Attendance Works has announced the release of their September Brief, [Using Chronic Absence Data to Improve Conditions for Learning](#). Drawing on the expertise of Attendance Works and American Institutes for Research (AIR), the new report underscores how education leaders, community partners and policymakers can use chronic absence data to create positive conditions for learning for students and teachers, and at the same time address educational inequities. Case studies from the state of Georgia and the Cleveland Metropolitan School District help to illustrate how chronic absence and conditions for learning can be addressed through comprehensive, data informed actions.

### New Resource to Address Diabetes in Elementary School-Aged Children

What does connecting health centers with schools make possible for children at risk of Type 2 diabetes (T2DM)? To find out, take a look at [Addressing Diabetes Factors in Elementary School-Aged Children Through School and Community Partnerships](#), a new resource developed by the School-Based Health Alliance in collaboration with the National Nurse-Led Care Consortium. Health centers, in collaboration with schools and other community partners, can play a powerful role in performing appropriate screening, prevention, and management of elementary-aged children with obesity and other pre-diabetic indicators. This resource highlights techniques that health centers (such as Federally Qualified Health Centers) can use to enhance these efforts through school partnerships. In it, you'll find a multi-component strategy for school and community collaboration and best practices for screening and assessing elementary school-aged children for risk of diabetes once your partnership(s) launches.

### How To Educate Students About Vaping Risks

"Much of e-cigarette marketing has targeted youths by emphasizing flavors appealing to teenagers, and data shows the efforts are working as the percentage of youth vaping ticks upward. This blog post includes tips to help educate students about the risks, such as avoiding lectures and showing them the deceptive techniques being used to hook them." (ASCD SmartBrief) [Read More](#)

### Girls Suffering A Concussion While Playing School Sports May Be More Likely Than Boys to Delay Seeking Specialty Medical Care, Researchers Say

[HealthDay](#) (9/25) reports, "Girls who suffer a concussion while playing school sports are more likely than boys to delay seeking specialty medical care, which can worsen their symptoms and prolong recovery," research indicated. Included in the study were "192 athletes between the ages of seven and 18." The [findings](#) were published in the Clinical Journal of Sports Medicine." (AAP Daily Briefing) [Read More](#)



### School Nurses Call Us to Action to Address Gun Violence

Every day school nurses enter our nation's schools ready to care for and serve 55 million children. Each day they wonder if their school will be next – next in the line of fire. They ask themselves: "If not now, then when?" [Read more...](#)

### Unique 'Signatures' in Baby Teeth Identify Autism, ADHD

Metabolic "signatures" in baby teeth can distinguish attention deficit hyperactivity disorder (ADHD) from autism spectrum disorder (ASD) as well as cases in which both neurodevelopmental disorders are present, preliminary research suggests. [Read more...](#)

### Plain Water Better Than Hand Sanitizer for Influenza A

Simple handwashing — even without soap — is more effective than many hand disinfectants for killing influenza A virus (IAV) in typical clinical situations, new data show. [Read more...](#)



### Study Compares Attendance, Outcomes in Grades 6-8

"Researchers studying absenteeism and lower achievement in middle school did not find a strong link between the two, according to the **Madison Education Partnership in Wisconsin**, which examined records for sixth-through eighth-grade students. Missing school affects outcomes to some degree, but officials say other factors -- including prior school achievement -- seem to have a stronger link." (ASCD SmartBrief) [Read More](#)

### 30th Annual Children Come First Conference

**Nov 11 -12, 2019**

Glacier Canyon Lodge at the Wilderness Resort,  
Wisconsin Dells

*The Children Come First Conference is for those caring for, working with, or interested in the well-being of children and youth with social, emotional or behavioral challenges. **The Children Come First Conference is presented by Wisconsin Family Ties**, [www.wifamilyties.org](http://www.wifamilyties.org)*

Featuring 2019 Keynote Speakers:

#### **Mona Delahooke, PhD**

Dr. Delahooke is a nationally-known psychologist and best-selling author of the book, *Social and Emotional Development in Early Intervention: A Skills Guide for Working with Children*. She has over 25 years of experience working with, and caring for, young children and their families. In her private practice she consults with parents, school districts, preschools and regional centers in the areas of screening, assessments, intervention and support for families with young children.

#### **David Romano MSW, LPCC**

David has been a mental health advocate for over 25 years. In his work as an Active Minds speaker and advocate, he has collaborated with many organizations. David lives with depression and experienced the lows of self-injury and depression in high school. He has committed his life to letting others know it isn't a weakness to ask for help. David encourages audiences to support each other and eliminate the stigma attached to mental illness.

54 Workshops in all - For a complete list of all workshops, descriptions and to register go to the Conference website:

[www.ccfconference.org](http://www.ccfconference.org)

or

Direct registration link:

[CCF Registration](#)



### Wisconsin TypeOneNation Summit

**Saturday, October 26, 2019 | 9:00am – 3:00pm**

**Italian Community Center**

**631 E. Chicago Street | Milwaukee, WI**

Attendees will enjoy a full day of inspirational and educational activities led by national and local experts to help them and their loved ones better manage life with T1D.

- Hear the latest research advances and progress toward treating, preventing and curing type one diabetes.
- Customize the day to fit your needs, selecting from informative breakout sessions on a variety of topics including nutrition, exercise, health insurance, adjusting to life with T1D, T1D basics for caregivers, managing diabetes at school and more.
- Connect with others in the T1D community and attend the vendor fair.
- Kids will enjoy age-appropriate activities in the Kid's Zone, monitored by volunteer medical professionals at all times.

More Information at:

<https://www.jdrf.org/sewi/events/wisconsin-typeonenation-summit/>.

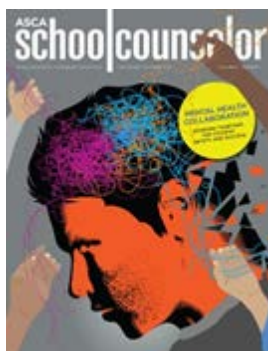
## New AAP Clinical Report - School-Aged Children Who Are Not Progressing Academically: Considerations for Pediatricians

With growing numbers of children affected by complex and chronic conditions that can affect learning, the American Academy of Pediatrics (AAP) highlights ways a student's health and well-being can impact educational achievement--and how physicians can help patients struggling at school. The new Clinical Report titled "[School-Aged Children Who Are Not Progressing Academically: Considerations for Pediatricians](#)" is coauthored by the Committee on Psychosocial Aspects of Child and Family Health and the Section on Developmental and Behavioral Pediatrics.

Additional information can be found at the following links:

- [News release](#)
- [AAP News article](#)
- HealthyChildren.org articles
  - [What to Do If Your Child is Falling Behind in School Should My Child Repeat a Grade?](#)

## PRACTICE POINTS



*Ideally positioned to support school counselors, school nurses are a practical ally in addressing students' social/emotional, as well as physical, health.*

Article by Robin Cogan RN and Jeanne Kiefner, RN, NJ- CSN

ASCA School Counselor Volume 57 September/October 2019

Many of the articles in this Update relate to student mental health. It is widely recognized that social, emotional, and physical health deficits and other persistent barriers to learning must be addressed if students are to benefit appropriately from their education. I have frequently discussed the role of the school nurse as a mental health provider and encouraged school nurses to embrace this role. If you are not completely comfortable in this role consider increasing your comfort and skill level as this year's professional practice goal (PPG). One resource for professional development is the *School -Based Suicide Prevention Training* offered by the DPI. (See **DPI News** and flyer.)

In addition to the key role school nurses play in promoting health and helping specific students with physical health problems, school nurses have always been called upon to deal with psychosocial and mental health concerns. Emerging trends require that school nurses and all pupil service personnel continue to expand their roles in advocating and facilitating systemic reforms so that they can be more effective in addressing barriers to student learning and promoting healthy development (Center for Mental Health in Schools at UCLA).

On the National Association of School Nurse's (NASN) membership online discussion list, a school nurse shared an article given to her by her school counselor colleague. Due to copyright laws, I am unable to share the copy broadly in this Update, but would encourage school nurses to seek out their school counselor colleagues and request the school counselor obtain, and then share the article. The school counselor can obtain a copy of the article from the American School Counselor Association (ASCA) (if they are a member). The specific journal information is listed above. This article discusses the benefits when school counselors and school nurses collaborate in an intentional way.

Despite the range of knowledge and skills school nurses bring to a school setting school nurses usually are only able to see a small proportion of the many students, families, and school staff who could benefit from their efforts. I am intrigued that there is an article in an ASCA publication. The article written by school nurses points out that all students can benefit from collaboration, not only those students dealing with stress and anxiety. I view the article as an opportunity for school nurses to engage in conversations with school counselors and other pupil services staff regarding our expert assessment skills and how our roles are complementary when we function collaboratively to support student learning. Ask for a copy of the article and start that collaboration conversation!

\*Center for Mental Health in Schools at UCLA. (2012). Mental Health in School: New Roles for School Nurses. Retrieved <http://smhp.psych.ucla.edu/>

School Nurse Webpage: <https://dpi.wi.gov/pupil-services/school-nurse>

To join the School Nurse Email List and receive school nursing updates and information send an email to [join-schoolnurse@lists.dpi.wi.gov](mailto:join-schoolnurse@lists.dpi.wi.gov)







## DATES/LOCATIONS/TIMES

Workshop 8:30 am-3:30 pm  
Registration 8:00-8:30 am

### ■ October 25, 2019

CESA #4, 923 East Garland Street  
West Salem, WI 54669

**Contact:** Carol Zabel, CESA #10  
(715) 720-2145; czabel@cesa10.org

### ■ March 12, 2020

CESA #8, 223 W. Park Street  
Gillett, WI 54124

**Contact:** Christine Kleiman, CESA #7  
(920) 617-5645; ckleiman@cesa7.org

#### **Audience:**

Pupil Services Staff, Health Educators, Administrators, and others concerned about youth suicide

**Cost:** \$50.00 per person  
(School teams are encouraged)  
Includes Continental Breakfast, Lunch, and Snack

#### **Send payment to:**

CESA #4  
923 East Garland Street  
West Salem, WI 54669  
ATTN: Mary Devine

PLEASE include and clearly define:  
Participant name, exact name of workshop, and date, with all checks or purchase orders. Thank you!

#### **Registration Information:**

Contact Mary Devine  
CESA #4  
[mdevine@cesa4.org](mailto:mdevine@cesa4.org)  
(800) 514-3075



# School-Based Suicide Prevention Training

## NEW! Updated Curriculum

### Presented by Wisconsin DPI Educational Consultants

Among Wisconsin youth, suicide is the second leading cause of death and accounts for almost 1 in 5 of all deaths. State law requires school districts to provide specific classroom instruction in youth suicide prevention and to annually notify staff about the Department of Public Instruction's resources. The workshop helps participants understand the scope of youth suicide and what schools can do to reduce suicidal acts and thoughts among students. Participants learn about the prevalence of youth suicide, risk and protective factors, comprehensive prevention programs, and crisis intervention.

This workshop is not intended to train all school staff, but prepares teams of pupil services staff, health educators, and administrators to plan, prevent, and intervene at their schools. Action planning is integrated into all phases of the training program. A model workshop for all school staff is provided. **Attendees are encouraged to bring their suicide crisis response plans for discussion and revision.**

Participants will:

- Understand the prevalence of youth suicide
- Discuss legal requirements
- Gain knowledge and skills to improve classroom instruction at the middle and high school level
- Create a local action plan based on a 3-tiered prevention and intervention model to reduce suicide among youth

#### **Online Registration: October 25, 2019—West Salem:**

<https://login.myquickreg.com/register/event/event.cfm?eventid=23908>

#### **Online Registration: March 12, 2020—Gillett:**

<https://login.myquickreg.com/register/event/event.cfm?eventid=23955>

#### **Link to the new, updated curriculum:**

<https://dpi.wi.gov/sspw/mental-health/youth-suicide-prevention/student-programs/curriculum>

#### **See the DPI website for more info:**

<https://dpi.wi.gov/sspw/mental-health/youth-suicide-prevention>



# School SBIRT BOOSTER

## (Screening, Brief Intervention, and Referral to Treatment)

This Booster training is designed for school teams or individuals who have attended School SBIRT training in the past and are looking to review motivational interviewing (MI) skills, restart implementation plans, and refocus and motivate teams to implement School SBIRT.

The purpose of this training is to:

- Review the spirit of MI, Four Processes, MI core skills of Open-ended questions, Affirmations, Reflective Listening, and Summaries (OARS)
- Practice evoking change talk and softening sustain talk
- Review and practice the School SBIRT protocol
- Reestablish clear goals/plans to improve school-wide implementation and data collection
- Identify challenges in the implementation plan and develop solutions to these challenges by networking with other schools

### Register Online:

■ Chippewa Falls—October 28, 2019

<https://login.myquickreg.com/register/event/event.cfm?eventid=24697>

■ Whitewater—November 5, 2019

<https://login.myquickreg.com/register/event/event.cfm?eventid=24699>

■ Green Bay—November 25, 2019

<https://login.myquickreg.com/register/event/event.cfm?eventid=24700>

■ Pewaukee—November 26, 2019

<https://login.myquickreg.com/register/event/event.cfm?eventid=24701>

### DATES/LOCATIONS:

■ **October 28, 2019;** 10:00 am-2:00 pm

CESA #10, 725 West Park Avenue  
Chippewa Falls, WI 54729

**Contact:** Carol Zabel, CESA #10  
(715) 720-2145; [czabel@cesa10.org](mailto:czabel@cesa10.org)

■ **November 5, 2019;** 9:00 am-12:00 pm

CESA #2, 1221 Innovation Drive, Suite 205  
Whitewater, WI 53190

**Contact:** Jackie Schoening, CESA #6  
(920) 236-0515; [jschoening@cesa6.org](mailto:jschoening@cesa6.org)

■ **November 25, 2019;** 9:00 am-12:00 pm

CESA #7, 595 Baeten Road  
Green Bay, WI 54304

**Contact:** Christine Kleiman, CESA #7  
(920) 617-5645; [ckleiman@cesa7.org](mailto:ckleiman@cesa7.org)

■ **November 26, 2019;** 9:00 am-12:00 pm

CESA #1, N25 W23131 Paul Road, Suite 100  
Pewaukee, WI 53072

**Contact:** Christine Kleiman, CESA #7  
(920) 617-5645; [ckleiman@cesa7.org](mailto:ckleiman@cesa7.org)

**Fee:** Free of charge

**Payable to:** CESA #4

**Send Payment to:** CESA #4  
ATTN: Mary Devine

923 East Garland Street,  
West Salem, WI 54669

**PLEASE include and clearly define:**

Participant name, exact name of workshop, and date, with all checks or purchase orders. Thank you!

### Workshop Questions:

Tracy Herlitzke

(608) 786-4838

[therlitzke@cesa4.org](mailto:therlitzke@cesa4.org)

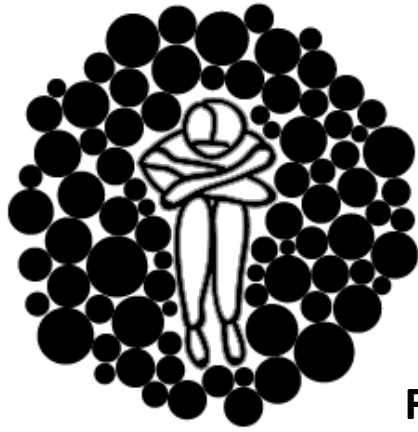
### Registration Questions:

Mary Devine

(608) 786-4800;

[mdevine@cesa4.org](mailto:mdevine@cesa4.org)





# unstuck

an OCD kids movie

**Followed by "Ask the Experts" panel discussion**

*Help for kids, families and individuals with OCD*

If you or a loved one has OCD, or you just want to know more about it, our family-friendly, therapist recommended film will help. *UNSTUCK* lets kids explain OCD and share how they learned to fight back. It offers hope to anyone dealing with OCD. Experts in the field of OCD will be on hand following the film for a question and answer session.

NEW!

## MADISON

**Tuesday, October 15, 2019, 6:30pm – 8:00pm**

Madison Public Library

201 W Mifflin Ave, Madison, WI 53703

REGISTER: [2019MadisonOCD.eventbrite.com](https://2019MadisonOCD.eventbrite.com)

## APPLETON

**Wednesday, October 16, 2019, 6:30pm – 8:00pm**

Appleton Public Library

225 N Oneida St, Appleton, WI 54911

REGISTER: [2019AppletonOCD.eventbrite.com](https://2019AppletonOCD.eventbrite.com)

## WAUKESHA

**Thursday, October 17, 2019, 6:30pm – 8:00pm**

Waukesha County Technical College

800 Main St – Richard T Anderson Center

Pewaukee, WI 53072

REGISTER: [2019WaukehsaOCD.eventbrite.com](https://2019WaukehsaOCD.eventbrite.com)



*Sponsored by OCD Wisconsin, and funded in part through a grant from the International OCD Foundation*