Virtual Professional Development Opportunities for Nita M. Lowey 21st Century Community Learning Centers

This document lists a number of online professional development resources that may be of interest to Nita M. Lowey 21st Century Community Learning Centers (21st CCLC) staff. Consider having all staff complete the same training and then discuss what they learned virtually. 21st CCLC funds may be used to reimburse staff for the time they spend participating in these activities. However, the decision to pay staff for time spent on professional development is a local one, as is the focus of a program's professional development efforts. Programs may choose to pursue one of the professional development opportunities listed below, or they may choose to use a resource not listed here.

On-Demand Professional Development: The list below includes national sites that offer training that is geared specifically to after-school programs. It also includes professional development resources developed by the Wisconsin Department of Public Instruction (DPI) and other state-level organizations that touch on topics that are relevant to 21st CCLC programs, including social and emotional learning (SEL), trauma sensitive schools (TSS), Positive Behavioral Interventions and Supports (PBIS), and environmental education.

- [You for Youth (Y4Y)](https://y4y.ed.gov/), the federal technical assistance website for 21st CCLC programs, has many training modules that 21st CCLC staff can complete on their own time. Participants can elect to receive a certificate of completion after finishing a module. Topics include managing 21st CCLC programs, project-based learning (PBL), family engagement, and strategic partnerships. https://y4y.ed.gov/

- The [National Afterschool Association](#) (NAA) offers after-school specific professional development opportunities, including blog posts, interviews, and content-specific toolkits that can be downloaded. New content is posted weekly and can be accessed here: https://naaweb.org/professional-development.

  The NAA also has a collection of online modules related to technology called the Afterschool Tech Toolkit, which can be accessed here: https://naaweb.org/afterschooltechtoolkit.

  The NAA's Core Knowledge and Competencies for after-school staff and a series of aligned self-assessments that staff can use to guide their own self-reflection and professional development efforts are also available: https://naaweb.org/resources/core-competencies.

- The [Afterschool Alliance](#) is a national organization that advocates for out-of-school time programs. Check out their list of archived webinars that touch on a wide range of topics, including SEL, Science, Technology, Engineering, and Mathematics (STEM), adolescent development, and youth voice. http://afterschoolalliance.org/webinars.cfm

- During the 2020-21 school year, DPI is partnering with the Wisconsin Afterschool Network (WAN) to offer monthly virtual professional development opportunities for Wisconsin 21st CCLC grantees. These monthly professional development opportunities will provide 21st CCLC staff with the chance to explore a topic in-depth, network with colleagues, receive feedback on new practices, and reflect on successes and areas for improvement with peers and the facilitator. More information, including the registration link, can be found on DPI's 21st CCLC "Training & Technical Assistance" page: https://dpi.wi.gov/sspw/clc/training.

- The [Wisconsin 21st CCLC website](#) also has several other training opportunities to review, including past conference presentations you may have missed (https://dpi.wi.gov/sspw/clc/training) and new webinars on budgets https://dpi.wi.gov/sspw/clc/current-grantees).

- An archived version of the webinar series "Trauma Informed Approach to After-School Programs" is available on the Wisconsin Afterschool Network (WAN) website: http://wiafterschoolnetwork.org/archive-webinars/.

- The DPI offers several free, online modules as part of their Trauma Sensitive Schools (TSS) Online Professional Development System: https://dpi.wi.gov/sspw/mental-health/trauma/modules. Through this system, learners will understand the prevalence and impact of toxic stress on youth and those who care for them. Additionally, participants will understand how to infuse the values of safety, trustworthiness, choice, collaboration, and empowerment into various aspects of their existing equitable multi-level system of support.

- The DPI partnered with Dr. David Schonfeld, Director of the National Center for School Crisis and Bereavement, Children's Hospital, Los Angeles, to offer two webinars supporting student trauma and grief while students are staying safe at home and upon the transition back to school buildings. Session one, "When school starts back: Helping students and yourself cope with crisis during a pandemic," is available here: https://youtu.be/LZTGgs7UwwA. Session two, "When school starts

back: Supporting grieving students during a pandemic," is available here: https://youtu.be/PVwzkzXXTsk. Grantees may also be interested in the DPI's monthly Mental Health Community of Practice calls. For more information on upcoming sessions, see the SSPW and COVID-19 webpage, or School Mental Health webpage for previous session recordings.

- The DPI has many Social and Emotional Learning (SEL)-related professional development resources posted on its SEL website, including the SEL Training Module. Access the module here: Build Your SEL Expertise. Information about evidence-based SEL curriculum aligned with the Wisconsin DPI SEL Competencies may be found here: Curriculum Alignment Tools. Further information about evidence-based SEL assessment tools also aligned with the WI DPI SEL Competencies may be found here: SEL Learning Assessment.

- The 2019 Youth Risk Behavior Survey (YRBS) Summary is now available! Read the report to learn about young people's mental, physical, and SEL needs, Check out the report here: YRBS 2019 Summary Report

- The Wisconsin Response to Intervention (RtI) Center, which is a collaboration between DPI and 12 Cooperative Educational Service Agency (CESA) agencies, has four on-line modules for educators that address culturally responsive classroom management. Access them here: culturally responsive classroom management

- The Wisconsin Green Schools Network has a list of upcoming and archived webinars devoted to environmental education that can be accessed here: http://eeinwisconsin.org/resource/about.aspx?s=96951.0.0.2209. The list includes webinars from organizations like the National Wildlife Association and the United States Department of Agriculture (USDA) Forest Service.

- DPI's Digital Learning Team has developed a collection of resources designed to help educators learn about digital learning called "How to Teach Online/Blended Learning – Grab & Go Resources." Resources are organized by topic, such as "Community Building," and "Learner Engagement," and include online learning modules and courses, links to websites, and planning templates. Click here to access Grab & Go Resources: Online blended learning resources.

- The DPI WISELearn Resources Library is a repository of professional resources on a wide range of topics and subject matter. Materials and resources can be used to

develop activities for programs or further your own knowledge.
https://wlresources.dpi.wi.gov/

Recently Offered and Upcoming Webinars: In addition to the on-demand professional development resources listed above, there are a number of recently offered and upcoming webinars that may be of interest to 21st CCLC staff. All webinars are offered free of charge. Webinars that require advance registration are marked with an asterisk (*). **Please note, these webinars are not offered by DPI and we cannot assist with registration questions.**

Get Outside Power Hour*
> December 9, 2020, 4:30 p.m. - 5:30 p.m. Central Time
> Do you want to learn more about activities that can be done outside and in a socially distant way? Check out this free series of three on-line learning sessions from LEAF - Wisconsin's K-12 Forestry Education Program. Topics include, "Tips and Tricks for Using Outdoor Settings," "Enhancing the Use of School Gardens, School Forests, and School Grounds as Living Learning Environments," and "Socially Distant Learning, Activities, and Building Teamwork."

School's Out! Challenges and Solutions for School-Age Programs: Meaningful Activities*
> Wednesday, November 18, 2020, 1:00 p.m. - 2:00 p.m. Central Time
> "Professionals who work with school-age children in out-of-school environments often struggle with ways to keep the children engaged in programs that run before and after the structured school day. Children have varied needs, and program staff are often dealing with challenges such as a restrictive environment, mixed groupings, and varied schedules. Within the context of child development, this edWebinar, based upon the new book of the same title, offers a child-centered approach to developing activities that engage and enhance the program. Participants will explore a number of common challenges along with some possible solutions that can be adapted and applied in their work." Offered by edWEB.net

Science and Literacy Instruction: You Don't Have to Choose*
> Tuesday, October 20, 2020, 4:00 p.m. -5:00 p.m. Central Time
> "How is knowledge-rich curriculum essential for the development of literacy proficiency? How can making room for science in Grades K-5 enable you to prepare your students to make sense of the world in which we live while strengthening

their abilities to read, write, listen and speak? Join Jacqueline Barber from the University of California, Berkeley's Lawrence Hall of Science to explore the relationship between literacy and science instruction. In this edWebinar, Jacqueline will examine how the shifts in the science standards invite convergence with ELA and math. She will share research that shows how this can not only help strategically make room for science in packed instructional calendars but also results in more effective ways for students to learn both science and literacy. Participants will see examples to help them envision how a focus on science can help achieve instructional goals in their classrooms and remotely." Offered by edWEB.net

[Mental Health, Mindfulness, Self-Care: What We Can Do During a Pandemic](#)*

Monday, October 19, 2020, 3:30 p.m. - 4:30 p.m. Central Time

"If there is a silver lining to COVID-19 it is the increased awareness and importance of mental health for our teachers, students, and their families/caregivers. The tension created between new social distance protocols and the need to connect and build relationships is heightened, with many not equipped to lower the stress for meaningful teaching and learning to occur in school or in a remote environment. At the same time, school communities and society at large are facing the pandemic of centuries of racism that is harmful to students, particularly Black, Indigenous and students of Color. What are the strategies that need to be put in place to nurture the growth of each student, their family/caregivers, and teachers during these times? How can we evolve to be culturally responsive in our schools and communities? In this edWebinar, we will:

- Learn about key self-care tips not only for students, but adults, too.
- Discover how school districts can encourage self-care and mindfulness in their communities of teachers and learners.
- Hear what parents can do at home to foster self-care and mindfulness.
- Examine how being student centered can promote culturally responsive teaching."

[21st CCLC Programs in a Virtual World](#)

Archived webinar (August 25, 2020)

"Are you preparing for a fully virtual or hybrid program this year? This may seem like a daunting task, but Y4Y is here to help with tools, tips and resources! We'll help prepare you and your team to deliver high-quality virtual programming to students of all ages in engaging and innovative ways. Whether you're a tech newbie or a pro, you'll gain new ideas and have an

opportunity to network and collaborate with other programs developing virtual programs." Offered by You for Youth (Y4Y).

[New Leaders Academy](#)

Archived webinar (August, 2020)

"Are you a new 21st CCLC grantee looking for guidance on where to begin? Does your existing program need tools and resources to help you plan and prepare a high-quality, out-of-school time program? The U.S. Department of Education's Y4Y Technical Assistance Team will present a series of five webinars to support new program leaders. If you want to meet new colleagues who are just starting out, come here! The webinars will present a logical process to design and develop a high-quality program. In each session, you'll hear directly from experienced program leaders who've designed successful, high-quality 21st CCLC programs. Leaders will speak to the benefits of using an implementation planning tool to guide program development, and you'll get planning tools along with tips and advice from fellow practitioners." Offered by You for Youth (Y4Y).

[Creating a Positive Learning Environment at Home](#)

Archived webinar (June 11, 2020)

"Many families have new questions after their recent crash course in Teaching at Home 101:

'Am I supposed to re-create the school schedule, or be flexible?'
'What if my math and my English aren't so good?'
'What's the secret to making this more fun and less stressful?'

Join the U.S. Department of Education's You for Youth (Y4Y) Technical Assistance Team to make sure your 21st CCLC program can help families find answers. You'll learn to help families build a positive learning environment, navigate the new normal of virtual learning, reduce and manage stress in a home learning space, and prevent summer learning loss. Subject matter experts and 21st CCLC programs share timely tips and practical advice." Offered by You for Youth (Y4Y).

Additional Resources to Review: If you are interested in learning more about the research that supports after-school programming, check out the articles and research briefs listed below.

- [Afterschool in Wisconsin: Building Our Children's Future, One Program at a Time](#)

- [Afterschool Works!](#)

- [America After 3PM: Afterschool Programs in Demand](#)

- [America After 3PM Special Report: The Growing Importance of Afterschool in Rural Communities](#)

- [Enhancing Cultural Competence in Out-of-School Time Programs: What Is It, and Why is it Important?](#)

- [Examining the Impact of Afterschool STEM Programs](#)

- [SEDL Insights, Vol. 2, No. 1: Building Supportive Relationships in Afterschool](#)

- [The Impact of After-School Programs That Promote Personal and Social Skills](#)

- [Utilizing Wisconsin Afterschool Programs to Increase Physical Activity in Youth](#)