EMO	OTIONAL DEVELOPMENT (K-5 th Grade) Und	erstand and ı	manage one's emotions			
No.	Wisconsin Social Emotional Learning Competencies	CASEL Domain	Leader	Leader in Me Competencies and Curriculum		
1	Kindergarten: Learners will be able to demonstrate awareness of their emotions and how they may be the same or different from others. Wisconsin Model Early Learning Standards (WMELS) Domain II A EL.1	Self- Awareness	STUDENT LEADERSHIP PORTRAIT COMPETENCIES Self-Regulation Higher-Order fThinking Continuously Improve			
	Grades 1-3: Learners will be able to recognize and label a variety of their own basic emotions. Grades 4-5: Learners will be able to recognize and label a variety of complex emotions in self and others.		MODULES Grades K-1: • Recognizing My Emotions • Fact & Opinion	Grades 2-3 • Recognizing My Emotions Grade 2: • Thinking About Thinking • Perseverance Grade 3: • My Paradigms	Grades 4 –5: Recognizing My Emotions Grade 4: My Paradigms Perseverance Grade 5: Paradigms & Principles My Health & Screen Time	
2	Kindergarten: Learners will be able to, with adult guidance, use verbal and nonverbal language to demonstrate a variety of emotions. WMELS Domain II A EL.1	Self- Management	STUDENT LEADERSHIP PORT Self-Regulation Communication Continuously Improve	RAIT COMPETENCIES		
	Grades 1-3: Learners will be able to use verbal and nonverbal language to demonstrate a variety of increasingly complex emotions. Grades 4-5: Learners will be able to express their emotions to self and others in respectful ways.		MODULES Grades K-1 Recognizing My Emotions Fact & Opinion Kindergarten Using Calming Strategies Speaking With Respect Grade 1: My Calming Strategies	Grades 2-3 • Recognizing My Emotions Grade 2: • Regulating My Emotions • Communicating With Respect Grade 3: • Self-Regulation • Respectful Communication	Grades 4 –5: Recognizing Emotions Regulating My Emotions Grade 4: Proactive Language & Circle of Control Respectfully Seeking to be Understood Regulating My Stress	



	 EMOTIONAL DEVELOPMENT (K-5 th Grade) Unde		manage one's emotions			
			Taking Charge of Myself Speaking Respectfully		 Celebrating Growth Grade 5: Circle of Control Speaking Respectfully 	
*	Kindergarten: Learners will be able to, with adult guidance, display age-appropriate self-control. WMELS Domain II A EL.1 Grades 1-3: Learners will be able to, with adult guidance, demonstrate a variety of strategies to manage strong emotions. Grades 4-5: Learners will be able to, with minimal adult guidance, manage emotions (e.g., stress, impulses, motivation) in a manner sensitive to self and others.	Self- Management	STUDENT LEADERSHIP PORTRAIT COMPETENCIES Self-Regulation Higher-Order Thinking Continuously Improve MODULES Kindergarten • Using Calming Strategies • Taking Responsibility Grade 1: Grade 3:		Grade 4: • Regulating My Emotions • Perseverance • Proactive Language & Circle of Control	
			 My Calming Strategies Taking Charge of Myself Fact & Opinion 	 Asking Questions & Asking for Help Self-Regulation Proactive Practices 	 Regulating My Stress Celebrating Growth Grade 5: Regulating My Emotions Circle of Control My Health & Screen Time Reflection & Celebrate Growth 	
2	Kindergarten: Learners will be able to, with adult guidance and engaging activities, attend for longer periods of time and show preference for some activities. WMELS IV.A.EL.1 Grades 1-3: Learners will begin to be able to, with adult guidance, focus their attention by demonstrating a variety of	Focus Attention	STUDENT LEADERSHIP POR' Self-Regulation Time Management Achieve Goals Continuously Improve	TRAIT COMPETENCIES		
	strategies to tolerate distractions. Grades 4-5: Learners will be able to, with adult guidance, use organizational skills and strategies to focus attention in order to work toward personal and academic goals.		MODULES Kindergarten • Growth Mindset • Making Decisions • Sharpening the Saw Grade 1:	Grades 2-3 • Achieving My Goals • Accountability Partners Grade 2: • Circle of Control	 Grades 4-5 Learning About Goal Achievement Achieving My Goals Accountability Partners 	



EMO	EMOTIONAL DEVELOPMENT (K-5 th Grade) Understand and manage one's emotions							
			 Taking Charge of Myself My Priorities Making Decisions Taking Action to Achieve My Goals Accountability Partners 	 Determining My Big Rocks Planning Weekly Grade 3: Proactive Practices Time Matrix Plan Every Week 	Grade 4: Proactive Language & Circle of Control Prioritizing Big Rocks Planning Every Week Saying No to Peer Pressure Regulating My Stress Thinking Critically Grade 5: Circle of Control Time Matrix Planning Every Week Staying True in the Moment of Choice My Health and Screen Time Careers That Match My			
5	5 Kindergarten: Learners will be able to recognize the feelings of another child and respond with basic comfort and empathy. WMELS Domain II A EL.2 Grades 1-3: Learners will be able to, with adult guidance,		STUDENT LEADERSHIP PORT Relationship Building Cultivate Trust Empathy Communication	FRAIT COMPETENCIES				
	identify how others are feeling, based on their verbal and nonverbal cues, and respond with compassion. Grades 4-5: Learners will be able to identify others' need for empathy and respond in respectful ways.		MODULES Kindergarten Practicing Empathy Empathic Listening Grade 1: Listening With My Eyes, Ears, Body, and Heart Listening With Empathy	Grades 2-3 • Empathic Listening Grade 2: • Developing Relationships? • Learning From Others Grade 3: • High Trust Behaviors • Respectful Communication	Grades 4-5 • Emotional Bank Accounts • Empathy • Empathic Listening Grade 4: • Showing Loyalty • Standing Up for Ourselves and Others Grade 5: • Extending Trust • Showing Consideration			



EMOTIONAL DEVELOPMENT (K-5th Grade) -- Understand and manage one's emotions

6 Kindergarten: Learners will be able to associate words and gestures with a variety of emotions expressed by others. WMELS Domain II A EL.2

Grades 1-3: Learners will be able to predict how someone else may feel in a variety of situations.

Grades 4-5: Learners will be able to use perspective-taking to predict how their own behavior affects the emotions of others.

Social Awareness

STUDENT LEADERSHIP PORTRAIT COMPETENCIES

Relationship Building Cultivate Trust Empathy Communication

MODULES

Kindergarten

- Building Trust
- Practicing Empathy
- Empathic Listening

Grade 1:

- Building Our Emotional Bank Account
- Keeping Promises
- Helping and Asking for Help?
- Listening With My Eyes, Ears, Body, and Heart
- Listening With Empathy

Grades 2-3:

• Empathic Listening

Grade 2:

- Character and Trust
- Developing Relationships
- Standing Up for Others

Grade 3:

- High Trust Behaviors
- Emotional Bank Account
- Repairing Trust
- Courage to Stand Up for Others
- Meeting and Greeting

Grades 4-5:

- Emotional Bank Accounts
- Empathy
- Empathic Listening

Grade 4:

- Talking Straight
- Showing Loyalty
- Standing Up for Ourselves and Others

Grade 5:

- Building Relationship Trust
- Extending Trust
- Showing Consideration
- Standing Up for Others



SELF No.	F-CONCEPT (Pre K - 5th Grade) Develop posit Wisconsin Social Emotional Learning Competencies	tive self-identi CASEL Domain		elong learner in Me Competencies and Cu	rriculum
7	Kindergarten: Learners will be able to exhibit positive self-concept and confidence in their abilities. WMELS Domain II B EL.1 Grades 1-3: Learners will be able to identify and describe skills and activities they do well and those for which they need help. Grades 4-5: Learners will be able to use a "growth mind set" in order to recognize and build on their strengths.	Self-Awareness	STUDENT LEADERSHIP PORTE Higher-Order Thinking Vision Actively Contribute Continuously Improve MODULES Grades K-1 Growth Mindset Leading My Learning Finding My Voice Celebrating Growth Kindergarten Leading Myself and Others What Matters Most? Reflecting to Learn Grade 1: Leading In and Out of School Developing My Personal Mission Statement? Helping and Asking for Help Discovering My Strengths and Passions	Grades 2-3 • Growth Mindset • Reflection & Celebrate Growth Grade 2: • Thinking About Thinking • What Matters Most • Developing My Personal Mission Statement • Daily Private Victory • Perseverance • Finding My Voice • Asking Questions Grade 3: • Asking Questions & Asking for Help • My Personal Values • My Personal Mission Statement • Consider Consequences • Asking for Help • My Daily Private Victory • Talents & Passions	Grades 4-5 • Leading My Learning • Creating My Personal Mission Statement • Living by My Personal Mission Statement • Reflection & Celebrate Growth Grade 4: • Perseverance • Envisioning the Future • Achieving the Daily Private Victory • Thinking Critically • Preparing for the Future Grade 5: • Growth Mindset/Perseverance • Defining Expectations • Daily Private Victory • Using My Voice to Make a Contribution • Careers That Match My Strengths
8	Kindergarten: Learners will be able to, with adult guidance,	Self-Awareness	STUDENT LEADERSHIP PORTE	RAIT COMPETENCIES	



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		recognize and share independent thoughts. WMELS Domain II B EL.1 Grades 1-3: Learners will be able to identify and explore their own beliefs. Grades 4-5: Learners will be able to reflect on similarities and differences between their personal beliefs and those of others.		Self-Regulation Vision Communication Collaboration Higher-Order Thinking Develop Strengths Actively Contribute Continuously Improve MODULES Grades K-1 Leading My Learning Recognizing My Emotions Fact and Opinion Kindergarten Taking Responsibility What Matters Most Speaking With Respect Celebrating Connections & Differences Finding My Voice Grade 1: Leading In and Out of School Taking Charge of Myself Thinking Ahead Speaking Respectfully Celebrating Differences Discovering My Strengths and Passions	Grades 2-3 • Recognizing My Emotions Grade 2: • Thinking About Thinking • What Matters Most • Communicating With Respect • Celebrating Differences • Finding My Voice • Asking Questions Grade 3: • My Paradigms • Asking Questions & Asking for Help • My Personal Values • Respectful Communication • Valuing Differences • Talents and Passions • Conscience & Needs	Grades 4-5 • Leading My Learning • Recognizing Emotions Grade 4: • My Paradigms • Envisioning the Future • Respectfully Seeking to Be Understood • Celebrating Differences • Working With a Team • Thinking Critically Grade 5: • Paradigms and Principles • Defining Expectations • Speaking Respectfully • Valuing Differences • Using My Voice to Make a Contribution
	9	Kindergarten: Learners will be able to show awareness of being part of a family and a larger community. WMELS Domain II B EL.2 Grades 1-3: Learners will be able to define the role family and culture play in their identity and beliefs.	Self-Awareness Social- Awareness	STUDENT LEADERSHIP PORT Relationship Building Empathy Collaboration Actively Contribute Cultivate Trust	RAIT COMPETENCIES	
		Grades 4-5: Learners will be able to identify their role in their family and community and how those roles impact their identity.		MODULES Grades K-1 Thinking Win-Win	Grades 2-3 • 3 rd Alternatives	Grades 4-5: • Emotional Bank Account



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			Finding My Voice		 Finding 3rd Alternatives
			Kindergarten Leading Myself and Others Building Trust Making Friends Repairing Trust Showing Courage and Consideration Thinking Abundantly Working With Others Celebrating Connections & Differences Finding 3 rd Alternatives Grade 1: Leading In and Out of School Building Our Emotional Bank Accounts Demonstrating Honesty Keeping Promises Courage and Consideration Helping & Asking for Help Celebrating Differences Creating 3 rd Alternatives Synergizing With Others Discovering My Strengths and Passions	Grade 2: Character and Trust Delivering Results/Quality Work Developing Relationships Abundance Mindset Acting With Courage and Consideration Standing Up for Others Working With Others Celebrating Differences Finding My Voice Using My Voice to Help Others Grade 3: Asking Questions & Asking for Help High Trust Behaviors Emotional Bank Accounts Repairing Trust Win-Win Abundance Courage to Stand Up for Others Working With Others Valuing Differences Conscience & Needs Helping Others Team Strategies	Grade 4: Talking Straight Showing Loyalty Thinking Win-Win Courage and Consideration Standing Up for Ourselves and Others Celebrating Differences Working With Others Preparing for the Future Serving Others Grade 5: Extending Trust Win-Win Showing Consideration Standing Up for Others Synergizing With Others Valuing Differences Using My Voice to Make a Contribution Careers that Match My Strengths Leading Through Service
10	Kindergarten: Learners will be able to display curiosity, risk-taking, and willingness to engage in new experiences. WMELS Domain IV A. EL 1 Grades 1-3: Learners will be able to identify simple goals for personal and academic success	Self- Management	STUDENT LEADERSHIP PORT Higher-Order Thinking Develop Strengths Achieve Goals Continuously Improve	RAIT COMPETENCIES	
	personal and academic success. Grades 4-5: Learners will be able to assess their level of engagement in their own learning for the achievement of personal goals.		MODULES Grades K-1 • Leading My Learning • Growth Mindset • Learning About Goals • Celebrating Growth	Grades 2-3 Growth Mindset Learning About Goal Achievement Achieving My Goals Accountability Partners	Grade 4-5: • Leading My Learning • Learning About Goal Achievement • Achieving My Goals • Accountability Partners



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			Kindergarten Leading Myself and Others Setting Goals Achieving Goals Reflecting to Learn Grade 1: Leading In and Out of School Accountability Partners Taking Action to Achieve My Goal Discovering My Strengths and Passions Helpful Feedback	 Daily Private Victory Grade 2: Thinking About Thinking Problem Based Learning Asking Questions Celebrating Growth Grade 3: Asking Questions & Asking for Help Talents & Passions Reflection and Growth 	Grade 4: Perseverance Achieving the Daily Private Victory Preparing for the Future Celebrating Growth Grade 5: Growth Mindset/Perseverance Daily Private Victory Careers That Match My Strengths Reflection & Celebrate Growth
11	Kindergarten: Learners will be able to engage in meaningful learning through attempting, repeating, and experimenting with a variety of experiences and activities. WMELS Domain IV A EL 2 Grades 1-3: Learners will be able to, with encouragement, persist toward reaching a goal despite setbacks.	Self-Awareness Self- Management	STUDENT LEADERSHIP PORTE Vision Time Management Higher-Order Thinking Collaboration Achieve Goals Continuously Improve	RAIT COMPETENCIES	
	Grades 4-5: Learners will be able to identify strategies to persist and maintain motivation when working toward short- and long-term goals.		MODULES Grades K-1 Growth Mindset Leading My Learning Making Decisions Accountability Partners Celebrating Growth Kindergarten What Matters Most Beginning With the End in Mind Determining Priorities Planning Weekly Setting Goals Achieving Goals Finding 3 rd Alternatives	Grades 2-3: Growth Mindset Learning About Goal Achievement Achieving My Goals Accountability Partners 3 rd Alternatives My Daily Private Victory Grade 2: Problem Based Learning Living by My Personal Mission Statement Determining Big Rocks Planning Weekly Getting and Staying Organized	Grades 4-5: Leading My Learning Living By My Personal Mission Statement Learning About Goal Achievement Achieving My Goals Accountability Partners Finding 3 rd Alternatives Grade 4: Perseverance Leading My Learning Creating My Personal Mission Statement Envisioning the Future



• Sharpening the Saw

Reflecting to Learn

Perseverance

• Celebrating Growth

• Prioritizing Big Rocks

• Planning Every Week

	Grade 1: Thinking Ahead Living by My Personal Mission Statement My Priorities Planning Each Week Learning About Goals Taking Action to Achieve My Goals Creating 3 rd Alternatives Helpful Feedback	 Grade 3: Asking Questions & Asking for Help Consider Consequences My Personal Mission Statement Time Matrix Plan Every Week Asking for Help Team Strategies Reflection & Celebrate Growth 	 Saying No to Peer Pressure Achieving the Daily Private Victory Celebrate Growth Grade 5: Growth Mindset/Perseverance Defining Expectations Time Matrix Planning Every Week Staying True in the Moment of Choice Daily Private Victory Reflection and Celebrate Growth
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No.	Wisconsin Social Emotional Learning Competencies	CASEL Domain	Leader in Me Competencies and Curriculum		rriculum
12	Kindergarten: Learners will be able to demonstrate awareness of self as a unique individual. WMELS Domain II B EL.2 Grades 1-3: Learners will be able to present their own point of view. Grades 4-5: Learners will be able to appreciate diversity by recognizing multiple points of view and perspectives of others across cultural and social groups.	Social Awareness	STUDENT LEADERSHIP PORT Relationship Building Empathy Communication Collaboration Actively Contribute Continuously Improve Cultivate Trust MODULES Grades K-1 Finding My Voice Kindergarten Leading Myself and Others Building Trust Making Friends Speaking With Respect Working With Others Celebrating Connections and Differences Reflecting to Learn Grade 1: Leading In and Out of School Building Our Emotional Bank Account Demonstrating Honesty Keeping Promises Thinking Win-Win Courage and Consideration Helping and Asking for Help	Grades 2-3 • Working With Others Grade 2: • Problem Based Learning • Character and Trust • Delivering Results/Quality Work • Developing Relationships • Abundance Mindset • Acting With Courage and Consideration • Standing Up for Others • Communicating With Respect • Celebrating Differences • Using My Voice to Help Others Grade 3: • My Paradigms • High Trust Behaviors • Emotional Bank Accounts • Repairing Trust • Win-Win	Grades 4-5 • Emotional Bank Accounts • Empathy • Empathic Listening Grade 4: • My Paradigms • Talking Straight • Showing Loyalty • Thinking Win-Win • Courage and Consideration • Standing Up for Ourselves and Others • Celebrating Differences • Working With Others • Serving Others Grade 5: • Paradigms and Principles • Emotional Bank Accounts • Building Relationship Trust • Extending Trust



			Synergizing With Others	 Courage to Stand Up for Others Respectful Communication Meeting and Greeting Valuing Differences Helping Others Team Strategies 	 Showing Consideration Standing Up for Others Synergizing With Others Valuing Differences Leading Through Service
13	Kindergarten: Learners will be able to reflect their family, culture, and community when engaged in play and learning. WMELS Domain IV C EL.2 Grades 1-3: Learners will be able to identify commonalities they share with peers. Grades 4-5: Learners will be able to build relationships between diverse groups of people.	Social Awareness	Relationship Building Empathy Collaboration Cultivate Trust MODULES Grades K-1 Thinking Win-Win Kindergarten Building Trust Making Friends Showing Courage and Consideration Thinking With Respect Working With Others Celebrating Connections and Differences Finding 3rd Alternatives Grade 1: Building Our Emotional Bank Accounts Demonstrating Honesty Courage and Consideration Listening With My Eyes, Ears, Body, and Heart Listening With Empathy Speaking Respectfully	Grades 2-3 • Working With Others • 3 rd Alternatives Grade 2: • Character and Trust • Developing Relationships • Abundance Mindset • Acting With Courage and Consideration • Standing Up for Others • Communicating With Respect • Learning From Others • Celebrating Differences Grade 3: • Emotional Bank Accounts • Win-Win • Abundance • Courage to Stand Up for Other • Respectful Communication • Meeting and Greeting • Valuing Differences	Grades 4-5 • Emotional Bank Accounts • Empathy • Empathic Listening • Finding 3 rd Alternatives Grade 4: • Talking Straight • Showing Loyalty • Thinking Win-Win • Courage and Consideration • Standing Up for Ourselves and Others • Respectfully Seeking to Be Understood • Celebrating Differences • Working With Others • Serving Others Grade 5: • Emotional Bank Accounts • Building Trusting Relationships • Extending Trust • Win-Win



			 Celebrating Differences Creating 3rd Alternatives Synergizing With Others 		 Showing Consideration Standing Up for Others Speaking Respectfully Synergizing With Others Valuing Differences Using My Voice to Make a Contribution Leading Through Service
14	Kindergarten: Learners will be able to, with adult guidance, begin to notice that other children and families do things differently. WMELS Domain IV C EL.2 Grades 1-3: Learners will be able to recognize and respect that individual differences are important to self and others. Grades 4-5: Learners will be able to demonstrate respect for others by discussing how stereotypes affect self and others.	Social Awareness	STUDENT LEADERSHIP PORT Relationship Building Empathy Communication Collaboration Cultivate Trust MODULES Grades K-1 Thinking Win-Win Kindergarten Building Trust Making Friends Thinking Abundantly Practicing Empathy Empathic Listening Working With Others Celebrating Connections and Differences Finding 3 rd Alternatives Grade 1: Building Our Emotional Bank Account Demonstrating Honesty Keeping Promises Courage and Consideration Listening With My Eyes, Ears,	Grades 2-3 • Empathic Listening • Working With Others • 3 rd Alternatives Grade 2: • Character and Trust • Developing Relationships • Abundance Mindset • Acting With Courage and Consideration • Standing Up for Others • Communicating With Respect • Learning From Others • Celebrating Differences Grade 3: • High Trust Behaviors • Emotional Bank Accounts • Repairing Trust • Win-Win	Grades 4-5 • Emotional Bank Accounts • Empathy • Empathic Listening • Finding 3 rd Alternatives Grade 4: • Talking Straight • Showing Loyalty • Thinking Win-Win • Courage and Consideration • Standing Up for Ourselves and Others • Respectfully Seeking to Be Understood • Celebrating Differences • Working With Others • Serving Others Grade 5: • Emotional Bank Accounts



resp	onsible choices wrille recognizing and conflecting	to the commi	Body, and Heart Listening With Empathy Speaking Respectfully Celebrating Differences Creating 3 rd Alternatives Synergizing With Others	 Abundance Courage to Stand Up for Other Respectful Communication Meeting and Greeting Valuing Differences Helping Others Team Strategies 	 Building Trusting Relationships Extending Trust Win-Win Showing Consideration Standing Up for Others Speaking Respectfully Synergizing With Others Valuing Differences 	
15	Kindergarten: Learners will be able to engage in healthy and rewarding social interactions and play with peers. WMELS Domain II C EL.2 Grades 1-3: Learners will be able to identify the different relationships they have with others. Grades 4-5: Learners will be able to, with adult guidance, recognize, establish, and maintain healthy and rewarding relationships.	Relationship Skills	Relationship Building Empathy Communication Collaboration Continuously Improve Cultivate Trust MODULES Grades K-1 Thinking Win-Win Kindergarten Celebrating Connections and Differences Building Trust Making Friends	• Using My Voice to Make a Contribution ERSHIP PORTRAIT COMPETENCIES Ing Ove Grades 2-3 • Empathic Listening • Working With Others • 3 rd Alternatives ections and Grade 2: • Character and Trust • Developing Relationships • Abundance Mindset • Using My Voice to Make a Contribution Grades 4-5 • Emotional Bank Accounts • Empathy • Empathy • Empathic Listening • Finding 3 rd Alternatives Grade 4: • Talking Straight • Showing Loyalty		
			 Repairing Trust Showing Courage and Consideration Thinking Abundantly Practicing Empathy Speaking With Respect Sharpening the Saw Grade 1: Building Our Emotional Bank 	 Abundance Mindset Acting With Courage and Consideration Standing Up for Others Communicating With Respect Learning From Others Celebrating Differences Grade 3: High Trust Behaviors 	 Showing Loyalty Thinking Win-Win Courage and Consideration Standing Up for Ourselves and Others Respectfully Seeking to Be Understood Celebrating Differences Working With Others Serving Others 	



resp	onsible choices while recognizing and connecting t	to the comm	unity at large.		
			Account Demonstrating Honesty Keeping Promises Courage and Consideration Listening With My Eyes, Ears, Body, and Heart Listening With Empathy Speaking Respectfully Celebrating Differences Creating 3'd Alternatives Synergizing With Others	 Emotional Bank Accounts Repairing Trust Win-Win Abundance Courage to Stand Up for Other Respectful Communication Meeting and Greeting Valuing Differences Helping Others Team Strategies 	Grade 5: • Emotional Bank Accounts • Building Trusting Relationships • Extending Trust • Win-Win • Showing Consideration • Standing Up for Others • Speaking Respectfully • Synergizing With Others • Valuing Differences • Using My Voice to Make a Contribution
16	Kindergarten: Learners will be able to, with adult guidance, initiate conversations, listen attentively, respond to conversation, and stay on topic for multiple exchanges (especially with adults). WMELS Domain III B EL.2C Grades 1-3: Learners will be able to describe in simple terms how words, tone, and body language are used to communicate with others. Grades 4-5: Learners will be able to effectively communicate clearly, listen well, and cooperate with others to build healthy relationships.	Relationship Skills	STUDENT LEADERSHIP POR' Relationship Building Empathy Communication Collaboration Cultivate Trust	TRAIT COMPETENCIES	
			Modules Kindergarten Making Friends Practicing Empathy Empathic Listening Speaking With Respect Working With Others Reflect to Learn Grade 1: Taking Charge of Myself Building Our Emotional Bank Account Demonstrating Honesty Keeping Promises Courage and Consideration Helping & Asking for Help	Grades 2-3 • Empathic Listening • Working With Others Grade 2: • Circle of Control • Character and Trust • Delivering Results/Quality Work • Developing Relationships • Acting With Courage and Consideration • Standing Up for Others • Communicating With Respect • Learning From Others • Using My Voice to Help Others • Asking Questions	Grades 4-5 • Emotional Bank Accounts • Empathy • Empathic Listening • Finding 3 rd Alternatives Grade 4: • Talking Straight • Showing Loyalty • Thinking Win-Win • Courage and Consideration • Standing Up for Ourselves and Others • Respectfully Seeking to Be Understood • Celebrating Differences



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			 Listening With My Eyes, Ears, Body, and Heart Listening With Empathy Speaking Respectfully 	Grade 3: Proactive Practices High Trust Behaviors Emotional Bank Accounts Repairing Trust Win-Win Courage to Stand Up for Others Respectful Communication Meeting and Greeting Conscience & Needs Helping Others Team Strategies	 Working With Others Serving Others Emotional Bank Accounts Building Trusting Relationships Extending Trust Win-Win Showing Consideration Standing Up for Others Speaking Respectfully Synergizing With Others Valuing Differences Using My Voice to Make a Contribution Leading Through Service
17	Kindergarten: Learners will be able to adapt behavior based on adult directives. Grades 1-3: Learners will be able to, with adult guidance, adapt behavior based upon peer feedback and environment cues. Grades 4-5: Learners will be able to independently adapt behavior based upon peer feedback and environmental cues.	Relationship Skills	STUDENT LEADERSHIP PORT Relationship Building Empathy Communication Collaboration Achieve Goals Continuously Improve Cultivate Trust MODULES Grades K-1 Growth Mindset Celebrating Growth Kindergarten Taking Responsibility Making Friends Showing Courage and Consideration Thinking Win-Win Working With Others	Grades 2-3 Grades 2-3 Growth Mindset Accountability Partners Empathic Listening Working With Others Grade 2: Problem Based Learning Achieving My Goals Character and Trust Delivering Results/Quality Work	Grades 4-5 • Achieving My Goals • Accountability Partners • Empathic Listening • Finding 3 rd Alternatives Grade 4: • Perseverance • Talking Straight • Courage and Consideration • Celebrating Differences



			 Reflecting to Learn Grade 1: Taking Action to Achieve My Goal Accountability Partners Keeping Promises Helping & Asking for Help Listening With My Eyes, Ears, Body, and Heart Synergizing With Others Helpful Feedback 	 Acting With Courage and Consideration Learning From Others Celebrating Differences Perseverance Celebrating Growth Grade 3: Asking Questions & Asking for Help Achieve Goals High Trust Behaviors Working With Others Valuing Differences 3rd Alternatives Team Strategies Reflection & Celebrate Growth 	 Working With Others Serving Others Celebrating Growth Grade 5: Growth Mindset/Perseverance Learning About Goal Achievement Extending Trust Showing Consideration Synergizing With Others Valuing Differences Leading Through Service Reflection & Celebrate Growth
18	Kindergarten: Learners will be able to participate in cooperative play with peers. WMELS Domain II C EL.2 Grades 1-3: Learners will be able to demonstrate listening skills, start and stop conversations, and take turns in conversations.	Relationship Skills	STUDENT LEADERSHIP POR' Relationship Building Collaboration Achieve Goals Actively Contribute Continuously Improve Cultivate Trust	TRAIT COMPETENCIES	
	Grades 4-5: Learners will be able to work cooperatively and productively in a group to accomplish a set goal.		MODULES Kindergarten Building Trust Making Friends Repairing Trust Showing Courage and Consideration Thinking Abundantly Thinking Win-Win Celebrating Connections and Differences Working With Others	Grades 2-3 • Accountability Partners • Empathic Listening • Working With Others • 3 rd Alternatives Grade 2: • Delivering Results/Quality Work • Developing Relationships • Communicating With Respect • Learning From Others	Grades 4-5 Learning About Goal Achievement Achieving My Goals Accountability Partners Finding 3 rd Alternatives Grade 4: Emotional Bank Accounts Talking Straight Showing Loyalty



			 Sharpening the Saw Grade 1: Accountability Partners Demonstrating Honesty Helping & Asking for Help Listening With My Eyes, Ears, Body, and Heart Listening With Empathy Speaking Respectfully Creating 3rd Alternatives Synergizing With Others Helpful Feedback 	 Asking Questions Grade 3: Asking Questions & Asking for Help High Trust Behaviors Respectful Communication Meeting & Greeting Team Strategies 	 Thinking Win-Win Celebrating Differences Working With Others Thinking Critically Serving Others Grade 5: Building Relationship Trust Extending Trust Win-Win Synergizing With Others Valuing Differences Using My Voice to Make a Contribution Leading Through Service
19	Kindergarten: Learners will be able to, with adult guidance, identify and communicate needs in conflict situations. WMELS Domain II C EL.4 Grades 1-3: Learners will be able to understand the perspective of others in a conflict situation. Grades 4-5: Learners will be able to identify cause and effect of a conflict.	Relationship Skills	Relationship Building Communication Collaboration Actively Contribute Continuously Improve Cultivate Trust MODULES Grades K-1 Thinking Win-Win Kindergarten Building Trust Making Friends Repairing Trust Showing Courage and Consideration Thinking Abundantly Speaking With Respect Celebrating Connections and Differences	Grades 2-3 • Empathic Listening • Working With Others • 3 rd Alternatives Grade 2: • Character and Trust • Developing Relationships • Acting With Courage and Consideration • Learning From Others • Celebrating Differences	Grades 4-5 • Emotional Bank Accounts • Finding 3 rd Alternatives Grade 4: • Talking Straight • Showing Loyalty • Thinking Win-Win • Courage and Consideration • Standing Up for Ourselves and Others • Celebrating Differences • Working With Others



			 Working With Others Finding 3rd Alternatives Fact and Opinion Helping Others Lead Building Our Emotional Bank Account Demonstrating Honesty Keeping Promises Courage and Consideration Listening With My Eyes, Ears, Body, and Heart Listening With Empathy Celebrating Differences Creating 3rd Alternatives Synergizing With Others 	Grade 3: • High Trust Behaviors • Emotional Bank Accounts • Repairing Trust • Win-Win • Respectful Communication • Meeting & Greeting • Valuing Differences • Conscience & Needs • Team Strategies	Grade 5: Building Relationship Trust Extending Trust Win-Win Standing Up for Others Synergizing With Others Valuing Differences Using My Voice to Make a Contribution
20	Kindergarten: Learners will be able to, with adult guidance, recognize that they have choices in how to respond to situations. Grades 1-3: Learners will be able to, with adult guidance, generate possible choices and actions they could take in a given situation, including positive and negative options.	Decision Making	STUDENT LEADERSHIP PORT Self-Regulation Vision Time Management Higher-Order Thinking Relationship Building Continuously Improve Cultivate Trust	FRAIT COMPETENCIES	
	Grades 4-5: Learners will be able to make constructive choices about personal behavior and social interaction in order to evaluate the consequences of various actions with consideration of well-being for oneself and others.		MODULES Grades K-1 Growth Mindset Leading My Learning Making Decisions Fact and Opinion Sharpen the Saw Kindergarten Leading Myself and Others Growth Mindset	Grades 2-3 • Growth Mindset • Sharpen the Saw Grade 2: • Thinking About Thinking • Problem Based Learning • Regulating My Emotions • Circle of Control • Living by My Personal Mission	Grades 4-5 Regulating My Emotions Living by My Personal Mission Statement Emotional Bank Accounts Finding 3 rd Alternatives Grade 4: Proactive Language & Circle of Control



resp	onsible choices while recognizing and connecting	to the commi	unity at large.		
			 Leading My Learning Using Calming Strategies Beginning With the End in Mind Building Trust Making Friends Repairing Trust Grade 1: Leading In and Out of School My Calming Strategies Taking Charge of Myself Thinking Ahead Living by My Personal Mission Statement Demonstrating Honesty Keeping Promises Thinking Win-Win Sharpen the Saw 	Statement Character and Trust Developing Relationships Abundance Mindset Acting With Courage and Consideration Asking Questions Grade 3: My Paradigms Asking Questions & Asking for Help Self-Regulation Proactive Practices My Personal Values Consider Consequences High Trust Behaviors Emotional Bank Accounts Repairing Trust Win-Win Abundance Team Strategies	 Envisioning the Future Talking Straight Showing Loyalty Thinking Win-Win Courage and Consideration Standing Up for Ourselves and Others Regulating My Stress Thinking Critically Preparing for the Future Grade 5: Circle of Control Defining Expectations Building Relationship Trust Extending Trust Win-Win Showing Consideration Standing Up for Others Daily Private Victory My Health and Screen Time
21	Kindergarten: Learners will be able to follow simple group rules. WMELS Domain II C EL.3 Grades 1-3: Learners will be able to demonstrate positive behaviors as established in classroom and school-wide expectations. Grades 4-5: Learners will be able to identify and respect social norms for behavior and safe interactions across different settings.	Social Awareness	STUDENT LEADERSHIP PORT Relationship Building Empathy Communication Collaboration Actively Contribute Continuously Improve MODULES Kindergarten • Leading Myself and Others • Making Friends • Showing Courage and Consideration • Thinking Win-Win	Grades 2-3 • Empathic Listening • Working With Others Grade 2: • Thinking About Thinking	Grades 4-5 • Regulating My Emotions • Emotional Bank Accounts • Empathy • Empathic Listening



respo	esponsible choices while recognizing and connecting to the community at large.					
			 Working With Others Finding 3rd Alternatives Helping Others Lead Grade 1: Leading In and Out of School Taking Charge of Myself Building Our Emotional Bank Account Demonstrating Honesty Keeping Promises Thinking Win-Win Courage and Consideration Helping & Asking for Help Listening With My Eyes, Ears, Body, & Heart Listening With Empathy Speaking Respectfully Celebrating Differences Synergizing With Others Helpful Feedback 	 Problem Based Learning Circle of Control Character of Trust Delivering Results/Quality Work Developing Relationships Abundance Mindset Acting With Courage and Consideration Standing Up for Others Communicating With Respect Learning From Others Celebrating Differences Using My Voice to Help Others Grade 3: My Paradigms Proactive Practices High Trust Behaviors Emotional Bank Accounts Repairing Trust Win-Win Abundance Courage to Stand Up for Others Respectful Communication Meeting and Greeting Valuing Differences Conscience & Needs Team Strategies 	Grade 4: My Paradigms Proactive Language & Circle of Control Talking Straight Showing Loyalty Thinking Win-Win Courage and Consideration Standing Up for Ourselves and Others Respectfully Seeking to Be Understood Celebrating Differences Working With Others Serving Others Grade 5: Paradigms & Principles Circle of Control Building Relationship Trust Extending Trust Win-Win Showing Consideration Standing Up for Others Empathy Empathic Listening Speaking Respectfully Valuing Differences Leading Through Service	
22	Kindergarten: Learners will be able to demonstrate understanding of simple rules related primarily to personal health and safety. WMELS Domain II C EL.3 Grades 1-3: Learners will be able to describe ways to promote personal safety.	Decision Making Relationship Skills	STUDENT LEADERSHIP POR' Self-Regulation Higher-Order Thinking Relationship Building Actively Contribute Continuously Improve Cultivate Trust	TRAIT COMPETENCIES		



	Grades 4-5: Learners will be able to honor social norms with respect to safety of oneself and others.		MODULES Grades K-1 Sharpening the Saw Fact & Opinion Kindergarten Leading Myself and Others Leading My Learning Taking Responsibility Making Friends Grade 1: Leading In and Out of School Leading My Learning Taking Charge of Myself Building Our Emotional Bank Account Thinking Win-Win	Grades 2-3 • Working With Others • Daily Private Victory Grade 2: • Thinking About Thinking • Circle of Control • Delivering Results/Quality Work • Acting With Courage and Consideration Grade 3: • My Paradigms • Asking Questions & Asking for Help • Proactive Practices • High Trust Behaviors • Win-Win • Conscience & Needs	Grades 4-5 Leading My Learning Regulating My Emotions Emotional Bank Accounts Grade 4: My Paradigms Proactive Language & Circle of Control Talking Straight Showing Loyalty Thinking Win-Win Achieving the Daily Private Victory Regulating My Stress Grade 5: Paradigms & Principles Circle of Control Building Relationship Trust Extending Trust Win-Win Daily Private Victory My Health & Screen Time
23	Kindergarten: Learners will be able to attempt a new skill when encouraged and supported by a safe and secure environment. WMELS Domain IV A EL.2 Grades 1-3: Learners will be able to identify how to get help from a trusted adult in a variety of situations.	Social Awareness Relationship Skills	STUDENT LEADERSHIP PORT Higher-Order Thinking Relationship Building Communication Achieve Goals Continuously Improve	TRAIT COMPETENCIES	
	Grades 4-5: Learners will be able to identify when and how to offer help to others.		MODULES Grades K-1 Growth Mindset Leading My Learning Sharpening the Saw	Grades 2-3 • Growth Mindset • Daily Private Victory	Grades 4-5 • Accountability Partners • Emotional Bank Accounts • Empathic Listening



			Kindergarten Leading Myself and Others Setting Goals Achieving Goals Accountability Partners Finding My Voice Reflecting to Learn Celebrating Growth Grade 1: Thinking Win-Win Courage & Consideration Helping & Asking for Help Helpful Feedback	Grade 2: • Thinking About Thinking • Problem Based Learning • Delivering Results/Quality Work • Acting With Courage & Consideration • Learning From Others • Asking Questions Grade 3: • Asking Questions & Asking for Help • High Trust Behaviors • Win-Win • Conscience & Needs	Grade 4: • Talking Straight • Showing Loyalty • Courage and Consideration • Standing Up for Ourselves and Others • Thinking Critically • Serving Others Grade 5: • Building Relationship Trust • Extending Trust • Showing Consideration • Standing Up for Others
24	Kindergarten: Learners will be able to show awareness of being part of a family and a larger community. WMELS Domain II A EL.2 Grades 1-3: Learners will be able to, with adult guidance, identify classroom, school, and community needs. Grades 4-5: Learners will be able to identify actions that	Decision Making Social Awareness Relationship Skills	STUDENT LEADERSHIP POR Self-Regulation Vision Higher-Order Thinking Relationship Building Collaboration Actively Contribute Cultivate Trust	RTRAIT COMPETENCIES	 Speaking Respectfully Leading Through Service
	would positively impact change in a classroom, school, and community.		MODULES Grades K-1 Thinking Win-Win Kindergarten Leading Myself and Others What Matters Most Building Trust Making Friends Repairing Trust Showing Courage and	Grades 2-3 • Working With Others • 3 rd Alternatives Grade 2: • Problem Based Learning • What Matters Most • Determining Big Rocks • Character and Trust • Delivering Results/Quality Work	Grades 4-5: • Emotional Bank Accounts • Finding 3 rd Alternatives Grade 4: • My Paradigms • Proactive Language & Circle of Control • Envisioning the Future • Talking Straight



SOCIAL COMPETENCE (K - 5th Grade) - Establish and maintain positive relationships by respecting others, practicing social skills, and making responsible choices while recognizing and connecting to the community at large. Consideration • Developing Relationships • Showing Loyalty • Thinking Abundantly • Abundance Mindset • Thinking Win-Win • Working With Others Acting With Courage and • Courage and Consideration • Celebrating Connections & Consideration • Standing Up for Ourselves and Differences • Standing Up for Others Others Helping Others Lead • Celebrating Differences • Celebrating Differences • Celebrating Growth • Using My Voice to Help Others Working With Others • Preparing for the Future Grade 1: Grade 3: Serving Others • Leading In and Out of School • Asking Questions & Asking for Thinking Ahead Help Grade 5: Building Our Emotional Bank • Consider Consequences • Paradigms & Principles • High Trust Behaviors Accounts Circle of Control • Emotional Bank Accounts • Demonstrating Honesty • Defining Expectations Keeping Promises • Repairing Trust • Building Relationship Trust • Courage and Consideration • Win-Win • Extending Trust • Helping & Asking for Help Abundance • Win-Win • Celebrating Differences • Courage to Stand Up for Others • Showing Consideration • Creating 3rd Alternatives • Valuing Differences • Standing Up for Others • Synergizing With Others • Conscience & Needs • Synergizing With Others Valuing Differences Helping Others • Team Strategies • Using My Voice to Make a Contribution • Leading Through Service

