<table>
<thead>
<tr>
<th>No.</th>
<th>CASEL Domain</th>
<th>Grades 4 and 5</th>
<th>Caring School Community</th>
</tr>
</thead>
</table>
| 1   | Self-Awareness    | Learners will be able to recognize and label a variety of complex emotions in self and others. | *Teacher’s Manual*  
Beginning of the Year, Weeks 3, 5, 6, 7  
Reflecting on the Classroom Community  
*Teacher’s Manual Topic Week*  
Preparing for Tests  
Returning from Vacation  
Welcoming New Students  
Courage  
Friendship  
Gratitude  
Perseverance  
Unkind Speech  
Resolving Conflicts |
| 2   | Self-Management   | Learners will be able to express their emotions to self and others in respectful ways.          | *Teacher’s Manual*  
Beginning of the Year, Weeks 3, 6–10  
Reflecting on the Classroom Community  
*Teacher’s Manual Topic Week*  
Preparing for Assemblies  
Preparing for a Field Trip  
Preparing for a Substitute Teacher  
Returning from Vacation  
Welcoming New Students  
Courage  
Friendship  
Kindness  
Unkind Speech  
Resolving Conflicts  
*Caring School Discipline*  
Chapters 1–13 (as needed to support individual students) |
| 3 | Self-Management | Learners will be able to, with minimal adult guidance, manage emotions (e.g., stress, impulses, motivation) in a manner sensitive to self and others. | Teacher's Manual  
Beginning of the Year, Weeks 3, 6–10  
Reflecting on the Classroom Community  
Teacher’s Manual Topic Week  
Preparing for Assemblies  
Preparing for a Field Trip  
Preparing for a Substitute Teacher  
Welcoming New Students  
Courage  
Kindness  
Bullying  
Exclusion  
Misbehavior Outside of Class  
Resolving Conflicts  
Mishandling Belongings  
Unkind Speech  
Teasing  
Cross-age Buddies Activity Book  
1–2 times per month (beginning in Week 10)  
Caring School Discipline  
Chapters 1–13 (as needed to support individual students) |
|---|---|---|---|
| 4 | Focus Attention | Learners will be able to, with adult guidance, use organizational skills and strategies to focus attention in order to work toward personal and academic goals. | Teacher’s Manual  
Beginning of the Year, Weeks 1–4, 6–7, 10  
Reflecting on the Classroom Community  
Teacher’s Manual Topic Week  
Preparing for Assemblies  
Preparing for a Field Trip  
Preparing for a Test  
Preparing for a Substitute Teacher  
Courage  
Perseverance  
Bullying  
Exclusion  
Misbehavior Outside of Class  
Resolving Conflicts  
Mishandling Belongings |
### Social Awareness

| Chapter | Social Awareness | Learners will be able to identify others’ need for empathy and respond in respectful ways. | Teacher’s Manual  
Beginning of the Year, Weeks 3, 6, 8–10  
Reflecting on the Classroom Community  
Teacher’s Manual Topic Week  
Preparing for Assemblies  
Preparing for a Field Trip  
Preparing for a Substitute Teacher  
Returning from Vacation  
Welcoming New Students  
Courage  
Friendship  
Kindness  
Bullying  
Exclusion  
Resolving Conflicts  
Mishandling Belongings  
Unkind Speech  
Teasing  
Caring School Discipline  
Chapters 1–13 (as needed to support individual students) |
| --- | --- | --- | --- |
| 5 | Social Awareness | Learners will be able to identify others’ need for empathy and respond in respectful ways. | Teacher’s Manual  
Beginning of the Year, Weeks 2, 3, 6  
Teacher’s Manual Topic Week  
Preparing for Assemblies  
Preparing for a Substitute Teacher  
Returning from Vacation  
Welcoming New Students  
Kindness  
Friendship  
Bullying  
Exclusion |
| 6 | Social Awareness | Learners will be able to use perspective-taking to predict how their own behavior affects the emotions of others. | Teacher’s Manual  
Beginning of the Year, Weeks 2, 3, 6  
Teacher’s Manual Topic Week  
Preparing for Assemblies  
Preparing for a Substitute Teacher  
Returning from Vacation  
Welcoming New Students  
Kindness  
Friendship  
Bullying  
Exclusion |
## SELF-CONCEPT (4th and 5th Grade)

Develop positive self-identity and recognize self as a lifelong learner

<table>
<thead>
<tr>
<th>No.</th>
<th>CASEL Domain</th>
<th>Grades 4 and 5</th>
<th>Caring School Community</th>
</tr>
</thead>
</table>
| 7   | Self-Awareness | Learners will be able to use a “growth mind set” in order to recognize and build on their strengths. | Teacher’s Manual  
Closing Circles (daily)  
Teacher’s Manual Topic Week  
Closing Circles (daily)  
Preparing for Tests  
Courage  
Perseverance |
| 8   | Self-Awareness | Learners will be able to reflect on similarities and differences between their personal beliefs and those of others. | Teacher’s Manual  
Beginning of the Year, Weeks 4–6, 8  
Teacher’s Manual Topic Week  
Preparing for Assemblies  
Preparing for a Substitute Teacher  
Returning from Vacation  
Welcoming New Students  
Kindness  
Perseverance  
Bullying  
Exclusion  
Resolving Conflicts  
Mishandling Belongings  
Unkind Speech  
Teasing |
<table>
<thead>
<tr>
<th></th>
<th>Competency</th>
<th>Description</th>
<th>Teacher’s Manual</th>
</tr>
</thead>
</table>
| 9 | Self-Awareness | Learners will be able to identify their role in their family and community and how those roles impact their identity. | **Teacher’s Manual**  
Home Connection Activities (weekly)  
**Teacher’s Manual Topic Week**  
Home Connection Activities (weekly)  
**Schoolwide Community-building Activities**  
3–4 times per year (as scheduled) |
| 10 | Self-Management | Learners will be able to assess their level of engagement in their own learning for the achievement of personal goals. | **Teacher’s Manual**  
Beginning of the Year, Weeks 1–4, 6, 10  
Reflecting on the Classroom Community  
**Teacher’s Manual Topic Week**  
Preparing for Assemblies  
Preparing for a Field Trip  
Preparing for a Substitute Teacher  
Preparing for Tests  
Courage  
Perseverance  
Bullying  
Exclusion  
Resolving Conflicts  
Mishandling Belongings  
Unkind Speech  
Teasing  
Caring School Discipline  
Chapters 1–13 (as needed to support individual students) |
| 11 | Self-Awareness | Learners will be able to identify strategies to persist and maintain motivation when working toward short- and long-term goals. | **Teacher’s Manual**  
Beginning of the Year, Weeks 1–4, 6–8, 10  
Reflecting on the Classroom Community  
**Teacher’s Manual Topic Week**  
Preparing for Assemblies  
Preparing for a Field Trip  
Preparing for a Substitute Teacher  
Preparing for Tests |
### Caring School Community® Alignment with Social Emotional Competencies

#### SOCIAL COMPETENCE (4th and 5th Grade)

Establish and maintain positive relationships by respecting others, practicing social skills, and making responsible choices while recognizing and connecting to the community at large.

<table>
<thead>
<tr>
<th>No.</th>
<th>CASEL Domain</th>
<th>Grades 4 and 5</th>
<th>Caring School Community</th>
</tr>
</thead>
</table>
| 12  | Social Awareness  | Learners will be able to appreciate diversity by recognizing multiple points of view and perspectives of others across cultural and social groups. | *Teacher’s Manual*  
Beginning of the Year, Weeks 6, 10  
*Teacher’s Manual Topic Week*  
Preparing for Assemblies  
Preparing for a Substitute Teacher  
Returning from Vacation  
Welcoming New Students  
Kindness  
Bullying  
Exclusion  
Mishandling Belongings  
Unkind Speech  
Resolving Conflicts  
Teasing |
| 13  | Social Awareness  | Learners will be able to build relationships between diverse groups of people. | *Teacher’s Manual*  
Random Partnering for Morning Circles (weekly)  
Beginning the Year, Weeks 1, 4, 6–10  
*Teacher’s Manual Topic Week*  
Random Partnering for Morning Circles (weekly)  
Courage  
Friendship  
Kindness  
*Cross-age Buddies Activity Book*  
1–2 times per month (beginning in Week 10) |
<table>
<thead>
<tr>
<th></th>
<th>Social Competence</th>
<th>Description</th>
<th>Teacher's Manual</th>
</tr>
</thead>
</table>
| 14| Social Awareness  | Learners will be able to demonstrate respect for others by discussing how stereotypes affect self and others. | **Teacher's Manual**  
  - Random Partnering for Morning Circles (weekly)  
  - Beginning the Year, Weeks 1–10  
  **Teacher's Manual Topic Week**  
  - Random Partnering for Morning Circles (weekly)  
  - Preparing for an Assembly  
  - Preparing for a Field Trip  
  - Returning from Vacation  
  - Welcoming New Students  
  - Friendship  
  - Gratitude  
  - Kindness  
  **Cross-age Buddies Activity Book**  
  1–2 times per month (beginning in Week 10) |
| 15| Relationship Skills | Learners will be able to, with adult guidance, recognize, establish, and maintain healthy and rewarding relationships. | **Teacher's Manual**  
  - Beginning the Year, Weeks 1–10  
  **Teacher's Manual Topic Week**  
  - Preparing for Assemblies  
  - Preparing for a Field Trip  
  - Preparing for Tests  
  - Returning from Vacations  
  - Courage  
  - Friendship  
  - Kindness  
  - Gratitude  
  - Perseverance  
  - Resolving Conflicts  
  - Unkind Speech |
| 16| Relationship Skills | Learners will be able to effectively communicate clearly, listen well, and cooperate with others to build healthy relationships. | **Teacher's Manual**  
  - Beginning the Year, Weeks 1–10  
  **Teacher's Manual Topic Week**  
  - Preparing for Assemblies  
  - Preparing for a Field Trip  
  - Preparing for Tests  
  - Returning from Vacations  
  - Courage  
  - Friendship  
  - Kindness  
  - Gratitude  
  - Perseverance  
  - Resolving Conflicts  
  - Unkind Speech |
| 17| Relationship Skills | Learners will be able to independently adapt behavior based upon peer feedback and environmental cues. | **Teacher's Manual**  
  - Beginning the Year, Week 3 |
### Social Competence (4th and 5th Grade)

<table>
<thead>
<tr>
<th>Week</th>
<th>Topic</th>
<th>Description</th>
<th>Teacher's Manual Topic Week</th>
</tr>
</thead>
<tbody>
<tr>
<td>18</td>
<td>Relationship Skills</td>
<td>Learners will be able to work cooperatively and productively in a group to accomplish a set goal.</td>
<td>Preparing for Assemblies, Preparing for a Field Trip, Preparing for a Substitute Teacher, Welcoming New Students, Courage, Kindness, Bullying, Exclusion, Misbehavior Outside of Class, Mishandling Belongings, Unkind Speech, Resolving Conflicts. Cross-age Buddies Activity Book 1–2 times per month (beginning in Week 10). Teacher's Manual</td>
</tr>
<tr>
<td>19</td>
<td>Relationship Skills</td>
<td>Learners will be able to identify cause and effect of a conflict.</td>
<td>Teacher’s Manual Beginning of the Year, Weeks 2–3 Teacher’s Manual Topic Week Preparing for Assemblies</td>
</tr>
</tbody>
</table>

**Teacher’s Manual**

- Beginning of the Year, Weeks 2, 3, 5–9
- Preparing for Assemblies
- Preparing for a Field Trip
- Preparing for a Substitute Teacher
- Welcoming New Students
- Courage
- Kindness
- Bullying
- Exclusion
- Misbehavior Outside of Class
- Mishandling Belongings
- Unkind Speech
- Resolving Conflicts
## Caring School Community® Alignment with Social Emotional Competencies

### SOCIAL COMPETENCE (4th and 5th Grade)

<table>
<thead>
<tr>
<th>Chapter</th>
<th>Topic</th>
<th>Description</th>
<th>Additional Information</th>
</tr>
</thead>
</table>
| 20      | Decision Making | Learners will be able to make constructive choices about personal behavior and social interaction in order to evaluate the consequences of various actions with consideration of well-being for oneself and others. | **Teacher’s Manual**  
Beginning of the Year, Weeks 1–4, 6, 10  
**Teacher’s Manual Topic Week**  
Preparing for Assemblies  
Preparing for a Field Trip  
Preparing for a Substitute Teacher  
Preparing for Tests  
Kindness  
Exclusion  
Unkind Speech  
Resolving Conflicts  
Teasing  
**Caring School Discipline**  
Chapters 1–13 (as needed to support individual students) |
| 21      | Social Awareness | Learners will be able to identify and respect social norms for behavior and safe interactions across different settings. | **Teacher’s Manual**  
Beginning of the Year, Weeks 2, 8–10  
**Reflecting on the Classroom Community** |
<table>
<thead>
<tr>
<th>SOCIAL COMPETENCE (4th and 5th Grade)</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>22 Decision Making</strong></td>
<td><strong>Teacher’s Manual Topic Week</strong></td>
</tr>
<tr>
<td>Relationship Skills</td>
<td>Preparing for Assemblies</td>
</tr>
<tr>
<td></td>
<td>Preparing for a Field Trip</td>
</tr>
<tr>
<td></td>
<td>Preparing for a Substitute Teacher</td>
</tr>
<tr>
<td></td>
<td>Courage</td>
</tr>
<tr>
<td></td>
<td>Friendship</td>
</tr>
<tr>
<td></td>
<td>Kindness</td>
</tr>
<tr>
<td></td>
<td>Unkind Speech</td>
</tr>
<tr>
<td>Learners will be able to honor social norms with respect to safety of oneself and others.</td>
<td><strong>Teacher’s Manual</strong></td>
</tr>
<tr>
<td></td>
<td>Beginning of the Year, Week 2</td>
</tr>
<tr>
<td></td>
<td>Closing Circles (daily)</td>
</tr>
<tr>
<td></td>
<td>Check-in Meetings (daily)</td>
</tr>
<tr>
<td></td>
<td><strong>Teacher’s Manual Topic Week</strong></td>
</tr>
<tr>
<td></td>
<td>Closing Circles (daily)</td>
</tr>
<tr>
<td></td>
<td>Check-in Meetings (daily)</td>
</tr>
<tr>
<td></td>
<td>Preparing for Assemblies</td>
</tr>
<tr>
<td></td>
<td>Preparing for a Field Trip</td>
</tr>
<tr>
<td></td>
<td>Preparing for a Substitute Teacher</td>
</tr>
<tr>
<td></td>
<td>Courage</td>
</tr>
<tr>
<td></td>
<td>Friendship</td>
</tr>
<tr>
<td></td>
<td>Kindness</td>
</tr>
<tr>
<td></td>
<td>Unkind Speech</td>
</tr>
<tr>
<td><strong>23 Social Awareness</strong></td>
<td><strong>Teacher’s Manual</strong></td>
</tr>
<tr>
<td>Relationship Skills</td>
<td>Beginning of the Year, Weeks 7–8</td>
</tr>
<tr>
<td></td>
<td><strong>Teacher’s Manual Topic Week</strong></td>
</tr>
<tr>
<td></td>
<td>Preparing for a Substitute Teacher</td>
</tr>
<tr>
<td></td>
<td>Welcoming New Students</td>
</tr>
<tr>
<td></td>
<td>Courage</td>
</tr>
<tr>
<td></td>
<td>Friendship</td>
</tr>
<tr>
<td></td>
<td>Kindness</td>
</tr>
<tr>
<td></td>
<td>Exclusion</td>
</tr>
<tr>
<td></td>
<td>Resolving Conflicts</td>
</tr>
<tr>
<td>Learners will be able to identify when and how to offer help to others.</td>
<td><strong>Caring School Discipline</strong></td>
</tr>
</tbody>
</table>
## Caring School Community® Alignment with Social Emotional Competencies

### SOCIAL COMPETENCE (4<sup>th</sup> and 5<sup>th</sup> Grade)

<table>
<thead>
<tr>
<th>24</th>
<th>Decision Making, Social Awareness, Relationship Skills</th>
<th>Learners will be able to identify actions that would positively impact change in a classroom, school, and community.</th>
<th>Chapters 1–13 (as needed to support individual students)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Teacher’s Manual</td>
<td>Beginning of the Year, Week 2</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Teacher’s Manual Topic Week</td>
<td>Preparing for Assemblies</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Preparing for a Field Trip</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Preparing for a Substitute Teacher</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Courage</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Friendship</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Bullying</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Exclusion</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Misbehavior Outside of Class</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Mishandling Belongings</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Unkind Speech</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Resolving Conflicts</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Teasing</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Caring School Discipline</td>
<td>Chapters 1–13 (as needed to support individual students)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Schoolwide Community-building Activities</td>
<td>3–4 times per year (as scheduled)</td>
<td></td>
</tr>
</tbody>
</table>