

Bullying Prevention Toolkit

Wisconsin Department of Public Instruction

Bullying Prevention Toolkit

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Overview

Define Bullying

Establish a Bullying Prevention Task Force

Reporting Procedures

Investigation Procedures

Decision Making

Acknowledgements

The following toolkit was developed by Dr. Chad Rose and the Bully Prevention Lab at the University of Missouri in collaboration with the Wisconsin Department of Public Instruction (DPI) and the Wisconsin Safe and Healthy Schools (WISH) Center.

In Wisconsin, the state statute that addresses bullying, Wis. Stat. sec. 118.46, requires two things of public school districts: that they have an anti-bullying policy and that they share that policy with students and caregivers annually.

The state statute does not:

- Require districts to respond in a particular manner
- Require districts to implement bullying prevention curriculum or activities
- Provide authority to DPI to monitor or intervene on bullying reports and concerns
- Provide for a state-level complaint process

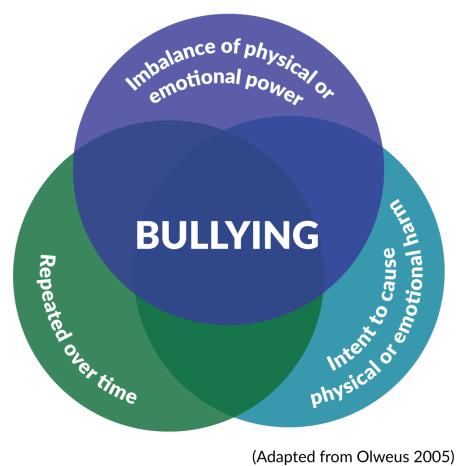
The Department of Public Instruction does not mandate the use of the *Bullying Prevention Toolkit*. The following resource exists only to provide guidance to districts.

Step 1: Define Bullying

OPERATIONAL DEFINITION

The Centers for Disease Control defines bullying as "any unwanted aggressive behavior(s) by another youth or group of youths, who are not siblings or current dating partners, that involves an observed or perceived power imbalance and is repeated multiple times or is highly likely to be repeated. Bullying may inflict harm or distress on the targeted youth including physical, psychological, social, or educational harm" (Gladden et al., 2014, p. 7).

THREE CONSISTENT COMPONENTS OF BULLYING:



(Adapted from Olweus 2005)

1. Imbalance of Physical or Emotional Power

- **Physical Capital** refers to the physical size or strength differential between a student who is bullied and the aggressor.
- Symbolic Capital refers to the items and belongings, typically sought after or favored, that separate a student who is bullied and the aggressor.
- Economic Capital refers to a personal or family financial differential between a student who is bullied and the aggressor.
- Informational Capital refers to the social knowledge differential (e.g., gossip or embarrassing information) between a student who is bullied and the aggressor.
- **Cultural Capital** refers to established cultural norms within a given environment that limits a bullied student's entry into preferred social groups, while enabling the entry for the aggressor.

2. Repeated Over Time

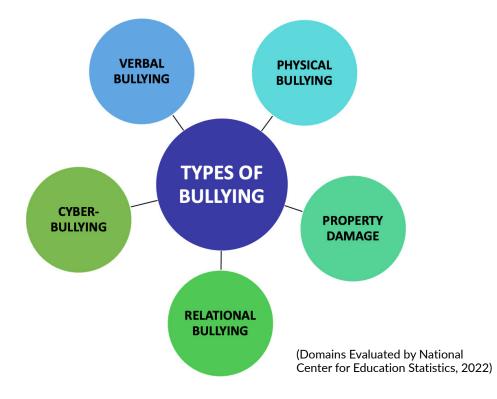
- Repetition refers to the frequency with which an individual is subject to bullying. While there is currently no rule of thumb related to a specific timeframe with which aggression must occur to be considered bullying, a few factors should be considered:
 - Repetition does NOT have to be the same form of bullying.
 - Repetition does NOT have to include the same aggressor, group of aggressors, student who was bullied, or group of students who were bullied.
 - Repetition does NOT have to occur within the same environment.

3. Intent to Cause Harm

• Bullying is a proactive form of aggression that is grounded in the intent to cause physical, emotional, or social harm.

TYPES OF BULLYING

- **Physical Bullying** involves the use of physical force (e.g., hitting, kicking, slapping, tripping, spitting) to victimize an individual or group of students.
- Verbal Bullying involves oral or written communication that causes harm to the victim including taunting, name calling, threats, offensive language or notes, and derogatory hand gestures.
- **Relational/Social Bullying** involves behaviors designed to socially exclude or damage the reputation of the victim, including rumor spreading, social isolation, ignoring, and encouraging others to not be friends with the individual.
- **Cyberbullying** involves behaviors with the intent of harming an individual through electronic means (e.g., social media, text message, gaming, mobile applications), including rumor spreading, posting compromising pictures, name calling, and encouragement of social exclusion.
- **Damage to Property** involves an aggressor intentionally damaging or stealing an individual's property with the intent of causing harm.



EXAMPLES AND NON-EXAMPLES OF BULLYING

Below you will find scenarios that are examples and non-examples of bullying involvement. These scenarios can be used to educate staff, students, and caregivers about the difference between bullying and other peer conflicts or forms of aggression. It is important to note that a nonexample of bullying may still violate school rules and expectations and, as such, may still result in a consequence or disciplinary action.

Physical Bullying

Non-example

Kevin and the rest of the third-grade class were walking down the hallway heading to recess. As they reached the end of the hallway, the students ended up taking a bathroom break before heading outside. The boys and the girls lined up on opposite sides of the hallway waiting to use the bathroom. While Kevin was standing in line, he started to fling and throw his arms around him and wasn't paying attention to who was around him. While he was doing this, he hit a student that was standing behind him in the stomach. Was this an act of bullying on Kevin's part?

Answer: No. Bullying requires intentionality, a power imbalance, and repetition of harm. While Kevin did harm the other student, this is not considered a situation in which there is a power imbalance between the two students and the harm was not intentional.

Example

Imagine a different scenario where Kevin used the bathroom breaks as a time to push that student around. The third-grade students are even afraid to go to the bathroom. Is this an example of physical bullying?

Answer: Yes. In this scenario there is a power imbalance, intention to cause harm, and repetition.

Verbal Bullying

Non-example

Mika has Tourette syndrome, which commonly causes him to shout random words, jerk his head to the side, uncontrollably flail his arms or legs, click with his tongue, or chirp loudly. Mika experiences more frequent and intense tics when he is anxious or uncomfortable. During class he yells out expletives while facing a group of students in front of him. This group of students have informed the teacher that Mika has been doing this frequently to their group. Has Mika been bullying this group of students?

Answer: No. Mika's outbursts were not done with the intention of causing physical, emotional, or social harm. This is a situation where a student exhibits uncontrollable aggressive behaviors.

Example

The same group of students who complained about Mika's frequent outbursts toward them decide to take action. Nevaeh writes a note to Mika uses expletives as well as makes a derogatory comment about his disability. Mika reads the note and instantly begins flailing his arms and jerking his head. The group of students are visibly laughing at Mika and giving Mika the middle finger when the teacher is not looking. The next day, this same group starts imitating the way Mika jerks his head and starts laughing. Mika begins to experience outbursts and yells expletives in the direction of the group of students. Is there verbal bullying happening here?

Answer: Yes. The group of students have exhibited verbal bullying. They used written communication that caused harm to Mika when writing the note. They also exhibited oral communicative bullying when laughing to taunt Mika. Lastly, there were derogatory hand gestures directed at Mika. Given that all of the above actions had intent, repetition, and an imbalance of power, the actions of the group of students toward Mika are considered verbal bullying.

Relational/Social Bullying

Non-example

Connor will do anything to be popular. He knows that Jayden is the most popular kid in high school. He decides that he is going to find a way to become more popular than Jayden. He decides to have a backyard party and invite all the kids from his class, except Jayden. He even has a famous singer attend the event. On Monday, Connor's party is the talk of the school, and all the kids are saying how he would make a great class president. Jayden is upset that he was not invited to this event and is worried he may now lose his chance of becoming the class president. Is this an example of relational/ social bullying?

Answer: No. Connor had the intention to cause harm to Jayden and excluded him. However, it must happen repeatedly and cannot be an isolated event. This is only one event that Jayden was not invited to. If Connor were to continue having events and not inviting Jayden, then it would be considered relational/social bullying.

Example

Connor now decides that he really wants to eliminate Jayden's threat of becoming popular again. So, he tells people at the party that if they want to continue to be invited to his events, then they can't be friends with Jayden. He tells them rumors about Jayden, one being that Jayden backed down from a fight with him because he was scared. When they get back to school on Monday, kids are laughing at Jayden for not being invited and being scared to fight. Connor then invites his class to an arcade next weekend for his brother's party and again, excludes Jayden. As Connor invites friends, he says loudly to Jayden, "Still scared?" Everyone starts laughing, but Jayden just walks away, angry that lies are being told about him. Is this an example of relational/social bullying?

Answer: Yes. In this scenario, all the requirements for bullying were present. There was an imbalance of power, repetition, and intention to cause harm. Repeatedly excluding someone, encouraging others not to be friends with someone, and spreading rumors are all examples of relational bullying.

Cyberbullying

Non-example

Ava is considered one of the prettiest girls on the cheerleading team. She loves posting pictures of herself and getting tons of likes from her friends. Sometimes Ava will use filters to enhance her appearance to achieve the perfect snapshot. During cheerleading practice, she takes pictures with some of the other girls on the team. She filters the photo so that she looks great but the other girls' faces look distorted. She posts the picture and gets lots of likes and comments. Many of the comments are people laughing at how the other girls look in the photo. Her teammates are upset and want the picture taken down. Are the other girls on the cheerleading team being cyberbullied?

Answer: No. Ava did not have intention or repetition. Ava's only concern was looking her best, not to make the other team members look bad. There was also no repetition in this scenario. If Ava were to continue to post unflattering pictures of her teammates with the intention to cause harm, then it can be considered cyberbullying.

Example

Ava is upset that she did not get team captain as she always had. Brianna got the position instead. Ava decides that she is going to prove she is better fit for the position by posting videos of Brianna falling and missing steps during practice. Ava posts several videos of Brianna making mistakes while cheering. Again, she gets lots of likes and comments. Is Brianna being cyberbullied?

Answer: Yes. Ava has the intention of causing harm, she is in a position of power by being popular and influential, and she has shown repetition by posting several times. Using social media to target victims is classified as cyberbullying.

Damage to Property

Non-example

Jared has been noticing that Kevin has not been playing Xbox with him anymore. Kevin acted like he did not even see Jared at lunch. Jared also saw Kevin looking sad when Jared showed off his new sneakers to the class. Then, Kevin stepped on Jared's sneakers by accident but refused to say sorry. Now, there is a huge scuff mark on Jared's new sneakers. Jared is convinced that this was no accident, and that Kevin is bullying him. Is Jared being bullied?

Answer: No. The requirement of intention is not definite in this scenario. Jared believes Kevin did it intentionally, but he was told it was by accident. It could be the case that Kevin just wanted to be rude to Jared because he was mad at him. However, even if Kevin did scuff up Jared's sneakers intentionally, there is still no repetition present in this scenario.

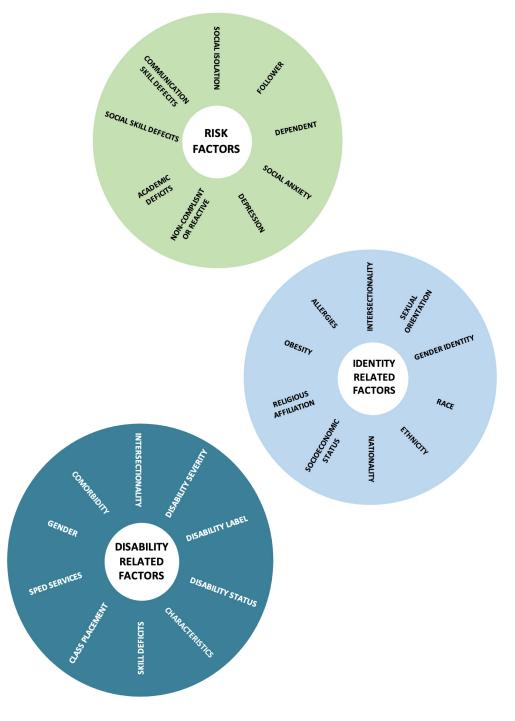
Example

Kevin now decides to wait until gym time to find Jared's sneakers. He has always wanted a pair like them, and he doesn't think it is fair that other kids have all the cool stuff. Once Jared puts his sneakers in the locker room, Kevin quickly puts them in his backpack and leaves the gym. The next day when Kevin sees Jared in the cafeteria, he sees that Jared has an even better pair of sneakers on. Kevin becomes enraged, walks over to Jared, and pours juice all over his sneakers. Was there any bullying here?

Answer: Yes. Kevin intentionally caused harm and did so with repetition. He demonstrated this both by stealing Jared's property and spilling juice on his sneakers. The intention is clear in this scenario.

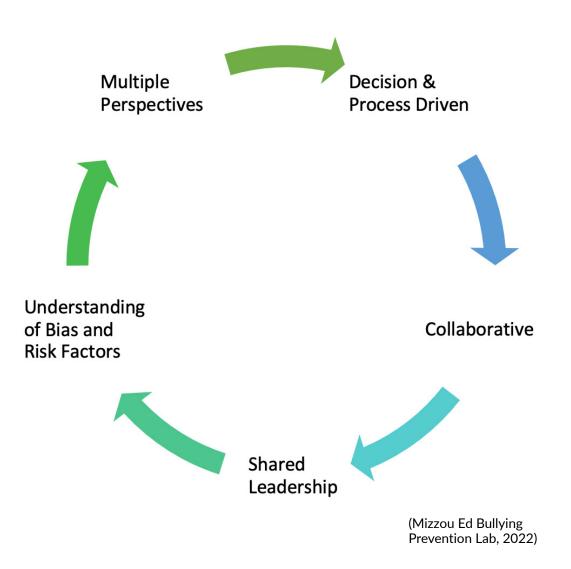
RISK FACTORS

There are individual risk, identity-related, disability-related, and intersectionality factors that can make an individual vulnerable to bullying victimization (NASEM 2016; Rose et al., 2019; Swearer et al., 2010). Being aware of these risk factors and how they may impact a student's vulnerability to bullying is important to approaching bullying prevention and response with an equity lens.



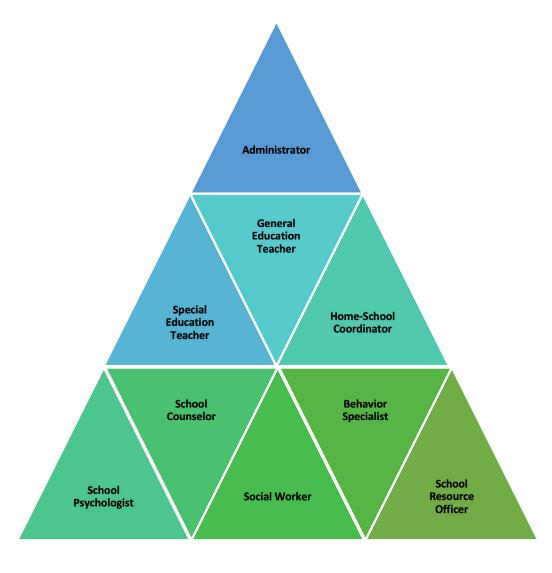
Step 2: Establish a Bullying Prevention Task Force

To prevent bullying, schools should establish a bullying prevention task force. It is recommended the task force meet frequently (i.e., bimonthly) to discuss school-wide bullying data and implement prevention strategies to promote positive school climate (Swearer et al., 2009).



Suggested Task Force Members

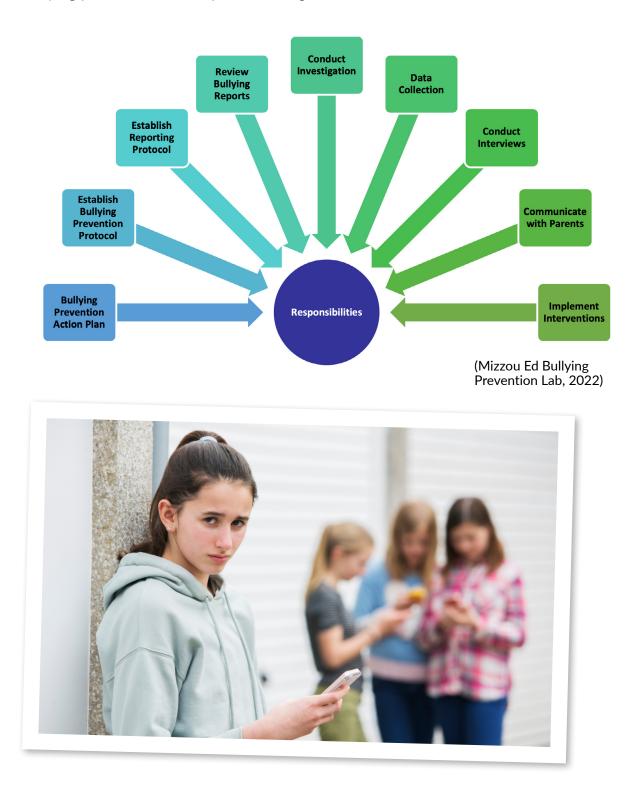
The bullying prevention task force is a collaborative team that monitors bullying reports and conducts investigations of incidents. It is recommended this team consist of staff members with specialties in different areas. An administrator should always be part of the bullying prevention task force as some tasks related to investigating bullying reports are most appropriate for an administrator to lead.



(Mizzou Ed Bullying Prevention Lab, 2022)

Responsibilities of the Bullying Prevention Task Force

The bullying prevention task force is responsible for assessing and developing bullying prevention and response strategies.



Bullying Prevention Action Plan

Establishing a bullying prevention action plan begins with the bullying prevention task force asking and answering the following preliminary questions. The bullying prevention task force may do a climate survey of staff, students, and caregivers in order to help answer these questions. Reviewing existing data, policies, and procedures is also an important step in developing a bullying prevention action plan.



(Mizzou Ed Bullying Prevention Lab, 2022)

Positive Behavioral Interventions & Supports (PBIS)

By intertwining bullying prevention into a PBIS framework, school teams can improve school climate and increase positive student outcomes. Schools should identify bullying behaviors and replace the problem behavior that is linked to a school-wide expectation. For example, schools implementing PBIS commonly adopt three to five schoolwide expectations (e.g., be safe, be respectful, and be responsible), which serve as curriculum anchors and are positively stated. Therefore, the goal is to teach socially appropriate replacement behaviors and teach students to respond more appropriately to situations. To prevent bullying behaviors, the school team should implement PBIS practices, such as:



(Lewis & Rose, 2013)

Schools can use the process below to identify bullying behaviors and replace the problem behavior that is linked to a school-wide expectation.

Identify pro-social behaviors

Bullying Behavior	Replacement Skill	Link to School-Wide Expectation

Teach bystander skills

Skill	Bystander Role	Non-Participant Role	Who Will Develop	Due Date

Supervise high-risk locations

Setting	Current Supervision	Training & Support Need	Additional Supervision Ideas

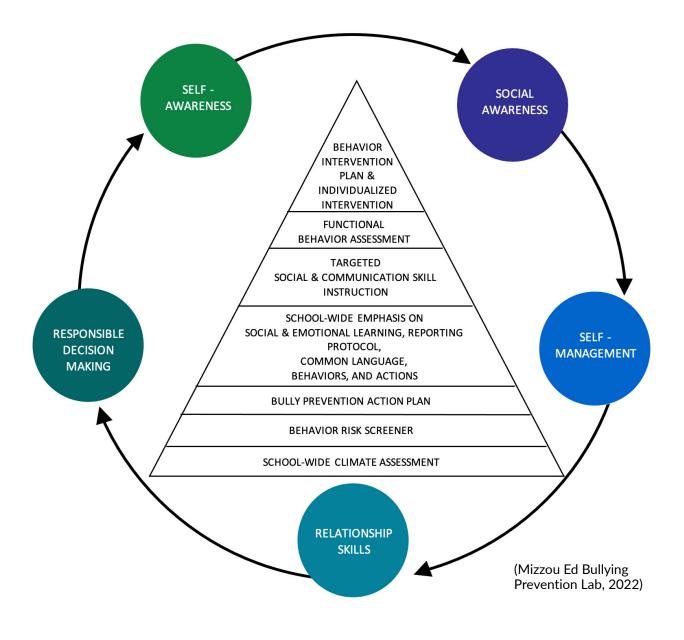
Develop an action plan

Action	Additional Information Needed	Product Outcome	Who is Responsible	Due Date	Goal and/or Objectives

(Bully Prevention Action Plan adapted from Lewis & Rose, 2013)

Social Emotional Learning for Bullying Prevention

Schools can also address bullying within a tiered social emotional learning framework, as depicted in the figure below. The foundation of the framework recommends conducting a school-wide climate assessment to assess the immediate needs of the school, conducting behavioral risk screeners to identify youth who may be at escalated risk for involvement, and thoughtfully establishing a bullying prevention action plan.



From a systems perspective, the next tier recommends implementing schoolwide interventions that encompass social and emotional learning activities that include establishing common language, behaviors, and actions and teaching social-emotional learning competencies including self-awareness, social awareness, self-management, relationship skills, and responsible decision making. Within this tier, it is also recommended that youth, caregivers, and educators are taught to use a systematic reporting protocol.

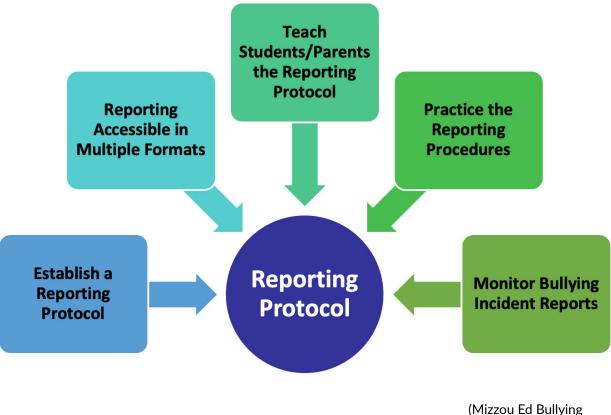
The next tier is designed to address youth who are at risk for escalated bullying involvement as identified by the behavioral risk screener, which includes implementing targeted social and communication skill instruction in small groups. Finally, for youth who experience or engage in high rates of bullying, it may be necessary to conduct a functional behavior assessment and establish individualized intervention through the use of a behavior intervention plan. These plans should be tailored to the youth's specific and individual needs, behaviors, and skills. While this approach is complex, it represents a comprehensive framework for addressing bullying for schoolaged youth within the context of social-emotional learning.

Please see the Wisconsin Department of Public Instruction's <u>SEL</u> <u>Competencies</u> to learn more about implementing a comprehensive socialemotional learning approach.



Step 3: Reporting Procedures

Schools should implement a procedure for reporting bullying behaviors within the school environment. Reporting protocols are important for managing school bullying incidents and ensuring the safety of students. Below are the essential components of establishing a reporting procedure for school bullying incidents. Persons eligible to make reports for school bullying are students, teachers, caregivers, administrators, bus drivers, school counselors/psychologists, custodians, nurses, and other school staff.



Prevention Lab, 2022)

WHO SHOULD BE TRAINED TO RECEIVE BULLYING REPORTS?

All adults in the school building should receive training on the bullying reporting protocol, including how to respond to those making a bullying report. The bullying prevention task force (including an administrator who is part of the task force) will be responsible for monitoring bullying reports. It is recommended bullying be investigated within two school days and the investigation of the incident be completed within ten school days of the initial investigation date. Once the investigation is completed by the task force and a determination is reached, all parties including the students, caregivers, other administrators, and other school personnel who have a need to know will be notified.

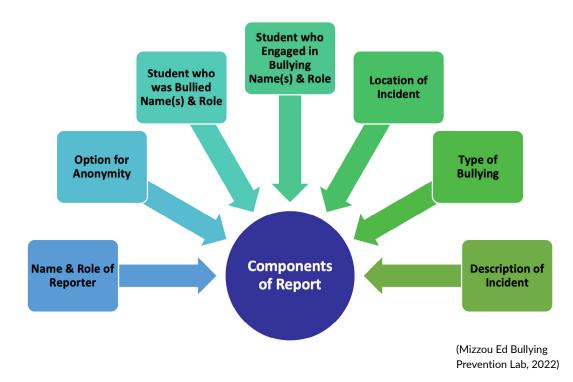
Throughout the process, student information must be kept confidential in accordance with local, state, and federal policies.

- Ensure that reports and other documentation are stored securely.
- Conduct interviews in a setting where others will not overhear.
- Do not discuss the details of the incident with anyone who does not have a legitimate educational interest in the information.
- Follow state and federal pupil records statutes in conjunction with district confidentiality policies.



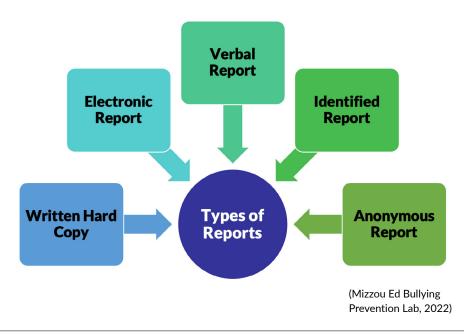
BULLYING REPORT COMPONENTS

All bullying reports must include the following components:



Types of Bullying Reports

There are multiple formats for reporting bullying incidents, the most common being self-reports (Greif & Furlong, 2006).



Example: Verbal Report

When a school staff member receives a verbal report from a student regarding a bullying incident, a short verbal report form should be completed and sent to the bullying prevention task force within two days. This report will contain information such as:

- Persons involved
- Location of the incident
- A description of the incident
- Frequency of the incident

Once reviewed by the bullying prevention task force, the normal bullying reporting protocol will apply.

Example: Identified Report

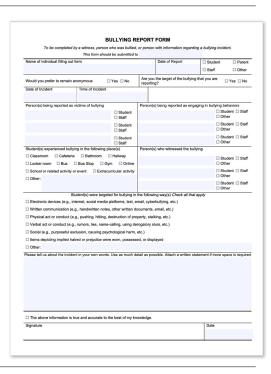
An identified report has the reporter's name. The bullying prevention task force should respond to this report within two days. If, after investigating the report, no incident of bullying is determined to have occurred, then the report can be stored (along with the investigative process actions and determination) for an amount of time consistent with the school district's policies. If bullying is determined to have occurred, then the procedural bullying action steps shall be taken.

Example: Anonymous Report

An anonymous report does not have the reporter's name or identifying information. Every effort should be made to keep the reporter's anonymity protected. There may be situations in which this is not possible, including if information is revealed that necessitates a mandatory report or if information is required to be disclosed by law. The bullying prevention task force should respond to this report within two days. If, after investigating the report, no incident of bullying is determined to have occurred, then the report can be stored (along with the investigative process actions and determination) for an amount of time consistent with the school district's policies. If bullying is determined to have occurred, then the procedural bullying action steps shall be taken. Please see the appendix for copies of the following reporting forms. The appendix also contains links to fillable versions of these forms.

- Bullying Report Form: General
- Bullying Report Form: Anonymous
- Bullying Report Form: Verbal
- Elementary Bullying Report Form
- Secondary Bullying Report Form

Example: Hard copy



Example: Electronic report

A Google Form survey can be generated that includes all the components of the hard copy. The school team can generate QR codes and place them around the school building for students to scan and fill out.



Teach Students and Caregivers the Reporting Protocol

Students

Within the first month of school, students should be taught the basic concepts of bullying. This should include the definition of bullying, the elements required for a situation to be determined to be bullying, examples and non-examples, and how to report bullying. Students should understand the importance of not only reporting bullying incidents they have personally encountered, but others they are witnessing. These teaching sessions should be differentiated for students at lower grade levels and different capabilities to ensure the delivery of information is effective (Petrosino et al., 2010).

Caregivers

Within the first month of school, all caregivers should be sent information on bullying in their preferred language. This should include the definition of bullying, the elements required for a situation to be determined to be bullying, examples and non-examples, and how to report bullying. It is recommended that caregivers sign a form stating that they have reviewed the material (Rigby 2019).

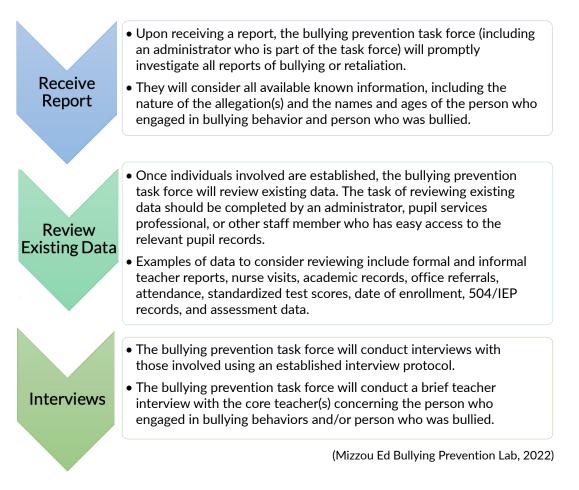
Practice the Reporting Procedures

Within the first month of school, all staff should receive professional development on bullying and reporting. This should include the definition of bullying, the elements required for a situation to be determined to be bullying, examples and non-examples, and how to report bullying. Staff members need to be informed of their roles and responsibilities regarding communicating with the bullying prevention task force, administrators, and caregivers. Staff should be taught about the importance of anonymity in a bullying report. All bullying report forms should be reviewed during the session to ensure that all staff are familiar with their contents. As mandated reporters, all staff members should leave with a clear understanding of what is expected of them and the possible consequences if left unfulfilled (Blust et al., 2016).

Monitor Bullying Incident Reports

The bullying prevention task force (including an administrator who is part of the task force) will review new bullying incident reports frequently to ensure that reports will not go uninvestigated. The initial investigation should begin within two school days of receiving the report. The bullying prevention task force will have ten school days to complete the investigation and make a determination (Bradshaw et al., 2007).

Step 4: Investigation Procedures



INTERVIEW PROCEDURE

When a bullying report form is submitted, the bullying prevention task force should interview ALL individuals involved as part of the investigative process. Those involved should always be interviewed separately.

- Name and role of interviewee
- Location of incident
- Date/time of incident
- Individuals involved in incident
- Witness of incident
- Antecedents

- Consequences
- Intent
- Repetition
- Harm
- Perception
- At-risk evaluation
- Incident description

When necessary, teacher interviews can be conducted. This interview protocol is designed to establish a pattern of changes over time.

Please see the appendix for copies of the following investigative forms. The appendix also contains links to fillable versions of these forms.

Evaluating Existing Records

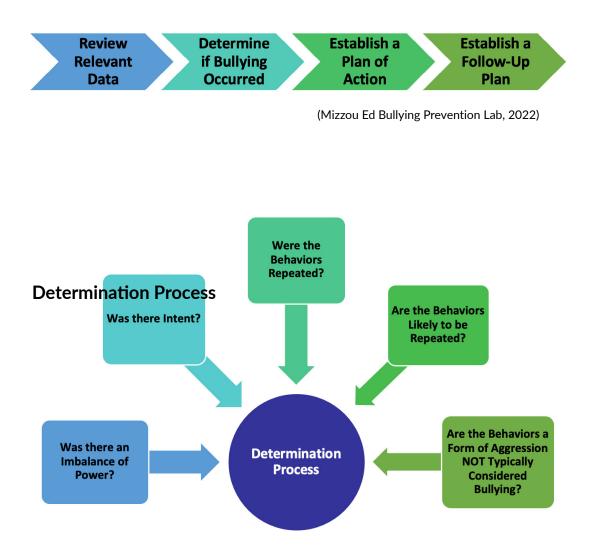
Student Interview

Teacher Interview

Example of Student Interview		tudent Interview
orm	Name of interviewer(s):	Date
	Name of person being interviewed	Individual who was allegedly victimized Witness Individual who allegedly engaged in bullying behaviors Parent Other:
	Where did the incident(s) occur?	When did the incident occur?
	Who witnessed the incident(s) and what were their roles	?
	What happened right before the incident(s)?	What happened right after the incident(s)?
	Was the incident(s) intentional? Has this, or a Yes No	anything like this, happened before? If so, how many times?
	Did any physical or emotional harm occur?	
	Why do you think this incident occurred?	
	Gender identity Pregnancy	Nationality Sex/Gender Sexual orientation Gender expression Ancestry Age
	Relationship status Socioeconomic status	Disability Homeless status Parental status I do not know. Other
	Associated with person/group with one or more of the Describe the incident	above actual or perceived characteristics

Step 5: Decision Making

After conducting all interviews and reviewing existing data, the bullying prevention task force should meet to determine if bullying occurred and make a plan for intervention.



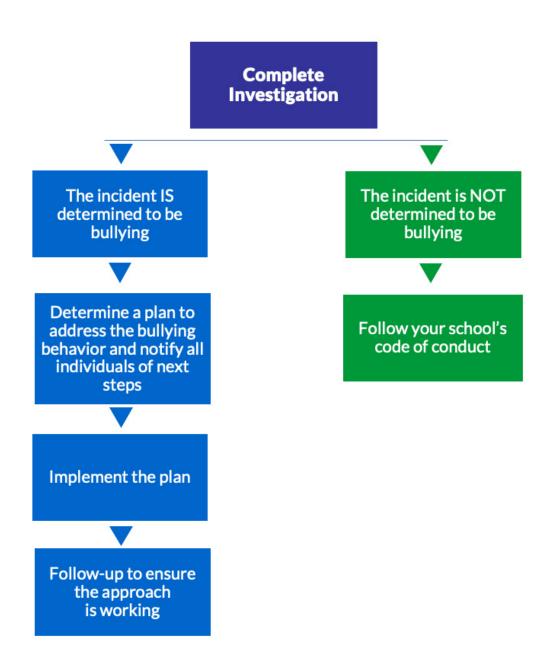
Investigation Decision Making

Please see the appendix for copies of the following decision-making and follow-up forms. The appendix also contains links to fillable versions of these forms.

- Investigation Decision Making
- Consequences and Supports
- Follow Up

Name(s) of bullying prevention task force member(s):		late	
Name(s) of builying prevention task force member(s).			
Name of individual who was victimized:	Name of individual who engaged in bull	ving behavior:	
Was there an imbalance of power between the individuals involve Describe	d?	□ Yes	□ Ne
Did the individual who engaged in bullying behavior have intent to Describe	o cause physical, emotional, or social harm?	Yes	□ Ne
Is this a repeated pattern, or without intervention likely to be reper bullying behavior?	ated for the individual who engaged in	□ Yes	
Describe			
	ated for the individual who was victimized	□ Yes	
Describe			
Describe Is this a repeated pattern, or without intervention likely to be repe Describe Based on information, did the bullying prevention task force deter Describe	mine this incident was considered bullying?	□ Yes	- N
Describe Is this a repeated pattern, or without intervention likely to be repe Describe Based on information, did the bullying prevention task force deter		Yes	- N
Describe Is this a repeated pattern, or without intervention likely to be reper Describe Based on information, did the bullying prevention task force deter Describe Next Steps for individual who was victimized:	mine this incident was considered bullying?	Yes	- N
Describe Is this a repeated pattern, or without intervention likely to be reper Describe Based on information, did the bullying prevention task force deter Describe Next Steps for individual who was victimized: Communication and collaboration with parents Science Statis instruction	mine this incident was considered bullying? Next Steps for individual who engaged in Communication and collaboration witt	Yes	- N
Describe Is this a repeated pattern, or without intervention likely to be reper Describe Based on information, did the bullying prevention task force deter Describe Next Steps for individual who was victimized: Communication and colaboration with parents Codel skill instruction Functional Behavior Assessment	mine this incident was considered bullying?	Yes	- N
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Complete the Investigation



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Appendices

A. Family Resources

School-Family Partnership Letter Communicating to Caregivers about Investigation Initiation Bullying Investigation Notification Bullying Decision Letters Caregiver-Child Bullying Talk

B. Reporting Instruments

Bullying Report Form: General Bullying Report Form: Anonymous Bullying Report Form: Verbal Elementary Bullying Report Form Secondary Bullying Report Form

C. Investigative Instruments

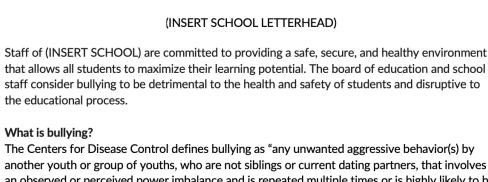
Process Checklist Form Evaluating Existing Records Form Student Interview Form Brief Teacher Interview Form Investigation Decision Making Form Consequences and Supports Form Follow Up Form

APPENDIX A: FAMILY RESOURCES:

School-Family Partnership Letter Communicating to Caregivers about Investigation Initiation Bullying Investigation Notification Bullying Decision Letters Caregiver-Child Bullying Talk

SAMPLE OF: School-Family Partnership Letter

Link to School-Family Partnership Letter



another youth or group of youths, who are not siblings or current dating partners, that involves an observed or perceived power imbalance and is repeated multiple times or is highly likely to be repeated. Bullying may inflict harm or distress on the targeted youth including physical, psychological, social, or educational harm".

Three consistent components of bullying are:

- imbalance of physical or emotional power,
- repeated across time or student who was bullied, and
- intent to cause physical or emotional harm.

Bullying can be physical (e.g., hitting, kicking), verbal (e.g., name-calling, threatening), or social/relational (e.g., purposeful exclusion, spreading rumors) and can occur in person or electronically (cyberbullying).

Are staff trained?

Schools are successful when they help children grow academically, socially, and emotionally. For this to happen, it is imperative that we have a safe environment that is supportive and conducive to growth. By setting clear social and behavioral expectations, it is our goal to create an atmosphere for learning. (INSERT SCHOOL) takes bullying very seriously, including all instances of perceived bullying. These are documented, investigated, and addressed appropriately by the school's bullying prevention task force. Numerous efforts have been initiated with our student body and staff to bring greater awareness to this topic, which includes our efforts to continue developing stronger student to student and staff to student connections.

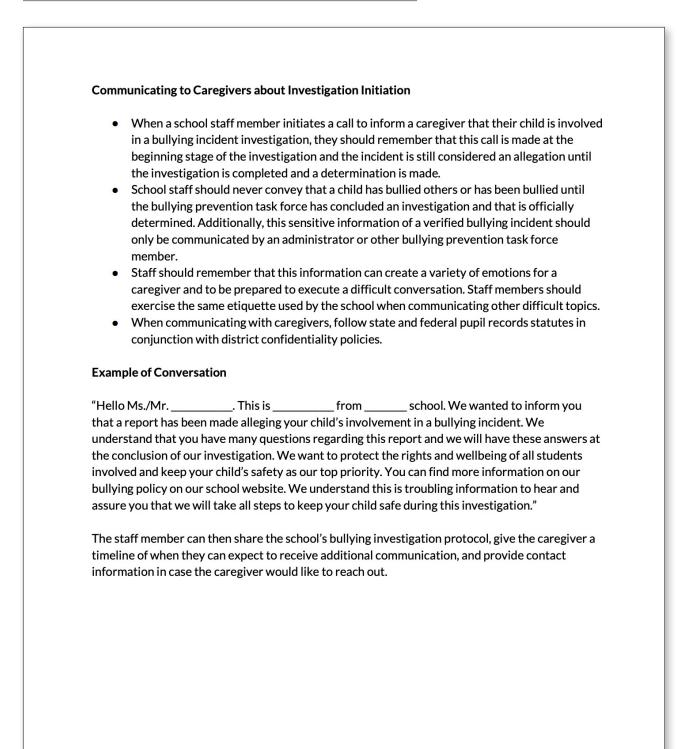
What can caregivers do?

To be most effective, bullying prevention efforts are the shared responsibility of caregivers, staff, and community. Caregiver involvement in the school sets a positive example for children. As a caregiver, you can:

- Teach self-respect.
- Discuss the seriousness and negative effects of bullying behaviors.
- Work together with the school to develop a consistent approach to bullying behaviors.
- Set a good example. Children learn more by actions than from words.
- Contact the school to report bullying concerns that your child shares with you.

SAMPLE OF: Communicating to Caregivers about Investigation Initiation

Link to Communicating to Caregivers about Investigation Initiation



SAMPLE OF: Bullying Investigation Notification

Link to Bullying Investigation Notification

	(INSERT SCHOOL LETTERHEAD)
	Bullying Involvement Investigation Notification Letter
Date:	
Caregive	er of:
It is the p	policy of (INSERT SCHOOL) that any form of bullying behavior, whether in the
	m, on school property, or at school-sponsored events, is expressly forbidden. Bullying b ic means is also prohibited.
another an obser repeated	ters for Disease Control defines bullying as "any unwanted aggressive behavior(s) by youth or group of youths, who are not siblings or current dating partners, that involves ved or perceived power imbalance and is repeated multiple times or is highly likely to be I. Bullying may inflict harm or distress on the targeted youth including physical, gical, social, or educational harm".
Three co	nsistent components of bullying are:
	nbalance of physical or emotional power,
	epeated across time or student who was bullied, and ntent to cause physical or emotional harm.
Bullying	can be physical (e.g., hitting, kicking), verbal (e.g., name-calling, threatening), or
social/re	lational (e.g., purposeful exclusion, spreading rumors) and can occur in person or ically (cyberbullying).
	er is to inform you that your child has been involved in a report of a bullying incident. A report has been made that alleges your child engaged in an act of bullying.
	A report has been made that alleges your child was bullied.
Please di	iscuss this incident with your child or call the school if you need further assistance or
	ion. An investigation into the reported act of bullying has been initiated. You will be
	of the outcome and any actions taken pertaining to your child. Please note that FERPA Educational Rights and Privacy Act) and Wis. Stat. sec. 118.125 prevent us from sharing
	ith you about any other students who may be involved in this incident. Thank you for
	ention to this matter. Please do not hesitate to reach out with any questions or to
discuss f	urther.
Respectf	fully,
Name	
Principal	

SAMPLE OF: Bullying Decision Letters

Link to Bullying Decision Letters

(INSERT SCHOOL LETTERHEAD)
Letter to Caregiver
Outcome of Bullying Investigation – Confirmed
Date
Name of Caregiver
Address
City, WI
RE: Student Name
Dear,
This letter is to officially notify you that a thorough investigation was conducted and acts of
bullying against your child have been verified. Our school strives to create safe, inclusive
environments for all students to learn. We are sorry that this incident has taken place, and we
are committed to working to support your student and family in taking actions that will restore trust and safety. It is the policy of (INSERT SCHOOL) that any form of bullying behavior, whether
in the classroom, on school property, or at school-sponsored events, is expressly forbidden. The
(INSERT SCHOOL) bullying prevention policy is attached for your reference.
Please note that while FERPA (Family Educational Rights and Privacy Act) and Wis. Stat. sec.
118.125 prevent us from sharing details about another student's disciplinary actions with you,
appropriate consequences have been imposed. In addition, we have created a support plan for
your child (and other students involved), which includes a follow-up meeting to address any
further concerns. Your child's portion of this support plan is attached for your reference. Please do not hesitate to reach out with any questions or to discuss further.
Respectfully,
Name
Principal

SAMPLE OF: Caregiver-Child Bullying Talk

Link to Caregiver-Child Bullying Talk

Bullying: A Gui	de for Caregivers
to bullying involvement. When establishing trus make sure that they are genuine, allow their chi	ation with their children, especially when it comes ting communicative habits, caregivers should Id to take the lead, and set aside time to talk at your children <u>may be experiencing some social</u>
WARNI	ING SIGNS
Warning signs that your o	child may be bullying others:
 Gets into physical or verbal fights 	 Has friends who bully others
 Has unexplained extra money or new belongings 	 Is sent to the principal's office or detention frequently
 Shows increasingly aggressive behavior 	 Blames others for their problems
 Doesn't accept responsibility for their actions 	 Is overly competitive and worries about their popularity
 Displays self-destructive behaviors 	
Warning signs that your ch	ild may be a target of bullying:
 Frequent headaches or stomachaches 	 Changes in eating habits
 Difficulty sleeping or frequent nightmares 	 Decreased self-esteem
 Declining grades or loss of interest in school 	 Sudden loss of friends or avoidance of social situations
 Display self-destructive behaviors 	

Wisconsin Department of Public Instruction Bullying Prevention Toolkit

APPENDIX B: REPORTING INSTRUMENTS:

Bullying Report Form: General Bullying Report Form: Anonymous Bullying Report Form: Verbal Report Elementary Bullying Report Form Secondary Bullying Report Form

SAMPLE OF: Bullying Report Form: General

Link to Bullying Report Form: General

ro be completed	•	ould be submitted to		with information regard	ang a bunying mc	
Name of individual filling out	form			Date of Report	□ Student	Parent
					□ Staff	□ Other
Would you prefer to remain	anonymous	□ Yes □ No	Are you reporting	the target of the bullyir g?	ng that you are	□ Yes □ No
Date of Incident	Time of Incider	ıt				
Person(s) being reported as	victims of bullving		Person(s) being reported as en	aaging in bullving	behaviors
· · · · · · · · · · · · · · · · · · ·		□ Student □ Staff		,gp		Student □ Staff Other
		□ Student □ Staff				tudent □ Staff Other
		□ Student □ Staff				tudent □ Staff)ther
Student(s) experienced bully	ring in the following	g place(s)	Person(s) who witnessed the bu	ullying	
Classroom Cafeteria Locker room Bus		□ Hallway Gym □ Online				tudent □ Staff)ther
□ School or related activity		acurricular activity				itudent 🗆 Staff
□ Other:)ther itudent □ Staff
						Other
				ng way(s) <i>Check all tha</i>	at apply	
Electronic devices (e.g., in		•				
Written communication (e Reveised act or conduct (c)						
 Physical act or conduct (e Verbal act or conduct (e.c 		-				
□ Social (e.g., purposeful ex				urs, etc.)		
Items depicting implied has			,	aved		
□ Other:		· · · , . · · · · · · · · · · · · · · ·				
Please tell us about the incide	ent in your own wor	ds. Use as much de	etail as pos	sible. Attach a written s	statement if more	space is required
□ The above information is	true and accurate t	o the best of my kn	owledge.			
Signature					Date	

SAMPLE OF: Bullying Report Form: Anonymous

Link to Bullying Report Form: Anonymous

□ Student □ Staff □ Student □ Staff □ Student □ Staff □ Student □ Staff	Person(s) being reported as engagin Person(s) who witnessed the bullying e following way(s) <i>Check all that app</i>	□ Student □ Sta □ Other □ Student □ Sta □ Other □ Student □ Sta □ Other
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 Physical act or conduct (e.g., pushing, hitting, destruction of prop Verbal act or conduct (e.g., rumors, lies, name-calling, using dero Social (e.g., purposeful exclusion, causing psychological harm, e Items depicting implied hatred or prejudice were worn, possessed Other: 	ail, cyberbullying, etc.)	
 Verbal act or conduct (e.g., rumors, lies, name-calling, using dero Social (e.g., purposeful exclusion, causing psychological harm, e Items depicting implied hatred or prejudice were worn, possessed Other: 	uments, email, etc.)	
 Social (e.g., purposeful exclusion, causing psychological harm, e Items depicting implied hatred or prejudice were worn, possessed Other: 	erty, stalking, etc.)	
 Items depicting implied hatred or prejudice were worn, possessed Other: 	gatory slurs, etc.)	
□ Other:	c.)	
	, or displayed	
Please tell us about the incident in your own words. Use as much det		
□ The above information is true and accurate to the best of my kno	/ledge.	

SAMPLE OF: Bullying Report Form: Verbal

Link to Bullying Report Form: Verbal

		adult who has received a verbal rep	011.	
	This form should be subn			
Your name		Date of verbal report	Your role	
			□ Parent [□ Staff □ Other
Date of incident	Time of incident	Person who made ve	rbal report	
		□ Student □ Par	ent 🗆 Staff	Other
Describe the situation that o	occurred			
Who was involved?				
Where did it happen?				
where did it happen?				
Was this the first time this h				

SAMPLE OF: Elementary Bullying Report Form

Link to Elementary Bullying Report Form

a bull	ut this form if you saw a ying incident. this form is complete, b		were the person who was bullied or if you know about <i>ific_</i> .
Your na Today's c What dat		pen?	How did this happen ? (Check all that apply)
Who die	d this happen to? (Che	ck all that apply.)	etc.)
- _ _) Me		□ □ Written communication (e.g., handwrittennotes, other written documents, etc.)
□ ●●	Someone I saw getti	ng bullied	
	Someone I heard abo bullied		 Physical act or conduct (e.g., pushing,hitting, destruction of property, etc.)
where di	d this happen? (Check	□ Hallway	□ Verbal act or conduct (e.g., rumors, lies,name-calling, using slurs, etc.)
	□ Cafeteria	□ Bathroom	 O. Social (e.g., purposeful exclusion, trying tokeep someone from
	□ Bus	□ Bus Stop	having friends, etc.)
兪	□ Playground	□ Gym	Displays of hate, prejudice, or bigotry
${\mathbb P}$	□ School-related activity/event		• ? Other:
	□ Extracurricular (afterschool) activity		Please tell us about the incident in your own words.
÷	□ Online		Write as much as you know about it. What time did the incident(s) take place?
?	□ Other:		Where did this happen? What was said or done?
			Who was there? Who saw what happened? Use the back of this form or another sheet of paper if you need more room.

SAMPLE OF: Secondary Bullying Report Form

Link to Secondary Bullying Report Form

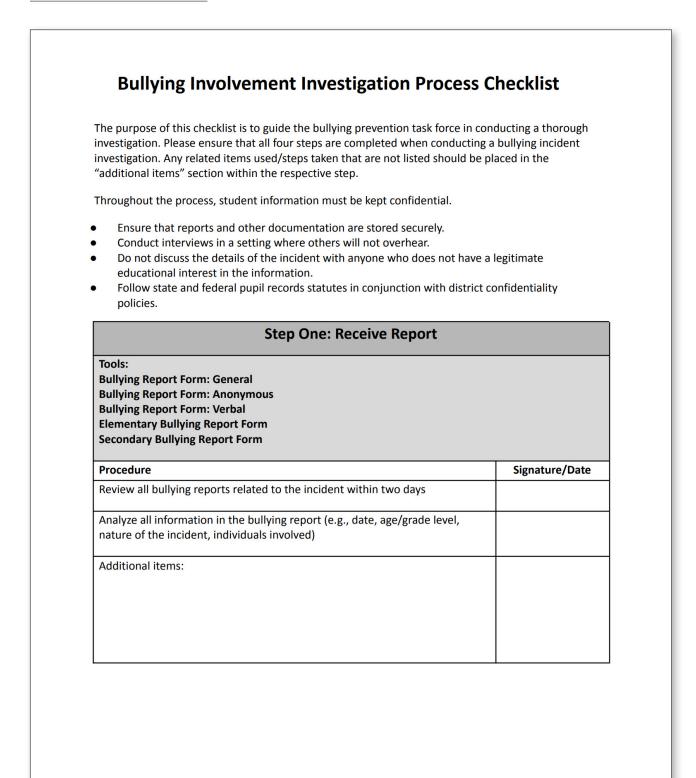
Name of individual filling out form Date of Report Student Parer Would you prefer to remain anonymous Yes No Are you the target of the bullying that you are reporting? Yes No Date of Incident Time of Incident Time of Incident Person(s) being reported as victims of bullying Person(s) being reported as engaging in bullying behaviors Student	To be comple		erson who was bullied, should be submitted to		th information regar	rdıng a bullying ind	cident.
Staff Other Would you prefer to remain anonymous Yes No Are you the target of the bullying that you are reporting? Yes No Date of Incident Time of Incident Yes No Person(s) being reported as victims of bullying Person(s) being reported as engaging in bullying behaviors Student Student Student Stuff Student	Name of individual filling				Date of Report	□ Student	Parent
Would you prefer to remain anonymous Yes No reporting? If the second sec						□ Staff	□ Other
Person(s) being reported as victims of bullying Person(s) being reported as engaging in bullying behaviors Student Staff Student Staff Student(s) experienced bullying in the following place(s) Person(s) who witnessed the bullying Classroom Cafeteria Bathroom Hallway Locker room Bus Bus Bus Stop Check and the bullying in the following place(s) Person(s) who witnessed the bullying Check room Bus Bus Bus Stop Coker room Bus Bus Bus Stop Check and the bullying Student Student Staff Check and the apply Student Student Staff Check and the apply Student Student(s) were targeted for bullying in the following way(s) <i>Check all that apply</i> Electronic devices (e.g., internet, social media platforms, text, email, cyberbullying, etc.) Written communication (e.g., handwritten notes, other written documents, email, etc.) Physical act or conduct (e.g., pushing, hitting, destruction of property, stalking, etc.) Social (e.g., purposeful exclusion, causing psychological harm, etc.)	Would you prefer to rem	nain anonymous	□ Yes □ No		e target of the bullyi	ing that you are	□ Yes □ No
Student Student	Date of Incident	Time of Incid	dent				
Student Student	Person(s) being reporte	ed as victims of bullvi	na	Person(s) h	eing reported as en	ngaging in bullving	behaviors
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Cother: Cothe	Locker room Bu	is 🗆 Bus Stop	□ Gym □ Online				
Student (s) were targeted for bullying in the following way(s) <i>Check all that apply</i> Electronic devices (e.g., internet, social media platforms, text, email, cyberbullying, etc.) Written communication (e.g., handwritten notes, other written documents, email, etc.) Physical act or conduct (e.g., pushing, hitting, destruction of property, stalking, etc.) Social (e.g., purposeful exclusion, causing psychological harm, etc.) Items depicting implied hatred or prejudice were worn, possessed, or displayed Other: Prease tell us about the incident in your own words. Use as much detail as possible. Attach a written statement if more space is required. The above information is true and accurate to the best of my knowledge.		ivity or event 🛛 🗆 E	xtracurricular activity				
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□ Other: Please tell us about the incident in your own words. Use as much detail as possible. Attach a written statement if more space is requir	□ Social (e.g., purposet	ful exclusion, causing	g psychological harm,	etc.)			
Please tell us about the incident in your own words. Use as much detail as possible. Attach a written statement if more space is require — The above information is true and accurate to the best of my knowledge.	Items depicting implie	ed hatred or prejudic	e were worn, possesse	ed, or display	ed		
□ The above information is true and accurate to the best of my knowledge.	Other:						
	Please tell us about the i	ncident in your own v	words. Use as much de	etail as possil	ble. Attach a written	statement if more	space is require
Signature Date		on is true and accurat	te to the best of my kno	owledge.			
	Signature					Date	

APPENDIX C: INVESTIGATION INSTRUMENTS:

Process Checklist Form Evaluating Existing Records Form Student Interview Form Brief Teacher Interview Form Investigation Decision Making Form Consequences and Supports Form Follow Up Form

SAMPLE OF: Process Checklist Form

Link to Process Checklist Form



SAMPLE OF: Evaluating Existing Records Form

Link to Evaluating Existing Records Form

	EVALUATING EXISTING RE tudents involved in the bullying report. Examples of da	ata to consider reviewing include formal and informal
enrollment, 504/IEP records, prior incidents, or similar beha professional, or other staff me	and assessment data. Note anything that appears <i>i</i> aviors. The task of evaluating existing records should	be completed by an administrator, pupil services ords. Throughout the process of investigating bullying
Your name	Student's Name	Date of Review
Formal and informal teache	r reports	
Nurse visits		
Academic records		
Office dissipling soformely (0		
Office discipline referrals (O	UKS)	

SAMPLE OF: Student Interview Form

Link to Student Interview Form

Name of interviewer(s	s):				Date		
	,						
Name of person being ir	nterviewed			Individual who	was all	eaedlv vic	timized
				□ Individual who a			d in bullying behaviors
Where did the incident(s	s) occur?		W	hen did the inciden	t occur	?	
Who witnessed the incic	lent(s) and what were t	heir roles?					
What happened right be	fore the incident(s)?		W	hat happened right	after th	ne inciden	t(s)?
Was the incident(s) inter	ntional? Ha	s this, or anything li	ike tl	his, happened befo	re?	If so, ho	w many times?
□ Yes □ No		Yes 🗆 N	lo				
Did any physical or emo	tional harm occur?					I	
Why do you think this in	cident occurred?						
	on any of these charac	teristics? (Check a					
				□ Sex/0			Sexual orientation
□ Race	Point of Origin	National			strv		0
□ Race □ Gender identity		□ National □ Gender	expr		,	tatus	Parental status
 □ Race □ Gender identity □ Religion □ Relationship status 	Point of Origin Pregnancy Physical characte Socioeconomic s	□ National □ Gender eristic □ Disabilit tatus □ I do not	expr y knov	ression	eless s r		□ Parental status
Race Gender identity Religion Relationship status Associated with perso	Point of Origin Pregnancy Physical characte Socioeconomic s	□ National □ Gender eristic □ Disabilit tatus □ I do not	expr y knov	ression	eless s r		□ Parental status
Race Gender identity Religion Relationship status Associated with perso	Point of Origin Pregnancy Physical characte Socioeconomic s	□ National □ Gender eristic □ Disabilit tatus □ I do not	expr y knov	ression	eless s r		□ Parental status
 □ Race □ Gender identity □ Religion □ Relationship status □ Associated with personal 	Point of Origin Pregnancy Physical characte Socioeconomic s	□ National □ Gender eristic □ Disabilit tatus □ I do not	expr y knov	ression	eless s r		Parental status
Was the incident based Race Gender identity Religion Relationship status Associated with perso Describe the incident	Point of Origin Pregnancy Physical characte Socioeconomic s	□ National □ Gender eristic □ Disabilit tatus □ I do not	expr y knov	ression	eless s r		Parental status
 Race Gender identity Religion Relationship status Associated with personality 	Point of Origin Pregnancy Physical characte Socioeconomic s	□ National □ Gender eristic □ Disabilit tatus □ I do not	expr y knov	ression	eless s r		□ Parental status
 □ Race □ Gender identity □ Religion □ Relationship status □ Associated with personal 	Point of Origin Pregnancy Physical characte Socioeconomic s	□ National □ Gender eristic □ Disabilit tatus □ I do not	expr y knov	ression	eless s r		Parental status
 □ Race □ Gender identity □ Religion □ Relationship status □ Associated with personal 	Point of Origin Pregnancy Physical characte Socioeconomic s	□ National □ Gender eristic □ Disabilit tatus □ I do not	expr y knov	ression	eless s r		□ Parental status

SAMPLE OF: Brief Teacher Interview Form

Link to Brief Teacher Interview Form

Name of interviewer				Date
Name of teacher being interviewed			Subject	
Name of student		🗆 Indiv	idual who was a	allegedly victimized
		🗆 Indiv	idual who allege	edly engaged in bullying
Student Strengths	Areas Targeted	for Impro	/ement	
For the questions below, compare how the student is p	performing at this time	compare	d to the begin	ing of the year
How is the student performing academically?	eriorining at uns une, t	compare	u to the begin	ing of the year.
How are the student's functional skills?				
How are the student's communication skills?				
How is the student interacting with his/her peers?				
Describe any changes in the student's behaviors.				
Decense any changes in the student's benaviors.				
Describe any areas of concern.				

SAMPLE OF: Investigation Decision Making Form

Link to Investigation Decision Making Form

		Date	
Name(s) of bullying prevention task force member(s):			
Name of individual who was victimized:	Name of individual who engaged in	bullying behavior:	
Was there an imbalance of power between the individuals involve	/ed?	🗆 Yes	🗆 No
Describe			
Did the individual who engaged in bullying behavior have intent	to cause physical emotional or social h	arm? 🗆 Yes	🗆 No
Describe			
Is this a repeated pattern, or without intervention likely to be rep bullying behavior? Describe	eated for the individual who engaged in	🗆 Yes	🗆 No
Is this a repeated pattern, or without intervention likely to be rep Describe	eated for the individual who was targeted	l? □Yes	□ No
Is this a repeated pattern, or without intervention likely to be rep Describe	eated for the individual who was targeted	17	
Describe Based on information, did the bullying prevention task force deter			□ No
Describe			
Describe Based on information, did the bullying prevention task force deter		ing? 🗆 Yes	□ No
Describe Based on information, did the bullying prevention task force dete Describe	ermine this incident was considered bully	ing?	□ No
Describe Based on information, did the bullying prevention task force dete Describe Next Steps for individual who was targeted:	ermine this incident was considered bully Next Steps for individual who engag	ing?	□ No
Describe Based on information, did the bullying prevention task force dete Describe Next Steps for individual who was targeted: Communication and collaboration with parents	ermine this incident was considered bully next Steps for individual who engag Communication and collaboration	ing?	□ No
Describe Based on information, did the bullying prevention task force deter Describe Next Steps for individual who was targeted: Communication and collaboration with parents Social skills instruction	ermine this incident was considered bully armine this incident was considered bully Next Steps for individual who engag Communication and collaboration Social skills instruction	ing?	□ No
Describe Based on information, did the bullying prevention task force deter Describe Next Steps for individual who was targeted: Communication and collaboration with parents Social skills instruction Functional Behavior Assessment	ermine this incident was considered bully armine this incident was considered bully	ing?	No
Describe Based on information, did the bullying prevention task force dete Describe Next Steps for individual who was targeted: Communication and collaboration with parents Social skills instruction Functional Behavior Assessment Communication skills instruction	ermine this incident was considered bully Next Steps for individual who engag Communication and collaboration Social skills instruction Functional Behavior Assessment Communication skills instruction	ing? Yes ed in bullying behavi with parents	No

SAMPLE OF: Consequences and Supports Form

Link to Consequences and Supports Form

Wisconsin Department of Public Instruction In collaboration with University of Missouri BULLYING PREVENTION TOOLKIT	School Name	
CONSEQUENCE AND SUPPORTS DOCUMENTATION	School Address - Street School Address - City, State Zip	
Next Steps for individual who was targeted:	Next Steps for individual who engaged in bullying behaviors:	
Communication and collaboration with parents	Communication and collaboration with parents	
Social skills instruction	Social skills instruction	
Functional Behavior Assessment	Functional Behavior Assessment	
Communication skills instruction	Communication skills instruction	
Meet with school counselor, social worker, psychologist, etc.	Meet with school counselor, social worker, psychologist, etc.	
Increased support by school staff	Increased support by school staff	
Other:	Other:	
If the behavior was not rectified which different support was utilized?	If the behavior was not rectified which different support was utilized?	
Note when the support occurred, with whom and the result:	Note when the support occurred, with whom and the result:	

SAMPLE OF: Follow Up Form

Link to Follow Up Form

FOLLOW UP		
To be completed at least two weeks following the implementation of next steps outlined on Investigation Decision Making Sheet and the Consequences and Supports Documentation	on	
Are the students still involved in bullying?	□ Yes	
Describe		
	□ Yes	
Do the next steps for the person who engaged in bullying behavior appear to be effective? Describe		
Describe		
Do the next steps for the person who was victimized appear to be effective?	□ Yes	□N
Describe		
Are there any additional supports or changes that should be made for these individuals?	□ Yes	
Are there any additional supports or changes that should be made for these individuals? Describe	□ Yes	N
	□ Yes	□ N
	□ Yes	N
	□ Yes	
	□ Yes	
	□ Yes	□ N



Wisconsin Department of Public Instruction

Jill K. Underly, PhD, State Superintendent

Madison, Wisconsin