



WISCONSIN DEPARTMENT OF PUBLIC INSTRUCTION

RESOURCE

Trauma-Informed Resilience-Oriented Schools Toolkit and DPI Trauma Sensitive Schools Modules Crosswalk

Trauma-Informed Resilience-Oriented Schools Toolkit [Section 1: Introducing Trauma and Trauma-Informed, Resilience-Oriented Schools](#)

Creates a shared understanding of core concepts and offers tools to encourage new mindsets about students, families, and staff

DPI Trauma Sensitive Schools Modules

- [Getting Started](#): Introduction to trauma and what it means to become a trauma-sensitive school. Support in determining readiness to engage in the work.
- [Prevalence and Impact of Trauma](#): Prevalence of adversity in childhood experiences and impact of that adversity on learning and behavior. Discussion of resiliency.
- [Neuroscience](#): The impact of trauma on the developing brain and understanding the fight, flight, or freeze response system. How educators can help build healthy and supportive brain architecture.
- [Trauma Sensitive Schools](#): The key components, principles, and practices in a trauma-sensitive school (TSS).

Trauma-Informed Resilience-Oriented Schools Toolkit [Section 2: Universal Trauma-Informed, Resilience-Oriented Schools Practices and Processes](#)

Outlines school and district-wide strategies to establish safe and secure environments and relationships

DPI Trauma Sensitive Schools Modules

- [The Trauma Sensitive Lens for Strategies](#): Learn how to apply the trauma sensitive lens to current strategies, policies, and procedures. Support the team in determining which strategies need to be stopped, started, changed, or continued to increase sustainability.
- [Trauma Sensitive Environments](#): Explore key characteristics of safe and supportive environments, along with effective strategies that balance the needs of all students in the classroom.

- [Social & Emotional Learning \(SEL\)](#): Promote social & emotional learning as a foundational component to a TSS.
 - [Emotional & Physical Regulation](#): Understand the relationship between emotional and behavioral regulation. Apply effective strategies for supporting regulation in the classroom.
 - [Building Relationships](#): Foster the components of developing relationships that include caring, challenges, support, shared power, and expanded possibilities.
 - [Trauma Sensitive Academic Support](#): Explore the impact of trauma on learning and discover strategies to enhance neural connections, memory, language, and other cognitive skills.
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Trauma-Informed Resilience-Oriented Schools Toolkit [Section 3: Building a Culture of Faculty and Staff Compassion Resilience](#)

Explains the importance of promoting staff wellness through improved resources and policies as universal strategies of trauma-informed, resilience-oriented schools

DPI Trauma Sensitive Schools Modules

- [Self-Care](#): Examine strategies to combat compassion fatigue and burnout. Building resilience in the educator.
 - [Compassion Resilience](#): Support educators in recognizing the cycle of compassion fatigue and developing compassion resiliency.
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Trauma-Informed Resilience-Oriented Schools Toolkit [Section 4: Tier II and Tier III Interventions and Supports](#)

Details specific approaches for multi-tiered systems of support

DPI Trauma Sensitive Schools Modules

- [Trauma Sensitive School Wide Behavior Supports](#): Integrate trauma into school-wide behavioral support to increase the effectiveness of the system overall.
 - [Trauma Sensitive School Wide Discipline](#): Examine the impact of traditional discipline programs on students and identify specific changes that can be made towards a more compassionate and trauma-informed discipline.
 - [Readiness for Tier II/III](#): Determine fidelity of universal TSS practices and support teams in integrating TSS practices into Tier II and III supports.
 - [Building Relationships Despite Challenges](#): Understand how to develop relationships with students who are currently struggling within the school system.
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- [Emotional & Physical Regulation \(Part 1\)](#) and [\(Part 2\)](#): Discover how to apply the TSS lens to support individual and small groups of students to recognize when they are becoming dysregulated and successfully manage those sensations.
- [Academic Interventions at Tier II/III](#): Learn how to apply the TSS lens to individual and small group academic instruction.
- [Trauma Informed De-escalation](#): Enhance effective de-escalation as an asset in a school system by applying the TSS lens to these practices. This approach can improve an educator’s ability to diffuse situations and reduce the need for other types of interventions.
- [Person-Centered Planning](#): Emphasize the hallmark of a TSS school, which honors choice, collaboration, empowerment, trust, and safety. This module will focus on how to infuse those values, enabling educators to collaborate and effectively co-plan with students.
- [Tier II/III Discipline](#): Examine the impact of traditional discipline programs on students and identify specific changes that can be made towards more compassionate and trauma-informed discipline.

Trauma-Informed Resilience-Oriented Schools Toolkit [Section 5: Engaging Parents, Families, and Communities](#)

Outlines strategies for including and supporting parents, families, and communities in student-centered planning

DPI Trauma Sensitive Schools Modules

- [Engaging Parents as Partners](#): Empower caregivers to become school leaders and key decision-makers by addressing barriers to family involvement.
- [Community Partnerships](#): Understand the process of developing an effective school-community partnership to make communication and provision of services more efficient and effective.

Trauma-Informed Resilience-Oriented Schools Toolkit [Section 6: Implementing and Evaluating Your Trauma-Informed, Resilience-Oriented Innovations](#)

Explains how to build a system to continually evaluate the strengths and needs of your school

DPI Trauma Sensitive Schools Modules

- [Trauma Sensitive Schools Fidelity Tool](#): Utilize this tool to paint a picture of your school prior to the implementation of trauma-sensitive policies and practices, and to help shape your school conversations around becoming more trauma-sensitive.