

Title of Training: 7ei of Trauma-Sensitive Schools – Introduction

Description of Training: The 7 essential ingredients of trauma-sensitive school is a model of practice that supports implementation in the school setting. Participants learn about the prevalence of trauma and adversity in the lives of our students. We will discuss how this impacts students emotionally, socially, and developmentally and learn strategies to increase relationship and regulation in the classroom. We will also discuss how to create a “reason to be” to inspire hope. Finally, we will cover the importance of maintaining caregiver capacity strategies to combat compassion fatigue and secondary trauma.

Learning Objectives

1. Describe the prevalence of adverse experiences and the scope of their impact.
2. Define and respond to behavior from a trauma-informed perspective.
3. Describe how trauma affects the brain and influences development, behavior, and learning.
4. Identify factors that enhance the capacity for positive relationship for students who have adverse experiences.
5. Describe how purpose, belonging, and safety enhance student well-being.
6. Identify techniques that enhance caregiver capacity and connect them to student outcomes.
7. Identify action steps to create a trauma-sensitive school environment for all students.

Target Audience: General and special education teachers, student services staff, and administrators

Any Prerequisite Training or Knowledge: None

Time Frame: Training is generally a full day but can be shortened to a half day or broken into shorter sessions over time.

Activities/Format: Power point, active learning through small group activity and discussion, and video

Size of Audience: Training has been provided effectively with groups from 10 to 400 people. While smaller groups make the facilitated discussion more effective, a large group can also benefit from exposure to this content.

Trainer: Sara Daniel, MSW, LCSW – Director of Clinical Services and Staff Development, SaintA, Milwaukee. Sara has worked in collaboration with school districts consulting, training, and providing school-based mental health services since 1997. Sara is the co-author of the Wisconsin Department of Public Instruction on-line learning modules for trauma-sensitive schools.

Organization: SaintA, Milwaukee www.sainta.org

Contact Information: <http://www.sainta.org/trauma-informed-care/inquiry-form/>; Sara Daniel – (262) 305-0711

Region(s) of the State: Training is delivered statewide and nationally

Applicability to Which Tier(s): This training is designed as a universal (Tier1) training and suggests strategies that are effective at the district, school, and classroom levels. An overview of Tiers 2/3 is also provided with group or student-specific application.

Cost : Please call for rates, as they are dependent upon length of training, audience size, and travel distance.