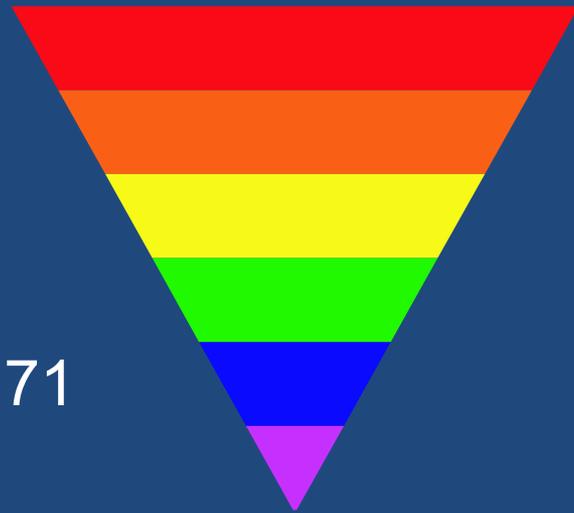Please Call In:
1-877-820-7831. Pass code 169171

"STEP IN, SPEAK UP!: ONLINE TRAINING FROM KOGNITO "

Addressing the Needs of LGBTQ+ Students

Objectives

- Learn about Kognito's "Step In, Speak Up!" Training
- Model Training and Post-Training Discussion
- Contextualize SISU with strategic questions
- Identify target audiences for trainings
- Consider and share strategies for roll out
- General Announcements

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General Housekeeping

- Please use chat box now to tell us who is with us!
- We will pause for questions during the presentation
- Please mute your phone when not talking to reduce background noise (press *6 to mute and un-mute)
- Participate in discussions and provide feedback-we want to hear from you!
- Presentation is being recorded and will be available on the DPI website by 3/13/2015

CDC-WILY Priority for HIV

Establish school environments that:

- Have supportive caring relationships between adults and students

- Lack discrimination, intimidation, taunting, harassment and bullying

CDC-WILY Priority for HIV

- Supportive School Environments for LGBTQ+ Youth specifically….

Step In, Speak Up!

- Online training for school personnel to support LGBTQ youth in grades 6-12
- 30-minute online, interactive training course
- Pre, post and 3-month follow-up evaluations
- One license = One person

Key Features

Available online 24/7

Widespread national adoption

Can be completed in multiple sittings

Role-play conversations with at-risk virtual students

Created in collaboration with school and mental health experts and educators

Listed: SPRC/AFSP Best Practices Registry (*At-Risk for High School Educators, At-Risk for Middle School Educators,* and *Step In, Speak Up!*)

Learning Objectives
Step In, Speak Up!

01

Recognize the specific challenges of high-risk student populations such as LGBTQ students

02

Promote a "safe space" for all students with effective classroom management techniques

03

Initiate a conversation with a student about sensitive topics, such as bullying

04

Know when and how to ask a student if they are thinking about suicide

Step In, Speak Up!: **Training for Educators on Supporting LGBTQ Youth**

- a classroom discussion, correcting the use of anti-gay language and addressing observed incidents of harassment
- a one-on-one talk with a student who has been harassed

How it Works

1 Assume the role of a teacher (or student) and engage in virtual conversations

2 Control the conversation by choosing what to say

3 Learn to use open-ended questions and motivational interviewing techniques

4 Receive feedback throughout that highlights important lessons and key strategies

Toolkit

At the end of the training, users can click on the Toolkit links at the top for:

- Information about state and national services (consider creating a local list)

- Certificate of completion

- Survey to give feedback about the course

- Course summary

Training Walk-Through

- Back-up 3-minute tutorial http://resources.kognito.com/k12/k12_resources.pdf
- Modeling group discussion

Strategic Questions

- How can you start laying groundwork?
- Who is going to be on your target audience?
- How will you implement it?
- How can you reinforce and expand the knowledge?
- How can you be ready by Day 1 or October webinar date?

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Identifying Target Audiences:
Who Could Take This Training?

☐ Nurses (CNE Credit)

☐ Teachers

☐ Pupil Services People

☐ Student Advisors

☐ Hall Monitors

☐ Group or Club Leaders

☐ Coaches

Strategies for Implementation

- All together in the computer lab
- Email link out
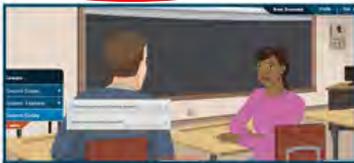- During PD or In-Service Days
- Many other ways – depends on your site

Planning for Implementation

Spread the Word
Tips & Resources for K12 Schools

1. GET STARTED
- Administrator guide
- Quick start guide
- Best practices tip sheet

At-Risk Trainings

PowerPoint Presentations
- Slides for educators and school personnel

Promotional Flyers
- At-Risk for High School Educators
- At-Risk for Middle School Educators
- At-Risk for Elementary School Educators
- Combination flyer (all three At-Risk)

Promotional Text
- Language to engage school personnel via email or on a website

Discussion Guides
- At-Risk for High School Educators
- At-Risk for Middle School Educators
- At-Risk for Elementary School Educators

Video Walk Through
- 3-minute At-Risk for Middle School Educators walk through

Access training on your course home page using your school's enrollment key.

Step In, Speak Up! and Friend2Friend

PowerPoint Presentations
- Slides for educators and school personnel

Promotional Flyers
- Step In, Speak Up!
- Friend2Friend

Promotional Text
- Language to engage school personnel via email or on a website
- Sample language for educators to send to students (Friend2Friend only)

Discussion Guides
- Step In, Speak Up!
- Friend2Friend

Video Walk Through
- 3-minute Step In, Speak Up! walk through

Resources for All Trainings

Banners & Buttons
- Images for your website or newsletter

Webinars
- Related webinars

Nursing Credit (CNE) Available
- Language to engage school nurses

Timing Your Outreach
- Bullying Prevention Month resource packet
- Promotional calendar

Other
- Research results
- Kognito fact sheet

Contact Us: 212.675.9234 · info@kognito.com · www.kognito.com ≡Kognito

Kognito has resources:

http://resources.kognito.com/k12/k12_resources.pdf

- ☐ Best Practices Tips
- ☐ Discussion Guide
- ☐ Sample emails
- ☐ Teaser trailer

Wellness Improves Learning for Youth

Best Practices from Kognito

What has worked in other schools?

Many schools have had great success getting everyone trained. Here are some ways they motivated staff to take it.

Make it easy for staff.

- Swap out a regular **staff meeting** with one about supporting students, sharing why the training is important and how it can help them.
- Use time during an **in-service training** to introduce the training; provide the URL.
- Encourage staff to participate at a time that's most convenient for them, whether it's at home or at school, in a lab or at a desk - and **give them a deadline**.

Incentives, incentives, incentives!

- Ask staff to print the certificate of completion and submit to be entered into a raffle to win modest gift cards or other rewards.
- Let those who have completed the training leave an in-service training an hour early.
- Have the principal extend personal congrats as grades or departments complete the training.
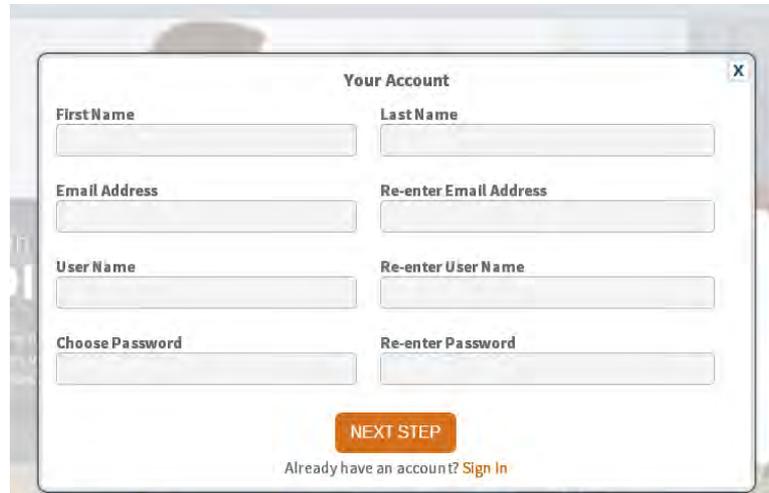
Tell students and parents.

- Let students know who's been trained so they know who to talk to if they need help.
- Inform parents that your school is participating so they know about this new capacity among staff.

By Our October Meeting

- Choose your team
- Finalize your role out plan
- Have team view and discuss SISU
- Decide how the team will check in with each other
- Discuss strategies to share key information with colleagues

Technical Set-Up

□ You will receive by email from DPI:

- A link to the training
- Number of licenses allotted to your district
- General technical assistance information

□ Signing up for individual users is intuitive

General Announcements

- □ Comings and Goings

- □ No Carryover into Year 3

- □ Aggregate PERS data submitted to CDC

- □ [School Experiences of Transgender and Gender Non-Conforming Students In Wisconsin](#)

- □ Community Readiness Assessment

Upcoming Professional Development

- Summer Institute (Attendance Required)
  - June 17th-18th (Madison Marriott West)
- [Stonewall Symposium-](#) May 13-15th Ft. Lauderdale
- Best Practices in Physical Education and Health
  - July 21-23 UW Stevens Point
- SAVE THE DATE!
  - Love Notes- Relationship Education for At-Risk
    - May 21-22nd at CESA 6 in Oshkosh
  - Great Body Shop K-6
    - April 24th at CESAs 12 and 1
    - July 21st at Best Practices