

Caring School Community® Alignment with Social Emotional Competencies

EMOTIONAL DEVELOPMENT (4 th and 5 th Grade)			
Understand and manage one's emotions			
No.	CASEL Domain	Grades 4 and 5	<i>Caring School Community</i>
1	Self-Awareness	Learners will be able to recognize and label a variety of complex emotions in self and others.	<p><i>Teacher's Manual</i> Beginning of the Year, Weeks 3, 5, 6, 7 Reflecting on the Classroom Community</p> <p><i>Teacher's Manual Topic Week</i> Preparing for Tests Returning from Vacation Welcoming New Students Courage Friendship Gratitude Perseverance Unkind Speech Resolving Conflicts</p>
2	Self-Management	Learners will be able to express their emotions to self and others in respectful ways.	<p><i>Teacher's Manual</i> Beginning of the Year, Weeks 3, 6–10 Reflecting on the Classroom Community</p> <p><i>Teacher's Manual Topic Week</i> Preparing for Assemblies Preparing for a Field Trip Preparing for a Substitute Teacher Returning from Vacation Welcoming New Students Courage Friendship Kindness Unkind Speech Resolving Conflicts</p> <p><i>Caring School Discipline</i> Chapters 1–13 (as needed to support individual students)</p>

Caring School Community® Alignment with Social Emotional Competencies

3	Self-Management	Learners will be able to, with minimal adult guidance, manage emotions (e.g., stress, impulses, motivation) in a manner sensitive to self and others.	<p><i>Teacher’s Manual</i> Beginning of the Year, Weeks 3, 6–10 Reflecting on the Classroom Community</p> <p><i>Teacher’s Manual Topic Week</i> Preparing for Assemblies Preparing for a Field Trip Preparing for a Substitute Teacher Welcoming New Students Courage Kindness Bullying Exclusion Misbehavior Outside of Class Resolving Conflicts Mishandling Belongings Unkind Speech Teasing</p> <p><i>Cross-age Buddies Activity Book</i> 1–2 times per month (beginning in Week 10)</p> <p><i>Caring School Discipline</i> Chapters 1–13 (as needed to support individual students)</p>
4	Focus Attention	Learners will be able to, with adult guidance, use organizational skills and strategies to focus attention in order to work toward personal and academic goals.	<p><i>Teacher’s Manual</i> Beginning of the Year, Weeks 1–4, 6–7, 10 Reflecting on the Classroom Community</p> <p><i>Teacher’s Manual Topic Week</i> Preparing for Assemblies Preparing for a Field Trip Preparing for a Test Preparing for a Substitute Teacher Courage Perseverance Bullying Exclusion Misbehavior Outside of Class Resolving Conflicts Mishandling Belongings</p>

Caring School Community® Alignment with Social Emotional Competencies

			<p>Unkind Speech Teasing</p> <p><i>Caring School Discipline</i> Chapters 1–13 (as needed to support individual students)</p>
5	Social Awareness	Learners will be able to identify others' need for empathy and respond in respectful ways.	<p><i>Teacher's Manual</i> Beginning of the Year, Weeks 3, 6, 8–10 Reflecting on the Classroom Community</p> <p><i>Teacher's Manual Topic Week</i> Preparing for Assemblies Preparing for a Field Trip Preparing for a Substitute Teacher Returning from Vacation Welcoming New Students Courage Friendship Kindness Bullying Exclusion Resolving Conflicts Mishandling Belongings Unkind Speech Teasing</p> <p><i>Caring School Discipline</i> Chapters 1–13 (as needed to support individual students)</p>
6	Social Awareness	Learners will be able to use perspective-taking to predict how their own behavior affects the emotions of others.	<p><i>Teacher's Manual</i> Beginning of the Year, Weeks 2, 3, 6</p> <p><i>Teacher's Manual Topic Week</i> Preparing for Assemblies Preparing for a Substitute Teacher Returning from Vacation Welcoming New Students Kindness Friendship Bullying Exclusion</p>

Caring School Community® Alignment with Social Emotional Competencies

			Resolving Conflicts Mishandling Belongings Unkind Speech Teasing <i>Caring School Discipline</i> Chapters 1–13 (as needed to support individual students)
--	--	--	--

SELF-CONCEPT (4th and 5th Grade)

Develop positive self-identity and recognize self as a lifelong learner

No.	CASEL Domain	Grades 4 and 5	<i>Caring School Community</i>
7	Self-Awareness	Learners will be able to use a “growth mind set” in order to recognize and build on their strengths.	<i>Teacher’s Manual</i> Closing Circles (daily) <i>Teacher’s Manual Topic Week</i> Closing Circles (daily) Preparing for Tests Courage Perseverance
8	Self-Awareness	Learners will be able to reflect on similarities and differences between their personal beliefs and those of others.	<i>Teacher’s Manual</i> Beginning of the Year, Weeks 4–6, 8 <i>Teacher’s Manual Topic Week</i> Preparing for Assemblies Preparing for a Substitute Teacher Returning from Vacation Welcoming New Students Kindness Perseverance Bullying Exclusion Resolving Conflicts Mishandling Belongings Unkind Speech Teasing

Caring School Community® Alignment with Social Emotional Competencies

9	Self-Awareness Social-Awareness	Learners will be able to identify their role in their family and community and how those roles impact their identity.	<p><i>Teacher's Manual</i> Home Connection Activities (weekly)</p> <p><i>Teacher's Manual Topic Week</i> Home Connection Activities (weekly)</p> <p><i>Schoolwide Community-building Activities</i> 3–4 times per year (as scheduled)</p>
10	Self-Management	Learners will be able to assess their level of engagement in their own learning for the achievement of personal goals.	<p><i>Teacher's Manual</i> Beginning of the Year, Weeks 1–4, 6, 10 Reflecting on the Classroom Community</p> <p><i>Teacher's Manual Topic Week</i> Preparing for Assemblies Preparing for a Field Trip Preparing for a Substitute Teacher Preparing for Tests Courage Perseverance Bullying Exclusion Resolving Conflicts Mishandling Belongings Unkind Speech Teasing</p> <p><i>Caring School Discipline</i> Chapters 1–13 (as needed to support individual students)</p>
11	Self-Awareness Self-Management	Learners will be able to identify strategies to persist and maintain motivation when working toward short- and long-term goals.	<p><i>Teacher's Manual</i> Beginning of the Year, Weeks 1–4, 6–8, 10 Reflecting on the Classroom Community</p> <p><i>Teacher's Manual Topic Week</i> Preparing for Assemblies Preparing for a Field Trip Preparing for a Substitute Teacher Preparing for Tests</p>

Caring School Community® Alignment with Social Emotional Competencies

			Courage Perseverance
--	--	--	-------------------------

SOCIAL COMPETENCE (4th and 5th Grade)

Establish and maintain positive relationships by respecting others, practicing social skills, and making responsible choices while recognizing and connecting to the community at large

No.	CASEL Domain	Grades 4 and 5	Caring School Community
12	Social Awareness	Learners will be able to appreciate diversity by recognizing multiple points of view and perspectives of others across cultural and social groups.	<p><i>Teacher's Manual</i> Beginning of the Year, Weeks 6, 10</p> <p><i>Teacher's Manual Topic Week</i> Preparing for Assemblies Preparing for a Substitute Teacher Returning from Vacation Welcoming New Students Kindness Bullying Exclusion Mishandling Belongings Unkind Speech Resolving Conflicts Teasing</p>
13	Social Awareness	Learners will be able to build relationships between diverse groups of people.	<p><i>Teacher's Manual</i> Random Partnering for Morning Circles (weekly)_ Beginning the Year, Weeks 1, 4, 6–10</p> <p><i>Teacher's Manual Topic Week</i> Random Partnering for Morning Circles (weekly) Courage Friendship Kindness</p> <p><i>Cross-age Buddies Activity Book</i> 1–2 times per month (beginning in Week 10)</p>

Caring School Community® Alignment with Social Emotional Competencies

SOCIAL COMPETENCE (4 th and 5 th Grade)			
14	Social Awareness	Learners will be able to demonstrate respect for others by discussing how stereotypes affect self and others.	
15	Relationship Skills	Learners will be able to, with adult guidance, recognize, establish, and maintain healthy and rewarding relationships.	<p><i>Teacher's Manual</i> Random Partnering for Morning Circles (weekly) Beginning the Year, Weeks 1–10</p> <p><i>Teacher's Manual Topic Week</i> Random Partnering for Morning Circles (weekly) Preparing for an Assembly Preparing for a Field Trip Returning from Vacation Welcoming New Students Friendship Gratitude Kindness</p> <p><i>Cross-age Buddies Activity Book</i> 1–2 times per month (beginning in Week 10)</p>
16	Relationship Skills	Learners will be able to effectively communicate clearly, listen well, and cooperate with others to build healthy relationships.	<p><i>Teacher's Manual</i> Beginning the Year, Weeks 1–10</p> <p><i>Teacher's Manual Topic Week</i> Preparing for Assemblies Preparing for a Field Trip Preparing for Tests Returning from Vacations Courage Friendship Kindness Gratitude Perseverance Resolving Conflicts Unkind Speech</p>
17	Relationship Skills	Learners will be able to independently adapt behavior based upon peer feedback and environmental cues.	<p><i>Teacher's Manual</i> Beginning the Year, Week 3</p>

Caring School Community® Alignment with Social Emotional Competencies

SOCIAL COMPETENCE (4 th and 5 th Grade)			
			<p><i>Teacher's Manual Topic Week</i> Preparing for Assemblies Preparing for a Field Trip Preparing for a Substitute Teacher Welcoming New Students Courage Kindness Bullying Exclusion Misbehavior Outside of Class Mishandling Belongings Unkind Speech Resolving Conflicts</p> <p><i>Cross-age Buddies Activity Book</i> 1–2 times per month (beginning in Week 10)</p>
18	Relationship Skills	Learners will be able to work cooperatively and productively in a group to accomplish a set goal.	<p><i>Teacher's Manual</i> Beginning of the Year, Weeks 2, 3, 5–9</p> <p><i>Teacher's Manual Topic Week</i> Preparing for Assemblies Preparing for a Field Trip Kindness Bullying Exclusion Misbehavior Outside of Class Mishandling Belongings Unkind Speech Resolving Conflicts</p>
19	Relationship Skills	Learners will be able to identify cause and effect of a conflict.	<p><i>Teacher's Manual</i> Beginning of the Year, Weeks 2–3</p> <p><i>Teacher's Manual Topic Week</i> Preparing for Assemblies</p>

Caring School Community® Alignment with Social Emotional Competencies

SOCIAL COMPETENCE (4 th and 5 th Grade)			
			<p>Preparing for a Field Trip Preparing for a Substitute Courage Kindness Bullying Exclusion Misbehavior Outside of Class Mishandling Belongings Unkind Speech Resolving Conflicts Teasing</p> <p><i>Caring School Discipline</i> Chapters 1–13 (as needed to support individual students)</p>
20	Decision Making	Learners will be able to make constructive choices about personal behavior and social interaction in order to evaluate the consequences of various actions with consideration of well-being for oneself and others.	<p><i>Teacher's Manual</i> Beginning of the Year, Weeks 1–4, 6, 10</p> <p><i>Teacher's Manual Topic Week</i> Preparing for Assemblies Preparing for a Field Trip Preparing for a Substitute Teacher Preparing for Tests Kindness Exclusion Unkind Speech Resolving Conflicts Teasing</p> <p><i>Caring School Discipline</i> Chapters 1–13 (as needed to support individual students)</p>
21	Social Awareness	Learners will be able to identify and respect social norms for behavior and safe interactions across different settings.	<p><i>Teacher's Manual</i> Beginning of the Year, Weeks 2, 8–10 Reflecting on the Classroom Community</p>

Caring School Community® Alignment with Social Emotional Competencies

SOCIAL COMPETENCE (4 th and 5 th Grade)			
			<i>Teacher's Manual Topic Week</i> Preparing for Assemblies Preparing for a Field Trip Preparing for a Substitute Teacher Courage Friendship Kindness Unkind Speech
22	Decision Making Relationship Skills	Learners will be able to honor social norms with respect to safety of oneself and others.	<i>Teacher's Manual</i> Beginning of the Year, Week 2 Closing Circles (daily) Check-in Meetings (daily) <i>Teacher's Manual Topic Week</i> Closing Circles (daily) Check-in Meetings (daily) Preparing for Assemblies Preparing for a Field Trip Preparing for a Substitute Teacher Courage Friendship Kindness Unkind Speech
23	Social Awareness Relationship Skills	Learners will be able to identify when and how to offer help to others.	<i>Teacher's Manual</i> Beginning of the Year, Weeks 7–8 <i>Teacher's Manual Topic Week</i> Preparing for a Substitute Teacher Welcoming New Students Courage Friendship Kindness Exclusion Resolving Conflicts <i>Caring School Discipline</i>

Caring School Community® Alignment with Social Emotional Competencies

SOCIAL COMPETENCE (4 th and 5 th Grade)			
			Chapters 1–13 (as needed to support individual students)
24	Decision Making Social Awareness Relationship Skills	Learners will be able to identify actions that would positively impact change in a classroom, school, and community.	<p><i>Teacher’s Manual</i> Beginning of the Year, Week 2</p> <p><i>Teacher’s Manual Topic Week</i> Preparing for Assemblies Preparing for a Field Trip Preparing for a Substitute Teacher Courage Friendship Bullying Exclusion Misbehavior Outside of Class Mishandling Belongings Unkind Speech Resolving Conflicts Teasing</p> <p><i>Caring School Discipline</i> Chapters 1–13 (as needed to support individual students)</p> <p><i>Schoolwide Community-building Activities</i> 3–4 times per year (as scheduled)</p>