



LOUISE WILSON, MS, BSN, RN, NCSN

School Nurse Update

#7 11/20/18

IN THIS ISSUE

Greetings!

Last week I met with school nurses in the CESA 7 & 8 area and talked with them regarding what it means to have an evidenced-based school nursing practice. As noted in the [October 23rd DPI Update](#) PRACTICE POINTS evidenced-based practice (EBP) involves critical thinking, **knowing your audience, using your data, and prioritizing your work based on data.** I am relentlessly encouraging Wisconsin school nurses to collect data, use it to make school and district decisions, and to share that data in the Wisconsin School Health Services Survey next spring.

In order to increase participation in the voluntary survey and to reach and provide resources to all Wisconsin School Nurses I am also relentlessly creating a **data base of current school nurses.** A link to a survey was sent to Pupil Services and Special Education Directors who receive DPI communications. So far 85 out of 241 school districts have responded. I now am **asking school nurses to submit their own emails into the short survey** as a way to increase the data base. **Link to the survey:** <https://goo.gl/forms/NuA28HFo38qxmKMR2>

Are you prepared for another flu season? Test yourself on **essential core components of influenza** and refresh your knowledge of best practices with this [Fast Five Quiz: Influenza](#).

For the next several weeks or months, **the distribution of the DPI School Nurse Update may not include simultaneous posting to the DPI School Nursing webpage.** The Update will be sent out as a PDF file and later archived on the website. I appreciate your understanding with this temporary change in distribution.

Happy Thanksgiving! Enjoy time with your family and friends. Safe travels.

"The best and most beautiful things in the world cannot be seen nor even touched, but just felt in the heart" ~ Helen Keller

Building the Heart of Successful School Preconference Offerings

Epipen Auto Injectors Malfunction

Know OTC Drug Dosages

Influenza Prevention Resources from DHS

PRACTICE POINTS- Verification of Mandatory Trainings

SAVE THE DATE

Building the Heart of Successful Schools Pre - Conference and Conference - December 5-7, 2018.

[Registration open.](#)

Wisconsin Association of School Nurses Annual Conference – April 8-10, 2019
Wisconsin Dells – Room block now open!



FDA Advisory - Some EpiPen Auto-injectors May Not Readily Slide Out of Carrier Tube

FDA is alerting patients, caregivers and health care professionals that the labels attached to some EpiPen 0.3mg and EpiPen Jr 0.15mg auto-injectors, and the authorized generic versions, may block access to the auto-injector and prevent the ability to easily access the product. [Learn more about this FDA advisory.](#)



Treating Cold and Flu - Know Your Dose

With 600+ medicines containing acetaminophen, there are many opportunities for your students to accidentally double up this cold flu season. Remind your students and their families about the necessity of reading their labels when taking medicines to treat their cold and flu symptoms. Learn more at KnowYourDose.org

DPI News

Please join us for one of three full-day pre-conferences being held on December 5th as part of the Building the Heart of Successful Schools Conference. Additional information, registration, including registration for the full conference, can be found here <https://dpi.wi.gov/sspw/conference>

Best Practices in Screening for Behavioral and Mental Health

Join experts from DPI, University of Wisconsin-Madison, and school districts to discuss best practices in mental health screening. Participants will learn how to systematically implement a screening process in a way that's useful and sustainable. Topics to be addressed: types of screeners, consent, developing a referral pathway, teacher training and more! Participants are encouraged to bring existing policies and procedures around screening and referral pathway. If you are new to the topic, DPI will provide various planning materials so that you will leave with next steps to bring back to your team.

6th Annual Healthier Schools Workshop

The task of building school wellness doesn't have to be overwhelming. This workshop offers success stories, resources, strategies, and the opportunity to network and collaborate in order to build your capacity to help students reach their maximum academic potential. Highlights of the workshop include how to identify your assets, various avenues to leverage funds, Wisconsin School Health Award updates, learning more about the multitude of national, state, and local resources available. Our feature presenter, Holly Hunt, Branch Chief, CDC School Health Branch, will guide our understanding of how to utilize the Whole School, Whole Community, Whole Child approach to our advantage.

Compassion Resilience Training of Trainers (Nearly Full)

The CR Toolkit is a flexibly implemented set of resources to build awareness of compassion fatigue and strategies to increase compassion resilience in all staff from a system and individual perspective. This pre-conference will prepare you to share the information, activities and resources from the toolkit with staff in your school who work with youth and families who face complex challenges. The toolkit invites adults in schools to understand, recognize, and minimize the experience of compassion fatigue and to increase compassion resilience perspectives and skills.



Wisconsin Immunization Registry (WIR) New Password Requirements

Beginning November 30, 2018, WIR will be implementing new password requirements. In preparation for this change, WIR recommends that you change your password to meet these new requirements by Nov. 29, 2018, to avoid being locked out of the system.

New password requirements include:

- A minimum of nine characters
- At least one numeric (number) character
- At least one special character (for example, !\$&*)
- Must contain a mix of upper and lower case characters

If you have any questions regarding these new requirements, please, email the WIR Help Desk at DHSWIRHelp@wisconsin.gov.

New! Influenza Disease and Vaccine Flyers

The Bureau of Communicable Disease has created new influenza fact sheets for the 2018/2019 season. The fact sheets will be translated into Spanish and Hmong in the coming weeks.

[Don't miss any of these events](#)-Teens

[Not much gets done in a meeting of one](#)-Lonely teddy bear; protect yourself and those around you

[Not much gets done in a meeting of one](#)-Lonely teddy bear; protect yourself and your coworkers

[No one wants to get sick with the flu](#)-Cartoon girl sick in bed

[Only 1 in 3 adults got the flu vaccine](#)-Young adults

[School is too much fun to miss](#)-Young children in school

[Don't let flu slow you down](#)-Adult snowshoeing

[Don't let flu slow you down](#)-Adults hiking

[Is it the flu, a cold, or whooping cough](#)-A table listing symptoms



News from NASN...

Learn How to Strengthen Your School Nurse and Principal Relationships

NASN is now offering the recording of their NASN2018 conference sectional [*The Principal and the School Nurse: Building a Culture of Health*](#). This presentation provides a closer look into the school nurse and school principal professional working relationship. Learn the strategies needed to build and sustain a collaborative working relationship, learn conflict resolutions tips, and ways to develop an interdisciplinary approach to student health that will positively impact your school community. I attended this session at the NASN2018 conference and highly recommend it. Very informative and enjoyable!

Quality of Life in School-Age Children with Obesity Study

The purpose of the study was two-fold: to describe the self-reported physical and psychosocial quality of life of 37 school-age children living with severe obesity and having difficulty managing their illness; and to examine the descriptive comments of school nurses providing case management to these students.

School nurses' descriptive comments support physical and psychosocial health concerns reflected by quality-of-life scores, and demonstrate the key role of the school nurse in assessing the needs of students living with severe obesity. Comments by school nurses suggest a holistic approach, including environmental and psychosocial interventions might be the most effective strategy for nurses and other professionals working with school-age children with obesity. [Read more...](#)

CDC Healthy Schools Highlights

Students should have access to healthy food choices during the school day and messages that reinforce these choices. CDC recommends that schools offer and promote healthy food and beverage options in all areas of the school. Visit our [Multimedia](#) page to add this web badge to your site. It links to childhood nutrition facts, benefits of healthy eating, and information on diet and academic performance.



The **National Association of Chronic Disease Directors** has released [*Healthy School, Healthy Staff, Healthy Students: A Guide to Improving School Employee Wellness*](#). This new resource assists school districts and schools in establishing or enhancing an employee wellness initiative. The guide provides a step-by-step process that districts and schools can use to develop an employee wellness initiative that fits their unique needs. It includes worksheets, templates, and resources as well as real-world examples from school districts that have successfully worked to improve employee wellness.

Epilepsy can occur at any age and currently affects about 460,000 children younger than age 18 in the United States. For **National Epilepsy Awareness Month**, visit BAM! Body and Mind's [epilepsy page](#) to learn about facts, first aid, and how to deal with stigma and bullying.

Carroll University is looking to add a part-time nurse to the United Community Center schools. Below is a link to the job positing.

<https://www.carrollu.edu/employment/pdf/support-staff/carrollu-1819-038-school-nurse-part-time.pdf>

PRACTICE POINTS



The Department of Public Instruction has several online instruction modules. Many of the modules are on topics that are required for school district employees to view. A list of these required trainings is found at <https://dpi.wi.gov/sspw/required-trainings>

I often get requests from school nurses and district staff to “look up” their training records, particularly related to bloodborne pathogens and medication administration. Inquirers are disappointed to learn that DPI does not have the capacity to readily track or retrieve this information. Because of the high volume of such requests to all the different consultants at the DPI and the IT department itself, the following messaging is being distributed.

BEFORE YOU BEGIN

- *Make sure you know where to send your confirmation email (for example, to a supervisor, a principal, or Human Resources.) Your school should provide instructions for where to send your email.*
- *Keep a copy of your confirmation email as proof of training completion. If you transfer to a different school district within 5 years of taking the training, this email will serve as your proof of completion.*
- *DPI is not responsible for keeping or maintaining records of course completion. This responsibility lies with the school district. Please do not send your confirmation email to DPI.*
- *It may take 10-14 business days to receive your confirmation email.*

IMPORTANT NOTE

Due to the high volume of users taking this course, it may take 10-14 business days to receive your confirmation email. If you do not receive a confirmation email within 10-14 business days, please do the following:

- *Check spam/junk email folders.*
- *Ensure all email addresses are spelled correctly.*
- *Separate multiple email addresses with commas (not spaces, periods, or semicolons.)*
- *Retake the training and submit the form again.*

School nurses are encouraged to reinforce with any staff for whom they are responsible to collect completion verification, that the correct email address must be entered at the end of the module. I have shared with those who did not enter the correct email or did not save a copy for themselves a simple hint. If you open the module on the same computer (IP address) as the first time you took the quiz, you can jump immediately to the quiz section and simply retake the short quiz. Then carefully reenter the email address.

School Nurse Webpage: <https://dpi.wi.gov/sspw/online-services/school-nurse>

To join the School Nurse Email List and receive school nursing updates and information send an email to join-schoolnurse@lists.dpi.wi.gov



SAVE THE DATE

2019 WASN CONFERENCE

NEW LOCATION
CHULA VISTA RESORT
WISCONSIN DELLS, WI

NEW DAYS
WITH EXTENDED
CONFERENCE TIME
M-W APR 08-10

NEW NETWORKING
& SOCIAL OPPORTUNITIES

**ROOM BLOCKS
NOW OPEN**
RESERVE TODAY!
833-509-1663
BOOKING ID G50736

QUESTIONS?
MEGAN@WISCONSINNURSES.ORG

WASN