

## Trauma Aware – ALL staff awareness



### **Description of Training:**

Trauma awareness is the first step in creating a common language among ALL school staff regarding the impact trauma has on youth. This training is designed to be inclusive of everyone in the school system including but not limited to teachers, assistants, clerical, food service, custodial, bus drivers, guest teachers, pupil services and administrators. Being trauma aware does not automatically translate to creating a trauma responsive community. However, trauma awareness is a building block to creating systems change in schools to become trauma responsive.

### **Learning Objectives**

- What is a traumatic event
- Overall effects of trauma on students
  - Elementary, Middle, High
- Variations among students
- Effects on ability to learn

### **Target Audience:**

All school staff, especially those that do not normally have access to professional development opportunities have direct contact with students on a routine basis. This training is intended for staff that has no prior trauma awareness learning opportunities.

### **Prerequisite Training or Knowledge:**

None

### **Time Frame**

Two hours

### **Activities/Format**

The in-person sessions consist of:

- Short segments of lecture followed by some activity or discussion
- Large group discussion
- Vignettes

### **Size of Audience** 10-100

### **Trainer(s)**

**Stacy Eslick**, MSSW, MSE, is the Executive Director of the Wisconsin School Counselor Association. She has over 23 years of experience working with youth that started with her first job as a case manager for the department of juvenile corrections supporting youth returning to the community after institutionalization. She has spent the past 17 years working in K-12 school systems as a school counselor and school social

worker supporting children, youth and families. She has extensive systems knowledge and promotes the creation of partnerships. She has provided professional development, training, articles and consultation to school staff throughout Wisconsin.

**Donna Burns**, Level IV Treatment Foster/Adoptive Parent, has been fostering since 1998, has fostered over 100 children and through her participation in trauma informed parenting trainings, became a family partner within the National Child Traumatic Stress Network (NCTSN). Ms. Burns is now a co-chair the NCTSN Parent Coordinating Group and is both trainer and implementation coordinator for the Wisconsin Trauma Project. She has co-presented at NCTSN All Network Conferences (ANC's) and at the Federation of Families conference in Washington D.C. She has successfully mentored and coached biological family members, foster parents, and adoptive parents.

### **Organization**

The Wisconsin School Counselor Association is a professional association representing over 1300 school counselors in Wisconsin. WSCA has provided professional development to student service staff for over 50 years through an annual conference, workshops, publications, etc. WSCA has partnered with organizations that have expertise on trauma responsive care to develop a comprehensive training designed to meet the needs of schools and increase community partnerships. For more information about the Wisconsin School Counselor Association, visit [www.wscaweb.org](http://www.wscaweb.org).

### **Contact Information**

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**Region(s) of the State** Statewide

**Applicability to Which Tier(s)** Tier 1

**Cost** \$450