

**Title of Training:** Helping Students through Trauma and Loss

**Description of Training:** Sensory Integrated Techniques for Children and Adolescents is an evidence-based, structured sensory intervention process from the National Institute for Trauma and Loss in Children (TLC) that has been shown to reduce trauma-specific reactions across all three major sub-categories of post-traumatic stress disorder (PTSD), while increasing school performance and decreasing school absences and office disciplinary referrals. The trainer demonstrates how TLC's evidence-based, structured sensory intervention process brings children and adolescents relief from the terror of their traumatic experiences. This structured process is used in schools and agencies across the country and has been proven, via research, to reduce trauma-specific reactions across all three major sub-categories of PTSD, while increasing school performance and decreasing school absences and office discipline referrals.

**Learning Objectives:** Participants will 1) learn to become a "witness" to a child's traumatic experience to best appreciate the intensity of the experience and the needs of the child, 2) experience the child's perspective and learn how to support success in school, and 3) learn interventions that can be used in classrooms, groups, and individually with children impacted by trauma.

**Target Audience:** School counselors, school nurses, school psychologists, school social workers, principals, teachers and any other school staff dealing with students impacted by trauma

**Any Prerequisite Training or Knowledge:** None

**Time Frame:** full-day (9:00 – 3:30)

**Activities/Format:** Power Point presentation, demonstrations, and facilitated group activities

**Size of Audience:** Minimum of 20 and maximum of 75

**Trainer:** Julie Petersen is a TLC Certified Trainer, a TLC Level 2 Trauma Consultant, and a School Counselor at the Chippewa Falls Middle School. She has attended workshops at the TLC Institute for the past four summers and is currently working on her Level 3 Trauma Supervisor, as well as Trauma Assessment Consultant certification.

**Organization:** Wisconsin Safe & Healthy Schools Center

**Contact Information:** Tracy Herlitzke at [therlitzke@cesa4.k12.wi.us](mailto:therlitzke@cesa4.k12.wi.us) or (608) 786-4838.

**Region(s) of the State:** Primarily the northern part of the state. See <http://www.wishschools.org/training/> for current offerings.

**Tier(s):** Tiers 2 and 3

**Cost:** Registration fee of \$95/person for one-day training and \$190/person for two-day training