

# Wisconsin School Mental Health Framework Resources

## [Trauma Sensitive Schools \(TSS\) Online Professional Development System](#)

This free, online, on-demand system helps learners understand the prevalence and impact of toxic stress on youth and caregivers and how to infuse the guiding principles of TSS their existing equitable multi-level system of support.

## [Trauma Sensitive Guiding Principles](#)

The Wisconsin DPI's Trauma-Sensitive Schools Guiding Principles help schools create safe, supportive environments for all students. They focus on safety, belonging, equity, cultural responsiveness, and resilience to address the impact of trauma and promote well-being. These principles guide educators in fostering strong relationships and empowering students to succeed.

## [TSS Evaluating Systems Tool](#)

The Trauma-Sensitive Lens Policy Review Tool from Wisconsin DPI helps schools assess policies and practices to ensure they support students affected by trauma. It provides guiding questions to evaluate safety, relationships, equity, and student empowerment, promoting a more inclusive and supportive school environment.

## [Social and Emotional Learning Competencies](#)

The competencies guide is designed to provide educators and out-of-school-time professionals with the essentials for implementing a comprehensive approach to SEL. The competencies support the belief that SEL skills are best learned when all adults are teaching, providing opportunities to practice, learning and modeling, and reinforcing these skills throughout the day.

## [Advancing Equity through SEL](#)

The Wisconsin DPI Educational Equity Report highlights disparities in student outcomes and provides strategies for creating more equitable learning environments. It emphasizes access, opportunity, and support for all students, particularly those from historically marginalized groups.

## [SEL Toolkit for Parent Champions](#)

The SEL Toolkit for Parent Champions from Leading with SEL provides resources to help families support children's social-emotional learning (SEL) at home and in schools. It includes tools for advocacy, relationship-building, and promoting SEL in communities.

## [Family Wellness: Resources to Take Care of Yourself and Your Children](#)

The Bridge for Resilient Youth in Transition (BRYT) Family Engagement Guide helps parents support students returning to school after a mental health-related absence. It offers strategies for communication, advocacy, and collaboration with schools to ensure a smooth transition and ongoing support.

## [Center for Social and Emotional Foundations for Early Learning Family Tools](#)

The CSEFEL Family Resources from Vanderbilt University provide practical tools and strategies to help families support young children's social-emotional development. Resources include guides, activities, and tip sheets focused on building emotional regulation, positive relationships, and early learning skills.

## [Compassion Resilience Toolkit](#)

This toolkit offers information, activities, and resources for school leadership and staff to understand, recognize, and minimize the experience of compassion fatigue and to increase compassion resilience. The toolkit is designed for flexible implementation by facilitators within their school, including small group circle conversations, large group presentations with application discussions, individual activities/reflection.

## [Compassion Resilience Caregiver Resource Guide](#)

The Caregiver Resource Guide from the Compassion Resilience Toolkit offers strategies to help parents and caregivers manage stress, build resilience, and support their children's well-being. It includes tools for self-care, communication, and navigating challenges with compassion.