

TSS Module Length

Thank you for your interest in supporting your schools to become Trauma Sensitive! We receive many questions about the length of each module. Although the length of the modules can vary based on whether you are doing them alone or as part of a PLC, below you will see the average estimated length of time for each module.

Please do not hesitate to contact DPI with additional questions

Module	Length
Module 1 – Getting Started	50-55 minutes
Module 2 –Prevalence and Impact	15-20 minutes
Module 3 – Neuroscience	35-40 minutes
Module 4 – Self-Care	25-30 minutes
Module 5 – Trauma Sensitive Schools	25-30 minutes
Module 6 – Trauma Sensitive Lens for Strategies	25-30 minutes
Module 7 – Trauma Sensitive Environments	25-30 minutes
Module 8 – Social and Emotional Learning	20-25 minutes
Module 9 – Emotional and Physical Regulation	30-35 minutes
Module 10 – Building Relationships	20-25 minutes
Module 11 – Cognitive Problem Solving	20-25 minutes
Module 12 – Trauma Sensitive School-Wide Behavior Support	50-55 minutes
Module 13 – Trauma Sensitive School-Wide Discipline	30-35 minutes
Module 14 – Engaging Parents as Partners	35-40 minutes
Module 15 – Trauma Sensitive Academic Support	35-40 minutes
Module 16 – Disclosures and Confidentiality	30-40 minutes
Module 17 – Readiness for Tiers 2 and 3	25-30 minutes