2009

Wisconsin Youth Risk Behavior Survey High School Questionnaire

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This survey is about health behavior. It has been developed so you can tell us what you do that may affect your health. The information you give will be used to develop better health education for young people like yourself.

DO NOT write your name on this survey. The answers you give will be kept private. No one will know what you write. Answer the questions based on what you really do.

Completing the survey is voluntary. Whether or not you answer the questions will not affect your grade in this class. If you are not comfortable answering a question, just leave it blank.

The questions that ask about your background will be used only to describe the types of students completing this survey. The information will not be used to find out your name. No names will ever be reported.

Make sure to read every question. Fill in the ovals completely. When you are finished, follow the instructions of the person giving you the survey.

Thank you very much for your help.

Directions

- Use a #2 pencil only.
- Make dark marks.
- Fill in a response like this: A B D.
- To change your answer, erase completely.
- Choose only one answer for each question (except question 5).
- 1. How old are you?
 - A. 12 years old or younger
 - B. 13 years old
 - C. 14 years old
 - D. 15 years old
 - E. 16 years old
 - F. 17 years old
 - G. 18 years old or older
- 2. What is your sex?
 - A. Female
 - B. Male
- 3. In what grade are you?

 - A. 9th grade
 B. 10th grade
 C. 11th grade
 D. 12th grade

 - E. Ungraded or other grade
- 4. Are you Hispanic or Latino?
 - A. Yes
 - B. No
- 5. What is your race? (Select one or more responses.)
 - A. American Indian or Alaska Native
 - B. Asian
 - C. Black or African American
 - D. Native Hawaiian or Other Pacific Islander
 - E. White

6. How tall are you without your shoes on? Directions: Write your height in the shaded blank boxes. Fill in the matching oval below each number on your answer sheet.

Example:

HEIGHT		
Feet	Inches	
5	7	
3	0	
4	①	
•	2	
6	3	
7	4	
	(5)	
	6	
	•	
	8	
	9	
	(10)	

7. How much do you weigh without your shoes

Directions: Write your weight in the shaded blank boxes. Fill in the matching oval below each number on your answer sheet.

Example:

Weight		
Pounds		
1	5	2
0	0	0
•	①	1
② ③	2	•
3	3	3
	4	4
	•	(5)
	6	6
	7	7
	8 9	8
	9	9

- 8. During the past 12 months, how would you describe your grades in school?
 - A. Mostly A's
 - B. Mostly B's
 - C. Mostly C's
 - D. Mostly D's
 - E. Mostly F's
 - F. None of these grades
 - G. Not sure

The next 3 questions ask about your overall

- 9. How do you describe your health in general?
 - A. Excellent
 - B. Very good
 - C. Good
 - D. Fair
 - E. Poor
- 10. During the past 30 days, on how many days was your physical health not good? (Physical health includes physical illness and injury.)
 - A. 0 days
 - B. 1 day
 - C. 2 days
 - D. 3 days
 - E. 4 to 5 days
 - F. 6 to 7 days
 - G. 8 to 13 days
 - H. 14 or more days
- 11. During the past 30 days, on how many days was your mental health not good? (Mental health includes stress, depression, and problems with emotions.)
 - A. 0 days

 - B. 1 day C. 2 days
 - D. 3 days
 - E. 4 to 5 days
 - F. 6 to 7 days
 - G. 8 to 13 days
 - H. 14 or more days

The next 3 questions ask about safety.

- 12. How often do you wear a seat belt when riding in a car driven by someone else?
 - A. Never
 - B. Rarely
 - C. Sometimes
 - D. Most of the time
 - E. Always

- 13. During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?
 - A. 0 times
 - B. 1 time
 - C. 2 or 3 times
 - D. 4 or 5 times
 - E. 6 or more times
- 14. During the past 30 days, how many times did you drive a car or other vehicle when you had been drinking alcohol?
 - A. 0 times
 - B. 1 time
 - C. 2 or 3 times
 - D. 4 or 5 times
 - E. 6 or more times

The next 14 questions ask about violencerelated behaviors.

- 15. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club?
 - A. 0 davs
 - B. 1 day
 - C. 2 or 3 days
 - D. 4 or 5 days
 - E. 6 or more days
- 16. During the past 30 days, on how many days did you carry a gun?
 - A. 0 days
 - B. 1 day
 - C. 2 or 3 days
 - D. 4 or 5 days
 - E. 6 or more days
- 17. During the past 30 days, on how many days did you **not** go to school because you felt you would be unsafe at school or on your way to or from school?
 - A. 0 days
 - B. 1 day
 - C. 2 or 3 days
 - D. 4 or 5 days
 - E. 6 or more days
- 18. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property?
 - A. 0 days
 - B. 1 day
 - C. 2 or 3 days
 - D. 4 or 5 days
 - E. 6 or more days

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- 19. During the past 12 months, how many times has someone threatened or injured you with a weapon such as a gun, knife, or club on school property?
 - A. 0 times
 - B. 1 time
 - C. 2 or 3 times
 - D. 4 or 5 times
 - E. 6 or 7 times
 - F. 8 or 9 times
 - G. 10 or 11 times
 - H. 12 or more times
- 20. During the past 12 months, how many times were you in a physical fight?
 - A. 0 times
 - B. 1 time
 - C. 2 or 3 times
 - D. 4 or 5 times
 - E. 6 or 7 times
 - F. 8 or 9 times
 - G. 10 or 11 times
 - H. 12 or more times
- 21. During the past 12 months, how many times were you in a physical fight in which you were injured and had to be treated by a doctor or nurse?
 - A. 0 times
 - B. 1 time
 - C. 2 or 3 times
 - D. 4 or 5 times
 - E. 6 or more times
- 22. During the past 12 months, how many times were you in a physical fight **on school property?**
 - A. 0 times
 - B. 1 time
 - C. 2 or 3 times
 - D. 4 or 5 times
 - E. 6 or 7 times
 - F. 8 or 9 times
 - G. 10 or 11 times
 - H. 12 or more times

- 23. During the past 12 months, how many times has someone tried to hurt you by hitting, punching, or kicking you while on school property?
 - A. 0 times
 - B. 1 time
 - C. 2 or 3 times
 - D. 4 or 5 times
 - E. 6 or 7 times
 - F. 8 or 9 times
 - G. 10 or 11 times
 - H. 12 or more times
- 24. When you are at school, how often do you feel safe from physical harm?
 - A. Never
 - B. Rarely
 - C. Sometimes
 - D. Most of the time
 - E. Always
- 25. Do you agree or disagree that violence is a problem at your school?
 - A. Strongly agree
 - B. Agree
 - C. Not sure
 - D. Disagree
 - E. Strongly disagree
- 26. During the past 12 months, did your boyfriend or girlfriend ever hit, slap, or physically hurt you on purpose?
 - A. Yes
 - B. No
- 27. Have you ever been forced, either verbally or physically, to take part in a sexual activity?
 - A. Yes
 - B. No
 - C. Not sure
- 28. During the past 12 months, how many times did **you** do something to **purposely hurt yourself** without wanting to die, such as cutting or burning yourself on purpose?
 - A. 0 times
 - B. 1 time
 - C. 2 or 3 times
 - D. 4 or 5 times
 - E. 6 or more times

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The next 2 questions ask about bullying. Bullying is when 1 or more students tease, threaten, spread rumors about, hit, shove, or hurt another student over and over again. It is not bullying when 2 students of about the same strength or power argue or fight or tease each other in a friendly way.

- 29. During the past 12 months, have you ever been bullied **on school property**?
 - A. Yes
 - B. No
- 30. Do you agree or disagree that harassment and bullying by other students is a problem at your school?
 - A. Strongly agree
 - B. Agree
 - C. Not sure
 - D. Disagree
 - E. Strongly disagree

The next 5 questions ask about sad feelings and attempted suicide. Sometimes people feel so depressed about the future that they may consider attempting suicide, that is, taking some action to end their own life.

- 31. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?
 - A. Yes
 - B. No
- 32. During the past 12 months, did you ever **seriously** consider attempting suicide?
 - A. Yes
 - B. No
- 33. During the past 12 months, did you make a plan about how you would attempt suicide?
 - A. Yes
 - B. No
- 34. During the past 12 months, how many times did you actually attempt suicide?
 - A. 0 times
 - B. 1 time
 - C. 2 or 3 times
 - D. 4 or 5 times
 - E. 6 or more times

- 35. **If you attempted suicide** during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?
 - A. I did not attempt suicide during the past 12 months
 - B. Yes
 - C. No

The next 9 questions ask about tobacco use.

- 36. Have you ever tried cigarette smoking, even one or two puffs?
 - A. Yes
 - B. No
- 37. How old were you when you smoked a whole cigarette for the first time?
 - A. I have never smoked a whole cigarette
 - B. 8 years old or younger
 - C. 9 or 10 years old
 - D. 11 or 12 years old
 - E. 13 or 14 years old
 - F. 15 or 16 years old
 - G. 17 years old or older
- 38. During the past 30 days, on how many days did you smoke cigarettes?
 - A. 0 days
 - B. 1 or 2 days
 - C. 3 to 5 days
 - D. 6 to 9 days
 - E. 10 to 19 days
 - F. 20 to 29 days
 - G. All 30 days
- 39. During the past 30 days, on the days you smoked, how many cigarettes did you smoke **per day**?
 - A. I did not smoke cigarettes during the past 30 days
 - B. Less than 1 cigarette per day
 - C. 1 cigarette per day
 - D. 2 to 5 cigarettes per day
 - E. 6 to 10 cigarettes per day
 - F. 11 to 20 cigarettes per day
 - G. More than 20 cigarettes per day

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- 40. During the past 30 days, on how many days did you smoke cigarettes on school property?
 - A. 0 days
 - B. 1 or 2 days
 - C. 3 to 5 days
 - D. 6 to 9 days
 - E. 10 to 19 days
 - F. 20 to 29 days
 - G. All 30 days
- 41. Have you ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days?
 - A. Yes
 - B. No
- 42. During the past 12 months, did you ever try to quit smoking cigarettes?
 - A. I did not smoke during the past 12 months
 - B. Yes
 - C. No
- 43. During the past 30 days, on how many days did you use **chewing tobacco**, **snuff**, **or dip**, such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, or Copenhagen?
 - A. 0 days
 - B. 1 or 2 days
 - C. 3 to 5 days
 - D. 6 to 9 days
 - E. 10 to 19 days
 - F. 20 to 29 days
 - G. All 30 days
- 44. During the past 30 days, on how many days did you smoke **cigars, cigarillos, or little cigars**?
 - A. 0 days
 - B. 1 or 2 days
 - C. 3 to 5 days
 - D. 6 to 9 days
 - E. 10 to 19 days
 - F. 20 to 29 days
 - G. All 30 days

The next 9 questions ask about drinking alcohol. This includes drinking beer, wine, wine coolers, and liquor such as rum, gin, vodka, or whiskey. For these questions, drinking alcohol does not include drinking a few sips of wine for religious purposes.

- 45. During your life, on how many days have you had at least one drink of alcohol?
 - A. 0 days
 - B. 1 or 2 days
 - C. 3 to 9 days
 - D. 10 to 19 days
 - E. 20 to 39 daysF. 40 to 99 days
 - G. 100 or more days
- 46. How old were you when you had your first drink of alcohol other than a few sips?
 - A. I have never had a drink of alcohol other than a few sips
 - B. 8 years old or younger
 - C. 9 or 10 years old
 - D. 11 or 12 years old
 - E. 13 or 14 years old
 - F. 15 or 16 years old
 - G. 17 years old or older
- 47. During the past 30 days, on how many days did you have at least one drink of alcohol?
 - A. 0 days
 - B. 1 or 2 days
 - C. 3 to 5 days
 - D. 6 to 9 days
 - E. 10 to 19 days
 - F. 20 to 29 days
 - G. All 30 days
- 48. During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours?
 - A. 0 days
 - B. 1 day
 - C. 2 days
 - D. 3 to 5 days
 - E. 6 to 9 days
 - F. 10 to 19 days
 - G. 20 or more days

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- 49. During the past 30 days, how did you usually get the alcohol you drank?
 - A. I did not drink alcohol during the past 30 days
 - B. I bought it in a store such as a liquor store, convenience store, supermarket, discount store, or gas station
 - C. I bought it at a restaurant, bar, or club
 - D. I bought it at a public event such as a concert or sporting event
 - E. I gave someone else money to buy it for me
 - F. Someone gave it to me
 - G. I took it from a store or family member
 - H. I got it some other way
- 50. How much do you approve or disapprove of people having 5 or more drinks of alcohol in a row, that is, within a couple of hours once or twice each weekend?
 - A. Strongly approve
 - B. Approve
 - C. Neither approve nor disapprove
 - D. Disapprove
 - E. Strongly disapprove
- 51. How many people your age would say it is okay to have 5 or more drinks of alcohol in a row, that is, within a couple of hours once or twice each weekend?
 - A. None
 - B. A few
 - C. Some
 - D. Most
 - E. All
 - F. Not sure
- 52. How much do you think people risk harming themselves (physically or in other ways) if they have 5 or more drinks of alcohol in a row, that is, within a couple of hours once or twice each weekend?
 - A. No risk
 - B. Slight risk
 - C. Moderate risk
 - D. Great risk
 - E. Not sure
- 53. How wrong do your parents feel it would be for you to drink alcohol at least twice a month?
 - A. Very wrong
 - B. Wrong
 - C. A little bit wrong
 - D. Not at all wrong
 - E. Not sure

The next 6 questions ask about marijuana use. Marijuana also is called grass or pot.

- 54. During your life, how many times have you used marijuana?
 - A. 0 times
 - B. 1 or 2 times
 - C. 3 to 9 times
 - D. 10 to 19 times
 - E. 20 to 39 times
 - F. 40 to 99 times
 - G. 100 or more times
- 55. How old were you when you tried marijuana for the first time?
 - A. I have never tried marijuana
 - B. 8 years old or younger
 - C. 9 or 10 years old
 - D. 11 or 12 years old
 - E. 13 or 14 years old
 - F. 15 or 16 years oldG. 17 years old or older
- 56. During the past 30 days, how many times did you use marijuana?
 - A. 0 times
 - B. 1 or 2 times
 - C. 3 to 9 times
 - D. 10 to 19 times
 - E. 20 to 39 times
 - F. 40 or more times
- 57. How much do you approve or disapprove of people smoking marijuana occasionally?
 - A. Strongly approve
 - B. Approve
 - C. Neither approve nor disapprove
 - D. Disapprove
 - E. Strongly disapprove
- 58. How many people your age would say it is okay to smoke marijuana occasionally?
 - A. None
 - B. A few
 - C. Some
 - D. Most
 - E. All
 - F. Not sure
- 59. How much do you think people risk harming themselves (physically or in other ways) if they smoke marijuana occasionally?
 - A. No risk
 - B. Slight risk
 - C. Moderate risk
 - D. Great risk
 - E. Not sure

The next 9 questions ask about other drugs.

- 60. During your life, how many times have you taken a **prescription drug** (such as OxyContin, Percocet, Vicodin, Adderall, Ritalin, or Xanax) without a doctor's prescription?
 - A. 0 times
 - B. 1 or 2 times
 - C. 3 to 9 times
 - D. 10 to 19 times
 - E. 20 to 39 times
 - F. 40 or more times
- 61. During your life, how many times have you taken a **over-the-counter drug** to get high?
 - A. 0 times
 - B. 1 or 2 times
 - C. 3 to 9 times
 - D. 10 to 19 times
 - E. 20 to 39 times
 - F. 40 or more times
- 62. During your life, how many times have you used **any** form of cocaine, including powder, crack, or freebase?
 - A. 0 times
 - B. 1 or 2 times
 - C. 3 to 9 times
 - D. 10 to 19 times
 - E. 20 to 39 times
 - F. 40 or more times
- 63. During the past 30 days, how many times did you use **any** form of cocaine, including powder, crack, or freebase?
 - A. 0 times
 - B. 1 or 2 times
 - C. 3 to 9 times
 - D. 10 to 19 times
 - E. 20 to 39 times
 - F. 40 or more times
- 64. During your life, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?
 - A. 0 times
 - B. 1 or 2 times
 - C. 3 to 9 times
 - D. 10 to 19 times
 - E. 20 to 39 times
 - F. 40 or more times

- 65. During your life, how many times have you used **methamphetamines** (also called speed, crystal, crank, or ice)?
 - A. 0 times
 - B. 1 or 2 times
 - C. 3 to 9 times
 - D. 10 to 19 times
 - E. 20 to 39 times
 - F. 40 or more times
- 66. During your life, how many times have you used **heroin** (also called smack, junk, or China White)?
 - A. 0 times
 - B. 1 or 2 times
 - C. 3 to 9 times
 - D. 10 to 19 times
 - E. 20 to 39 times
 - F. 40 or more times
- 67. During your life, how many times have you used **ecstasy** (also called MDMA)?
 - A. 0 times
 - B. 1 or 2 times
 - C. 3 to 9 times
 - D. 10 to 19 times
 - E. 20 to 39 times
 - F. 40 or more times
- 68. During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?
 - A. Yes
 - B. No

The next 9 questions ask about sexual behavior.

- 69. It is important to me to delay having sexual intercourse until ... (Select only **one** response.)
 - A. I'm married
 - B. I'm engaged
 - C. I'm an adult and in a long-term committed relationship
 - D. I'm in love
 - E. I finish high school
 - F. It is not important to me to delay having sexual intercourse
 - G. Not sure
- 70. Have you ever had **sexual intercourse**?
 - A. Yes
 - B. No

- 71. How old were you when you had sexual intercourse for the first time?
 - A. I have never had sexual intercourse
 - B. 11 years old or younger
 - C. 12 years old
 - D. 13 years old
 - E. 14 years old
 - F. 15 years old
 - G. 16 years old
 - H. 17 years old or older
- 72. During your life, with how many people have you had sexual intercourse?
 - A. I have never had sexual intercourse
 - B. 1 person
 - C. 2 people
 - D. 3 people
 - E. 4 people
 - F. 5 people
 - G. 6 or more people
- 73. During the past 3 months, with how many people did you have sexual intercourse?
 - A. I have never had sexual intercourse
 - B. I have had sexual intercourse, but not during the past 3 months
 - C. 1 person
 - D. 2 people
 - E. 3 people
 - F. 4 people
 - G. 5 people
 - H. 6 or more people
- 74. Did you drink alcohol or use drugs before you had sexual intercourse the **last time**?
 - A. I have never had sexual intercourse
 - B. Yes
 - C. No
- 75. The **last time** you had sexual intercourse, did you or your partner use a condom?
 - A. I have never had sexual intercourse
 - B. Yes
 - C. No

- 76. The last time you had sexual intercourse, what one method did you or your partner use to prevent pregnancy? (Select only one response.)
 - A. I have never had sexual intercourse
 - B. No method was used to prevent pregnancy
 - C. Birth control pills
 - D. Condoms
 - E. Depo-Provera (injectable birth control)
 - F. Withdrawal
 - G. Some other method
 - H. Not sure
- 77. During your life, with whom have you had sexual contact?
 - A. I have never had sexual contact
 - B. Females
 - C. Males
 - D. Females and males

The next question asks about body weight.

- 78. Which of the following are you trying to do about your weight?
 - A. Lose weight
 - B. Gain weight
 - C. Stay the same weight
 - D. I am **not trying to do anything** about my weight

The next 9 questions ask about food you ate or drank during the past 7 days. Think about all the meals and snacks you had from the time you got up until you went to bed. Be sure to include food you ate at home, at school, at restaurants, or anywhere else.

- 79. During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice? (Do not count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.)
 - A. I did not drink 100% fruit juice during the past 7 days
 - B. 1 to 3 times during the past 7 days
 - C. 4 to 6 times during the past 7 days
 - D. 1 time per day
 - E. 2 times per day
 - F. 3 times per day
 - G. 4 or more times per day

- 80. During the past 7 days, how many times did you eat **fruit**? (Do **not** count fruit juice.)
 - A. I did not eat fruit during the past 7 days
 - B. 1 to 3 times during the past 7 days
 - C. 4 to 6 times during the past 7 days
 - D. 1 time per day
 - E. 2 times per day
 - F. 3 times per day
 - G. 4 or more times per day
- 81. During the past 7 days, how many times did you eat **green salad?**
 - A. I did not eat green salad during the past 7 days
 - B. 1 to 3 times during the past 7 days
 - C. 4 to 6 times during the past 7 days
 - D. 1 time per day
 - E. 2 times per day
 - F. 3 times per day
 - G. 4 or more times per day
- 82. During the past 7 days, how many times did you eat **potatoes**? (Do **not** count french fries, fried potatoes, or potato chips.)
 - A. I did not eat potatoes during the past 7 days
 - B. 1 to 3 times during the past 7 days
 - C. 4 to 6 times during the past 7 days
 - D. 1 time per day
 - E. 2 times per day
 - F. 3 times per day
 - G. 4 or more times per day
- 83. During the past 7 days, how many times did you eat **carrots**?
 - A. I did not eat carrots during the past 7 days
 - B. 1 to 3 times during the past 7 days
 - C. 4 to 6 times during the past 7 days
 - D. 1 time per day
 - E. 2 times per day
 - F. 3 times per day
 - G. 4 or more times per day
- 84. During the past 7 days, how many times did you eat **other vegetables**? (Do **not** count green salad, potatoes, or carrots.)
 - I did not eat other vegetables during the past 7 days
 - B. 1 to 3 times during the past 7 days
 - C. 4 to 6 times during the past 7 days
 - D. 1 time per day
 - E. 2 times per day
 - F. 3 times per day
 - G. 4 or more times per day

- 85. During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not include diet soda or diet pop.)
 - A. I did not drink soda or pop during the past 7 days
 - B. 1 to 3 times during the past 7 days
 - C. 4 to 6 times during the past 7 days
 - D. 1 time per day
 - E. 2 times per day
 - F. 3 times per day
 - G. 4 or more times per day
- 86. During the past 7 days, how many **glasses of milk** did you drink? (Include the milk you drank in a glass or cup, from a carton, or with cereal. Count the half pint of milk served at school as equal to one glass.)
 - A. I did not drink milk during the past 7 days
 - B. 1 to 3 glasses during the past 7 days
 - C. 4 to 6 glasses during the past 7 days
 - D. 1 glass per day
 - E. 2 glasses per day
 - F. 3 glasses per day
 - G. 4 or more glasses per day
- 87. During the past 30 days, how often did you go hungry because there was not enough food in your home?
 - A. Never
 - B. Rarely
 - C. Sometimes
 - D. Most of the time
 - E. Always

The next 5 questions ask about physical activity.

- 88. During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.)
 - A. 0 days
 - B. 1 day
 - C. 2 days
 - D. 3 days
 - E. 4 days
 - F. 5 days
 - G. 6 days
 - H. 7 days

- 89. On an average school day, how many hours do you watch TV?
 - A. I do not watch TV on an average school day
 - B. Less than 1 hour per day
 - C. 1 hour per day
 - D. 2 hours per day
 - E. 3 hours per day
 - F. 4 hours per day
 - G. 5 or more hours per day
- 90. On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Include activities such as Nintendo, Game Boy, PlayStation, Xbox, computer games, and the Internet.)
 - A. I do not play video or computer games or use a computer for something that is not school work
 - B. Less than 1 hour per day
 - C. 1 hour per day
 - D. 2 hours per day
 - E. 3 hours per day
 - F. 4 hours per day
 - G. 5 or more hours per day
- 91. In an average week when you are in school, on how many days do you go to physical education (PE) classes?
 - A. 0 days
 - B. 1 day
 - C. 2 days
 - D. 3 days
 - E. 4 days
 - F. 5 days
- 92. Do you agree or disagree that being physically active on most days is important to your health?
 - A. Agree
 - B. Disagree
 - C. Not sure

The next 3 questions ask about other healthrelated topics.

- 93. On an average school night, how many hours of sleep do you get?
 - A. 4 or less hours
 - B. 5 hours
 - C. 6 hours
 - D. 7 hours
 - E. 8 hours
 - F. 9 hours
 - G. 10 or more hours

- 94. Have you ever been taught about AIDS or HIV infection in school?
 - A. Yes
 - B. No
 - C. Not sure
- 95. Have you ever talked about AIDS or HIV infection with your parents or other adults in your family?
 - A. Yes
 - B. No
 - C. Not sure

The next 4 questions are general questions about you.

- 96. Do you agree or disagree that your family loves you and gives you help and support when you need it?
 - A. Strongly agree
 - B. Agree
 - C. Not sure
 - D. Disagree
 - E. Strongly disagree
- 97. Do you agree or disagree that your teachers really care about you and give you a lot of encouragement?
 - A. Strongly agree
 - B. Agree
 - C. Not sure
 - D. Disagree
 - E. Strongly disagree
- 98. Do you agree or disagree that you feel like you belong at this school?
 - A. Strongly agree
 - B. Agree
 - C. Not sure
 - D. Disagree
 - E. Strongly disagree
- 99. Is there at least one teacher or other adult in this school that you can talk to if you have a problem?
 - A. Yes
 - B. No.
 - C. Not sure

This is the end of the survey.

Thank you very much for your help.