

Caring School Community® Alignment with Social Emotional Competencies

EMOTIONAL DEVELOPMENT (1st Grade)			
Understand and manage one's emotions			
No.	CASEL Domain	Grade 1	<i>Caring School Community</i>
1	Self-Awareness	Learners will be able to recognize and label a variety of their own basic emotions.	<i>Teacher's Manual</i> Getting to Know My Feelings, Weeks 18–23
2	Self-Management	Learners will be able to use verbal and nonverbal language to demonstrate a variety of increasingly complex emotions.	<i>Teacher's Manual</i> Getting to Know My Feelings, Weeks 18–23
3	Self-Management	Learners will be able to, with adult guidance, demonstrate a variety of strategies to manage strong emotions.	<i>Teacher's Manual</i> Getting to Know My Feelings, Weeks 21, 23 <i>Caring School Discipline</i> Chapters 1–9 (as needed to support individual students)
4	Focus Attention	Learners will begin to be able to, with adult guidance, focus their attention by demonstrating a variety of strategies to tolerate distractions.	<i>Teacher's Manual</i> Starting the Year, Weeks 1–2 Building the Classroom and School Community, Weeks 3, 5–10 Being a Responsible Learner and Community Member, Weeks 11–13 Getting to Know My Feelings, Weeks 19–23 Caring About Others, Weeks 25, 28 Ending the Year, Week 30
5	Social Awareness	Learners will be able to, with adult guidance, identify how others are feeling, based on their verbal and nonverbal cues, and respond with compassion.	<i>Teacher's Manual</i> Building the Classroom and School Community, Weeks 5–8 Getting to Know My Feelings, Weeks 18–22 Caring About Others, Weeks 24–27 Ending the Year, Week 30
6	Social Awareness	Learners will be able to predict how someone else may feel in a variety of situations.	<i>Teacher's Manual</i> Caring About Others, Weeks 24–27 Ending the Year, Week 30 <i>Community Chats</i> Assemblies Field Trips

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			<ul style="list-style-type: none"> Getting Ready for a Substitute Teacher Welcoming New Students Mean Behavior Playground Challenges Not Letting Others Play Speaking Unkindly Taking Things Teasing
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SELF-CONCEPT (1st Grade)

Develop positive self-identity and recognize self as a lifelong learner			
No.	CASEL Domain	Grade 1	Caring School Community
7	Self-Awareness	Learners will be able to identify and describe skills and activities they do well and those for which they need help.	<i>Teacher's Manual</i> Being a Responsible Learner and Community Member, Week 11
8	Self-Awareness	Learners will be able to identify and explore their own beliefs.	<i>Teacher's Manual</i> Getting to Know My Feelings, Weeks 18–23
9	Self-Awareness Social-Awareness	Learners will be able to define the role family and culture play in their identity and beliefs.	<i>Teacher's Manual</i> Home Sharing Activities (weekly)
10	Self-Management	Learners will be able to identify simple goals for personal and academic success.	<i>Teacher's Manual</i> Being a Responsible Learner and Community Member, Weeks 11–13 Getting to Know My Feelings, Weeks 19–23
11	Self-Awareness Self-Management	Learners will be able to, with encouragement, persist toward reaching a goal despite setbacks.	<i>Teacher's Manual</i> Being a Responsible Learner and Community Member, Weeks 11–17

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SOCIAL COMPETENCE (1st Grade)

Establish and maintain positive relationships by respecting others, practicing social skills, and making responsible choices while recognizing and connecting to the community at large

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12	Social Awareness	Learners will be able to present their own point of view.	<i>Teacher's Manual</i> Building the Classroom and School Community, Weeks 3–10 Being a Responsible Learner and Community Member, Weeks 11, 13–15, 17 Caring About Others, Week 24
13	Social Awareness	Learners will be able to identify commonalities they share with peers.	<i>Teacher's Manual</i> Secret Student (weekly beginning in Week 2)
14	Social Awareness	Learners will be able to recognize and respect that individual differences are important to self and others.	<i>Teacher's Manual</i> Secret Student (weekly beginning in Week 2) Building the Classroom and School Community, Weeks 5–8 Getting to Know My Feelings, Weeks 19–20
15	Relationship Skills	Learners will be able to identify the different relationships they have with others.	<i>Teacher's Manual</i> Home Sharing Activities (weekly) Building the Classroom and School Community, Weeks 7–8
16	Relationship Skills	Learners will be able to describe in simple terms how words, tone, and body language are used to communicate with others.	<i>Teacher's Manual</i> Morning Circle Greetings (daily) Building the Classroom and School Community, Weeks 3–10
17	Relationship Skills	Learners will be able to, with adult guidance, adapt behavior based upon peer feedback and environment cues.	<i>Teacher's Manual</i> Caring About Others, Weeks 24–27
18	Relationship Skills	Learners will be able to demonstrate listening skills, start and stop conversations, and take turns in conversations.	<i>Teacher's Manual</i> Starting the Year, Weeks 1–2 Building the Classroom and School Community, Weeks 3–10 Being a Responsible Learner and Community Member, Weeks 11–17 Getting to Know My Feelings, Weeks 18–20 Caring About Others, Weeks 24, 27–29

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19	Relationship Skills	Learners will be able to understand the perspective of others in a conflict situation.	<p><i>Teacher's Manual</i> Caring About Others, Weeks 24–27</p> <p><i>Caring School Discipline</i> Chapters 1–9 (as needed to support individual students)</p> <p><i>Community Chats</i> Playground Challenges Taking Things Mean Behavior Speaking Unkindly Not Letting Others Play Teasing</p>
20	Decision Making	Learners will be able to, with adult guidance, generate possible choices and actions they could take in a given situation, including positive and negative options.	<p><i>Teacher's Manual</i> Starting the Year, Weeks 1–2 Being a Responsible Learner and Community Member, Week 12 Getting to Know My Feelings, Weeks 18, 19 Caring About Others, Weeks 25, 29</p> <p><i>Caring School Discipline</i> Chapters 1–9 (as needed to support individual students)</p> <p><i>Community Chats</i> Playground Challenges Taking Things Mean Behavior Speaking Unkindly Not Letting Others Play Teasing</p>
21	Social Awareness	Learners will be able to demonstrate positive behaviors as established in classroom and school-wide expectations.	<p><i>Teacher's Manual</i> Starting the Year, Weeks 1–2 Building the Classroom and School Community, Weeks 3–5, 7–10 Being a Responsible Learner and Community Member, Weeks 11–17 Caring About Others, Weeks 24–29</p> <p><i>Caring School Discipline</i> Chapters 1–9 (as needed to support individual students)</p>

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22	Decision Making Relationship Skills	Learners will be able to describe ways to promote personal safety.	<i>Teacher's Manual</i> Starting the Year, Weeks 1–2 Building the Classroom and School Community, Weeks 3–4, 10
23	Social Awareness Relationship Skills	Learners will be able to identify how to get help from a trusted adult in a variety of situations.	<i>Teacher's Manual</i> Starting the Year, Weeks 1–2 Building the Classroom and School Community, Weeks 7–8
24	Decision Making Social Awareness Relationship Skills	Learners will be able to, with adult guidance, identify classroom, school, and community needs.	<i>Teacher's Manual</i> Beginning of the Year, Week 2 Building the Classroom and School Community, Weeks 5–8 <i>Cross-age Buddies Activity Book</i> 1–2 times per month (beginning in Week 10) <i>Schoolwide Community-building Activities</i> 3–4 times per year (as scheduled) <i>Community Chats</i> Assemblies Field Trips Getting Ready for a Substitute Teacher