Social, Emotional, and Academic Development



What we know about social, emotional, and academic development.



Nine out of ten

teachers believe social and emotional skills can be taught and that it benefits students.¹

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Four in five

FAST

FACTS

teachers want more support to address students' social and emotional development.¹

75% of the words

students use to describe how they feel at school are negative. Students most commonly report they are tired, stressed, and bored.²



Integrating social and emotional development improves students' attitudes and engagement.³



Growth in occupations that

require the mastery of social and emotional skills has outpaced growth of all other occupations.⁴



Eight in ten employers say social and emotional skills are the

most important to success

and yet are also the hardest skills to find. ${}^{\scriptscriptstyle 5}$

Social and emotional competency is more predictive of academic and career achievement than IQ.⁶



Supporting students' social and emotional development produces an **11-percentage-**

point gain in grades and test scores.³



Social and emotional skills help to build cognitive skills. They help students learn academic content

and apply their knowledge.⁷



After paying for college, the next **biggest concern among parents**

is their children's social and emotional well-being.⁸

Attention to social and emotional development is not only valuable in early childhood. Sustaining a focus on social and emotional growth through adolescence is crucial for improving achievement and outcomes beyond school.⁹



Integrating social and emotional development with academic learning returns



High social and emotional competency...



Increases high school graduation rates, postsecondary enrollment, postsecondary completion, employment rates, and average wages.¹¹ **Decreases** dropout rates, school and classroom behavior issues, drug use, teen pregnancy, mental health problems, and criminal behavior.¹¹



CITATIONS

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- ¹⁰ Belfield, Bowden, Klapp, Levin, Shand & Zander. (2015). *The economic value of social and emotional learning*. New York, NY: Center for Benefit-Cost Studies in Education: Teachers College, Columbia University.
- ¹¹ Kautz, Heckman, Diris, Bas ter Weel, & Borghans. (2014). *Fostering and measuring skills: Improving cognitive and non-cognitive skills to promote lifetime success*. Paris, France: Organization for Economic Cooperation and Development.