

Youth Suicide Prevention: Student Programs

Skill-Building for Students Placed At-Risk

There are a number of skill areas that students can develop to help in suicide prevention. Certain skill areas that can be a protective factor to suicide include: coping skills, problem-solving skills, and cognitive skills. Other issues that can be addressed with students are mental health issues like depression, anger-management, substance abuse, and bullying prevention. This can be done in a classroom type-setting or in small groups or with individuals placed at-risk.

Some examples include:

- [Addressing Bullying Prevention Through Curriculum or School Climate](#)
- [Building Skills for Health Literacy](#)
- [Wisconsin PBIS Network](#)
- [Collaborative for Academic, Social, and Emotional Learning \(CASEL\)](#)