

# K-5 Menu – Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Oven Baked Chicken</b>            Colorful Curried Rice            Wild Broccoli Trees            Mandarin Oranges            Apple Crisp            Milk Choice</p>	<p><b>Sloppy Joe on a Bun</b>            Crunchy Carrots and Celery            with            Creamy Hummus Dip            Fresh Green Grapes            Baked Chips**            Milk Choice</p>	<p><b>Loaded Pork Tacos</b>            Fiesta Refried Beans            Golden Corn            Sliced Pears            Chocolate Pudding**            Milk Choice</p>	<p><b>Mighty Spaghetti &amp; Meat Sauce</b>            Breadstick            Super Hero Salad            Sliced Peaches            Milk Choice</p>	<p><b>Sweet and Sour Chicken and Rice Bowl</b>            Asian Medley Vegetables            Apple Slices            Strawberry Cup            Milk Choice</p>

## Notes:

\*\* Indicates an “extra” item that does not contribute to the meal pattern

All grains are whole grain rich.

Milk Choice includes:

1% White  
 Skim White  
 Skim Chocolate



# 6-8 Menu – Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Oven Baked Chicken</b>            Colorful Curried Rice            Bright Green Broccoli            Mandarin Oranges            Apple Crisp            Milk Choice</p>	<p><b>Sloppy Joe on a Bun</b>            Crunchy Carrots and Celery            with            Creamy Hummus Dip            Fresh Green Grapes            Baked Chips**            Milk Choice</p>	<p><b>Loaded Pork Tacos</b>            Fiesta Refried Beans            Golden Corn            Sliced Pears            Chocolate Pudding**            Milk Choice</p>	<p><b>Savory Spaghetti &amp; Meat            Sauce</b>            Breadstick            Crisp Romaine Salad            Sliced Peaches            Milk Choice</p>	<p><b>Sweet and Sour Chicken            and Rice Bowl</b>            Asian Medley Vegetables            Apple Slices            Strawberry Cup            Milk Choice</p>

## Notes:

\*\* Indicates an “extra” item that does not contribute to the meal pattern

All grains are whole grain rich.

Milk Choice includes:

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 Skim White  
 Skim Chocolate

