

Content Area: Relationships

Skill Chosen: Interpersonal Communication - "Face to Face vs. Texting"

Grade Level: 10th grade

Previous Instruction

This lesson would come after other lessons when students practiced effective communication (with I "messages", refusals, etc.) It may or may not follow a lesson that would have us discuss why face to face communication is still important in a world filled with technology (misinterpreted email tone, text tone, showing respect toward someone, forever in cyberspace idea, conflicts, etc).

Skill Cues from Rubric:

- demonstrates interactions among individuals
- message tactics and strategies
 - clear, organized ideas or beliefs
 - use of "I" message
 - tone-respectful vs. aggressive and confrontational
 - body language
- demonstrates refusals
 - clear "no" statement
 - walk away
 - provide a reason
 - delay, change the subject
 - repeat refusal
 - provide an excuse
 - put it off

Introduction

Ask the students to write down a scenario when they were texting to have a conversation with someone that would have been more effective if they would have had it face to face. It could have been about something really exciting or about something that involved a conflict.

How will I teach the skill?

- Students will be asked to share their scenarios and we will review the message tactics and strategies from the skill cue card. We will discuss which "face to face" communication skills are being ignored/neglected when having this conversation over a text message (tone could be unclear, could show lack of respect, etc).
- I will ask a student to volunteer their example for us to "transform" into a script to role play between two people.
- Example could include someone breaking up with someone over a text message. An exact text may read, "IDK, I don't like u anymore- we r done". I would remind them to use the skills of being assertive vs. passive or aggressive when writing the script.

How will students practice the skill?

Students would be asked to get into partners or a group to write a script for a role play from the original "text message" that was sent between two people. They can choose one from the list below or could come up with a scenario on their own. Scenario/Texts

1. Any kind of fight between two friends. Ex: "I H-8 u, u r unfriended on FB"
2. Text your boss you can't come to work five minutes before your shift starts because you are sick.
3. Asks you to prom with a text message (kids may debate this one is "ok" to them, but we can talk about why it may not be as respectful as asking in person).
4. Texting your coach you are quitting the team/sport.
5. You text your brother that your parents just told you that all of you are moving to another state.

How will I assess the students on the skill cues?

After the scripts have been written (keep it to a 5-10 line script) the students will be given time to practice and share the role play with their classmates. The students will be reminded to use appropriate communication (with "I messages", tone of voice, body language, facial expression). Student role plays will be graded using the following skills rubric.

*If there appears to be any gaps, we can pick a scenario to "re-do" as a class.

Skills Rubric

4 - The role play shows evidence of the ability to apply health skills; the role play is complete and shows proficiency in the skill.

3 - The role play shows evidence of the ability to apply health skills; the role play is mostly complete but may not be fully proficient.

2 - The role play shows some evidence of the ability to apply health skills; the role play may have inaccuracies or be incomplete.

1 - The role play shows little or no evidence of the ability to apply health skills.

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