### New Menu Items Tool: Newsletter Insert Templates

**The Cafeteria is a Classroom**

We offer taste tests and new menu items to introduce students to a variety of foods and healthy eating. The taste tests are optional and free. During the taste tests, students are able to try a sample and then give us feedback whether the item should be placed on the monthly lunch menu. Successful food items are added to the lunch menu. For more information about our taste tests, go to [link].

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**Our School Lunch Menu Rocks!**

*We often add new menu items to introduce students to new foods.*

When we expand our school menu, we boost nutrition. When students eat nutritious school lunches, they...

* are better prepared to learn and focus throughout the school day.
* perform better on standardized tests.
* have energy to do well in school.

Examples of new menu items include [menu items]. Our new menu items make school lunch more interesting while introducing students to new foods and flavors. For more information on our school nutrition programs, visit [link].

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**Picky eaters? We will help.**

*Did you know that students often need to try foods multiple times before liking them?* Our school nutrition department offers monthly taste tests which introduce students to new foods before we place them on our menu. Our school cafeteria is a learning lab where students try new foods and flavors while learning how to eat healthy. For more information on our school nutrition programs, visit [link].