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2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

1. Percentage of schools in which students take the following number of required health education courses in grades 6 through 12.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		Interval	N		Interval	N		Interval	N		Interval	N
a. 0 courses	0.0	†	113	10.1	6.7 - 15.1	160	2.8	0.5 - 13.5	35	5.5	3.7 - 8.2	308
b. 1 course	46.5	39.5 - 53.6	113	27.1	21.7 - 33.2	160	44.6	32.9 - 57.0	35	36.3	32.2 - 40.6	308
c. 2 courses	35.5	28.0 - 43.8	113	24.6	19.6 - 30.4	160	19.4	11.1 - 31.6	35	28.1	24.0 - 32.5	308
d. 3 courses	12.6	8.2 - 18.7	113	26.5	21.6 - 32.2	160	22.2	13.0 - 35.3	35	20.8	17.5 - 24.6	308
e. 4 or more courses	5.4	2.7 - 10.5	113	11.6	8.0 - 16.6	160	11.1	4.7 - 23.9	35	9.3	6.8 - 12.4	308

† Confidence intervals not applicable for 0 percent or 100 percent.
N = Unweighted number of observations

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1N. Percentage of schools in which students take two or more required health education courses in grades 6 through 12.

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
53.5	46.4 - 60.5	113	62.8	56.3 - 68.9	160	52.6	41.5 - 63.5	35	58.2	53.7 - 62.5	308

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2. Percentage of schools that taught a required health education course in each of the following grades.*

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	95% Confidence			95% Confidence			95% Confidence			95% Confidence		
	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
a. Sixth grade	§	§	§	51.7	44.8 - 58.6	119	53.5	30.6 - 75.0	11	51.9	45.3 - 58.5	130
b. Seventh grade	§	§	§	60.6	54.1 - 66.7	134	65.5	52.2 - 76.7	24	61.3	55.5 - 66.9	158
c. Eighth grade	§	§	§	60.0	53.5 - 66.2	134	61.4	44.6 - 75.8	24	60.2	54.2 - 66.0	158
d. Ninth grade	64.0	55.2 - 72.0	100	-	-	1	70.3	54.1 - 82.5	26	64.8	57.2 - 71.8	127
e. Tenth grade	37.1	29.1 - 45.8	92	§	§	§	33.1	20.1 - 49.3	27	36.2	29.2 - 43.8	119
f. Eleventh grade	8.4	5.0 - 13.7	89	§	§	§	22.3	11.2 - 39.5	27	11.6	7.6 - 17.2	116
g. Twelfth grade	8.9	4.7 - 16.3	88	§	§	§	27.5	17.5 - 40.3	26	13.1	8.9 - 19.1	114

*Among schools with students in that grade.

- Results are suppressed due to insufficient number of respondents in subgroup.

§ Grade is not applicable for type of school.

N = Unweighted number of observations

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3. Percentage of schools that require students who fail a required health education course to repeat it.*

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
96.2	91.5 - 98.4	112	49.9	44.1 - 55.8	144	88.3	79.5 - 93.6	33	72.6	69.2 - 75.7	289

*Among schools in which students take one or more required health education courses in any of grades 6 through 12.
N = Unweighted number of observations

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4. Percentage of schools in which those who teach health education are provided with each of the following materials.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		Interval	N		Interval	N		Interval	N		Interval	N
a. Goals, objectives, and expected outcomes for health education	80.4	73.6 - 85.7	112	79.7	73.7 - 84.6	160	74.4	58.4 - 85.7	34	79.3	75.1 - 83.0	306
b. A chart describing the annual scope and sequence of instruction for health education	62.3	54.1 - 70.0	112	64.6	57.5 - 71.1	159	50.3	35.6 - 65.0	34	62.2	57.1 - 67.0	305
c. Plans for how to assess student performance in health education	62.7	54.7 - 70.1	112	64.1	57.8 - 69.9	160	53.2	38.8 - 67.0	34	62.4	57.7 - 66.8	306
d. A written health education curriculum	69.6	61.3 - 76.7	112	69.0	62.0 - 75.2	160	68.0	52.1 - 80.7	34	69.1	64.1 - 73.6	306

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5. Percentage of schools in which the health education curriculum addresses each of the following skills.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	95% Confidence			95% Confidence			95% Confidence			95% Confidence		
	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
a. Comprehending concepts related to health promotion and disease prevention to enhance health	95.5	90.7 - 97.9	111	91.5	86.8 - 94.7	154	97.2	86.5 - 99.5	35	93.7	90.8 - 95.7	300
b. Analyzing the influence of family, peers, culture, media, technology, and other factors on health behaviors	93.4	89.2 - 96.0	111	90.9	86.1 - 94.2	154	97.2	86.5 - 99.5	35	92.6	89.8 - 94.7	300
c. Accessing valid information and products and services to enhance health	94.6	89.6 - 97.3	111	86.5	81.1 - 90.5	154	91.7	79.6 - 96.9	35	90.2	86.9 - 92.7	300
d. Using interpersonal communication skills to enhance health and avoid or reduce health risks	94.4	89.3 - 97.2	111	89.5	84.3 - 93.1	154	97.2	86.5 - 99.5	35	92.3	89.1 - 94.5	300
e. Using decision-making skills to enhance health	95.5	90.7 - 97.9	111	92.7	88.1 - 95.5	152	97.2	86.5 - 99.5	35	94.3	91.5 - 96.2	298
f. Using goal-setting skills to enhance health	93.4	87.9 - 96.5	111	90.1	85.0 - 93.6	153	97.2	86.5 - 99.5	35	92.2	89.0 - 94.5	299
g. Practicing health-enhancing behaviors to avoid or reduce risks	95.5	90.7 - 97.9	111	90.9	86.0 - 94.2	154	97.2	86.5 - 99.5	35	93.4	90.5 - 95.4	300
h. Advocating for personal, family, and community health	91.5	87.3 - 94.4	111	88.1	82.6 - 92.0	153	91.7	79.6 - 96.9	35	89.8	86.6 - 92.3	299

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6. Percentage of schools in which those who teach sexual health education are provided with each of the following materials.*

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	95% Confidence			95% Confidence			95% Confidence			95% Confidence		
	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
a. Goals, objectives, and expected outcomes for sexual health education	83.4	77.5 - 88.1	103	85.7	79.8 - 90.1	144	75.2	58.0 - 86.9	32	83.6	79.6 - 87.0	279
b. A written health education curriculum that includes objectives and content addressing sexual health education	73.3	65.0 - 80.2	103	80.6	74.8 - 85.4	144	74.5	57.0 - 86.6	32	77.2	72.6 - 81.2	279
c. A chart describing the annual scope and sequence of instruction for sexual health education	59.0	49.8 - 67.6	103	68.1	61.4 - 74.2	144	47.3	33.5 - 61.6	32	62.3	57.2 - 67.2	279
d. Strategies that are age-appropriate, relevant, and actively engage students in learning	76.0	68.1 - 82.4	102	80.9	74.2 - 86.1	144	59.4	41.5 - 75.1	32	76.6	71.7 - 80.8	278
e. Methods to assess student knowledge and skills related to sexual health education	72.5	64.4 - 79.4	102	78.0	71.3 - 83.4	143	61.0	45.4 - 74.7	31	74.0	69.2 - 78.3	276

*Among schools that teach sexual health education.

N = Unweighted number of observations

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7. Percentage of schools that provide curricula or supplementary materials that include HIV, STD, or pregnancy prevention information that is relevant to lesbian, gay, bisexual, transgender, and questioning youth.

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
63.8	56.9 - 70.2	112	46.7	39.6 - 53.9	158	51.1	37.9 - 64.2	35	53.6	48.9 - 58.2	305

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8. Percentage of schools in which health education instruction is required for students in any of grades 6 through 12.

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	95% Confidence Interval	N		95% Confidence Interval	N		95% Confidence Interval	N		95% Confidence Interval	N
Percent			Percent			Percent			Percent		
97.3	93.1 - 99.0	111	89.7	85.0 - 93.1	156	97.2	86.2 - 99.5	34	93.4	90.7 - 95.4	301

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9. Percentage of schools in which teachers tried to increase student knowledge on each of the following topics in a required course in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		Interval	N		Interval	N		Interval	N		Interval	N
a. Alcohol- or other drug-use prevention	98.3	94.6 - 99.5	112	90.5	86.0 - 93.7	159	86.2	72.5 - 93.6	35	92.9	90.1 - 95.0	306
b. Asthma	42.7	34.4 - 51.5	110	50.2	43.6 - 56.8	155	46.1	32.0 - 61.0	35	46.9	42.0 - 51.9	300
c. Chronic disease prevention (e.g., diabetes, obesity prevention)	97.2	93.0 - 99.0	112	89.3	84.9 - 92.6	159	88.9	76.0 - 95.3	35	92.2	89.4 - 94.3	306
d. Emotional and mental health	97.4	93.4 - 99.0	111	91.2	86.8 - 94.2	158	97.2	86.6 - 99.5	35	94.2	91.7 - 96.0	304
e. Epilepsy or seizure disorder	36.5	29.6 - 44.1	110	31.2	25.8 - 37.0	157	41.8	28.3 - 56.8	35	34.4	30.2 - 38.8	302
f. Food allergies	55.7	47.6 - 63.5	110	55.8	49.5 - 61.9	156	71.7	55.1 - 83.9	35	57.6	52.9 - 62.2	301
g. Foodborne illness prevention	59.8	52.2 - 66.9	110	60.2	53.6 - 66.6	154	83.4	69.1 - 91.8	35	62.8	58.2 - 67.2	299
h. Human immunodeficiency virus (HIV) prevention	96.0	93.0 - 97.7	111	83.1	77.4 - 87.5	154	80.6	65.7 - 90.1	35	87.6	84.3 - 90.4	300
i. Human sexuality	92.3	87.6 - 95.3	111	87.1	82.2 - 90.8	154	77.9	64.7 - 87.1	35	88.0	84.8 - 90.6	300

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9. Percentage of schools in which teachers tried to increase student knowledge on each of the following topics in a required course in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
j. Infectious disease prevention (e.g., influenza [flu] prevention)	83.9	77.1 - 89.0	111	75.3	69.0 - 80.6	157	83.4	69.0 - 91.9	35	79.4	75.2 - 83.1	303
k. Injury prevention and safety	87.7	81.1 - 92.2	111	77.3	70.8 - 82.7	157	86.1	72.6 - 93.6	35	82.2	78.0 - 85.7	303
l. Nutrition and dietary behavior	100.0	†	109	98.7	95.8 - 99.6	154	100.0	†	34	99.3	97.8 - 99.8	297
m. Physical activity and fitness	100.0	†	110	98.7	95.9 - 99.6	150	100.0	†	34	99.4	97.9 - 99.8	294
n. Pregnancy prevention	93.0	88.4 - 95.9	111	75.4	69.9 - 80.2	154	82.8	70.8 - 90.5	35	82.9	79.5 - 85.8	300
o. Sexually transmitted disease (STD) prevention	94.1	90.0 - 96.5	111	83.9	78.5 - 88.2	155	88.9	76.0 - 95.3	35	88.3	85.0 - 90.9	301
p. Suicide prevention	93.6	88.2 - 96.6	111	76.0	69.8 - 81.3	158	85.6	71.3 - 93.4	35	83.6	79.8 - 86.9	304
q. Tobacco-use prevention	94.2	88.8 - 97.0	109	90.7	86.2 - 93.8	155	88.3	74.6 - 95.1	33	91.7	88.6 - 94.0	297
r. Violence prevention (e.g., bullying, fighting, dating violence prevention)	95.3	90.2 - 97.8	110	93.6	89.2 - 96.2	158	94.5	83.2 - 98.3	35	94.3	91.5 - 96.2	303

† Confidence intervals not applicable for 0 percent or 100 percent.
N = Unweighted number of observations

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2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

10. Percentage of schools in which teachers taught each of the following tobacco-use prevention topics in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Identifying tobacco products and the harmful substances they contain	90.7	85.1 - 94.3	111	85.5	80.3 - 89.6	154	88.3	74.6 - 95.1	33	87.8	84.3 - 90.6	298
b. Identifying short- and long-term health consequences of tobacco use	91.4	85.4 - 95.1	110	86.3	81.7 - 90.0	156	88.3	74.6 - 95.1	33	88.5	85.2 - 91.1	299
c. Identifying social, economic, and cosmetic consequences of tobacco use	88.0	82.7 - 91.8	112	82.7	77.3 - 87.0	156	85.4	71.4 - 93.1	33	85.0	81.5 - 87.9	301
d. Understanding the addictive nature of nicotine	92.6	87.7 - 95.6	111	83.9	78.8 - 88.0	156	88.3	74.6 - 95.1	33	87.6	84.4 - 90.3	300
e. Effects of nicotine on the adolescent brain	83.6	77.7 - 88.2	112	78.8	72.6 - 83.9	156	82.9	68.2 - 91.7	34	81.1	77.1 - 84.5	302
f. Effects of tobacco use on athletic performance	84.8	78.5 - 89.5	111	76.4	70.3 - 81.6	158	85.8	71.7 - 93.5	34	80.6	76.6 - 84.1	303
g. Effects of second-hand smoke and benefits of a smoke-free environment	91.6	85.7 - 95.2	109	86.2	81.6 - 89.8	154	85.4	70.9 - 93.3	33	88.1	84.8 - 90.8	296
h. Understanding the social influences on tobacco use, including media, family, peers, and culture	89.8	83.4 - 93.8	110	83.3	77.7 - 87.7	156	85.4	70.9 - 93.3	33	85.9	82.2 - 89.0	299
i. Identifying reasons why students do and do not use tobacco	90.0	84.5 - 93.8	111	83.2	77.8 - 87.4	154	88.3	74.6 - 95.1	33	86.3	82.8 - 89.2	298
j. Making accurate assessments of how many peers use tobacco	77.3	70.5 - 83.0	112	60.6	53.6 - 67.2	154	68.9	53.4 - 81.1	35	67.9	63.2 - 72.2	301

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10. Percentage of schools in which teachers taught each of the following tobacco-use prevention topics in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
k. Using interpersonal communication skills to avoid tobacco use (e.g., refusal skills, assertiveness)	84.0	77.8 - 88.7	111	81.9	76.5 - 86.2	154	88.3	74.6 - 95.1	33	83.4	79.7 - 86.5	298
l. Using goal-setting and decision-making skills related to not using tobacco	81.5	75.1 - 86.5	110	79.6	74.2 - 84.2	154	85.4	70.9 - 93.3	33	81.0	77.1 - 84.3	297
m. Finding valid information and services related to tobacco-use prevention and cessation	81.8	75.4 - 86.8	112	66.6	60.0 - 72.6	155	72.3	57.7 - 83.3	35	73.0	68.6 - 76.9	302
n. Supporting others who abstain from or want to quit using tobacco	81.2	74.5 - 86.5	111	66.2	60.1 - 71.8	156	79.5	66.4 - 88.4	33	73.3	69.2 - 77.1	300
o. Identifying harmful effects of tobacco use on fetal development	84.2	77.9 - 89.0	112	73.1	66.9 - 78.5	155	82.9	71.3 - 90.5	34	78.4	74.4 - 82.0	301
p. Relationship between using tobacco and alcohol or other drugs	88.1	82.0 - 92.3	111	79.4	73.4 - 84.2	156	82.4	70.4 - 90.2	33	83.0	79.2 - 86.2	300
q. How addiction to tobacco use can be treated	82.4	76.1 - 87.3	111	68.4	61.6 - 74.4	155	77.9	64.7 - 87.1	35	74.7	70.4 - 78.6	301
r. Understanding school policies and community laws related to the sale and use of tobacco products	77.3	70.5 - 82.8	111	75.6	69.4 - 80.9	156	80.6	65.7 - 90.1	35	76.8	72.6 - 80.6	302
s. Benefits of tobacco cessation programs	68.8	60.6 - 75.9	112	48.6	41.9 - 55.3	157	71.5	58.9 - 81.5	34	58.7	54.0 - 63.3	303

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10N. Percentage of schools that taught all 19 tobacco-use prevention topics during the current school year.*

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
50.3	43.0 - 57.6	112	38.1	31.9 - 44.6	157	59.5	43.9 - 73.4	34	45.1	40.5 - 49.7	303

*Responses to question 10 a through s all are "yes."
N = Unweighted number of observations

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11. Percentage of schools in which teachers taught each of the following HIV, STD, or pregnancy prevention topics in a required course in any of grades 6, 7, or 8 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence		Percent	95% Confidence		Percent	95% Confidence		Percent	95% Confidence	
		Interval	N		Interval	N		Interval	N		Interval	N
a. How HIV and other STDs are transmitted	§	§	§	77.9	71.7 - 83.0	128	62.3	43.3 - 78.1	24	75.4	69.4 - 80.6	152
b. Health consequences of HIV, other STDs, and pregnancy	§	§	§	81.7	75.8 - 86.4	126	58.2	39.8 - 74.5	24	77.9	72.0 - 82.9	150
c. The benefits of being sexually abstinent	§	§	§	84.0	78.2 - 88.5	125	66.4	47.0 - 81.5	24	81.1	75.3 - 85.8	149
d. How to access valid and reliable health information, products, and services related to HIV, other STDs, and pregnancy	§	§	§	66.7	59.7 - 73.1	129	50.0	32.1 - 67.9	24	64.1	57.4 - 70.3	153
e. The influences of family, peers, media, technology and other factors on sexual risk behaviors	§	§	§	74.3	67.6 - 80.0	129	62.3	46.2 - 76.0	24	72.4	66.3 - 77.9	153
f. Communication and negotiation skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy	§	§	§	71.3	64.2 - 77.5	129	50.0	33.2 - 66.8	24	68.0	61.3 - 74.0	153

§ Grade is not applicable for type of school.

N = Unweighted number of observations

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11. Percentage of schools in which teachers taught each of the following HIV, STD, or pregnancy prevention topics in a required course in any of grades 6, 7, or 8 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
g. Goal-setting and decision-making skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy	§	§	§	68.1	61.1 - 74.4	129	58.2	41.4 - 73.3	24	66.5	60.0 - 72.5	153
h. Influencing and supporting others to avoid or reduce sexual risk behaviors	§	§	§	70.5	63.3 - 76.9	128	62.3	45.1 - 76.9	24	69.2	62.6 - 75.2	152
i. Efficacy of condoms, that is, how well condoms work and do not work	§	§	§	55.8	48.9 - 62.5	127	54.1	35.4 - 71.7	24	55.5	48.9 - 61.9	151
j. The importance of using condoms consistently and correctly	§	§	§	47.0	39.6 - 54.4	128	41.8	26.3 - 59.1	24	46.1	39.4 - 53.0	152
k. How to obtain condoms	§	§	§	33.8	27.5 - 40.7	129	37.7	23.9 - 53.8	24	34.4	28.6 - 40.7	153
l. How to correctly use a condom	§	§	§	31.3	25.1 - 38.1	130	33.6	19.4 - 51.6	24	31.6	25.9 - 38.0	154

§ Grade is not applicable for type of school.

N = Unweighted number of observations

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11. Percentage of schools in which teachers taught each of the following HIV, STD, or pregnancy prevention topics in a required course in any of grades 6, 7, or 8 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
m. Methods of contraception other than condoms	§	§	§	49.3	42.7 - 55.9	128	45.9	28.7 - 64.1	24	48.7	42.4 - 55.0	152
n. The importance of using a condom at the same time as another form of contraception to prevent both STDs and pregnancy	§	§	§	52.7	45.3 - 60.0	129	45.9	28.7 - 64.1	24	51.7	44.8 - 58.5	153
o. How to create and sustain healthy and respectful relationships	§	§	§	83.4	76.9 - 88.4	128	66.4	47.9 - 80.9	24	80.7	74.5 - 85.7	152
p. The importance of limiting the number of sexual partners	§	§	§	70.3	63.3 - 76.4	129	54.1	35.4 - 71.7	24	67.7	61.1 - 73.8	153
q. Preventive care (such as screenings and immunizations) that is necessary to maintain reproductive and sexual health	§	§	§	62.5	55.6 - 69.0	128	62.3	44.4 - 77.4	24	62.5	56.0 - 68.5	152
r. Sexual orientation	§	§	§	36.0	29.6 - 42.9	129	37.7	22.9 - 55.3	24	36.3	30.3 - 42.7	153
s. Gender roles, gender identity, or gender expression	§	§	§	44.2	37.5 - 51.0	130	50.0	37.3 - 62.7	24	45.1	39.1 - 51.2	154

§ Grade is not applicable for type of school.

N = Unweighted number of observations

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2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

11. Percentage of schools in which teachers taught each of the following HIV, STD, or pregnancy prevention topics in a required course in any of grades 9, 10, 11, or 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. How HIV and other STDs are transmitted	95.6	90.2 - 98.1	102	-	-	1	85.1	69.1 - 93.6	26	92.8	87.8 - 95.8	129
b. Health consequences of HIV, other STDs, and pregnancy	96.7	91.7 - 98.7	101	-	-	1	85.1	69.1 - 93.6	26	93.7	88.9 - 96.5	128
c. The benefits of being sexually abstinent	95.6	90.1 - 98.1	101	-	-	1	73.1	54.2 - 86.3	26	90.3	84.7 - 94.0	128
d. How to access valid and reliable health information, products, and services related to HIV, other STDs, and pregnancy	94.9	89.5 - 97.6	101	-	-	1	74.0	55.5 - 86.6	26	89.9	84.4 - 93.6	128
e. The influences of family, peers, media, technology and other factors on sexual risk behaviors	94.6	89.0 - 97.4	101	-	-	1	74.0	55.5 - 86.6	26	89.7	84.1 - 93.5	128
f. Communication and negotiation skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy	92.5	86.4 - 96.0	101	-	-	1	81.4	64.5 - 91.3	26	89.6	83.9 - 93.4	128

- Results are suppressed due to insufficient number of respondents in subgroup.

N = Unweighted number of observations

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2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

11. Percentage of schools in which teachers taught each of the following HIV, STD, or pregnancy prevention topics in a required course in any of grades 9, 10, 11, or 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
g. Goal-setting and decision-making skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy	89.5	82.7 - 93.8	101	-	-	1	74.0	58.8 - 85.0	26	85.7	79.7 - 90.1	128
h. Influencing and supporting others to avoid or reduce sexual risk behaviors	87.7	80.6 - 92.4	101	-	-	1	76.9	58.5 - 88.7	26	84.8	78.3 - 89.7	128
i. Efficacy of condoms, that is, how well condoms work and do not work	90.7	84.9 - 94.4	101	-	-	1	73.1	57.3 - 84.7	26	86.5	80.9 - 90.6	128
j. The importance of using condoms consistently and correctly	87.3	81.6 - 91.5	99	-	-	1	73.1	57.3 - 84.7	26	83.8	78.2 - 88.1	126
k. How to obtain condoms	76.6	70.0 - 82.1	101	-	-	1	65.7	50.8 - 78.0	26	73.8	67.8 - 79.0	128
l. How to correctly use a condom	68.5	60.3 - 75.6	101	-	-	1	57.4	40.3 - 73.0	26	65.7	58.4 - 72.4	128

- Results are suppressed due to insufficient number of respondents in subgroup.

N = Unweighted number of observations

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2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

11. Percentage of schools in which teachers taught each of the following HIV, STD, or pregnancy prevention topics in a required course in any of grades 9, 10, 11, or 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
m. Methods of contraception other than condoms	90.9	85.2 - 94.5	101	-	-	1	76.9	58.5 - 88.7	26	87.4	81.7 - 91.5	128
n. The importance of using a condom at the same time as another form of contraception to prevent both STDs and pregnancy	89.7	83.7 - 93.7	101	-	-	1	68.6	51.2 - 82.0	26	84.8	78.9 - 89.3	128
o. How to create and sustain healthy and respectful relationships	91.8	85.7 - 95.4	101	-	-	1	81.4	64.5 - 91.3	26	89.0	83.3 - 92.9	128
p. The importance of limiting the number of sexual partners	94.8	89.3 - 97.5	100	-	-	1	68.6	48.6 - 83.5	26	88.7	82.8 - 92.8	127
q. Preventive care (such as screenings and immunizations) that is necessary to maintain reproductive and sexual health	87.6	80.6 - 92.3	101	-	-	1	81.4	64.5 - 91.3	26	85.7	79.4 - 90.3	128
r. Sexual orientation	70.0	61.7 - 77.2	100	-	-	1	50.0	32.6 - 67.4	26	65.4	57.8 - 72.2	127
s. Gender roles, gender identity, or gender expression	68.2	60.0 - 75.4	99	-	-	1	62.0	42.6 - 78.2	26	66.4	58.8 - 73.2	126

- Results are suppressed due to insufficient number of respondents in subgroup.

N = Unweighted number of observations

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2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

11N_1. Percentage of schools that taught all 19 HIV, STD, and pregnancy prevention topics in any of grades 6, 7, or 8 during the current school year.*

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
§	§	§	17.4	12.6 - 23.6	131	17.3	7.0 - 36.6	24	17.4	12.8 - 23.2	155

*Responses to question 11 a through s all are "yes."

§ Grade is not applicable for type of school.

N = Unweighted number of observations

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2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

11N_2. Percentage of schools that taught all 19 HIV, STD, and pregnancy prevention topics in any of grades 9, 10, 11, or 12 during the current school year.*

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
44.9	36.9 - 53.1	101	-	-	1	46.3	30.2 - 63.1	26	44.8	37.6 - 52.2	128

*Responses to question 11 a through s all are "yes."

- Results are suppressed due to insufficient number of respondents in subgroup.

N = Unweighted number of observations

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2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

12. Percentage of schools in which teachers assessed the ability of students to do each of the following in a required course for students in any of grades 6, 7, or 8 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Comprehend concepts important to prevent HIV, other STDs, and pregnancy	§	§	§	71.8	64.9 - 77.8	131	58.2	39.8 - 74.5	24	69.7	63.1 - 75.5	155
b. Analyze the influence of family, peers, culture, media, technology, and other factors on sexual risk behaviors	§	§	§	71.7	64.7 - 77.7	131	54.1	40.7 - 66.9	24	68.9	62.7 - 74.5	155
c. Access valid information, products, and services to prevent HIV, other STDs, and pregnancy	§	§	§	61.3	54.0 - 68.1	130	41.8	26.3 - 59.1	24	58.2	51.5 - 64.6	154
d. Use interpersonal communication skills to avoid or reduce sexual risk behaviors	§	§	§	65.8	58.2 - 72.6	131	52.1	32.8 - 70.8	23	63.7	56.6 - 70.3	154
e. Use decision-making skills to prevent HIV, other STDs, and pregnancy	§	§	§	69.9	62.9 - 76.1	131	50.0	32.1 - 67.9	24	66.8	60.1 - 72.9	155
f. Set personal goals that enhance health, take steps to achieve these goals, and monitor progress in achieving them	§	§	§	64.7	58.0 - 70.8	131	66.4	47.0 - 81.5	24	65.0	58.7 - 70.8	155
g. Influence and support others to avoid or reduce sexual risk behaviors	§	§	§	60.5	52.9 - 67.6	129	41.8	25.2 - 60.6	24	57.6	50.5 - 64.3	153

§ Grade is not applicable for type of school.

N = Unweighted number of observations

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2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

12. Percentage of schools in which teachers assessed the ability of students to do each of the following in a required course for students in any of grades 9, 10, 11, or 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Comprehend concepts important to prevent HIV, other STDs, and pregnancy	95.6	90.2 - 98.1	102	-	-	1	77.9	60.0 - 89.2	27	91.2	85.9 - 94.7	130
b. Analyze the influence of family, peers, culture, media, technology, and other factors on sexual risk behaviors	91.2	84.7 - 95.1	102	-	-	1	74.3	55.8 - 86.9	27	87.0	80.8 - 91.4	130
c. Access valid information, products, and services to prevent HIV, other STDs, and pregnancy	90.4	83.6 - 94.5	102	-	-	1	74.3	55.8 - 86.9	27	86.4	80.0 - 90.9	130
d. Use interpersonal communication skills to avoid or reduce sexual risk behaviors	86.6	79.9 - 91.4	102	-	-	1	74.3	55.8 - 86.9	27	83.5	77.0 - 88.3	130
e. Use decision-making skills to prevent HIV, other STDs, and pregnancy	90.7	84.2 - 94.7	101	-	-	1	74.3	55.8 - 86.9	27	86.6	80.3 - 91.1	129
f. Set personal goals that enhance health, take steps to achieve these goals, and monitor progress in achieving them	87.5	80.4 - 92.3	102	-	-	1	67.2	49.9 - 80.8	27	82.7	76.2 - 87.7	130
g. Influence and support others to avoid or reduce sexual risk behaviors	87.0	80.2 - 91.7	102	-	-	1	67.2	49.9 - 80.8	27	82.3	75.9 - 87.2	130

- Results are suppressed due to insufficient number of respondents in subgroup.

N = Unweighted number of observations

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2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

13. Percentage of schools in which teachers taught each of the following nutrition and dietary behavior topics in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Benefits of healthy eating	98.1	94.1 - 99.4	111	97.4	94.1 - 98.9	155	94.3	82.7 - 98.3	34	97.3	95.2 - 98.5	300
b. Benefits of drinking plenty of water	98.1	94.0 - 99.4	110	96.7	93.3 - 98.5	155	94.3	82.7 - 98.3	34	97.0	94.8 - 98.3	299
c. Benefits of eating breakfast every day	96.3	91.8 - 98.4	109	93.6	89.8 - 96.0	154	88.9	76.0 - 95.3	35	94.1	91.4 - 95.9	298
d. Food guidance using the current Dietary Guidelines for Americans (e.g., MyPlate, MyPyramid)	93.7	88.4 - 96.7	111	92.9	88.5 - 95.7	156	94.3	82.7 - 98.3	34	93.4	90.5 - 95.5	301
e. Using food labels	94.5	89.4 - 97.3	111	90.7	86.2 - 93.9	155	94.3	82.7 - 98.3	34	92.6	89.7 - 94.7	300
f. Differentiating between nutritious and non-nutritious beverages	93.7	88.4 - 96.7	111	91.1	86.7 - 94.1	157	94.3	82.7 - 98.3	34	92.4	89.5 - 94.6	302
g. Balancing food intake and physical activity	98.1	94.1 - 99.4	110	95.4	91.5 - 97.6	156	94.3	82.7 - 98.3	34	96.3	93.9 - 97.7	300
h. Eating more fruits, vegetables, and whole grain products	96.4	91.9 - 98.4	111	94.2	90.0 - 96.7	156	94.3	82.7 - 98.3	34	95.0	92.4 - 96.8	301
i. Choosing foods and snacks that are low in solid fat (i.e., saturated and trans fat)	93.5	88.0 - 96.6	111	87.2	82.0 - 91.0	157	91.5	79.0 - 96.8	34	90.0	86.7 - 92.6	302
j. Choosing foods, snacks, and beverages that are low in added sugars	96.4	92.0 - 98.5	111	89.7	85.5 - 92.8	158	94.3	82.7 - 98.3	34	92.7	90.1 - 94.7	303
k. Choosing foods and snacks that are low in sodium	91.8	85.9 - 95.3	111	84.6	79.4 - 88.7	158	91.5	79.0 - 96.8	34	88.1	84.6 - 90.8	303

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2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

13. Percentage of schools in which teachers taught each of the following nutrition and dietary behavior topics in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
l. Eating a variety of foods that are high in calcium	86.7	80.7 - 91.0	111	78.9	73.3 - 83.7	158	94.3	82.7 - 98.3	34	83.6	79.9 - 86.7	303
m. Eating a variety of foods that are high in iron	79.5	72.8 - 84.8	111	71.9	65.6 - 77.5	158	88.9	76.0 - 95.3	35	76.7	72.5 - 80.4	304
n. Food safety	73.9	67.4 - 79.6	112	69.1	62.5 - 75.0	157	80.6	65.7 - 90.1	35	72.2	67.9 - 76.2	304
o. Preparing healthy meals and snacks	82.8	75.9 - 88.1	112	79.3	73.5 - 84.2	158	82.9	71.3 - 90.5	34	81.0	77.0 - 84.5	304
p. Risks of unhealthy weight control practices	89.3	85.1 - 92.3	111	88.9	84.8 - 92.1	156	91.5	79.0 - 96.8	34	89.4	86.6 - 91.6	301
q. Accepting body size differences	89.5	83.3 - 93.6	110	83.3	78.0 - 87.5	157	80.1	67.4 - 88.7	34	85.2	81.6 - 88.2	301
r. Signs, symptoms, and treatment for eating disorders	90.1	84.6 - 93.8	110	77.3	71.9 - 81.9	157	86.2	72.5 - 93.6	35	83.1	79.5 - 86.1	302
s. Relationship between diet and chronic diseases	89.0	82.6 - 93.3	110	80.0	74.4 - 84.6	156	88.6	75.3 - 95.2	34	84.3	80.6 - 87.5	300
t. Assessing body mass index (BMI)	84.5	78.4 - 89.0	110	69.2	63.1 - 74.6	158	79.4	63.6 - 89.5	34	76.0	71.9 - 79.6	302

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**2016 School Health Profiles Report
Weighted Lead Health Education Teacher Survey Results**

13N. Percentage of schools that taught all 20 nutrition and dietary behavior topics during the current school year.*

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
48.6	40.6 - 56.7	111	43.6	38.0 - 49.2	158	63.4	50.1 - 74.9	35	47.7	43.3 - 52.1	304

*Responses to question 13 a through t all are "yes."
N = Unweighted number of observations

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2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

14. Percentage of schools in which teachers taught each of the following physical activity topics in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		Interval	N		Interval	N		Interval	N		Interval	N
a. Short-term and long-term benefits of physical activity, including reducing the risks for chronic disease	92.4	87.0 - 95.6	113	95.5	91.6 - 97.6	153	97.1	85.8 - 99.5	33	94.5	91.8 - 96.3	299
b. Mental and social benefits of physical activity	95.0	90.4 - 97.5	113	95.5	91.7 - 97.6	151	97.2	86.2 - 99.5	34	95.5	93.0 - 97.1	298
c. Health-related fitness (i.e., cardiorespiratory endurance, muscular endurance, muscular strength, flexibility, and body composition)	92.3	86.8 - 95.6	112	92.2	87.6 - 95.2	154	91.5	79.0 - 96.8	34	92.2	89.1 - 94.4	300
d. Phases of a workout (i.e., warm-up, workout, cool down)	81.1	73.8 - 86.7	113	86.5	81.3 - 90.5	154	83.4	69.0 - 91.9	35	84.1	80.2 - 87.4	302
e. Recommended amounts and types of moderate, vigorous, muscle-strengthening, and bone-strengthening physical activity	88.2	82.3 - 92.2	113	86.5	81.6 - 90.3	154	86.2	72.5 - 93.6	35	87.1	83.7 - 89.9	302
f. Decreasing sedentary activities (e.g., television viewing, using video games)	91.8	87.0 - 94.9	113	90.4	85.9 - 93.6	154	97.2	86.2 - 99.5	34	91.7	88.9 - 93.9	301
g. Preventing injury during physical activity	81.9	74.4 - 87.5	112	89.1	84.3 - 92.6	153	86.2	72.5 - 93.6	35	86.0	82.2 - 89.1	300

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2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

14. Percentage of schools in which teachers taught each of the following physical activity topics in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
h. Weather-related safety (e.g., avoiding heat stroke, hypothermia, and sunburn while physically active)	73.8	66.5 - 79.9	112	71.3	64.9 - 76.9	155	80.1	65.0 - 89.7	34	73.2	68.8 - 77.2	301
i. Dangers of using performance-enhancing drugs (e.g., steroids)	89.5	83.3 - 93.5	112	70.6	64.3 - 76.2	155	82.9	71.3 - 90.5	34	79.2	75.2 - 82.6	301
j. Increasing daily physical activity	94.8	90.0 - 97.4	113	95.5	92.4 - 97.4	152	97.2	86.2 - 99.5	34	95.4	93.1 - 97.0	299
k. Incorporating physical activity into daily life (without relying on a structured exercise plan or special equipment)	95.1	90.4 - 97.5	113	92.4	88.4 - 95.1	153	88.6	75.3 - 95.2	34	93.0	90.2 - 95.0	300
l. Using safety equipment for specific physical activities	79.3	72.5 - 84.8	113	82.9	77.1 - 87.4	155	77.9	62.3 - 88.2	35	80.9	76.8 - 84.5	303
m. Benefits of drinking water before, during, and after physical activity	94.2	89.4 - 96.9	113	91.6	87.3 - 94.5	154	94.3	82.7 - 98.3	34	92.9	90.1 - 94.9	301

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2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

14N. Percentage of schools that taught all 13 physical activity topics during the current school year.*

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
56.7	48.3 - 64.7	112	54.6	48.0 - 61.0	156	74.4	60.3 - 84.7	34	57.6	52.8 - 62.3	302

*Responses to question 14 a through m all are "yes."
N = Unweighted number of observations

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2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

15. Percentage of schools in which health education staff worked with the following groups on health education activities during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		Interval	N		Interval	N		Interval	N		Interval	N
a. Physical education staff	90.5	84.3 - 94.5	112	83.2	77.4 - 87.7	159	88.3	74.7 - 95.1	35	86.5	82.7 - 89.6	306
b. Health services staff (e.g., nurses)	61.5	53.1 - 69.3	112	64.6	57.7 - 70.9	160	57.2	43.2 - 70.2	35	62.6	57.7 - 67.3	307
c. Mental health or social services staff (e.g., psychologists, counselors, social workers)	70.5	62.6 - 77.3	111	66.4	59.9 - 72.3	159	55.1	43.4 - 66.2	35	66.6	62.1 - 70.8	305
d. Nutrition or food service staff	34.7	28.4 - 41.6	111	38.1	31.3 - 45.3	159	55.1	41.0 - 68.4	35	38.8	34.2 - 43.6	305
e. School health council, committee, or team	33.3	26.4 - 41.1	110	43.3	37.1 - 49.8	159	48.3	34.6 - 62.3	35	40.2	35.7 - 44.9	304

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2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

16. Percentage of schools that provided parents and families with health information designed to increase parent and family knowledge of the following topics during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. HIV prevention, STD prevention, or teen pregnancy prevention	27.8	21.0 - 35.8	113	26.9	21.3 - 33.2	157	28.9	19.2 - 41.0	35	27.4	23.4 - 32.0	305
b. Tobacco-use prevention	27.1	20.6 - 34.7	113	21.9	17.0 - 27.7	157	25.5	14.1 - 41.7	35	24.3	20.4 - 28.6	305
c. Alcohol- or other drug-use prevention	35.2	27.4 - 43.8	113	24.5	19.2 - 30.9	156	26.2	14.4 - 42.6	35	28.7	24.4 - 33.6	304
d. Physical activity	38.5	31.3 - 46.3	113	46.2	40.1 - 52.5	157	43.4	31.9 - 55.6	35	43.0	38.6 - 47.5	305
e. Nutrition and healthy eating	40.3	33.0 - 48.0	113	46.6	40.7 - 52.6	157	44.9	32.6 - 57.9	35	44.0	39.7 - 48.5	305
f. Asthma	9.6	5.8 - 15.6	112	17.4	13.1 - 22.7	157	13.8	6.4 - 27.5	35	14.1	11.1 - 17.6	304
g. Food allergies	16.9	11.6 - 24.0	113	30.7	24.8 - 37.4	156	28.9	18.7 - 41.8	35	25.3	21.4 - 29.7	304
h. Diabetes	11.6	7.2 - 18.0	113	19.5	14.6 - 25.6	155	20.0	10.3 - 35.2	35	16.6	13.2 - 20.6	303
i. Preventing student bullying and sexual harassment, including electronic aggression (i.e., cyber-bullying)	57.6	49.8 - 65.1	112	63.3	57.0 - 69.2	156	51.1	36.5 - 65.5	35	59.8	55.1 - 64.2	303

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17. Percentage of schools in which teachers have given students homework assignments or health education activities to do at home with their parents during the current school year.

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
67.6	59.9 - 74.4	113	65.1	58.3 - 71.4	159	68.3	56.3 - 78.3	35	66.4	61.8 - 70.8	307

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2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

18. Percentage of schools in which the lead health education teacher received professional development (e.g., workshops, conferences, continuing education, or any other kind of in-service) on each of the following topics during the past two years.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Alcohol- or other drug-use prevention	50.4	43.0 - 57.8	112	42.4	35.9 - 49.2	160	46.1	31.8 - 61.2	35	45.8	41.1 - 50.6	307
b. Asthma	8.4	4.9 - 14.0	113	17.7	13.0 - 23.6	160	16.6	8.1 - 31.0	35	14.1	11.0 - 17.9	308
c. Chronic disease prevention (e.g., diabetes, obesity prevention)	25.7	19.0 - 33.8	113	21.5	16.7 - 27.3	160	34.5	22.4 - 48.9	35	24.5	20.6 - 28.9	308
d. Emotional and mental health	57.7	49.8 - 65.2	112	53.9	47.4 - 60.3	160	51.7	37.4 - 65.7	35	55.1	50.3 - 59.7	307
e. Epilepsy or seizure disorder	9.7	6.2 - 14.8	113	23.6	18.3 - 29.9	159	22.8	13.3 - 36.2	35	18.3	15.0 - 22.2	307
f. Food allergies	15.7	10.8 - 22.2	113	22.0	16.8 - 28.4	160	20.0	11.4 - 32.6	35	19.4	15.9 - 23.6	308
g. Foodborne illness prevention	10.4	7.1 - 15.0	112	9.7	6.3 - 14.6	160	26.9	15.1 - 43.3	34	11.9	9.1 - 15.3	306
h. HIV prevention	31.0	23.9 - 39.2	113	27.3	21.6 - 33.8	160	37.8	24.6 - 53.1	35	29.9	25.6 - 34.6	308
i. Human sexuality	38.1	30.8 - 45.9	113	32.4	26.8 - 38.6	159	37.8	25.2 - 52.4	35	35.2	30.8 - 39.7	307

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2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

18. Percentage of schools in which the lead health education teacher received professional development (e.g., workshops, conferences, continuing education, or any other kind of in-service) on each of the following topics during the past two years.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		Interval	N		Interval	N		Interval	N		Interval	N
j. Infectious disease prevention (e.g., flu prevention)	20.7	15.3 - 27.3	113	22.3	17.1 - 28.4	159	37.2	25.6 - 50.6	35	23.4	19.7 - 27.5	307
k. Injury prevention and safety	34.6	26.8 - 43.4	113	34.1	28.1 - 40.6	159	37.8	23.6 - 54.6	35	34.7	30.1 - 39.7	307
l. Nutrition and dietary behavior	37.5	30.0 - 45.7	113	35.0	29.4 - 41.0	160	42.8	28.3 - 58.6	35	36.8	32.4 - 41.5	308
m. Physical activity and fitness	51.8	44.1 - 59.4	113	48.0	41.8 - 54.3	160	36.6	25.4 - 49.6	35	48.1	43.6 - 52.7	308
n. Pregnancy prevention	22.3	16.3 - 29.7	113	23.8	18.3 - 30.3	160	26.8	15.7 - 41.7	35	23.6	19.6 - 28.1	308
o. STD prevention	29.1	22.6 - 36.6	113	25.7	19.9 - 32.4	160	35.1	22.7 - 49.9	35	28.0	23.8 - 32.7	308
p. Suicide prevention	53.1	44.5 - 61.5	113	46.9	40.1 - 53.9	160	46.2	32.3 - 60.7	35	49.1	44.1 - 54.2	308
q. Tobacco-use prevention	27.9	20.9 - 36.2	113	24.0	18.6 - 30.4	159	28.9	17.4 - 44.0	35	26.0	21.8 - 30.7	307
r. Violence prevention (e.g., bullying, fighting, dating violence prevention)	43.0	34.9 - 51.5	112	44.0	37.9 - 50.3	159	51.7	36.7 - 66.4	35	44.5	39.8 - 49.4	306

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19. Percentage of schools in which the lead health education teacher received professional development (such as workshops, conferences, continuing education, or any other kind of in-service) on each of the following topics during the past two years.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Teaching students with physical, medical, or cognitive disabilities	37.7	30.5 - 45.5	113	48.3	42.0 - 54.6	159	41.2	30.2 - 53.1	35	43.5	39.1 - 48.1	307
b. Teaching students of various cultural backgrounds	32.1	25.5 - 39.5	113	50.9	44.6 - 57.0	159	44.0	30.7 - 58.2	35	43.0	38.7 - 47.5	307
c. Teaching students with limited English proficiency	20.2	14.9 - 26.8	113	30.2	24.5 - 36.6	160	26.2	15.5 - 40.7	35	26.0	22.2 - 30.3	308
d. Teaching students of different sexual orientations or gender identities	28.2	22.1 - 35.2	112	18.4	13.4 - 24.7	158	26.2	14.4 - 42.6	35	23.0	19.1 - 27.4	305
e. Using interactive teaching methods (e.g., role plays, cooperative group activities)	58.1	50.7 - 65.2	113	61.3	54.6 - 67.6	160	54.5	42.2 - 66.2	35	59.3	54.7 - 63.8	308
f. Encouraging family or community involvement	31.2	24.0 - 39.4	113	45.5	39.2 - 52.0	159	43.4	31.9 - 55.6	35	39.9	35.4 - 44.6	307
g. Teaching skills for behavior change	37.6	30.3 - 45.5	113	49.7	43.7 - 55.7	160	49.5	35.8 - 63.3	35	45.2	40.7 - 49.7	308
h. Classroom management techniques (e.g., social skills training, environmental modification, conflict resolution and mediation, behavior management)	52.4	45.1 - 59.6	113	65.2	59.1 - 70.8	160	54.5	42.3 - 66.1	35	59.2	54.8 - 63.4	308
i. Assessing or evaluating students in health education	44.5	36.9 - 52.4	113	41.1	35.3 - 47.1	158	29.1	18.8 - 42.2	34	41.0	36.7 - 45.5	305

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20. Percentage of schools in which the lead health education teacher received professional development on each of the following topics related to teaching sexual health education during the past two years.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Aligning lessons and materials with the district scope and sequence for sexual health education	35.7	29.1 - 42.9	113	26.9	21.2 - 33.4	160	37.2	24.4 - 52.2	35	31.3	27.1 - 35.9	308
b. Creating a comfortable and safe learning environment for students receiving sexual health education	38.3	31.0 - 46.1	113	26.8	21.6 - 32.9	160	33.9	22.1 - 47.9	35	31.9	27.7 - 36.4	308
c. Connecting students to on-site or community-based sexual health services	23.4	17.4 - 30.8	113	16.6	12.6 - 21.5	160	28.9	20.0 - 39.9	35	20.5	17.2 - 24.4	308
d. Using a variety of effective instructional strategies to deliver sexual health education	36.2	28.7 - 44.4	112	26.6	21.1 - 33.0	160	28.3	18.3 - 41.0	35	30.4	26.1 - 35.0	307
e. Building student skills in HIV, other STD, and pregnancy prevention	31.1	24.7 - 38.3	113	23.3	18.2 - 29.2	160	31.7	21.8 - 43.5	35	27.2	23.3 - 31.4	308
f. Assessing student knowledge and skills in sexual health education	26.4	20.3 - 33.7	112	27.2	21.4 - 34.0	160	22.8	14.6 - 33.7	35	26.4	22.4 - 30.9	307
g. Understanding current district or school board policies or curriculum guidance regarding sexual health education	26.9	20.9 - 33.7	112	30.5	24.5 - 37.2	159	25.5	16.5 - 37.4	35	28.5	24.5 - 33.0	306

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21. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Alcohol- or other drug-use prevention	76.3	67.7 - 83.1	112	72.1	65.6 - 77.8	158	63.4	48.5 - 76.1	35	72.6	67.9 - 77.0	305
b. Asthma	29.2	22.8 - 36.5	111	35.9	29.7 - 42.5	158	36.7	24.5 - 50.8	34	33.5	29.2 - 38.1	303
c. Chronic disease prevention (e.g., diabetes, obesity prevention)	60.7	52.8 - 67.9	111	62.3	55.5 - 68.7	154	64.0	53.3 - 73.5	35	61.9	57.2 - 66.4	300
d. Emotional and mental health	80.2	72.3 - 86.3	113	76.4	69.9 - 81.9	159	66.8	54.8 - 76.9	35	76.7	72.2 - 80.7	307
e. Epilepsy or seizure disorder	36.9	30.6 - 43.7	112	40.1	34.0 - 46.6	155	50.1	38.3 - 62.0	35	40.1	35.9 - 44.4	302
f. Food allergies	33.6	27.1 - 40.8	112	42.2	35.5 - 49.3	157	41.2	28.8 - 54.8	35	38.9	34.4 - 43.6	304
g. Foodborne illness prevention	33.3	26.1 - 41.3	112	35.7	29.7 - 42.2	156	38.5	26.7 - 51.7	35	35.1	30.7 - 39.8	303
h. HIV prevention	62.7	54.4 - 70.3	112	56.9	50.0 - 63.4	155	48.1	33.9 - 62.7	34	58.1	53.1 - 62.9	301
i. Human sexuality	82.0	74.7 - 87.5	113	76.1	70.4 - 80.9	159	69.5	54.4 - 81.4	35	77.5	73.4 - 81.2	307
j. Infectious disease prevention (e.g., flu prevention)	44.6	37.3 - 52.1	112	46.8	40.3 - 53.5	157	35.7	24.8 - 48.2	35	44.7	40.2 - 49.3	304
k. Injury prevention and safety	44.0	36.4 - 51.8	111	52.4	45.8 - 58.9	154	41.2	28.7 - 55.1	35	47.9	43.2 - 52.6	300

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2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

21. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
l. Nutrition and dietary behavior	74.2	66.5 - 80.7	112	71.8	65.6 - 77.4	157	71.7	58.8 - 81.8	35	72.7	68.3 - 76.7	304
m. Physical activity and fitness	57.7	50.8 - 64.3	112	65.7	58.9 - 72.0	157	49.5	40.0 - 59.1	35	60.8	56.4 - 65.1	304
n. Pregnancy prevention	64.8	56.8 - 72.0	112	65.0	58.5 - 71.0	157	55.7	44.2 - 66.6	35	63.9	59.3 - 68.2	304
o. STD prevention	73.4	66.0 - 79.7	113	66.8	60.5 - 72.6	156	58.5	47.8 - 68.3	35	68.3	64.0 - 72.4	304
p. Suicide prevention	77.9	70.9 - 83.5	112	72.5	66.1 - 78.1	157	72.3	59.8 - 82.1	35	74.5	70.2 - 78.4	304
q. Tobacco-use prevention	62.3	53.9 - 70.1	112	63.1	56.2 - 69.5	157	46.2	32.3 - 60.7	35	60.9	55.9 - 65.6	304
r. Violence prevention (e.g., bullying, fighting, dating violence prevention)	80.1	73.4 - 85.4	111	74.0	67.8 - 79.4	159	65.2	50.4 - 77.6	34	75.3	71.0 - 79.1	304

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2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

22. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	95% Confidence			95% Confidence			95% Confidence			95% Confidence		
	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
a. Teaching students with physical, medical, or cognitive disabilities	57.4	50.5 - 64.0	113	58.6	52.1 - 64.8	159	60.6	46.8 - 72.9	35	58.4	53.9 - 62.7	307
b. Teaching students of various cultural backgrounds	50.0	42.4 - 57.7	113	58.7	52.2 - 64.9	160	57.8	44.3 - 70.3	35	55.4	50.7 - 60.0	308
c. Teaching students with limited English proficiency	48.0	40.6 - 55.4	112	48.2	41.6 - 54.9	159	55.1	40.8 - 68.5	35	48.9	44.2 - 53.6	306
d. Teaching students of different sexual orientations or gender identities	73.5	66.5 - 79.4	113	70.0	64.4 - 75.0	160	69.5	52.7 - 82.4	35	71.2	67.0 - 75.1	308
e. Using interactive teaching methods (e.g., role plays, cooperative group activities)	64.2	56.0 - 71.6	112	61.6	54.4 - 68.4	158	66.8	52.8 - 78.3	35	63.2	58.2 - 67.9	305
f. Encouraging family or community involvement	63.4	55.9 - 70.3	112	68.9	62.3 - 74.8	158	80.1	65.0 - 89.7	34	68.1	63.5 - 72.3	304
g. Teaching skills for behavior change	70.3	62.0 - 77.4	111	71.5	64.7 - 77.5	159	80.1	64.8 - 89.8	34	72.0	67.2 - 76.4	304
h. Classroom management techniques (e.g., social skills training, environmental modification, conflict resolution and mediation, behavior management)	59.6	51.4 - 67.4	111	59.9	53.2 - 66.3	157	58.4	45.2 - 70.5	35	59.6	54.8 - 64.3	303
i. Assessing or evaluating students in health education	73.9	65.4 - 80.8	111	72.3	65.9 - 77.9	157	77.9	62.3 - 88.2	35	73.5	68.8 - 77.8	303

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23. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics related to teaching sexual health education.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Aligning lessons and materials with the district scope and sequence for sexual health education	66.4	58.4 - 73.5	113	57.6	51.0 - 64.0	160	66.8	51.1 - 79.5	35	61.9	57.2 - 66.5	308
b. Creating a comfortable and safe learning environment for students receiving sexual health education	53.9	45.3 - 62.3	113	53.9	47.5 - 60.2	158	58.5	44.3 - 71.3	35	54.4	49.6 - 59.2	306
c. Connecting students to on-site or community-based sexual health services	66.3	58.3 - 73.6	113	60.0	54.2 - 65.6	157	55.7	41.8 - 68.8	35	61.9	57.4 - 66.2	305
d. Using a variety of effective instructional strategies to deliver sexual health education	70.7	62.1 - 78.0	112	65.4	58.9 - 71.5	158	72.3	59.8 - 82.1	35	68.2	63.4 - 72.6	305
e. Building student skills in HIV, other STD, and pregnancy prevention	67.6	58.6 - 75.5	113	62.2	56.0 - 68.1	159	63.0	50.4 - 74.0	34	64.3	59.5 - 68.9	306
f. Assessing student knowledge and skills in sexual health education	70.1	61.5 - 77.5	112	65.5	59.1 - 71.4	159	66.8	51.1 - 79.5	35	67.4	62.5 - 71.8	306
g. Understanding current district or school board policies or curriculum guidance regarding sexual health education	58.8	50.1 - 67.1	113	57.0	50.2 - 63.6	160	61.2	46.1 - 74.5	35	58.2	53.1 - 63.1	308

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24. Percentage of schools in which the major emphasis of the lead health education teacher's professional preparation was on the following:

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Health and physical education combined	66.1	58.4 - 73.1	113	52.7	45.8 - 59.5	160	50.5	38.4 - 62.5	35	57.5	52.7 - 62.1	308
b. Health education	9.6	5.7 - 15.5	113	4.9	2.7 - 8.7	160	8.3	3.1 - 20.4	35	7.0	4.9 - 9.9	308
c. Physical education	13.1	9.0 - 18.7	113	22.3	17.5 - 28.0	160	17.8	10.4 - 28.9	35	18.4	15.2 - 22.0	308
d. Other education degree	3.7	1.6 - 8.4	113	7.1	4.3 - 11.5	160	11.7	4.9 - 25.3	35	6.3	4.3 - 9.2	308
e. Kinesiology, exercise science, or exercise physiology	0.8	0.2 - 4.3	113	0.6	0.1 - 3.1	160	0.0	†	35	0.6	0.2 - 2.0	308
f. Home economics or family and consumer science	3.5	1.5 - 8.0	113	3.2	1.5 - 6.5	160	2.8	0.5 - 13.4	35	3.2	1.9 - 5.5	308
g. Biology or other science	2.1	0.6 - 6.5	113	1.9	0.7 - 4.8	160	0.0	†	35	1.7	0.8 - 3.6	308
h. Nursing	0.0	†	113	2.5	1.1 - 5.8	160	0.0	†	35	1.3	0.6 - 3.0	308
i. Counseling	0.0	†	113	1.2	0.4 - 3.8	160	0.0	†	35	0.6	0.2 - 2.0	308
j. Public health	0.0	†	113	0.0	†	160	0.0	†	35	0.0	†	308
k. Nutrition	0.0	†	113	1.2	0.4 - 3.7	160	0.0	†	35	0.6	0.2 - 1.9	308
l. Other	1.0	0.2 - 5.3	113	2.4	1.1 - 5.5	160	8.9	3.3 - 21.9	35	2.7	1.5 - 4.8	308

† Confidence intervals not applicable for 0 percent or 100 percent.
N = Unweighted number of observations

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25. Percentage of schools in which the lead health education teacher is certified, licensed, or endorsed by the state to teach health education in middle school or high school.

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
97.1	92.6 - 98.9	113	84.9	79.1 - 89.3	160	82.2	66.8 - 91.3	35	89.1	85.6 - 91.9	308

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26. Percentage of schools in which the lead health education teacher had the following number of years of experience in teaching health education courses or topics.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		Interval	N		Interval	N		Interval	N		Interval	N
a. 1 year	7.9	4.8 - 12.9	113	10.6	7.0 - 15.9	159	11.7	4.9 - 25.3	35	9.7	7.2 - 13.0	307
b. 2 to 5 years	17.3	11.9 - 24.5	113	21.4	16.2 - 27.6	159	26.2	15.5 - 40.7	35	20.4	16.7 - 24.7	307
c. 6 to 9 years	23.4	18.3 - 29.4	113	18.4	13.9 - 23.9	159	17.2	9.0 - 30.6	35	20.1	16.9 - 23.9	307
d. 10 to 14 years	10.3	6.6 - 15.7	113	14.4	10.3 - 19.9	159	11.1	4.7 - 23.9	35	12.5	9.7 - 16.0	307
e. 15 years or more	41.1	34.3 - 48.3	113	35.2	28.8 - 42.1	159	33.9	22.0 - 48.1	35	37.2	32.8 - 41.9	307