

Caring School Community® Alignment with Social Emotional Competencies

EMOTIONAL DEVELOPMENT (6th– 8th Grade)

Understand and manage one’s emotions

	CASEL Domain	Grades 6–8	<i>Caring School Community</i>
1	Self-Awareness	Learners will be able to recognize and label a variety of complex graded emotions in self and others.	<p><i>Teacher’s Manual</i> Beginning the Year, Weeks 6–7</p> <p><i>Teacher’s Manual Topic Week</i> Kindness Peer Pressure Welcoming New Students Girl-Boy Friendships Resolving Conflicts 1</p>
2	Self-Management	Learners will be able to express their emotions in an appropriate and respectful manner using a variety of modalities (e.g., verbal and nonverbal).	<p><i>Teacher’s Manual</i> Beginning the Year, Weeks 6–8, 10</p> <p><i>Teacher’s Manual Topic Week</i> Friendship Kindness Appreciating Diversity Peer Pressure Welcoming New Students Girl-Boy Friendships Resolving Conflicts 1</p> <p><i>Caring School Discipline</i> Chapters 1–13 (as needed to support individual students)</p>
3	Self-Management	Learners will be able to identify what triggers a strong emotion and apply an appropriate calming or coping strategy to defuse the emotional trigger.	<p><i>Teacher’s Manual</i> Beginning the Year, Weeks 6–7</p> <p><i>Teacher’s Manual Topic Week</i> Kindness Peer Pressure Resolving Conflicts 1 Resolving Conflicts 2</p> <p><i>Caring School Discipline</i></p>

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			Chapters 1–13 (as needed to support individual students)
4	Focus Attention	Learners will be able to independently use organizational skills and strategies to focus attention in order to work toward short-term personal and academic goals.	<i>Teacher’s Manual</i> Beginning the Year, Weeks 2–5, 9–10 <i>Teacher’s Manual Topic Week</i> Planning a Celebration Kindness Reducing Stress Homework
5	Social Awareness	Learners will be able to provide support and encouragement to others through perspective taking, empathy, and appreciation for diversity.	<i>Teacher’s Manual</i> Beginning the Year, Weeks 1, 7–8 <i>Teacher’s Manual Topic Week</i> Welcoming New Students Appreciating Diversity Girl-Boy Friendships Enjoying Lunchtime Resolving Conflicts 1 Interests Outside of School
6	Social Awareness	Learners will be able to recognize expressions of empathy in society and communities.	<i>Teacher’s Manual</i> Friday News (weekly) <i>Teacher’s Manual Topic Week</i> Friday News (weekly)

SELF-CONCEPT (6th– 8th Grade)

Develop positive self-identity and recognize self as a lifelong learner			
No.	CASEL Domain	Grades 6–8	<i>Caring School Community</i>
7	Self-Awareness	Learners will be able to use optimism and a “growth mind set” to recognize strengths in self in order to describe and prioritize personal skills and interests they want to develop.	<i>Teacher’s Manual</i> One-on-One Conferences <i>Teacher’s Manual Topic Week</i> One-on-One Conferences

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			<p>Welcoming New Students (grade 6) Working with Younger Students (grades 7–8) Interests Outside of School Happiness</p>
8	Self-Awareness	Learners will be able to self-reflect on their values and beliefs and how their behaviors relate to those values and beliefs.	<p><i>Teacher's Manual</i> Beginning the Year, Weeks 1, 8 Reflecting on the Advisory Community</p> <p><i>Teacher's Manual Topic Week</i> Enjoying Lunchtime Homework Reducing Stress Happiness Interests Outside of School Sleep</p>
9	Self-Awareness Social-Awareness	Learners will be able to identify how family and culture impact their thoughts and actions.	<p><i>Teacher's Manual</i> Home Connections, Weeks 3–4, 7, 9</p> <p><i>Teacher's Manual Topic Week</i> Friendship Resolving Conflicts 1 Peer Pressure Respecting Belongings Exclusion/Cliques Reducing Stress Happiness Sleep</p>
10	Self-Management	Learners will be able to consistently set attainable, realistic goals, and persist until their goals are achieved.	<p><i>Teacher's Manual</i> Beginning the Year, Weeks 2–5, 9–10 One-on-One Conferences</p> <p><i>Teacher's Manual Topic Week</i> One-on-One Conferences Homework Kindness</p>

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SELF-CONCEPT (6 th – 8 th Grade)			
			Reducing Stress
11	Self-Awareness Self-Management	Learners will be able to identify successes and challenges, and how they can learn from them.	<p><i>Teacher's Manual</i> Beginning the Year, Weeks 1, 8 One-on-One Conferences Reflecting on the Advisory Community</p> <p><i>Teacher's Manual Topic Week</i> One-on-One Conferences Enjoying Lunchtime Homework Reducing Stress Happiness Interests Outside of School Sleep</p>

SOCIAL COMPETENCE (6 th – 8 th Grade)			
Establish and maintain positive relationships by respecting others, practicing social skills, and making responsible choices while recognizing and connecting to the community at large			
No.	CASEL Domain	Grades 6–8	Caring School Community
12	Social Awareness	Learners will be able to show respect for other people's perspectives.	<p><i>Teacher's Manual</i> Beginning the Year, Weeks 5–10 Reflecting on the Advisory Community</p> <p><i>Teacher's Manual Topic Week</i> Welcoming New Students (grade 6) Working with Younger Students (grades 7–8) Friendship Girl-Boy Friendships Resolving Conflicts 1 Exclusion/Cliques Using Social Media Responsibly</p>
13	Social Awareness	Learners will be able to reflect how cross-cultural experiences can influence their ability to build positive relationships.	<p><i>Teacher's Manual</i> Beginning the Year, Week 8</p>

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SOCIAL COMPETENCE (6 th – 8 th Grade)			
			<i>Teacher's Manual Topic Week</i> Appreciating Diversity Interests Outside of School
14	Social Awareness	Learners will be able to identify discrimination of individuals and groups based upon perceived differences.	<i>Teacher's Manual Topic Week</i> Appreciating Diversity Exclusion/Cliques Using Social Media Responsibly
15	Relationship Skills	Learners will be able to recognize the emotional, physical, social, and other costs of negative relationships.	<i>Teacher's Manual Topic Week</i> Reducing Stress Girl-Boy Friendships Using Social Media Responsibly Happiness Peer Pressure Exclusion/Cliques
16	Relationship Skills	Learners will be able to use active listening and assertive, clear communication when expressing thoughts and ideas.	<i>Teacher's Manual</i> Beginning the Year, Weeks 1–5, 9 <i>Teacher's Manual Topic Week</i> Enjoying Lunchtime Homework Resolving Conflicts 1 Resolving Conflicts 2
17	Relationship Skills	Learners will be able to recognize and respond appropriately to constructive feedback.	<i>Teacher's Manual</i> Beginning the Year, Weeks 2–5 One-on-One Conferences <i>Teacher's Manual Topic Week</i> Friendship Kindness
18	Relationship Skills	Learners will be able to work cooperatively and productively in a group and overcome setbacks and disagreements.	<i>Teacher's Manual</i> Beginning the Year, Weeks 9–10

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			<i>Teacher’s Manual Topic Week</i> Planning a Celebration Friendship Girl-Boy Friendships Appreciating Diversity Respecting Belongings Exclusion/Cliques Enjoying Lunchtime Resolving Conflicts 2
19	Relationship Skills	Learners will be able to apply negotiation skills and conflict resolution skills to resolve differences.	<i>Teacher’s Manual</i> Beginning the Year, Weeks 6, 8 <i>Teacher’s Manual Topic Week</i> Enjoying Lunchtime Resolving Conflicts 2 Respecting Belongings
20	Decision Making	Learners will be able to generate a variety of solutions and outcomes to a problem with consideration of well-being for oneself and others.	<i>Teacher’s Manual</i> Beginning the Year, Weeks 5–6, 8–10 <i>Teacher’s Manual Topic Week</i> Friendship Exclusion/Cliques Using Social Media Responsibly Enjoying Lunchtimes
21	Social Awareness	Learners will be able to identify how social norms for behavior vary across different settings and within different cultures.	<i>Teacher’s Manual</i> Beginning the Year, Weeks 2, 7 <i>Teacher’s Manual Topic Week</i> Appreciating Diversity Resolving Conflicts 1
22	Decision Making Relationship Skills	Learners will be able to identify the impact of their decisions on personal safety and relationships.	<i>Teacher’s Manual</i> Beginning the Year, Weeks 5, 9–10 <i>Teacher’s Manual Topic Week</i>

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			Friendship Exclusion/Cliques Using Social Media Responsibly Peer Pressure Sleep
23	Social Awareness Relationship Skills	Learners will be able to advocate for themselves.	<i>Teacher's Manual</i> Beginning the Year, Weeks 4, 9 <i>Teacher's Manual Topic Week</i> Enjoying Lunchtime Homework Resolving Conflicts 2 Peer Pressure Sleep
24	Decision Making Social Awareness Relationship Skills	Learners will be able to, with adult guidance, create an action plan that addresses a need in the classroom, school, or community.	<i>Teacher's Manual Topic Week</i> Welcoming New Students (grade 6) Working with Younger Students (grades 7–8) Planning a Celebration