

Building Relationships Despite Challenges

Implantation Tools

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- 1) List of Needs
- 2) List of Non-Feelings
- 3) Judgmental Words
- 4) Request with and without Judgment
- 5) Empathy Activity
- 6) Fulfilled and Unfilled Needs
- 7) Empathy Blockers
- 8) Brief Lesson on Needs, Feelings and Non-Feelings
- 9) Identifying Feelings and Needs Activity