

Title of Training: 7ei of Trauma-Sensitive Schools – Advanced

Description of Training: The 7 essential ingredients of trauma-sensitive school is a model of practice that supports implementation in the school setting. Specific tools will be shared to identify traumatic response in children and increase awareness of key physiological, developmental, behavioral and academic indicators of traumatic stress. Participants will be given strategies to help facilitate perspective shift in the families, schools and communities with which they work to create a more trauma-informed view. Specific strategies for intervention that increase regulation in children will be shared, along with ideas about how to create nurturing relationships for healing. These strategies will target improved behavior, increased academic success, and enhanced healing and resilience. Further exploration of how to help students create a “reason to be” will be addressed through tools that help achieve a sense purpose and hope. Finally, the need for a focus on the caregiver capacity of our school staff will be emphasized as essential in creating a trauma-sensitive school. This presentation will be interactive and include hands-on activities and discussion. Many resources will be shared, and the expertise of the room will be drawn upon to encourage collaboration and a wider community of knowledge.

Learning Objectives

1. Implement strategies to increase the understanding of prevalence of adverse experiences in the audience’s school(s) and to assess and recognize impact.
2. Utilize tools to assess and shift perspective of others within the audience’s school district(s) to a trauma-informed view.
3. Develop strategies that enhance student regulation to allow for enhanced academic and behavioral performance.
4. Enhance skills for creating positive relationships for students who have adverse experiences.
5. Identify resilience factors and create student plans to increase resilience.
6. Utilize an assessment tool to identify compassion fatigue, burnout, and compassion satisfaction.

Target Audience: General and special education teachers, student services staff, and administrators

Any Prerequisite Training or Knowledge: An introductory course on trauma-sensitive schools is necessary. Completion of the *Introduction to the Seven Essential Ingredients of a Trauma-Sensitive School* training is strongly encouraged before attending this course. Participants should have a foundational knowledge of the high prevalence of adverse experiences students in our schools may face and the impact this can have on development, behavior, and learning.

Time Frame: Training is generally a full day but can be shortened to a half day or broken into shorter sessions over time.

Activities/Format: Power point, small group activity and discussion, and video.

Size of Audience: 10-50 participants

Trainer: Sara Daniel, MSW, LCSW – Director of Clinical Services and Staff Development, SaintA, Milwaukee. Sara has worked in collaboration with school districts consulting, training, and providing school-based mental health services since 1997. Sara is the co-author of the Wisconsin Department of Public Instruction on-line learning modules for trauma-sensitive schools.

Organization: SaintA, Milwaukee www.sainta.org

Contact Information: <http://www.sainta.org/trauma-informed-care/inquiry-form/>; Sara Daniel – (262) 305-0711

Region(s) of the State: Training is delivered statewide and nationally

Tier(s): This training addresses strategies at Tiers 2/3 with an emphasis on continued, universal, trauma-sensitive practice implementation as a foundation to these strategies.

Cost: Please call for rates, as these dependent upon length of training, audience size, and travel.