

Welcome back to the 2016-17 school year. This will be the fourth year of the Wellness Improves Learning for Youth (WILY) grant. While your district doesn't receive direct funding for participating in the Chronic Disease portion of the grant, you do get (1) access to me for technical assistance (consulting and advice on specific situations that you are dealing with), (2) my assistance to provide or arrange professional development for school nurses in your district or other group (e.g. CESA, and (3) resources that I can help provide. I am usually working on Wednesday mornings and all day Thursday and welcome contact from you. Email Freddi.adelson@dpi.wi.gov or 608-267-9244.

Resource for You

I have a set of 5 poster for each of your districts that I purchased over the summer. **I will mail them to you at the address that I have for you at your district in early September.**

"Junk Food Facts" poster--22x28 laminated and very colorful. You can view it at http://www.schoolnursesupplyinc.com/Junk-Food-Pacts-Poster_p_1714.html

Set of 4 Iggy posters (18x24)--What is Asthma, Bronchodilator, Controller and Asthma Triggers. These can be used for teaching children or for display in a health office. View at <https://iggyandtheinhalers.com/collections/posters/products/poster-set-4-posters>

New Resource for our Grant

I'd like to introduce Sara Lasker to you. Sara is the new Community Clinical Linkages Coordinator within the Wisconsin Division of Public Health. I work with her on the WILY grant and wanted to share a bit about her background and skills. Sara is a certified K-8 Wisconsin Teacher and has worked for the American Diabetes Association advocating for Safe at School for Children with Diabetes. Sara is also a Certified Diabetes Educator with inpatient and outpatient clinical experience. Through her various educational endeavors and work experiences, she has gained a wide knowledge base relating to youth and diabetes.

The work that both Sara and I do is focused on 3 goals:

- 1) Identifying and tracking students with chronic conditions that may require daily or emergency management, e.g., asthma, diabetes, and food allergies.
- 2) Developing protocols that ensure students identified with a chronic condition that may require daily or emergency management, are enrolled into private, state or federally funded insurance programs, if eligible.
- 3) Providing assessment, counseling, and referrals to community-based medical care providers for students on activity, diet, and weight-related chronic conditions.

Sara told me that she has always appreciated the compassion and determination displayed by nurses and looks forward to working with you over the school year. Please let me know if you would like to arrange some professional development that takes advantage of Sara's skills in the education and diabetes areas.

eSchoolCare

I am also able to renew your subscription to eSchoolCare for the 2016-17 school year. By **September 9**, I need the name and email address of each nurse in your district who should have access. The access is for RNs only. eSchoolCare can be accessed on laptop, tablet or desktop computer. If you had a log in and used it last year, it will stay the same.

New School Nurse Training

If you are completely new to school nursing or returning after a break, consider attending this training on October 12-13 in Madison. This program will include information on the school nurse's role, laws that impact school health, records, delegation, emergency care plans, IEPs, and chronic disease management. The program is jointly sponsored by DPI and the Wisconsin Association of School Nurses. Registration and agenda can be found here:

<https://www.regonline.com/Register/Checkin.aspx?EventID=1840737>

New and Revised Training Videos

All training videos can be found at <http://dpi.wi.gov/sspw/pupil-services/school-nurse/training/medication> and have been uploaded into the TRAIN system

Inhaler: There were minor changes made to the inhaler video, procedure, skills competency and test. Asthma experts now say that there is no reason to wait between breaths if a student is to receive two puffs. Certainly if there is an order stating a different procedure, follow the medical provider's order.

<https://www.youtube.com/watch?v=sgbwQyFNZaA>

Injections: This is a new training video that may be used for training staff on injections either as reinforcement or when the injection is not covered elsewhere in a training video. It goes into more detail on giving injections and covers intramuscular and subcutaneous injections. There is a video, procedure, skills competency, and test.

<https://www.youtube.com/watch?v=wupmucbqPM8>

Epinephrine Administration: This is a new training video on epinephrine auto-injector administration. It reviews the EpiPen® and the generic auto-injector. Subsequent to the completion of this video, new research was documented that now recommends improved stabilization of the leg, as well as removing the EpiPen® after 3 seconds, rather than 10 seconds. This is reflected in the procedure and skills competency documents.

<https://www.youtube.com/watch?v=z-MxRQUnMJQ>

Carbohydrate Counting: This is a new video that will assist the school nurse in training and enlisting others in the task of carb counting. There is no procedure, skills competency or test with this video, as it will be very individualized based on the student's needs.

<https://www.youtube.com/watch?v=Wlpxrtf7QbY>

WISHeS Procedures now on DPI: The WISHeS procedures documents and videos are now uploaded to the WI DPI webpages. You will also be able to find these on the WISHeS website for a few more months. <http://dpi.wi.gov/sspw/pupil-services/school-nurse/training/nursing-procedures>

School Nurse Summer Institute

The School Nurse Summer Institute-- Managing Diabetes Safely in the School Setting: A Framework for Collaborative Care--was very well attended. It was a stimulating and productive day. If you missed it, there is still an opportunity for you to view the video. The sessions were recorded and are available from the link below. There are 4 presentations: (1) Dr. Tracy Bekx on Best Practice for Managing Diabetes in the School Aged Child (the slide jumps around a bit in the first several minutes but is okay

after that), (2) Jon Anderson on Legal Aspects of Providing Care for School aged children with diabetes in the school setting (3) Panel presentation moderated by Lori Anderson “From Their Perspective....” (4) Dian Baker on What Does Collaborative Care Look Like” The focus paper that is the intended result of the day’s work is being reviewed and edited and will be available soon.

<https://livestream.com/DHSWebcast/events/5859852>

From the WI Department of Health Services

The updated, June 2016, Diabetes Medical Management Plan from DHS can be viewed at:

<https://www.dhs.wisconsin.gov/diabetes/students.htm>

Data reporting for 2016-17

The Wisconsin School Health Services Report is designed to collect annual school nursing and health services data from each school district in order to develop a cumulative statewide picture of school health services. **This report is required for all grant districts.** The data reporting procedure is the same as the last school year. Only one person from each district should total the 2016-17 data for individual schools in the district and report it as an aggregated total to the Wisconsin Department of Public Instruction by **June 23, 2017.**

This year, the data points are the same as last year’s. Wisconsin’s aggregated data will be collectively combined to the national data. You can visit the DPI data information webpage at

<http://dpi.wi.gov/sspw/pupil-services/school-nurse/data> to see additional information. You can also visit the NASN Step Up Be Counted website at <http://www.nasn.org/Research/StepUpBeCounted>.

Read each question carefully, as well as its definition. Also, note that the administering of medications, (daily, prn, and nursing procedures) is a face-to-face time with students and therefore should have a disposition (which would normally be to return to the classroom). **The live data entry port will not open until spring 2017.**

Last school year, I asked that each district submit 2 additional pieces of data besides the Wisconsin School Health Services Report.

1. Collect absence data for students with specific chronic conditions (asthma, diabetes, seizure disorders) using your Student Information System.
2. Consider/explore collecting information from families about insurance and primary care provider status with a goal of assisting families to connect as needed

I received these 2 additional data points from about half of the districts. From talking with some of you, I learned that when using Skyward, you were unable to collect district level absence data and that not all districts using Infinite Campus were able to get district level data. I’d like to keep working on this during this school year. Once the year gets started, I will check in individually with you on absence data collection.

New Wellness Policy Rules

USDA released the final rules for wellness policies & School Lunch and Breakfast over the summer. Of note, the wellness policy rule does address marketing, requiring that local wellness policies include standards that limit in-school marketing of only those foods and beverages that meet Smart Snack standards.

Wellness Policies

<http://www.fns.usda.gov/school-meals/fr-072116c>

<http://www.fns.usda.gov/sites/default/files/cn/FR-072116c.pdf> (actual language of wellness policy begins on page 65)

School Lunch and Breakfast (Smart Snacks)

<http://www.fns.usda.gov/school-meals/fr-072116d>

Healthy Schools Campaign Toolkit

From the Healthy Schools Campaign press release on June 10, 2016: “Under the new Every Student Succeeds Act, states are required to include chronic absenteeism on their state report cards.... That is why Healthy Schools Campaign has released a toolkit to assist school districts in understanding their student health needs, sharing best practices to address the most prevalent student health conditions and on how to build partnerships with others to support students, families and communities. While health-related chronic absenteeism can affect students of any background, its most devastating impact is felt by students who face health disparities, poverty and other challenges in attaining school success. Research shows that these are the same students who benefit most from being in school. This impact is driven by two related factors: higher rates of health-related chronic absence and a more profound impact of that absence. Students who face disproportionate rates of illness or other factors known to cause chronic absence (such as a lack of transportation) often also lack resources to make up for missed instruction and the other missed benefits of being in school, such as access to nutrition programs and services.”

See the entire toolkit at <https://healthyschoolscampaign.org/policy/education/healthy-schools-campaign-releases-chronic-absenteeism-toolkit/>

In the news

The Spring Summer 2016 issue of Forward Nursing, the UW-Madison’s School of Nursing magazine features several items on school nursing including an in-depth features on a first year school nurse *School nurses, the Big Impact Practice Keeping Kids Healthy and Ready to Learn*. See this as well as items on *Concussion Recovery—It Takes a Team* and *A Hidden Healthcare System* at http://son.wisc.edu/documents/son_fwmag_ss2016.pdf

School Nurse ListServ

Some of the items in this mailing were also in Bette Carr’s WI School Nurse Update 2016-17 #1 August 18 that is sent to school nurses who subscribe to the DPI School Nurse listserv. If you are not already receiving DPI School Nurse Updates, you can join the listserv by going to:

<http://dpi.wi.gov/subscribe-dpi-e-mail-lists-and-discussion-groups> and selecting **schoolnurse** from the list.

Health, Wellness, Student Services

schoolnurse - Information for school and public health nurses