

DPI Grant Writing Workshop Peer-to-Peer Suicide Prevention Programs

We're glad you are here. Thank you for joining us!



WISCONSIN DEPARTMENT OF
Public Instruction
Jill K. Underly, PhD, State Superintendent

Meet the Team

DPI's Peer-to-Peer Suicide Prevention Grant Support Team

Michael Morgen

School Safety, Driver
Education/Traffic, AODA,
School Safety Consultant

Elizabeth Pease

Administrative Professional

Hafsa Mohamed

Grant Specialist

Andréa Donegan

School Counseling
Consultant

Christine Anderson

Assistant Director
Student Services, Prevention
and Wellness Team

Agenda

1. Overview of Peer-to-Peer Grant
2. Grant Resources
3. Application & Examples
4. Budget Details and Ideas
5. Grant Application Tips



Follow Along!

[Slidedeck](#)



Peer-to-Peer Suicide Prevention Grant

2019 Act 83, Statute 115.366

- Directs the DPI to establish a competitive grant to implement **Peer-to-Peer** programs. Peer-to-peer suicide prevention programs in **high school grades** (9, 10, 11, and 12)
- **Private, public, charter, and tribal** schools in Wisconsin (9, 10, 11, and 12)
- Up to **\$1,000** per school (\$250,000 made available by legislature)
- Can be renewed up to **three times**
- Following renewals, a **new application** can be submitted
- **NO matching funds** required



Grant Funding Priorities

- Implementation of a new or existing evidence-based or best practice peer-to-peer suicide prevention program.
- Equitable geographic distribution of funds.
- A focus on prevention of youth risk behaviors as they relate to suicide prevention.



Grant Timeline

Peer-to-Peer Grant Application due **October 2, 2024**

End-Of-Year Report Due June 1, 2025

Fiscal Report Due June 30, 2025



Peer-to-Peer Principles

- Training students to **recognize the signs of suicide** and **how to respond** when signs are shown by fellow students.
- Utilizing **messages of hope, health, and strength** to develop peer leaders and resources, so they can promote student well-being in their school community.
- **Training peer leaders** with the **knowledge and tools needed** to recognize **warning signs** of suicide and depression in themselves and peers, awareness of **resources**, and how to determine and access a **trusted adult**.
- Use of age appropriate strategies for large or small group discussions, activities, or practice of **skills** to assist them in **responding to peers** who are struggling.

Peer-to-Peer Program Examples

Priority on Evidence Based Programs, such as:

- Sources of Strength (SOS)
- REDgen
- Hope Squad
- QPR
- Lifelines
- Signs of Suicide
- NAMI Raise Your Voice
- Active Minds



**Programs are not endorsed by DPI and are for your consideration only.*

Grant Resources

- [New or Renewal Grant Planning Document](#)
- [DPI Peer-to-Peer Suicide Prevention Programs Webpage](#)
- [Grant Application](#)
- [Peer-to-Peer Grant Application pdf](#)
- [2024-25 Grant Overview](#)
- [Peer-to-Peer Suicide Prevention Programs](#)
- [OCMH School-Based Peer-Led Wellness Programs in Wisconsin Map](#)



If you need verification of your school's status, email PeertoPeer@dpi.wi.gov



New vs. Renewal Applications

Renewal candidates have an abbreviated form for requesting grant funds.

Renewals are not a competitive process.

Determination of renewal eligibility is dependent on completion of the required information.

- Proposed Program and Integration
- Demonstration of Needs
- Measure of Success
- Budget Detail
- WUFAR Codes



Completing the Application



Grant Application Context Questions

1a. Using data, describe your high school population, suicide risk, student mental health and school climate (examples of acceptable data, Youth Risk Behavior Survey (YRBS), school climate survey, universal screener data trends, district survey or county-wide health services data, etc.).

Wisco School District is a large, culturally diverse district with four high schools and one alternative school. The high school settings are reflective of the overall **district demographics**: 48% white, 35 % Hispanic, 10% black, 7% Asian, and 3 % American Indian. 15% of students have a disability, 21% are English language learners, and 65% are economically disadvantaged. Half of the student population meets the income eligibility guidelines for **free and reduced meals**. Based on the results of the 2023 **Youth Risk Behavior Survey (YRBS)**, 35% of Wisco students self-reported depression compared to the neighboring county (24%), and the state (28.5%). Wisco students also reported higher rates when of seriously considering suicide in the past 12 months (Wisco-17%, County-14%, State- 16%). The **School Climate Survey data** showed only 53% of students felt like they belonged at school and 78% of students reported turning to a friend or sibling for help.

955 characters

Jot it Down

1a. Using data, describe your high school population, suicide risk, student mental health and school climate (examples of acceptable data, Youth Risk Behavior Survey (YRBS), school climate survey, universal screener data trends, district survey or county-wide health services data, etc.).

Jot down ideas of data you can include in your P2P application.

[New](#) or [Renewal](#) Grant Planning Document

[Wisconsin Report Card](#) Webpage

[County Level 2023 YRBS Data](#)

Who can help you?



Grant Application - Needs Question

1b. Based on your data, identify needs related to student suicide education/awareness that would be addressed with this grant funding.

Wisco High School had one **student suicide and several suicide attempts** in a three-year period. Despite ongoing work by school staff surrounding mental health, our most recent **YRBS data** shows that our students continue to experience **depression, anxiety, and suicidal ideation at high rates** and turn to a **peer or sibling** most often. We know that our students often express their suicidal thoughts to peers before adults. Our goal is to provide **peer leaders with the skills and resources** they need to respond to their peers and **connect them** to appropriate supports, as well as promote **positive mental health** and **help seeking behavior**.

634 characters

Jot it Down

1b. Based on your data, identify needs related to student suicide education/awareness that would be addressed with this grant funding.

Jot down ideas related to the needs that were determined by data for your school, district, or region.



Grant Application Status Question

2. Current Program Status

Describe your current student suicide education/awareness programming (e.g., activities, programs, curriculum, protocols, practices, policies).

Currently, Wisco High trains students in **teen Mental Health First Aid** (tMHFA) during 9th grade high school health class. Students also receive the **DPI suicide prevention curriculum in 10th grade**. Our school partners with **local licensed mental health providers** to provide counseling during school hours and crisis management. Our school board recently updated the district's **suicide prevention policy** and **trained staff** on their role related to the policy. New staff are required to complete the **Gatekeeper Training module**. The **YRBS** is administered bi-annually and the school's mental health team analyzes results and develops action plans based on the data.

658 characters

Jot it Down

2. Current Program Status

Describe your current student suicide education/awareness programming (e.g., activities, programs, curriculum, protocols, practices, policies).

Jot down examples of current programming in your school for suicide prevention and supporting mental health.



CURRENT Suicide Prevention Effort Examples

Student Programming

- Curriculum
- Clubs
- Universal Screeners
- Data (YRBS)
- Mental Health and Wellness Promotion
- Mental Health Providers in Schools
- Sensory Rooms

School/Staff Programming

- Suicide Prevention Policy
- Mental Health Teams
- Staff Training
- Crisis Response
- Comprehensive School Mental Health System
- Parent Presentations

**Both suicide and mental health related programming can be included.*

Grant Application Program Question

3a. Proposed Program and Integration - Name the peer-to-peer suicide prevention program you are using or plan to implement with grant funding? Peer-to-peer suicide prevention example programs can be found here: Wisconsin Safe & Healthy Schools - [Suicide Prevention Resources](#) (e.g. Hope Squad, REDgen and Sources of Strength).

In addition to continued use of the teen Mental Health First Aid and DPI suicide prevention curriculum, we would like to **train all peer helpers in QPR** (Question, Persuade, Refer). The training will be provided by an agency who incorporates trauma responsive practices into QPR gatekeeper training. Our year two plans are to **implement Hope Squad**.

**Renewal Item*

349 characters

Jot it Down

3a. Proposed Program and Integration - Name the peer-to-peer suicide prevention program you are using or plan to implement with grant funding? Peer-to-peer suicide prevention example programs can be found here: Wisconsin Safe & Healthy Schools - [Suicide Prevention Resources](#) (e.g. Hope Squad, REDgen and Sources of Strength).

Jot down any ideas for evidence-based or informed P2P programs you might adopt or build upon.

Examples for your consideration only:

Sources of Strength (SOS)
of Suicide

QPR

Active Minds

Signs

REDgen

Hope Squad

Lifelines

NAMI



Grant Application Concerns Question

3b. What specific concerns does the peer-to-peer suicide prevention grant funding address, and how does this project help prevent or reduce suicide-related ideation and behaviors?

Our YRBS and School Climate Survey data showed an **increase in suicidal ideation** reported by our students and their propensity to **turn to each other** for support. This **peer advocate program** is one step in our process to help students help peers who come to them when they are struggling and ensure they know how to respond and connect to resources and adult support. The **QPR and Hope Squad programs** are designed to teach students how to **identify the signs** of depression and suicide in themselves and their peers and **respond to peers** who are struggling. The program also **promotes positive mental health** promotion through curriculum, activities, and events to support an upstream approach to suicide prevention, thereby **decreasing suicidal ideation**.

748 characters

Jot it Down

3b. What specific concerns does the peer-to-peer suicide prevention grant funding address, and how does this project help prevent or reduce suicide-related ideation and behaviors?

Jot down ideas for:

- What concerns your P2P activities would address?
- How would the activities or program contribute to reducing suicidal ideation?



Grant Application Activities Question

3c. Based on your data and identified needs, what grant funded activities will you implement through your selected peer-to-peer suicide prevention program? The Peer-to-Peer Principles (slide 7) should guide your activity planning.

1. **Create a peer mentor/advocate group** of student leaders within our high school using the guidance from the P2P program.
2. **Train student leaders in QPR** and how to identify warning signs in other students.
3. Support peer leaders with implementing two **all-school awareness activities** to promote mental health awareness in our school and community to build relationships, promote mental health literacy, and connect students to resources.
4. Develop a **Hope Squad implementation plan** in year 2.

498 characters

P2P Grant Funding Ideas

- **Licensing fees** for the program
- P2P **curriculum** costs
- Program **supplies and materials** for training/events
- **Trainer costs** for P2P Programs
- **Registration** costs for training/program related events
- Public Service Announcement **(PSA) campaigns**

- **Transportation** costs if going off-site for training
- **Staff stipend** (up to \$200 of total budget - 20 percent for program development and implementation)
- **T-shirts** (for student leaders and advisors, not entire school body)
- Training and participation **incentives** and food (up to \$200 of total budget - 20 percent)

Jot it Down

3c. Based on your data and identified needs, what grant funded activities will you implement through your selected peer-to-peer suicide prevention program? The Peer-to-Peer Principles should guide your activity planning.

Jot down ideas of peer-to-peer activities you could implement with grant funding, which align to your needs (data).



Grant Application Impact Question

4. Measure of Success

Describe data that will be collected to measure the success/impact of program implementation (e.g., pre-post surveys to measure changes in perceptions, behaviors, attitudes, or knowledge; descriptive narratives; participation data; outcome data).

We will utilize the **program pre- and post-surveys** for peer leaders, and the same **school climate surveys** we used to collect initial data during the spring of last school year. The **YRBS** will continue to be implemented bi-annually. The P2P advisor will **analyze data** and **collaborate** with the peer leaders and the school mental health team to assess the program impact and **plan** future programming and activities.

**Renewal Item*

402 characters

Data Collection Examples

- Pre-Post Surveys of Peer Leaders /Staff
- Number of Students Referred by Peer Leaders
- School Climate Surveys
- Universal Screeners
- YRBS



Jot it Down

4. Measure of Success

Describe data that will be collected to measure the success/impact of program implementation (e.g., pre-post surveys to measure changes in perceptions, behaviors, attitudes, or knowledge; descriptive narratives; participation data; outcome data).

Jot down ideas for the type(s) of data you could collect to measure the impact.



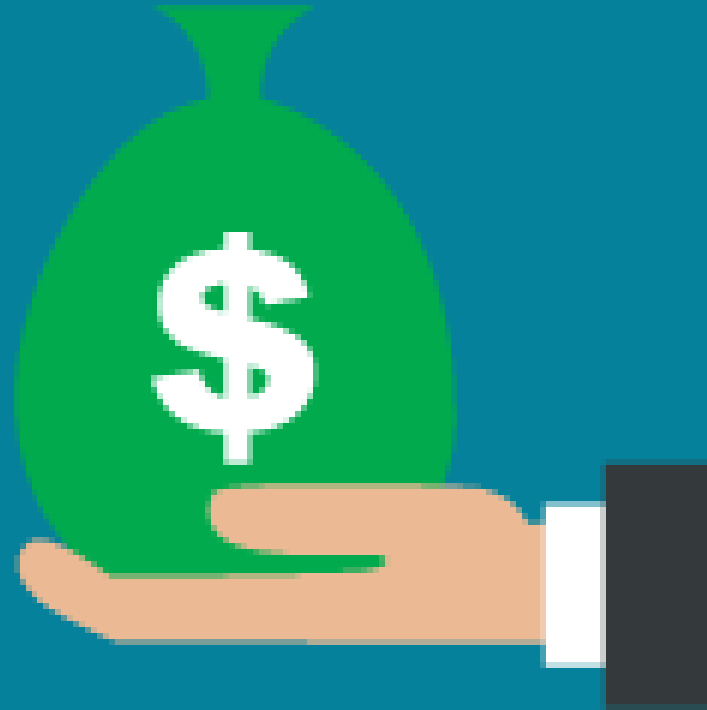
Grant Application Budget Question

V. BUDGET DETAIL

- Individual grant awards cannot exceed \$1,000.
- Each school may only apply for one grant.
- Specific caps exist for some budget items.

Budget Details and Tips

- Incentives (20 percent)
- No Capital Objects (0 percent)
- Staff Stipends (20 percent)
- Speakers vs. Trainers
 - ⇒ 70 percent
 - ⇒ no limit



Budget Detail

V. BUDGET DETAIL

	Item	Purpose	Cost
Line 1	<input type="text" value="Program Trainer"/>	<input type="text" value="To train students on the XXXX Peer-to-Peer program"/>	<input type="text" value="1000"/>
Line 2	<input type="text"/>	<input type="text"/>	<input type="text"/>
Line 3	<input type="text"/>	<input type="text"/>	<input type="text"/>
Line 4	<input type="text"/>	<input type="text"/>	<input type="text"/>
Line 5	<input type="text"/>	<input type="text"/>	<input type="text"/>



****Renewal Item***

WUFAR Object Codes

Each space must have a number. Please enter "0" if needed and do not include commas or decimals.

Salaries (100S)—*(Staff Stipend capped at 20% of total budget, salaries not an allowable expense)*

\$

Purchased Services (300s)—e.g., transportation, etc.

\$

Purchased Services (300s)—e.g., speaker/consultant; *(One-time speakers capped at 70 percent of total funds. It is important to distinguish between the roles of a one-time speaker and a trainer. A one-time speaker focuses on delivering a singular speech, presentation or assembly to inform, inspire, or entertain the audience while a trainer is responsible for imparting knowledge and facilitating learning through structured programs.)*

\$

Non-Capital Objects (400s)—curriculum, materials/supplies

\$

Non-Capital Objects (400s)—Incentives *(capped at 20 percent of total budget, e.g., trinkets, food, t-shirts/clothing, water bottles, etc.)*

\$

Other (900s)—e.g., entrance fees

\$

Total

\$



REMINDER! Place a "0" in all fields that are not applicable.

***Renewal Item**

Grant Writing Tips

- Use **Chrome** for best results
- Create a draft of your responses in a Word/Google doc
- Limit responses to **1,000 characters**
- Consult your **business manager** to determine WUFAR codes
- Contact PeertoPeer@dpi.wi.gov with questions
- Consider submitting **early** in case you have technical issues

New or Renewal
Grant Planning
Document

What's Next

- ✓ Determine capacity and approval
- ✓ Complete the grant application by 10/02/24, 4:00 pm
- ✓ Get questions answered - PeertoPeer@dpi.wi.gov
- ✓ Grants awarded in late-fall/early-winter
- ✓ Implement grant programming
- ✓ Get technical assistance when needed - PeertoPeer@dpi.wi.gov
- ✓ Receive support through the quarterly convenings
- ✓ Consider participating in the Student Mental Health Summit
- ✓ Complete the EOY survey and submit claim
- ✓ Reflect on the impact your P2P team has made!



Additional Funding Ideas

AODA Mini-Grants

- **Competitive Grant**
- **Preventative Measures**
- **Targeting AODA and Other Youth Risk Behaviors**
- **Requirement: Youth Involvement**
- **\$1,000**

MHA P2P Grants

- **Elementary, middle, and high schools in Wisconsin.**
- **May not exceed \$5,000 (2023- 2024)**
- **Peer-to-Peer Programs**
- **In addition to DPI P2P funds**
- **Due October 11th**

Peer involvement in suicide prevention is impactful!

Thank You!

YOU are making a difference!

Please stay on the call if you would like to ask questions specific to your program or school context.



Grant Support

By email: PeertoPeer@dpi.wi.gov

By Phone: (608) 266-8960

Join the DPI Suicide Prevention Email Group: [suicideprevention](#)

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Thank you
for
attending!

Please reach
out to
connect!

YOU are
making a
difference!