

Social and Emotional (SEL) Learning In Wisconsin

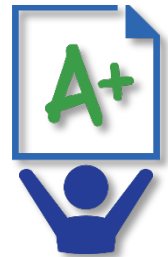


Social and Emotional Learning Is:

The process through which children and adults **acquire** and effectively **apply** the knowledge, attitudes, and skills necessary to understand and manage emotions, set and achieve positive goals, feel and show empathy for others, establish and maintain positive relationships, and make responsible decisions.

SEL Improves Academic Achievement

Students receiving comprehensive SEL scored 11 percentile points higher on achievement tests in reading and math than students receiving no SEL programming. (Durlak, et. al. 2011)



SEL Skills Are Desired by Employers

According to surveys and research, the skills most needed by employers are communication, decision making, critical thinking, problem solving, collaboration, creativity, and innovation. (Committee for Children Policy Report <https://www.cfchildren.org/wp-content/uploads/policy-advocacy/sel-employability-summary.pdf>)

Implementation of SEL Requires:

- A supportive classroom environment
- Integration of SEL into instruction
- Explicit SEL instruction

For more information, tools, training and support visit <https://dpi.wi.gov/sspw/mental-health/social-emotional-learning>

