

Secondary example  
AODA mini-grant

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**NOTE:** Use only space provided in answering all questions.

1. A brief description of the program and activities to be developed and implemented by students at a building, district, or community level.

We are a student leadership group that pledges to remain alcohol/drug free. We feel this helps us be our best in our athletics and classes. It also helps to create a positive environment in our school when more students are involved. We are also committed to informing our fellow students of the benefits of not using alcohol/drugs and to understand how good nutrition, sleep and exercise helps us to do well in school and our activities. We have learned this in our leadership trainings and our health classes. We have heard [REDACTED] speak at our school and we started our group after being in his student leadership training groups. Our group has grown each year. We have also gone to leadership conferences with [REDACTED] and have participated in activities with other schools in our area to share information about our groups. We do community service and plan fun events for our school. We want to start training middle school students to start a leadership group like ours. We feel that when they start high school they will be comfortable joining the high school group and will have had some training with us. We will pair up with them and help them to create a group. We will help train them and mentor them. Our middle school and high school are in the same building so it will be easy to pair up with them for trainings and activities.

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**IV. PROJECT NARRATIVE**

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2. Describe how the idea for this project was developed including the extent of student participation.

We have TRUE ID meetings and we were talking about projects we could do for the year. Last year we went and talked to the middle school sports teams about our group. We talked to them about what a good leader is and how to be good leaders on their teams. We talked with them about how this helps our school to be a better place. We talked with them about being good role models for the kids in elementary school. This year we want to do more with them than just talk about good leadership. We thought it would be good for our school to have these groups in both the middle and high school. They can learn information about how alcohol/drugs, not enough sleep and junk food affects how we play and learn. They will then have this information when they come to high school and already be part of a group that thinks these things are important to sports and learning to make our school a better place.

3. What problem(s) at your school will this mini-grant project address? Describe how this project will help prevent or reduce student alcohol and drug abuse or other risk behaviors (tobacco use, violence, bullying, suicide, traffic safety, and sexual risk behaviors).

We hope that middle school students will see the benefits of not using alcohol/drugs. We want them to know that it is important to take good care of their bodies and brain to be their best with sports, grades and all activities that we do. We think this will make our school a more positive place to learn. We also hope that middle school students will see that it is a good thing to be healthy and not use alcohol/drugs. We think that the more students that are not using alcohol/drugs our community will be safer for everyone. We hope that this will start to change the attitudes of students and adults in our community about why alcohol and drugs do not help us to be our best.

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## IV. PROJECT NARRATIVE (cont'd)

5. Describe how you will measure your success in addressing the problem(s) described in question 3. (Changes in behaviors, attitudes, knowledge, or skills measured through pre-post-surveys, related statistics, etc.)

We will do a pre and post test survey about attitudes and behaviors of good leaders, and our school environment. We will also ask questions about sleep, healthy eating and feeling comfortable at school. We will work with our advisor to develop the survey questions.

We will count the number of middle school students in the group.

We will count the number of times we met and the number of our activities.

6. Describe who and how many people will benefit from your project, including skills, knowledge, behaviors, or attitudes they are expected to acquire. *Limit response to the space provided.*

We think that everyone in our school district will benefit. We are a small school district with a little over 800 students. Many younger students and families come to our sporting, music and other events. More students will be involved in leadership activities and taking pride in what they do. More students will have information about how important it is to stay free from alcohol and drugs, eat healthy and get enough sleep. This will make our schools better places to learn and create a good environment. If younger students and parents see us being good role models and talking about healthy choice with nutrition, sleep and exercise without alcohol and drugs we think this will affect our whole community.

IV. PROJECT NARRATIVE (cont'd)

7. Budget—Maximum of \$1,000.

- a. List the **Item/Purpose/Cost** for each expenditure. (No capital objects allowed, e.g., computers, furniture, video equipment.) \*Maximum daily speaker/consultant rate is \$800. Incentive items limited to 20 percent of total budget.

Student Leadership Training with [REDACTED] Registration Fees	\$500
Presenters mileage	\$125
Materials for permanent posters and banners in the Middle School	\$250
Food for end of year celebration	\$125

Total Funds Requested \$1,000

- b. List any local contributions to this project. Twenty percent of the grant total must be matched by local contributions of funding or time equivalent. This may be an in-kind contribution match.

Advisor Time (\$25x10)	\$250
Building Use meetings and training	\$150
Paper products for celebration donated by PTO	\$150
Office materials	\$100

Total Matching Funds  
(20% of Total Grant Funds Requested) \$650