### Lunch Tool: Newsletter Insert Templates

*Edit these inserts to fit your specific school to be included in your school’s newsletter*

**Save Time, Participate in School Lunch**

*We know that you have a busy schedule, allow us to prepare lunch!*

We serve nutritious school lunches each day that fuel brains and bodies. Our lunches always have fruits, vegetables, protein, whole grains, and milk. Visit [link] for more information.

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**Our School Lunch Rocks!**

*Our school lunches are nutritious and promote learning!*

When students eat nutritious school lunches, they...

* are prepared to learn and focus throughout the school day.
* perform better on standardized tests.
* have energy to do well in school.

Our lunches always have fruits, vegetables, protein, whole grains, and milk. Join us for lunch this week and try one of our delicious, healthy meals! For more information, go to [link].

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**Portions Matter: School Lunch**

*Portion sizes can be confusing. Let us handle it.*

Did you know that our school lunches provide the right portions for the students’ age? This ensures that our lunches fuel them with the energy they need to do well throughout the school day, from asking questions in math class to meeting new friends. We always serve protein, whole grains, milk, fruits, and veggies. For more information, go to [link].